

religion, and the infinite prejudice of our souls. Do we consider that the least exertion of meekness, humility, or charity, is something much greater and more advantageous than the conquest of empires and the whole world could be? For Alexander to have once curbed his anger on ever so small an occasion, would have been a far more glorious victory than all his conquests, even if his wars had been just. For nothing is so heroic as for a man to vanquish his passions, and learn to govern his own soul. Why then do not we take all necessary precautions to watch and to arm ourselves for these continual occasions? Why are we not prepared, and upon our guard to check all sudden sallies of our passions, and, under provocations, to show by silence, meekness, and patience, that we study truly to prove ourselves disciples of Christ?

ST. GATIAN, FIRST BISHOP OF TOURS, C.

ST. GATIAN came from Rome with St. Dionysius of Paris, about the middle of the third century, and preached the faith principally at Tours in Gaul, where he fixed his episcopal see. The Gauls in that part were extremely addicted to the worship of their idols. But no contradictions or sufferings were able to discourage or daunt this true apostle; and by perseverance he gained several to Christ. He assembled his little flock in grotts and caves, and there celebrated the divine mysteries. For he was obliged often to lie hid in lurking holes a long time together in order to escape a cruel death, with which the heathens frequently threatened him, and which he was always ready to receive with joy if he had fallen into their hands. Having continued his labours with unwearied zeal amidst frequent sufferings and dangers for near the space of fifty years, he died in peace, and was honoured with miracles. See St. Gregory of Tours, l. 1, c. 30; the Roman Martyrology, and Gallia Christiana.

ST. WINEBALD, ABBOT, C.

ST. RICHARD, the English-Saxon king, seems to have been a prince of Westsex; for he was related to St. Boniface, and set out on his pilgrimage from Hamble-Haven in that country. It is thought that he was one of those princes who ruled in part of that kingdom, till they were compelled to give way to King