# AI-ENHANCED DEPRESSION DETECTION IN SOCIAL MEDIA

#### A PROJECT REPORT

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# **BONAFIDE CERTIFICATE**

Certified that this project report "AI-ENHANCED DEPRESSION DETECTION IN SOCIAL MEDIA" is the bonafide work of "DEVOJU SAI SREEKAR, CHEREDDY PRADEEP KUMAR REDDY, YAMPALLA VAISHNAVI, RAPARTHI VINAY, BANA HARISH REDDY," who carried out the project work under my supervision.

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#### CHAPTER 1.

#### INTRODUCTION

# 1.1 Identification of Client /Need / Relevant Contemporary Issue

# **Client Identification:**

- A multidisciplinary team or organization with a stake in social media analytics, technology development, and mental health research is envisioned as the project's main client. The following parties are important participants in this client framework.
- In this AI-enhanced depression detection project, the client is identified by a wide range of stakeholders, including advocacy groups, social media platforms, technology development companies, and mental health researchers. To handle the intricate issues of data privacy, algorithmic fairness, and user well-being, cooperation between these stakeholders is necessary.

#### $\triangleright$ Need:

• Depression is becoming more common on social media, People sharing their thoughts, feelings, and experiences—including those connected to depression—on social media platforms is on the rise. Because of the sheer amount of data produced, automated techniques are required to identify people who are depressed or at risk. A variety of linguistic cues, metaphors, and mood swings can all be indicators of depression. The complexity of depressive language makes traditional keyword-based approaches unsuitable for accurately analyzing and interpreting text data. This emphasizes the need for natural language processing (NLP) techniques.

# > Significance:

Access to mental health services is improved when social media data is used to
detect depression, particularly for people who might not otherwise seek out
traditional forms of care. AI systems are capable of continuously observing and
evaluating social media content, offering a proactive method of locating people
who require help.

#### 1.2 IDENTIFICATION OF PROBLEM

- Depression detection algorithms may not be as reliable when dealing with social media data that has quality problems like noise, inconsistency, and lack of context.
- Bias in datasets, such as linguistic, cultural, and demographic biases, can cause erroneous representations of the prevalence of depression across a range of populations and skewed predictions.
- Sarcasm, slang, and context-dependent expressions are examples of the linguistic complexity that frequently appears in natural language used in social media posts.
   This presents difficulties for precise sentiment analysis and linguistic pattern recognition.
- It can be challenging to discern between casual language use and sincere
  expressions of depression when social media posts lack context, which can cause
  misinterpretation of language cues.
- Unauthorized access to and analysis of user-generated content on social media platforms raises privacy concerns and ethical questions about data collection, usage, and potential privacy harm. Upholding ethical standards in AI-enhanced mental health interventions is crucial, as it involves preserving anonymity and confidentiality while identifying individuals at risk of depression.
- Decision-making bias in AI algorithms for depression detection may arise from underlying biases in the training set and algorithm architecture models that are opaque and difficult to interpret can make it difficult to understand the decisionmaking process, which reduces the reliability and accountability of algorithmic results.
- The limited generalizability of models trained on social media data may result in limited applicability and effectiveness in real-world scenarios across diverse populations and cultural contexts. For AI models to detect depression, adequate benchmarking and validation are necessary to guarantee performance consistency, robustness, and dependability across various environments and datasets.

#### 1.3 IDENTIFICATION OF TASKS

## 1. Data Collection and Preprocessing:

- Task: Compile social media information about depression, such as user profiles, posts, and comments.
- Methodology: Gather information from websites like Reddit, Twitter, and online
  forums by using web scraping tools or APIs.To prepare text data for analysis,
  preprocess it by eliminating stop words, irrelevant content, noise, and personally
  identifiable information. You can also perform tokenization, stemming, and other
  operations.

# 2. Sentiment Analysis:

- Task: Look for signs of depression by analyzing the sentiment expressed in social media posts. Methodology: To categorize text into positive, negative, or neutral sentiments, apply sentiment analysis techniques.
- For sentiment classification, use lexicon-based methods, machine learning models (like Support Vector Machines, Naive Bayes), or deep learning models (like Recurrent Neural Networks, Transformers).

# 3. Linguistic Pattern Recognition:

- Task: Examine social media text for linguistic markers and patterns linked to depressive symptoms.
- Methodology: To extract linguistic features, use natural language processing (NLP) techniques like named entity recognition, syntactic parsing, and part-of-speech tagging.

#### 4. Feature Extraction:

• Task: Gather pertinent information from social media text to identify depression. Methodology: Gather language information such as word frequencies, n-grams, syntactic patterns, and semantic embeddings. Include domain-specific information about mental health terms, depressive-related emotional content, and mentally taxonomized cognitive processes.

#### 4. Model Training and Evaluation:

- Task: Use extracted features to train deep learning or machine learning models to detect depression.
- Methodology: To implement classification models, use Python libraries like scikitlearn, TensorFlow, or PyTorch. Utilize holdout validation or cross-validation approaches to assess model performance using metrics like accuracy, precision, recall, F1-score, and area under the ROC curve (AUC).

#### 5. Ethical Considerations:

- Task: Discuss ethical issues with data privacy, confidentiality, and possible personal injury.
- Methodology: Adhere to ethical standards and laws controlling research involving human subjects, put in place safeguards to anonymize and secure sensitive user data, and get informed consent before using the data.

#### 1.4 ORGANIZATION OF THE REPORT

- **Literature Review:** Analyzing popular AI approaches, datasets, NLP strategies, and Python programming in this field. Key findings, difficulties, and gaps in the literature are discussed.
- Methodology: An explanation of the dataset or datasets used to identify depression. An explanation of the NLP methods used in sentiment analysis, text analysis, and language pattern identification. An overview of the Python tools and libraries used for feature extraction, training, and evaluating models, as well as for preprocessing data.
- Data Collection and Preprocessing: Detailed description of the processes used to collect data from social media platforms. a discussion of the cleaning, normalization, and tokenization processes involved in data preprocessing. talking about ethical and privacy issues when handling data.

#### CHAPTER 2.

# LITERATURE REVIEW

#### 2.1 TIMELINE OF THE REPORTED PROBLEM

#### **Early 2010s:**

• **Pioneering Research:** Initial research explored the potential of analyzing social media language for depression detection. Studies focused on sentiment analysis and linguistic features in text data.

#### 2014:

• Landmark Study: A study published in "PLOS ONE" demonstrated the feasibility of using sentiment analysis and linguistic features on Twitter data to identify individuals at risk for depression. This marked a significant step forward for the field.

# 2015-2017:

• **Expanding Scope:** Research efforts expanded beyond sentiment analysis, incorporating various machine learning techniques to analyze writing style, word choice, and other textual features on platforms like Facebook and Twitter.

#### 2017:

• **Positive Results:** A study in "Computers in Human Behavior" reported promising results using machine learning to analyze depression-related language patterns on Facebook, further solidifying the potential of this approach.

#### Late 2010s - Present:

- Advanced Techniques: Exploration of deep learning models capable of handling larger and more complex datasets.
- Multimodal Data: Integration of other data sources like social network analysis, facial expressions in pictures, and voice patterns in videos for a more comprehensive understanding.
- Ethical Considerations: Increased focus on addressing ethical concerns surrounding data privacy, potential bias in algorithms, and responsible use of these technologies in mental health support.

#### 2.2 EXISTING SOLUTIONS

#### 1. Convolutional neural network (CNN):

The convolutional neural networks (CNNs) have the potential to analyze visual aspects of social media, like profile pictures or shared images. By examining these visuals, they might identify subtle cues related to depression, such as facial expressions, body language, or the overall image mood. However, this is a developing area with ethical considerations regarding user privacy and potential bias in the algorithms. It's important to remember that CNNs are currently not a mainstream approach in this context.

# 2. Natural Language Processing:

In detecting depression through social media, NLP acts as a translator between human language and computers. It cleans up social media posts and identifies important details like emotions, word choices, and sentence structure. These details are then fed to AI models trained on depression cases, allowing them to analyze new posts and potentially identify individuals who might be struggling with depression. It's important to remember that while NLP is a helpful tool, it's still under development and shouldn't replace professional diagnosis or treatment.

#### 3. Social Network Analysis:

This involves analyzing connections and interactions between individuals on social media to identify patterns associated with depression. For example, researchers might investigate the number of friends, engagement levels, or isolation within social networks.

#### 4. Multimodal Analysis:

This combines text analysis with other forms of data, like facial expressions in profile pictures or voice patterns in videos, to gain a more comprehensive understanding of potential depressive symptoms.

# 5. Deep Learning:

Deep learning, a powerful form of AI, is increasingly used to detect depression in social media. It analyzes large amounts of data, including text, social connections, and even pictures, to identify patterns linked to depression. While promising, challenges like limited data, potential bias, and privacy concerns remain. Deep learning, therefore, should be seen as a potential tool to aid, not replace, professional diagnosis in mental health support.

# 6. User Behavior Analysis:

Analyzing how individuals interact with social media, such as posting frequency, time of day, or content engagement (likes, shares) can be used to identify potential patterns related to depression.

# 2.3 LITERATURE REVIEW SUMMARY:

S.no	Title	Author(s)	Focus/Findings	
1.	Depression Detection on Social Media Using Machine Learning Techniques	Suyash Dabhane, Prof. Pramila M. Chawan [2020]	Social media analysis with machine learning shows promise in detecting depression. The study explores various algorithms, focusing on ensemble learning, to analyze text data and potentially identify individuals struggling with depression.	
2.	Text-based Depression Detection on Social Media Posts	David Williama, Derwin Suhartono [2020]	Social media text analysis shows promise for early depression detection due to how people with depression use these platforms. However, current methods using deep learning models might have limitations. This review suggests exploring more effective approaches for this purpose.	
3.	Sentiment Analysis in Social Media Data for Depression Detection Using Artificial Intelligence	Nirmal Varghese Babu, E. Grace MaryKanag a [2021]	This review proposes using advanced sentiment analysis on social media data, including text, emoticons, and emojis, to detect anxiety and depression. It argues that multi-class machine and deep learning techniques are more precise than simpler methods for identifying these conditions.	
4.	Analysis of Deep Learning Techniques for Early Detection of Depression on Social Media Network	S.Smys, Jennifer S. Raj [2021]	This study explores using machine learning algorithms to analyze social media data for early detection of depression. It proposes a new method combining Support Vector Machines and Naive Bayes to improve accuracy in classifying depression based on textual, semantic, and writing style features. The study claims this hybrid approach offers better results for early detection compared to existing methods.	

S.No	Title	Author(s)	Focus/Findings
5.	Identifying Depression Clues using Emotions and AI	Ricardo Martins, Jose Joao Almeida, et al. [2021]	This study explores using social media text analysis, specifically analyzing writing styles on Twitter, to identify potential depression.  Combining various techniques, the authors claim a 98% precision for their machine learning models in detecting depressive texts, suggesting a promising tool to aid psychologists.
6.	Machine learning models to detect anxiety and depression through social media	Arfan Ahmed, Sarah Aziz, et al. [2022]	This review highlights a rise in anxiety and depression, especially during COVID-19. It examines how machine learning models can analyze language and online activity on social media platforms (Twitter, Facebook, etc.) to detect potential cases. This offers promise for early identification, especially when access to mental health professionals might be limited.
7.	Depression detection in social media comments data using machine learning algorithms	Zannatun Nayem Vasha, Bidyut Sharma, et al.[2021]	This study focuses on using social media data (Facebook and YouTube comments) to detect depression. By analyzing nearly 10,000 posts and comments, they explored various machine learning algorithms and found that a Support Vector Machine (SVM) classifier achieved the highest accuracy in identifying depression.
8.	Detecting and Measuring Depression on Social Media Using a Machine Learning Approach	Danxia Liu, Xing Lin Feng, et al. [2022]	This review suggests machine learning on social media text shows promise for depression detection, but highlights challenges like data and ethical concerns. It remains a potential tool for mental health professionals.

Table 01: Review of Literature authors

#### 2.4 PROBLEM DEFINITION

The formulation of the problem of AI-enhanced social media depression detection has multiple crucial elements. The first stage involves collecting information from social media sites that can point to depression symptoms. User-generated material could include comments, text posts, pictures, videos, and other types of media. The next step for researchers or developers is to pinpoint the most important depression indicators found in the gathered information. Language markers (such as particular words or phrases), behavioral patterns (such as variations in posting frequency or interaction), or even picture analysis (such as sad-looking facial expressions) could all be used in this. Ultimately, the AI models can be implemented in real-world environments like social media platforms or mental health support services after they have been verified and refined. Over time, the system's accuracy and efficacy may need to be improved through ongoing observation and improvement. By utilizing the enormous amount of data available on social media platforms to identify those who may be at risk and connect them with appropriate resources and interventions, AI-enhanced depression detection in social media aims to offer early intervention and support for people experiencing depression.

#### > PROBLEM STATEMENT

The urgent need to address mental health issues in the digital age is encompassed in the problem statement for AI-Enhanced Depression Detection in Social Media. People utilize social media platforms to communicate their thoughts, feelings, and experiences, which makes them a great source of data for studying trends in mental health. Because of its subjective character and social stigma, depression is a common and crippling disorder that is especially difficult to identify and treat. Conventional diagnosis techniques mostly rely on clinical evaluations and self-reporting, which can be expensive, time-consuming, and biased. Furthermore, a lot of people who experience depression might not know they have the illness or might not even seek professional assistance. Utilizing artificial intelligence (AI) methods provides a viable path for early identification and intervention.

#### 2.5 GOALS AND OBJECTIVES

It's crucial to take the ethical and technical aspects of AI-enhanced social media depression detection into account when defining goals or objectives. The following are some possible aims or targets:

- **1. Accuracy Improvement:** Constantly raise the bar for AI systems' ability to identify depressive symptoms in social media posts. Sentiment analysis methods, natural language processing (NLP) models, and the incorporation of more complex elements like linguistic cues and behavioral patterns can all be improved in this way.
- **2. Early Detection:** Create strategies to identify depression symptoms early on, sometimes even before the sufferers are aware of them. Early identification can result in prompt support and intervention, which can improve the prognosis for those who are depressed.
- **3. Real-Time Monitoring:** Enable real-time social media platform monitoring to quickly identify people who may be at risk of depression based on their recent interactions and posts. This could entail creating algorithms that can flag questionable information and handle massive amounts of data in real time.
- **4. Personalized Intervention:** Develop intervention plans that are specific to each person and their needs, as determined by AI analysis. This may include putting people in touch with mental health specialists, suggesting pertinent resources, or offering individualized help via chatbots or community boards.
- **5. Privacy Preservation:** Make sure AI systems for diagnosing depression honor users' right to privacy and follow moral standards. To protect users' sensitive information, deploy strong data anonymization algorithms and safe data storage procedures.
- **6. Cross-Cultural Sensitivity:** Create AI models that are cognizant of linguistic and cultural differences in how depression is expressed and experienced. This entails using a variety of datasets to train algorithms and taking cultural context into account when analyzing information from social media.

- **7. Validation and Transparency:** To evaluate the validity and reliability of AI-enhanced depression detection systems, carry out thorough validation experiments. Inform users and stakeholders in a transparent manner of these algorithms' limits and possible biases.
- **8. Privacy Preservation:** Make sure AI systems for diagnosing depression honor users' right to privacy and follow moral standards. To protect users' sensitive information, deploy strong data anonymization algorithms and safe data storage procedures.
- **9. Cross-Cultural Sensitivity:** Create AI models that are cognizant of linguistic and cultural differences in how depression is expressed and experienced. This entails using a variety of datasets to train algorithms and taking cultural context into account when analyzing information from social media.
- **10. Validation and Transparency:** To evaluate the validity and reliability of AI-enhanced depression detection systems, carry out thorough validation experiments. Inform users and stakeholders in a transparent manner of these algorithms' limits and possible biases.

AI-enhanced depression identification via social media has the potential to significantly improve the delivery and results of mental health care by addressing these goals and objectives. However, we must approach this technology with an awareness of ethical issues and a dedication to user privacy and welfare.

#### CHAPTER 3.

#### **DESIGN FLOW/PROCESS**

#### 3.1 SELECTION OF FEATURES

- 1. Exploratory Data Analysis (EDA): Conduct an initial exploration of the dataset to gain insights into the characteristics of the social media posts. Analyze the distribution of features such as text length, word frequency, sentiment, and linguistic patterns. Identify potential features that may be indicative of depressive symptoms, such as negative sentiment, self-referential language, or expressions of hopelessness.
- **2. Feature Extraction:** Utilize natural language processing (NLP) techniques to extract linguistic features from the text, including word embeddings, n-grams, and part-of-speech tags. Consider extracting features from other modalities, such as images or videos associated with social media posts, to enrich the feature representation and capture additional cues related to users' mental states.
- 3. Feature Selection: Apply feature selection techniques to identify the most relevant and discriminative features for depression detection. Use statistical methods like the chi-square test or mutual information to assess the relationship between features and target labels (depressive vs. non-depressive). Employ feature ranking algorithms like recursive feature elimination (RFE) or feature importance scores from tree-based models to prioritize features based on their predictive power. Consider domain knowledge and consultation with mental health experts to guide the selection of features that are clinically relevant and aligned with diagnostic criteria for depression.
- 4. Validation and Iteration: Validate the selected features using cross-validation or holdout validation to assess their performance in combination with machine learning models. Iterate the feature selection process based on the performance metrics and domain insights, refining the set of features to improve the detection accuracy and generalization ability of the system.

#### 3.2 DESIGN CONSTRAINTS

- 1. Ethical Considerations: Identify and prioritize ethical considerations related to the development and deployment of the depression detection system. Ensure compliance with privacy regulations and guidelines, particularly regarding the handling of sensitive user data. Implement mechanisms to obtain informed consent from users and provide transparency about data usage and sharing practices. Mitigate potential risks of harm or stigmatization associated with the detection and disclosure of mental health issues.
- Bias and Fairness: Recognize the potential for bias in the data and algorithms 2. used for depression detection, including biases related to demographics, language, and cultural differences. Implement strategies to mitigate bias at various stages of the design process, such as dataset collection, annotation, and model training. Evaluate the fairness and equity of the system's predictions across different that vulnerable demographic groups to ensure populations are not disproportionately affected.
- 3. Data Availability and Quality: Consider constraints related to the availability and quality of social media data for training and testing the depression detection system. Address challenges such as data sparsity, noise, and heterogeneity across different social media platforms. Explore methods for augmenting or synthesizing data to overcome limitations in the training dataset and improve the robustness of the models.
- 4. Scalability and Resource Constraints: Consider scalability requirements to ensure that the depression detection system can handle large volumes of social media data and accommodate potential increases in user demand over time. Optimize algorithms and infrastructure for efficiency and resource utilization, particularly in resource-constrained environments such as mobile devices or cloud-based platforms.

#### 3.3 DESIGN FLOW

# 1. Problem Definition and Scope:

- Define the problem of depression detection in social media, outlining the objectives, target audience, and intended outcomes of the AI-enhanced system.
- Establish the scope of the project, considering the types of social media platforms, languages, and user demographics to be included.

# 2. Understanding Constraints and Ethics:

- Identify and analyze design constraints, including ethical considerations, privacy concerns, regulatory requirements, and resource limitations.
- Formulate strategies to address constraints while ensuring the ethical development and deployment of the depression detection system.

#### 3. Data Collection and Annotation:

- Gather a diverse dataset of social media posts, ensuring representation across different platforms, languages, and user groups.
- Annotate the dataset with labels indicating the presence or absence of depressive symptoms, adhering to ethical guidelines and privacy regulations.

#### 4. Feature Analysis and Selection:

- Conduct exploratory data analysis (EDA) to understand the characteristics of social media posts and identify potential features relevant to depression detection.
- Select informative features such as linguistic patterns, sentiment analysis, word embeddings, and multimodal cues for inclusion in the detection model.

# 5. Model Development and Training:

- Choose appropriate machine learning or deep learning models for depression detection, considering factors such as model complexity, interpretability, and scalability.
- Train the selected models using the annotated dataset, optimizing hyperparameters and evaluating performance through cross-validation and validation metrics.

#### 6. Validation and Evaluation:

- Validate the depression detection system on held-out datasets or through real-world deployment, assessing its performance, accuracy, and reliability.
- Conduct user studies or engage domain experts to evaluate the system's usability, effectiveness, and impact on mental health outcomes.

# 7. Deployment and Monitoring:

- Deploy the AI-enhanced depression detection system in a real-world setting, ensuring interoperability with existing social media platforms and compliance with relevant regulations.
- Implement monitoring mechanisms to track system performance, detect anomalies or biases, and incorporate user feedback for continuous improvement.

#### 3.4 METHODOLOGY

#### 1. Sources of Social Media Data:

• The study utilized publicly available social media data from Twitter, specifically focusing on tweets posted by users who self-identified as experiencing depression or related mental health issues.

# > Criteria for Selecting Data:

- Data collection spanned a period of one year, from January 2023 to December 2023, to capture longitudinal trends and variations in social media activity related to depression.
- Tweets were selected based on the presence of relevant keywords and hashtags related to depression, such as "depression", " mental health", and "anxiety".
- Demographic characteristics of users were not explicitly considered in the data selection process to ensure inclusivity and representation of diverse experiences.
- Tweets written in English were prioritized due to lan guage proficiency constraints.

## Preprocessing Steps:

- Text normalization techniques were applied to standardize text data, including lowercasing, punctuation removal, and lemmatization.
- Tokenization was performed to split text into individual words or tokens.
- Stopword removal was applied to filter out common words with little semantic value.
- URLs, mentions, and special characters were removed to focus on the textual content of tweets.

#### **2. Feature Extraction:** Features Extracted from Social Media Posts:

- Linguistic cues such as the frequency of first-person pronouns, negative emotion words, and cognitive distortions were extracted from the text of tweets.
- Sentiment scores representing the emotional polarity of tweets were computed using sentiment analysis techniques.
- User behavior metrics, including posting frequency, engagement levels, and social network characteristics, were derived from user profiles and activity logs.

#### 3. Methods for Feature Engineering:

- Lexical analysis techniques were employed to identify patterns and associations between words, phrases, and concepts.
- Semantic parsing methods were applied to extract semantic meaning and context from textual data, facilitating the identification of relevant features.

# 4. Domain-Specific Features:

- Domain-specific features, such as the presence of mental health-related terms and expressions, were incorporated into the feature space to capture domain-specific nuances and contexts.
- Logistic regression, support vector machines (SVM), and convolutional neural networks (CNNs) were employed for depression detection.
- Logistic regression and SVM models served as baseline classifiers, while CNNs were utilized to capture complex patterns in text data.

#### 5. Evaluation Metrics: Evaluation Metrics Used:

- Performance metrics including accuracy, precision, recall, and F1-score were used to assess the effectiveness of depression detection models.
- Precision measures the proportion of true positive predictions among all positive predictions, while recall measures the proportion of true positive predictions among all actual positive instances.
- The F1-score represents the harmonic mean of precision and recall, providing a balanced measure of model performance.

# 6. Experimental Design:

- Data were split into training, validation, and test sets using an 80-10-10 ratio to train and evaluate models while ensuring unbiased performance estimation.
- Cross-validation procedures, such as k-fold cross-validation, were employed to mitigate overfitting and variance issues, with hyperparameters tuned using grid search.
- Baseline comparisons were conducted against simple heuristics and random guessing to assess the relative performance of developed models.

#### 7. Results of Model Evaluation:

- Quantitative performance metrics, including accuracy, precision, recall, and F1-score, were computed for each model and reported alongside baseline results.
- Qualitative analysis of model predictions, including misclassifications and false positives, was conducted to identify potential areas for improvement and model refinement.

#### **CODE**

import datetime

import torch from pprint import pformat import glob import models from dataset import create\_dataloader import fire import losses import logging import pandas as pd import kaldi\_io import yaml import os import numpy as np from sklearn import metrics import sklearn.preprocessing as pre import uuid from tabulate import tabulate import sys from ignite.contrib.handlers import ProgressBar from ignite.engine import (Engine, Events) from ignite.handlers import EarlyStopping, ModelCheckpoint from ConfusionMatrix, ignite.metrics import Loss, RunningAverage, MeanAbsoluteError, Precision, Recall from ignite.contrib.handlers.param\_scheduler import LRScheduler from torch.optim.lr\_scheduler import StepLR

```
device = 'cpu'
if torch.cuda.is available(
) and 'SLURM_JOB_PARTITION' in os.environ and 'gpu' in os.environ[
     'SLURM JOB PARTITION']:
  device = 'cuda'
  # Without results are slightly inconsistent
  torch.backends.cudnn.deterministic = True
DEVICE = torch.device(device)
class Runner(object):
  """docstring for Runner"""
  def __init__(self, seed=0):
     super(Runner, self).__init__()
    torch.manual_seed(seed)
    np.random.seed(seed)
    if device == 'cuda':
       torch.cuda.manual_seed(seed)
@staticmethod
  def _forward(model, batch, poolingfunction):
    inputs, targets = batch
    inputs, targets = inputs.float().to(DEVICE), targets.float().to(DEVICE)
    return poolingfunction(model(inputs), 1), targets
  def train(self, config, **kwargs):
    config_parameters = parse_config_or_kwargs(config, **kwargs)
    outputdir = os.path.join(
       config_parameters['outputpath'], config_parameters['model'],
       "{}_{}".format(
         datetime.datetime.now().strftime('%Y-%m-%d_%H-%M-%m'),
         uuid.uuid1().hex))
```

```
checkpoint_handler = ModelCheckpoint(
      outputdir,
      'run',
      n saved=1,
      require_empty=False,
      create_dir=True,
      score_function=lambda engine: -engine.state.metrics['Loss'],
      save_as_state_dict=False,
      score_name='loss')
    train_kaldi_string = parsecopyfeats(
      config_parameters['trainfeatures'],
      **config_parameters['feature_args'])
    dev_kaldi_string = parsecopyfeats(config_parameters['devfeatures'],
                         **config_parameters['feature_args'])
    logger = genlogger(os.path.join(outputdir, 'train.log'))
    logger.info("Experiment is stored in {}".format(outputdir))
    for line in pformat(config_parameters).split('\n'):
      logger.info(line)
    scaler = getattr(
      pre,
      config_parameters['scaler'])(**config_parameters['scaler_args'])
inputdim = -1
    logger.info("<== Estimating Scaler ({ }) ==>".format(
      scaler. class name ))
    for _, feat in kaldi_io.read_mat_ark(train_kaldi_string):
      scaler.partial_fit(feat)
      inputdim = feat.shape[-1]
    assert inputdim > 0, "Reading inputstream failed"
```

```
logger.info("Features: {} Input dimension: {}".format(
       config_parameters['trainfeatures'], inputdim))
     logger.info("<== Labels ==>")
    train_label_df = pd.read_csv(
       config_parameters['trainlabels']).set_index('Participant_ID')
def pooling_function(x, d):
       return x.max(d)[0]
  elif poolingfunction_name == 'linear':
     def pooling_function(x, d):
       return (x^{**}2).sum(d) / x.sum(d)
  elif poolingfunction_name == 'exp':
     def pooling_function(x, d):
       return (x.exp() * x).sum(d) / x.exp().sum(d)
  elif poolingfunction_name == 'last': # Last timestep
     def pooling_function(x, d):
       return x.select(d, -1)
  elif poolingfunction_name == 'first':
    def pooling_function(x, d):
       return x.select(d, 0)
  else:
    raise ValueError(
       "Pooling function {} not available".format(poolingfunction_name))
  return pooling_function
if __name__ == '__main__':
  fire.Fire(Runner)
```

#### **CHAPTER 4.**

# RESULTS ANALYSIS AND VALIDATION

#### 4.1 IMPLEMENTATION OF SOLUTION

## 1. Linguistic Analysis

- Linguistic analysis reveals a statistically significant increase in the use of firstperson pronouns and negative emotion words among individuals with self-reported depression compared to control groups.
- Cognitive distortions, such as black-and-white thinking and catastrophizing, are identified as prevalent linguistic markers of depressive symptoms in social media posts.

#### 2. Sentiment Analysis

- Sentiment analysis demonstrates a higher prevalence of negative sentiment in social media posts shared by individuals with depression compared to those without depression.
- The sentiment polarity of social media posts serves as a reliable indicator of individuals' emotional well-being, with depressed individuals exhibiting a consistently negative emotional tone.

# 3. Machine Learning Algorithms

- Machine learning classifiers trained on linguistic and sentiment features achieve high accuracy in distinguishing between depressive and non-depressive social media posts.
- Logistic regression and support vector machines (SVM) demonstrate superior performance in depression detection compared to random forest and naive Bayes classifiers.

# 4. Deep Learning Models

• Deep learning models, such as convolutional neural networks (CNNs) and recurrent neural networks (RNNs), outperform traditional machine learning algorithms in feature representation and depression detection tasks.

- CNNs trained on text and image data achieve state-of-the-art results in cross-validation experiments, highlighting the importance of multimodal social media analysis.
- Overall, the results demonstrate the effectiveness of AI-enhanced depression detection techniques in extracting meaningful insights from social media data and identifying individuals at risk of depression. These findings underscore the potential of artificial intelligence to revolutionize mental health research and intervention strategies.

#### CHAPTER 5.

#### CONCLUSION AND FUTURE WORK

#### 5.1 CONCLUSION

In conclusion, the development of an AI-enhanced depression detection system for social media represents a promising avenue for leveraging technology to support mental health monitoring and intervention. Through this project, we have addressed the critical need for scalable and accessible solutions to identify individuals at risk of depression and provide timely support and resources.

By integrating advanced machine learning and natural language processing techniques, we have demonstrated the feasibility of automatically detecting depressive symptoms from social media posts with a high degree of accuracy and efficiency. Our system not only enhances the ability to identify individuals in distress but also offers opportunities for early intervention and personalized support, potentially improving mental health outcomes for users.

Furthermore, by considering ethical considerations, bias mitigation strategies, and user privacy concerns throughout the design and development process, we have prioritized the responsible deployment of AI technologies in the sensitive domain of mental health. Upholding ethical principles and promoting transparency and user empowerment are essential for fostering trust and acceptance of AI-enhanced depression detection systems among users and stakeholders.

#### 5.2 FUTURE WORK

While our current system represents a significant step forward in AI-enhanced depression detection, there are several avenues for future research and development:

- 1. Longitudinal Studies: Conduct longitudinal studies to evaluate the long-term effectiveness and impact of the depression detection system on mental health outcomes and user well-being.
- 2. Multimodal Integration: Explore the integration of multimodal data sources, including images, videos, and user interactions, to improve the robustness and accuracy of depression detection models.
- **3. Personalized Interventions:** Develop personalized intervention strategies based on detected depression risk levels and user preferences, offering tailored resources and support to individuals in need.
- **4. Cross-Cultural Adaptation:** Investigate the cross-cultural applicability of the depression detection system and adapt the models and algorithms to diverse linguistic and cultural contexts.
- **5. Real-Time Monitoring:** Implement real-time monitoring capabilities to detect changes in users' mental states and provide timely interventions and support when needed.
- 6. Collaboration with Mental Health Professionals: Foster collaboration with mental health professionals and organizations to validate the system's effectiveness, incorporate clinical insights, and ensure alignment with best practices in mental health care.

By pursuing these avenues for future work, we can continue to advance the field of AIenhanced depression detection in social media, ultimately contributing to the promotion of mental health and well-being in online communities.

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# **APPENDIX**

# Final report

Final report					
ORIGINA	ALITY REPORT				
99 SIMILA	<b>%</b> ARITY INDEX	5% INTERNET SOURCES	2% PUBLICATIONS	9% STUDENT PAPERS	
PRIMAR	Y SOURCES				
1	Submitted to Chandigarh University Student Paper				
2	Submitt Student Paper	ed to Padjadja	ran University	2%	
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