

- The quote or expression I selected:

“If you do well, will you not be accepted?”

- Where is from

The first book of Moses, found in the Pentateuch of The Bible named “Genesis”, 4th Chapter, first portion of the 7th verse.

- Why you chose it

In this setting, the first human born to humans is feeling downcast, sad and depressed because he had done the worship at the altar with vegetables instead of a perfect lamb.

In this setup, Cain, the first born of Adam and Eve, was the first to burn offerings to God for the good harvest he had. But God did not view his sacrifices in good light.

So he was sad and angry. And then is when God tells him if he does the sacrifices, as God wants, his stuff will be accepted.

- How it applies to your journey

On last Monday GoTo Meeting the issue of following the directions was touched. It was emphasized the importance of following them

In my IT career, I have always followed procedures and directions.

Whenever I did not, the results have been not what I desired with all that this implies.

For inspiration and encouragement I like to read The Bible. There is a rich fountain of wisdom and understanding of human behavior. These items move me to climb higher and also help me in understanding individuals.