

# Weekly Wound Progress Notes

## METRO WOUND CARE CENTER

### Weekly Assessment Notes

#### Week 1 (September 15, 2024):

- Wound size: 4.3 x 3.2 x 0.7 cm
- Appearance: Improved granulation, decreased exudate
- Patient compliance: Excellent with non-weight bearing
- Cast intact, no drainage through cast

#### Week 2 (September 22, 2024):

- Wound size: 4.1 x 3.1 x 0.6 cm
- Appearance: Continued granulation, minimal exudate
- Blood glucose: Better controlled (avg 180 mg/dL)
- HbA1c: 8.4% (improving)

#### Week 3 (September 29, 2024):

- Wound size: 4.0 x 3.0 x 0.6 cm
- Appearance: Plateau in healing, persistent pale granulation
- Surface area reduction: ~15% from baseline
- Cast changed due to loosening

#### Week 4 (October 6, 2024):

- Wound size: 4.0 x 3.0 x 0.5 cm
- Appearance: Minimal change from previous week
- Surface area reduction: ~16% total (insufficient progress)
- Patient remains compliant with all treatments

#### Week 5 (October 13, 2024):

- Wound size: 3.9 x 3.0 x 0.5 cm
- Appearance: Stagnant healing despite optimal care
- Total surface area reduction: <20% after 35 days
- **Decision: Initiate HBOT evaluation per protocol**

**Assessment:** Despite aggressive conservative management including surgical debridement, appropriate antibiotics, offloading, and improved glycemic control, wound healing has plateaued with insufficient progress. Patient meets criteria for HBOT consideration.

**Dr. Sarah Chen, MD**