

Endocrinology Consultation

UNIVERSITY MEDICAL CENTER Endocrinology Consultation

Date: September 20, 2024

Patient: Maria Rodriguez

Consultant: Dr. Michael Patel, MD, Endocrinologist

Referring Provider: Dr. Sarah Chen, MD

Reason for Consultation: Diabetes management optimization for wound healing

Assessment: 58-year-old female with poorly controlled Type 2 diabetes presenting with Wagner Grade III foot ulcer. Current HbA1c 9.2%, indicating significant hyperglycemia which impairs wound healing.

Recommendations:

1. Discontinue metformin temporarily (infection risk)
2. Initiate insulin therapy:
 - Lantus 20 units bedtime
 - Humalog sliding scale with meals
3. Target glucose 100-180 mg/dL for optimal healing
4. Monitor BG qid
5. Nutrition consultation for diabetic diet
6. Follow-up in 2 weeks

Diabetes Management Response:

- Week 2: Average glucose 185 mg/dL
- Week 4: Average glucose 165 mg/dL
- Week 6: HbA1c 7.1% (significant improvement)

Dr. Michael Patel, MD
Board Certified Endocrinologist