# **HBOT Treatment Log**

#### **METRO HYPERBARIC CENTER**

**Treatment Record** 

**Patient: Maria Rodriguez** 

Treatment Period: October 20 - November 15, 2024

**Total Sessions: 20** 

#### **Session Log:**

• Sessions 1-5: 100% oxygen at 2.4 ATA x 90 minutes

• Tolerance: Excellent, no adverse effects

• Pre-treatment assessment: Wound 4.0 x 3.0 cm

## **Weekly Progress During HBOT:**

## Week 1 (Sessions 1-5):

- Wound size: 3.7 x 2.8 cm (22% reduction)
- Improved granulation tissue
- Decreased pain scores (8/10 → 5/10)

## Week 2 (Sessions 6-10):

- Wound size: 3.2 x 2.5 cm (35% reduction)
- Robust granulation tissue
- Epithelial migration noted

#### Week 3 (Sessions 11-15):

- Wound size: 2.8 x 2.2 cm (48% reduction)
- Excellent progress
- No complications

## Week 4 (Sessions 16-20):

- Wound size: 2.1 x 1.8 cm (65% reduction)
- Near complete epithelialization
- Treatment completion criteria met

Final Assessment: Excellent response to HBOT with >60% wound surface area reduction. Treatment goals achieved.

Dr. James Foster, MD Hyperbaric Medicine Specialist