chapter of her life she writes thus: "I chose the glorious St Joseph for my patron, and I commend myself in all things singularly to his intercession. I do not remember ever to have asked of God anything by him which I did not obtain. I never knew any one, who, by invoking him, did not advance exceedingly in virtue: for he assists in a wonderful manner all who address themselves to him." St. Francis of Sales, throughout his whole nineteenth entertainment, extremely recommends devotion to him, and extols his merits, principally his virginity, humility, constancy, and courage. The Syrians and other eastern churches celebrate his festival on the 20th of July; the western church, on the 19th of March. Pope Gregory XV. in 1621, and Urban VIII., in 1642, commanded it to be kept a holiday of obligation.

The holy family of Jesus, Mary, and Joseph, presents to us the most perfect model of heavenly conversation on earth. How did those two seraphim, Mary and Joseph, live in their poor cottage! They always enjoyed the presence of Jesus, always burning with the most ardent love for him, inviolably attached to his sacred person, always employed and living only for him. What were their transports in beholding him, their devotion in listening to him, and their joy in possessing him! O heavenly life! O anticipation of the heavenly bliss! O divine conversation! We may imitate them, and share some degree of this advantage, by conversing often with Jesus, and by the contemplation of his most amiable goodness, kindling the fire of his holy love in our breasts. The effects of this love, if it be sincere, will necessarily appear in our putting on his spirit, and imitating his example and virtues; and in our studying to walk continually in the divine presence, finding God every where, and esteeming all the time lost which we do not spend with God, or for his honour.

ST. ALCMUND, M.

HE was son of Eldred, and brother of Osred, kings of the Northumbrians. During his temporal prosperity, the greater he was in power so much the more meek and humble was he in his heart, and so much the more affable to others. He was poor amidst riches, because he knew no greater pleasure than to strip himself for the relief of the distressed. Being driven from his kingdom, together with his father, by rebellious subjects, in league with Danish plunderers, he lived among the Picts

above twenty years in banishment; learning more heartily to despise earthly vanities, and making it his whole study to serve the King of kings. His subjects groaning under the yoke of an insupportable tyranny, took up arms against their oppressors, and induced the royal prince, upon motives of compassion for their distress and a holy zeal for religion, to put himself at their head. Several battles were prosperously fought; but at length the pious prince was murdered by the contrivance of King Eardulf, the usurper, as Matthew of Westminister, Simeon of Durham, and Florence, of Worcester say. Dr. Brown Willis, in his Notitia of parliamentary boroughs, writes, with some ancients, that he was slain by the Danes, about the year 819. His body was interred at Lilleshult, in Shropshire: but afterwards translated to Derby, where he was honoured with great devotion as patron of the town, on the 19th of March. An old manuscript sermon preached in his church at Derby, about the year 1140, extant in a manuscript collection of sermons of that age in my hands, folio 138, gives a particular history of this translation of his relics to Derby, where his church became famous for miracles, and for the resort of pilgrims. See on this saint the history of John of Glastenbury, Matthew of Westminister, the manuscript sermon above mentioned, and Henschenius, t. 3. Mart. p. 47.

MARCH XX.

ST. CUTHBERT, CONFESSOR,

BISHOP OF LINDISFARNE.

From his life written by Bede, and from that author's Church History, b. 4. c. 27 to c. 32. Simeon Dunelm, or rather Turgot, Hist. Dunelm. published by Bedford: the old Latin hymn on St. Cuthbert, MS. in Bibl. Cotton. n. 41. apvd Wanley, p. 184. and four Latin prayers, in honour of St. Cuthbert, MS. n. 190. in the library of Durham Church. Warnly, Catal. t. 2. p. 297. Harpsfield, sec. 7. c. 34. Hearne on Langtoft, t. 2. p. 687. N. B. The history of Durham, which is here quoted, was compiled by Turgot, prior of Durham, down to the year 1104, and continued to the year 1161 by Simeon.

A.D. 687.

WHEN the Northumbrians, under the pious King Oswald, had, with great fervour, embraced the Christian faith, the holy bishop St. Aidan founded two monasteries, that of Mailros, on VOL III.