

# Breakfast menu

<u>Baked Goods</u> Changing daily - please ask your waiter for today's selection	
Fruit, Cereal Cantaloupe melon, apple, banana, chia honey, cocoa nibs, greek yoghurt Jumbo oat, super seed, fruit and nut granola, salted coconut yoghurt Organic oat and red quinoa porridge, almond milk, banana, dates, honey	6- 6. 5 6-
On Toast - sourdough or grain Butter and spreads Cheddar and oni on jam, sourdough toast Slow roast tomatoes Thyme roasted field mushrooms Avocado, chilli, lemon, olive oil	3. 5 5- 5- 5- 7- 8. 5 6- 3. 5
Plates Coconut bread, poached rhubarb, cream cheese and lemon curd Grain pancakes, maple mascarpone, strawberries House cured organic salmon, scrambled eggs, grain toast Cornbread french toast, chorizo, crushed avocado, feta, paprika maple syrup Baked eggs, tomato pepper ragout, greek yoghurt, toast - merguez sausage Caravan fry: eggs, bacon, field mushrooms, slow roast tomatoes - sourdough or grain toast	7. 5 8. 5 9. 5 9. 5 9. 5 11. 5
Sides - Slow roast tomatoes - Thyme roasted field mushrooms - Streaky bacon - Grilled merguez	3- 3- 4- 4-

Fresh Juices, Smoothies and Shots (until 3pm)	
Orange	3. 5
Appl e	3. 5
Ruby red grapefruit	3. 5
Cucumber, apple, parsley, spinach	4. 5
Carrot, ginger, apple, tamarind	4. 5
Spi rul i na, banana, oat	4. 5
Banana, date, tamarind, cocoa nib, almond milk	4. 5
Ginger, Lemon, cayenne shot	2. 5
Wheatgrass, lime, coriander, jalapeño, cucumber shot	3-

## Caravan Coffee

We roast small batches of beans daily on our Probat roasters using beans sourced from around the world. We source green coffee from single farms and estates in the specialty coffee market where the focus is quality, provenance, sustainability, freshness and fair relationships with the growers. Our espresso is made from a blend of coffees using the freshest, tastiest crops of the season. The filter coffees on offer are of single origin and have been sought out for their unique flavour characteristics and quality.

# **Espresso**

Espresso	2. 2	Cappucci no	2.8
Macchi ato	2. 4	Latte	2.8
Long black	2. 5	Mocha	3-
Flat white	2.8	Hot chocolate	3-
Soya milk – add	0. 5		
Almond milk - add	0. 5		

## <u>Filter</u>

We change our filter offer daily, please ask your waiter for daily changing specials from our brew bar

#### <u>Teas</u>

Our loose leaf teas are from	The Rare	Tea Company.	
Earl grey	2.8	Lemongrass	2. 8
English breakfast	2.8	Fresh mint	2. 2
Green	2. 7	Camomile	2. 8
Rooi bos	2. 7		

#### Caravan Coffee Beans

We have a selection of single origin coffees and espresso beans. Please ask our waiters and baristas if you need advice or recommendations.