Spine

<https://my.clevelandclinic.org/health/articles/10040-spine-structure-and-function>

Your spine, or backbone, is your body's central support structure. It connects different parts of your [musculoskeletal system](https://my.clevelandclinic.org/health/articles/12254-musculoskeletal-system-normal-structure--function). Your spine helps you sit, stand, walk, twist and bend. Back injuries, spinal cord conditions and other problems can damage the spine and cause back pain.

