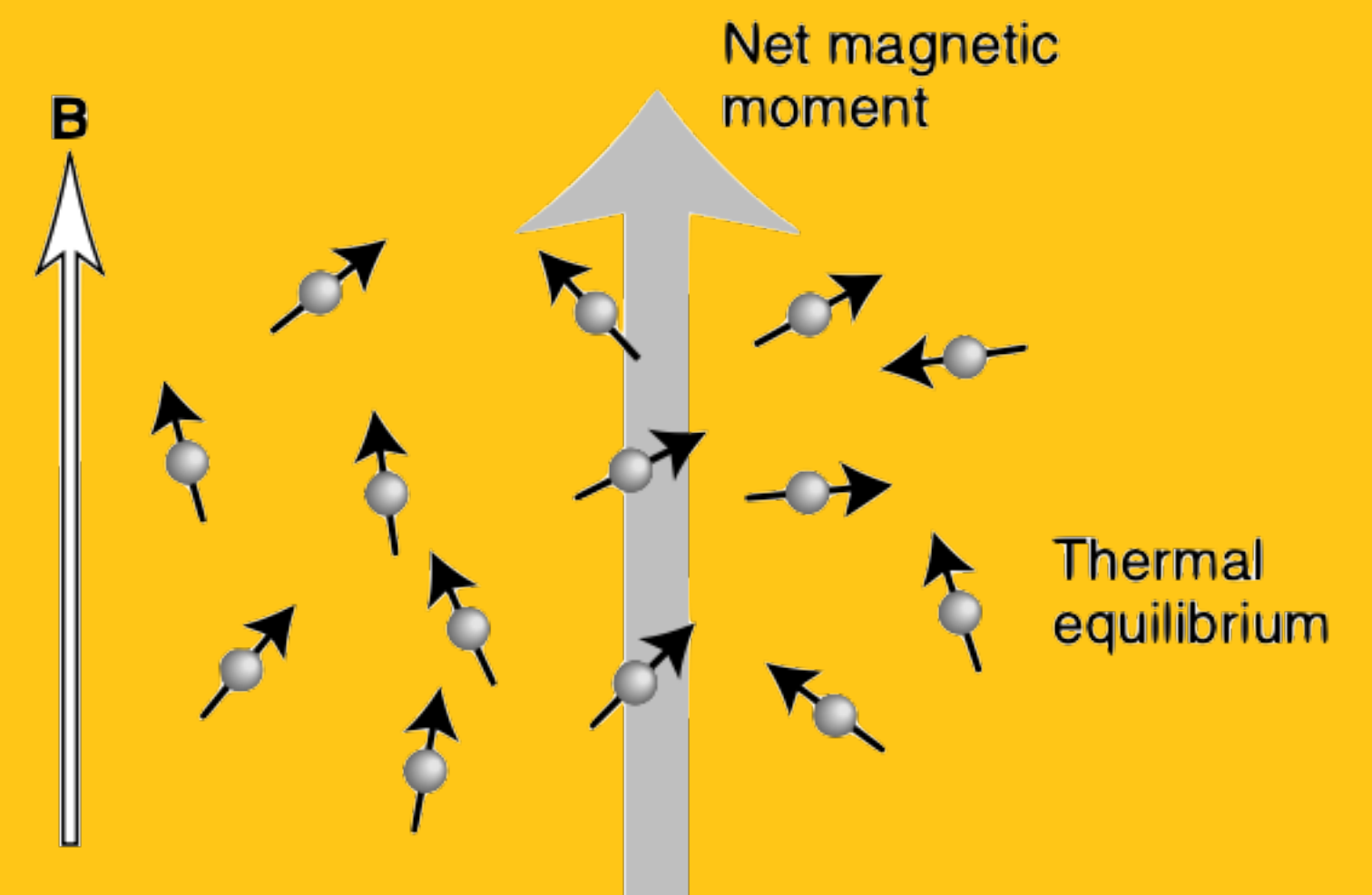
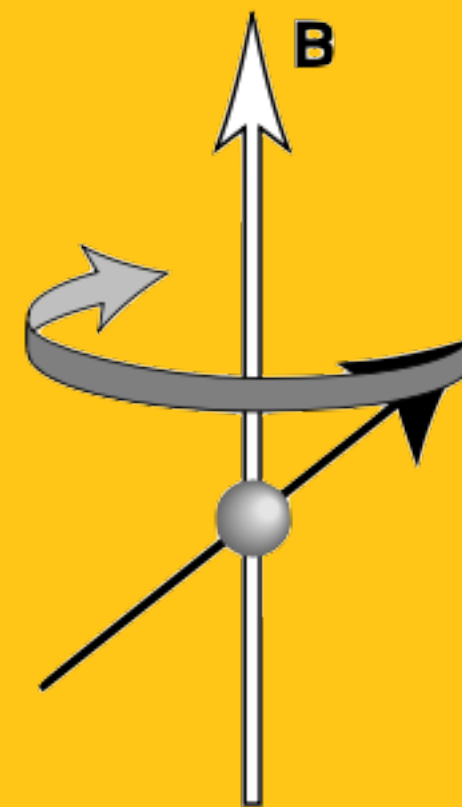
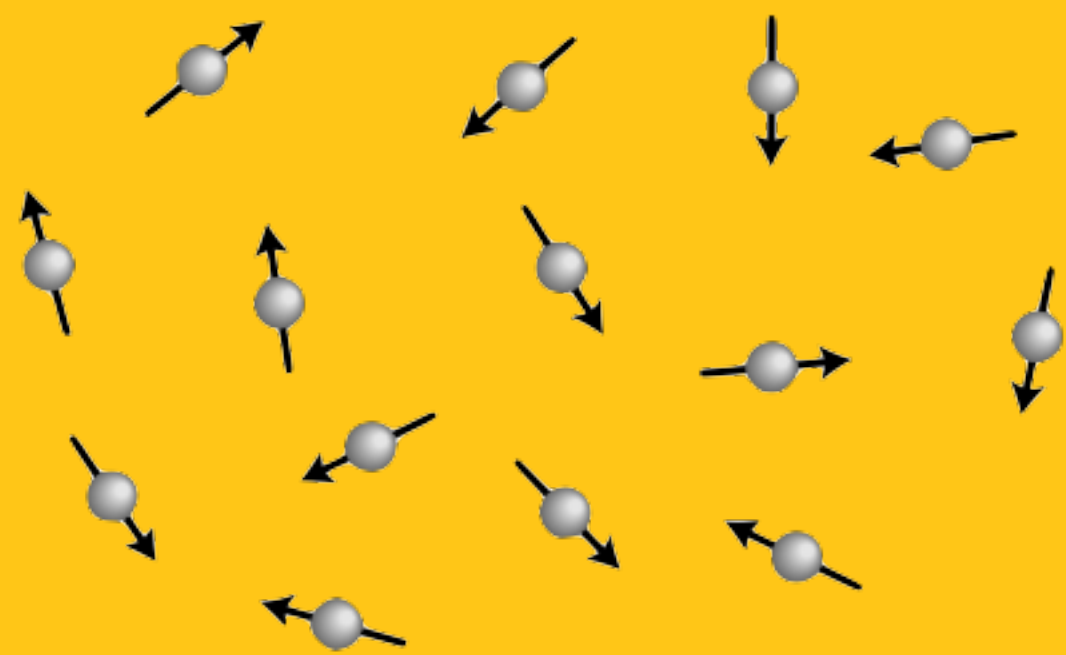


# BASICS

## Physics

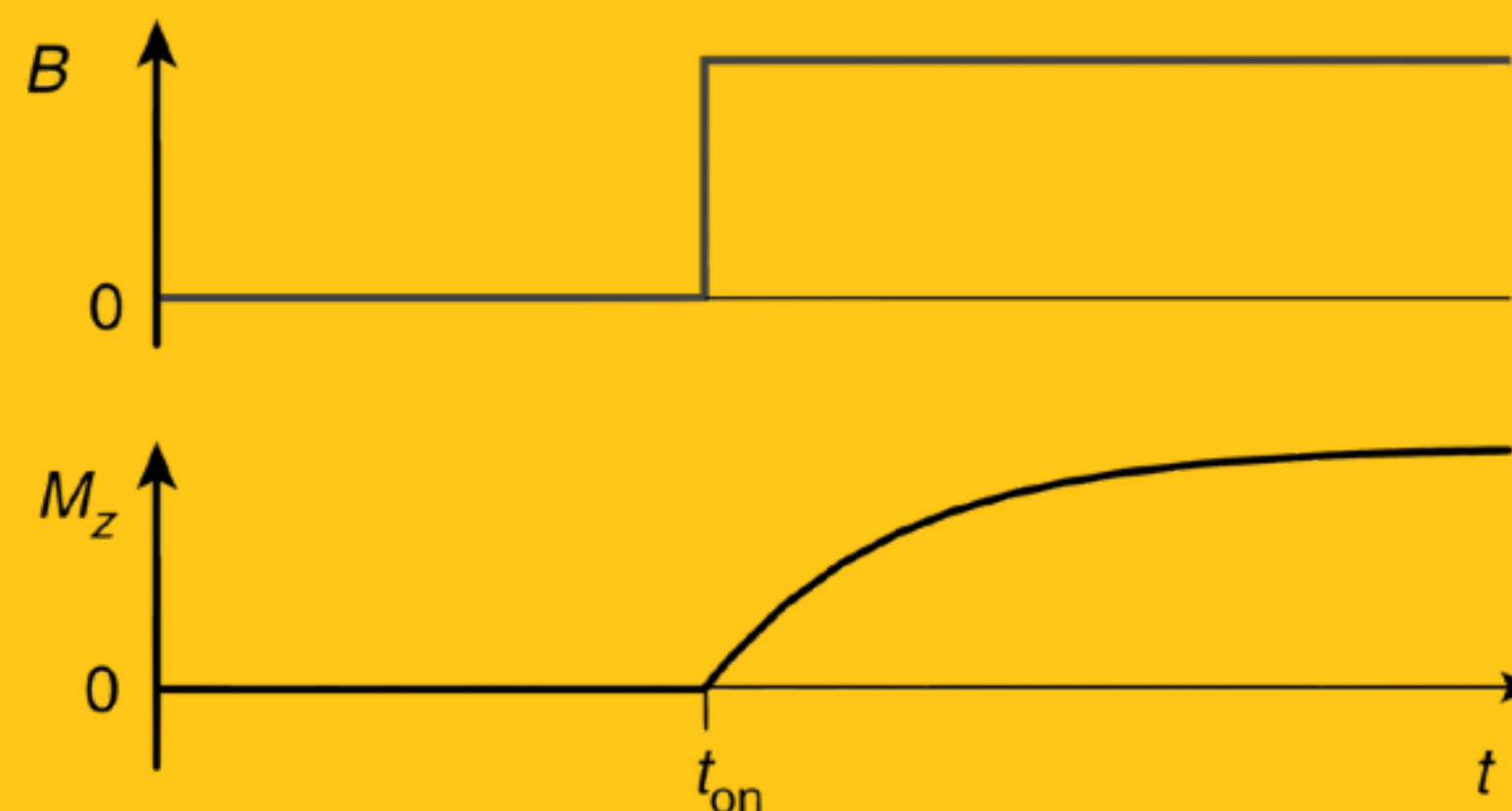


# BASICS

## T1

### Spin-Lattice

$$M_z^{\text{nuc}}(t) = M_{\text{eq}}^{\text{nuc}} \left( 1 - \exp\{-(t - t_{\text{on}})/T_1\} \right)$$



$$M_z^{\text{nuc}}(t) = M_{\text{eq}}^{\text{nuc}} \exp\{-(t - t_{\text{off}})/T_1\}$$

