

**Patient Name:** Multi Page Test Patient

**Date:** 28-01-2026 | **OP No.:** TEST-MULTIPAGE-50MM

**ICD Code:** M06.9

**Sex:** F | **Age:** 55

**Vitals:** Wt: 68 | Ht: 162 | BP: 140/90 | SpO2: 97

**Diagnosis:**

Rheumatoid Arthritis with Secondary Osteoarthritis - Multiple joint involvement requiring comprehensive medication management

**Clinical History:**

Long standing history of joint pain, stiffness, and swelling affecting bilateral hands, wrists, knees and ankles. Previous treatments with NSAIDs showed partial response.

**Rx :**

S.No	Drug Name	Dosage	Frequency	Duration	Comments
1	WYSOLONE	10mg	1-0-1	14 Days	After food with plenty of water
2	HCQS	200mg	1-0-1	30 Days	After meals
3	FOLITRAX	15mg	Once weekly	4 Weeks	On Saturday morning
4	SHELCAL	500mg	1-0-1	30 Days	After meals for calcium
5	UPRISE D3	60000 IU	Once weekly	8 Weeks	After breakfast on Sunday
6	PANTOCID	40mg	1-0-0	14 Days	Before breakfast empty stomach
7	NUCOXIA	90mg	0-0-1 SOS	14 Days	For pain relief when needed

S.No	Drug Name	Dosage	Frequency	Duration	Comments
8	PREGABA M	75mg	0-0-1	30 Days	At bedtime for neuropathy
9	MYORIL	4mg	0-0-1	14 Days	Muscle relaxant at night
10	NEUROBION FORTE	1 tab	0-1-0	30 Days	After lunch for nerves
11	EVION LC	1 cap	0-0-1	30 Days	At night for antioxidant
12	ZINCOVIT	1 tab	0-1-0	30 Days	After lunch for immunity

**Review After:** 4 weeks with all reports

**Advice / Instructions:**

1. Adequate rest and avoid strenuous activities
2. Apply warm compresses to affected joints
3. Physiotherapy twice weekly as advised
4. Avoid exposure to cold weather
5. Regular gentle exercises
6. Maintain healthy weight
7. Report any side effects immediately

**Lab Tests Advised:**

CBC with ESR, CRP, Uric Acid, LFT, RFT, HbA1c, Lipid Profile, Vitamin D3 levels, RA Factor, Anti-CCP antibodies