

Patient Name: Multi Page Test Patient

Date: 28-01-2026 | **OP No.:** TEST-MULTIPAGE-50MM

ICD Code: M06.9

Sex: F | **Age:** 55

Vitals: Wt: 68 | Ht: 162 | BP: 140/90 | SpO2: 97

Diagnosis:

Rheumatoid Arthritis with Secondary Osteoarthritis - Multiple joint involvement requiring comprehensive medication management

Clinical History:

Long standing history of joint pain, stiffness, and swelling affecting bilateral hands, wrists, knees and ankles. Previous treatments with NSAIDs showed partial response.

Rx :

| S.No | Drug Name | Dosage | Frequency | Duration | Comments |
|------|-----------------|----------|-------------|----------|---------------------------------|
| 1 | WYSOLONE | 10mg | 1-0-1 | 14 Days | After food with plenty of water |
| 2 | HCQS | 200mg | 1-0-1 | 30 Days | After meals |
| 3 | FOLITRAX | 15mg | Once weekly | 4 Weeks | On Saturday morning |
| 4 | SHELCAL | 500mg | 1-0-1 | 30 Days | After meals for calcium |
| 5 | UPRISE D3 | 60000 IU | Once weekly | 8 Weeks | After breakfast on Sunday |
| 6 | PANTOCID | 40mg | 1-0-0 | 14 Days | Before breakfast empty stomach |
| 7 | NUCOXIA | 90mg | 0-0-1 SOS | 14 Days | For pain relief when needed |
| 8 | PREGABA M | 75mg | 0-0-1 | 30 Days | At bedtime for neuropathy |
| 9 | MYORIL | 4mg | 0-0-1 | 14 Days | Muscle relaxant at night |
| 10 | NEUROBION FORTE | 1 tab | 0-1-0 | 30 Days | After lunch for nerves |

| S.No | Drug Name | Dosage | Frequency | Duration | Comments |
|------|-----------|--------|-----------|----------|--------------------------|
| 11 | EVION LC | 1 cap | 0-0-1 | 30 Days | At night for antioxidant |
| 12 | ZINCOVIT | 1 tab | 0-1-0 | 30 Days | After lunch for immunity |

Review After: 4 weeks with all reports

Advice / Instructions:

1. Adequate rest and avoid strenuous activities
2. Apply warm compresses to affected joints
3. Physiotherapy twice weekly as advised
4. Avoid exposure to cold weather
5. Regular gentle exercises
6. Maintain healthy weight
7. Report any side effects immediately

Lab Tests Advised:

CBC with ESR, CRP, Uric Acid, LFT, RFT, HbA1c, Lipid Profile, Vitamin D3 levels, RA Factor, Anti-CCP antibodies