

BREAKFAST MENU



Fruits, Grains

Golden spiced yoghurt, apricots, raspberries, maple oat granola, banana cashew butter	6.5
Steel cut oat porridge, dates, black sesame, tahini	6-
Coconut chia pudding, strawberry balsamic shrub, thai basil, sunflower seeds	6-
Coconut, mango and banana smoothie bowl, dragon fruit, macadamia, buckwheat, aleppo chilli crunch	7.5

On Toast - sourdough, grain, gluten free seeded loaf

Butter and house spreads - house-made jam/miso peanut butter	3.5
Eggs: poached, scrambled, fried	6-
Smashed avocado, pickled red onion, manouri cheese soy pumpkin seeds, sprouts	8-
- add poached egg	9.5
Sobrasada, fried egg, sage oil, crispy sage	8.5
Dingley dell hand sausage, fried egg, cheddar brioche sandwich, tomato chilli jam, pickle	8.5

Plates

Polenta ricotta hot cakes, stewed plums, maple yoghurt cream, pecans	--
Quinoa and buckwheat grain bowl, roasted sweet potato, stem broccoli, miso, tahini	8.5
- add soft boiled egg	10-
Charred aubergine puree, soft boiled egg, chermoula, yoghurt, za'atar toast	9-
- add lamb meatballs	11-
Mung dhal kitcheri rice, coconut yoghurt, coconut relish, spring greens, boiled egg	8.5
- add smoked haddock	10.5
Black bean and sweet potato hash, fried duck egg, feta, tomatillo salsa, chipotle, mayonnaise	10.5
Hot smoked salmon, scrambled eggs, chives, toast	9.5
Baked eggs, spiced tomato, pepper, chickpea ragu, rose harissa, greek yoghurt, grilled flatbread, parsley	9.5
- add merguez sausage	11.5
Caravan fry: eggs, roasted field mushrooms, slow roast tomatoes, thick cut bacon, toast	10.5

Sides

Thyme roasted field mushrooms	Slow roasted tomatoes	3-
Smashed avocado, chilli, lemon	Hot smoked salmon	4-
Pork and leek sausage	Thick cut bacon	4-
Grilled chorizo	Merguez sausage	4.5