

Measurements

Shoulder measurements -

Bust -

natural waist measurements -

hip measurements -

Body types

Inverted triangle – Shoulder measurement greater than hip measurement by ≥ 2 inches
or, bust measurement greater than hip measurement by ≥ 4 inches

Triangle – Hip measurement greater than shoulder measurement by ≥ 2 inches
or, hip measurement greater than bust measurement by ≥ 4 inches

Circle – Waist measurement greater than shoulder, hips and bust by 2 or more inches.

Rectangle – Waist, shoulder, hips and bust nearly of same measurements.

Hourglass – Shoulder, bust and hips nearly same – well defined waist in 8 or more inches.