confession, I know less than what I do not know at all." St. John Chmacus remarks, that a special providence watches over the fidelity of this sacred seal, "For," says he, "it is unheard of that sins disclosed by confession should be divulged, lest others should be deterred from confessing, and all hope of health be cut off."1, Without this indispensable secrecy the very precept and obligation ceases.2 And this law is expedient also to the public weal; for by it the minister will often draw sinners from dangerous designs which otherwise could never come to his knowledge, as F. Coton showed to the entire. satisfaction of Henry IV. of France.

## ST. SIMON STOCK, C.

He was descended of a good family in Kent. From his infancy he turned all his thoughts and affections to attain to the most perfect love of God, and studied to devote all his moments to this glorious pursuit. In this earnest desire, in the twelfth year of his age, he retired into a wilderness, and chose for his dwelling a great hollow oak tree; whence the surname of Stock was given him. Whilst he here mortified his flesh with fasting and other severities he nourished his soul with spiritual dainties in continual prayer. His drink was only water; and he never touched any other food but herbs, roots, and wild apples. Whilst he led this course of life, he was invited by a divine revelation to embrace the rule of certain religious men who were coming from Palestine into England. Albert, the holy patriarch of Jerusalem, having given a written rule to the Carmelite friars about the year 1205, some brothers of this Order were soon after brought over from mount Carmel by John lord Vescy and Richard lord Gray of Codnor,

> 1 S. John Clim. Ep. ad. Paston. c. 13. 2 See Suarez in 3. p. disp. 23, Sect. 2. and others.

when they returned to the Holy Land. These noblemen some time after settled them, the latter in the wood of Aylesford, near Rochester in Kent, the former in the forest of Holme, near Alnewick in Northumberland; which houses continued the two most famous convents of this Order in England till their dissolution in the thirty-third year of the reign of Henry VIII. But we are assured by Bale, who before his apostacy was himself a friar of the English province of this Order, and by Lambert and Weaver3 in their accurate descriptions of the Antiquities of Kent, that the first or most ancient convent of these friars in England was that at Newenden in Kent, which was founded for them by Sir Thomas Archer or Fitz-Aucher, whose family flourished for many centuries upon that manor. The first arrival of these friars in England is placed in the Annals of the Order, quoted by F. Cosmas de Villiers4 in 1212.5 Simon who had then lived a recluse twenty years, imitating? the Macariuses and Arseniuses in the most heroic practices of penance and contemplation, was much affected with the devotion of these servants of God to the Blessed Virgin, their edifying deportment, and their eremitical austere institute, and joined their holy company before the end of the year 1212. After his admission he was sent to Oxford to finish his studies; and having run through his academical course he returned to his convent, where so bright was the example of his piety, that the virtue of the rest seemed to

1 Bale, Cent. xii, 20. 2 P. 139. 4 Bibliotheca Carmelitana, ed. Anno 1752, t. 2. p. 750. 5 Our English monastic historians say in 1240. So Dodsworth, (in his Extracts concerning this Order in England,) Dugdale in his Warwickshire, first edition, p. 117; in the new edition, with notes, in 1730, we read, by mistake, 1250 for 1240. Bp. Tanner, (Not. Monast. p. 395. and pref. p. xxxiii.) Leland, (de Scriptor. p. 293.) Lambert, Weaver, &c. But confound the first coming of these friars with the second, when to shun the persecution of the Saracens they forsook Palestine. Dugdale (Bacon) calls the lord Vescy or Vesey, in 1240, William not John.

suffer an eclipse by the extraordinary lustre of Such was his reputation that in his sanctity. 1215 Brocard, prior of mount Carmel, and general of the Order, appointed him vicar general, with full power over all the western provinces. Many clamours being raised against this institute, St. Simon repaired to Rome in 1226, and obtained from pope Honorius III. a confirmation of the rule given to this Order by Albertus; and another from Gregory IX. in 1229. Some years after, St. Simon paid a visit to his brethren on mount Carmel, and remained six years in Palestine, where in 1237, he assisted at the general chapter of the Order held by Alanus the fifth general. In this assembly it was decreed, that the greatest part of the brethren should pass into Europe, their settlements in the East being continually disturbed by the persecutions, oppressions, or threats of the Saracens. In 1240 many were sent to England, and in 1244, Alanus himself with St. Simon, having nominated Hilarion his vicar on mount Carmel, and in Palestine, followed them thither, there being already five monasteries of the Order erected in this island.

In a general chapter held at Aylesford in 1245,\* Alanus resigning his dignity, St. Simon was chosen the sixth general, and in the same year procured a new confirmation of the rule by pope Innocent IV. who at the saint's request received this Order under the special protection of the Holy See in 1251. St. Simon established houses in most parts of Europe; but this institute flourished no where with so great splendour and edification as in England, and continued so to do for several ages, as the Annals of the Order take notice. St. Simon, soon after he was promoted to the dignity of general, instituted the confraternity of the Scapular to unite the devout clients of the Blessed Virgin in certain regular exercises of religion and piety. Several Carmelite writers

assure us that he was admonished by the Mother of God in a vision, with which he was favoured on the 16th of July, to establish this devotion. This confraternity has been approved, and favoured with many privileges by several popes.2 The rules prescribe, without any obligation or precept, that the members wear a little scapular, at least secretly, as the symbol of the Order, and that they recite every day the office of our Lady, or the office of the Church; or if they cannot read, seven times the Pater, Ave, and Gloria Patria in lieu of the seven canonical hours; and, lastly, that they abstain from flesh meat on Wednesdays, Fridays, and Saturdays, or if this cannot be done, that they double for each of these days, the seven Paters, &c. St. Simon cured several sick persons by giving them the scapular; the reputation of which miracles moved Edward I. king of England, St. Lewis of France, and many others, to enrol their names in this confraternity.

St. Simon governed the Order with great sanctity and prudence during twenty years, and propagated it exceedingly from England over all Europe; being himself famous for his eminent virtue, and a great gift of miracles and prophecy. He wrote several hymns and decrees for his Order, and several other useful things for its service,

<sup>1</sup> From the silence of F. Philip Biboti, a Spanish Carmelite friar, who died in 1391, and wrote his ten books a history of the institution of his Order, called Speculum Ordinis Carmelitani; also Lives of Illustrious Men of this Order: likewise from the silence of Thomas Waldensis (who defended this Order against Wicklif, t. 3. c. 75. 89. and 92.) and others, Launoy, in an express dissertation, in 1653, contested the authenticity of this vision; but is refuted by F. Cosmas de Villiers (Bibl. Carmel. t. 2. p. 753.) and pope Benedict XIV. (De Canoniz. t. 4. part 2. c. 9. p. 74, 75,) upon the testimonies of several ancient writers of this Order, collected by Theophilus Raynaudus, in his Scapulare Marianum, Op. t. 7. especially of Peter Swaynton from Norfolk, the saint's companion and director for many years, and the first author of his life.

<sup>2</sup> See the bulls of Pius V. Clement VIII. Paul V. Clement X. &c. 3 Bishop Tanner reckons about forty houses of the Carmelites or White Friars in England at the dissolution of abbeys. Præf. to his Notitia Monast.

says Leland. At length, in the hundredth year of his age, having a call to France, he sailed to Bourdeaux, where God put an end to his labours some months after his arrival in 1265, on the 16th of July. He was buried in the cathedral of that city, and was honoured among the saints soon after his death.

Pope Nicholas III. granted an office to be celebrated in his honour at Bourdeaux on the 16th of May, which Paul V. extended to the whole Order. See his authentic life written soon after his death, also Stevens's Monast. Anglic. t. 2. p. 159, 160. Leland, de Script. Brit. t. 2. c. 277. p. 294. Papebroke, t. 3. Maij, p. 653. Newcourt's Repertorium, (on the Carmelite friars,) vol. 1. p. 566. Weaver, p. 139. Fuller, b. 6. p. 271. Dugdale's Warwickshire, p. 186. ed. 1730. F. Cosmas de Villiers a S. Philippo, Bibl. Carmel. t. 2. p. 750.

## ST. UBALDUS, BISHOP OF GUBIO.

He was born of a noble family at Gubio, a city of the Ecclesiastical State, near the marquisate of Ancona. He had his education in the seminary of SS. Marian and James, and made great progress in his studies both profane and sacred; but the holy scriptures, those springs of living waters, were his chief delight. Many honourable matches were proposed to him by his friends; but he rejected all such offers, and made a vow of celibacy. His ardour in the perfect practice of virtue strengthened him against the bad example of many tepid companions. However, not approving certain irregularities which he saw tolerated among them, he exchanged this house for the seminary of St. Secundus, where he finished his studies. The bishop of Gubio made him prior of his cathedral that he might reform several abuses in the behaviour of the canons. Ubaldus prepared himself for this important work by fasting, prayers, and tears, by which he hoped to engage the divine assistance. He easily prevailed on three of his canons who were the best disposed, to join with him in his exercises and rules of life; and their example