any thing so much advance this interior crucifixion of the old man as the patient suffering of afflictions.

## ST. PONTIAN, POPE, M.

The Liberian Calendar informs us that this pope sat five years from the death of Saint Urban, in 230, the church then enjoying peace in the reign of Alexander Severus. But Maximinus, who, by contriving the assassination of the best of the Roman emperors, in May, 235, opened to himself a way to the imperial throne, began his reign by raising a bloody persecution. He was by birth a barbarian, a native of Thrace, and of a gigantic stature: for his cruelty toward all men he is surnamed Busiris, Typhon, and Phalaris, and was a monster of gluttony. St. Pontian was banished by him in the beginning of his reign into the isle of Sardinia, where he died the same year, if not by the sword, at least by the hardships of his exile and the unhealthfulness of the air.

See Tillemont, t. 3.

## ST. BARLAAM, M.

An obscure country life, which this saint had led from his childhood, in a village near Antioch, in manual labour, which he sanctified by a heroic spirit and practice of Christian piety, prepared him for the crown of martyrdom. Though he was a stranger to every other language but his mother tongue, and to all learning, except that of the maxims of the gospel, he was an overmatch for the pride and tyranny of the masters of the world. His zealous confession of the name of Christ provoked the persecutors, who detained him a long time in the dungeons at Antioch before he was brought to his trial; during which rigorous confinement in the simplicity of an