

Wellbeing you can wear



ATMOS LENS

Reimagining workplace wellness through minimal, wearable AR technology

Made with **GAMMA**



The Workplace Wellbeing Crisis

Today's hybrid workforce faces unprecedented stress, distraction, and emotional fatigue. Modern offices prioritize efficiency, yet employees silently struggle.

Rising Burnout

Fatigue levels increasing across all sectors

Focus Challenges

Open offices make sustained concentration difficult

Hybrid Disconnection

Limited real interpersonal connection despite proximity

Neglected Self-Care

Inconsistent break-taking and poor self-regulation

Meet Maya



A Day Before Atmos

Maya is a high-performing employee who recently feels overwhelmed, isolated, and mentally exhausted. She jumps between tasks, sits through meetings without breaks, and feels disconnected from her team.

The office looks modern, but internally Maya feels scattered, pressured, and unsupported.

Introducing Atmos Lens

Lightweight AR glasses worn in the office like normal eyewear. They provide gentle AR overlays to help employees maintain focus, take meaningful breaks, and feel connected — without disrupting workflow.

- ❏ Minimal, comfortable, and designed for natural wear in professional environments. No vision blocking, no isolation, no information overload.



Core Wellbeing Features



Focus Mode

Reduces visual distractions, encourages breathing cycles, and helps the mind settle into deep work while maintaining spatial awareness.



Social Mode

Soft visual indicators show who is available, who is in focus, and who should not be disturbed — easing collaboration without constant messaging.



Recharge Mode

Micro-break reminders prevent burnout, guiding employees toward intentional rest and recovery with short, guided pauses.



Guidance Mode

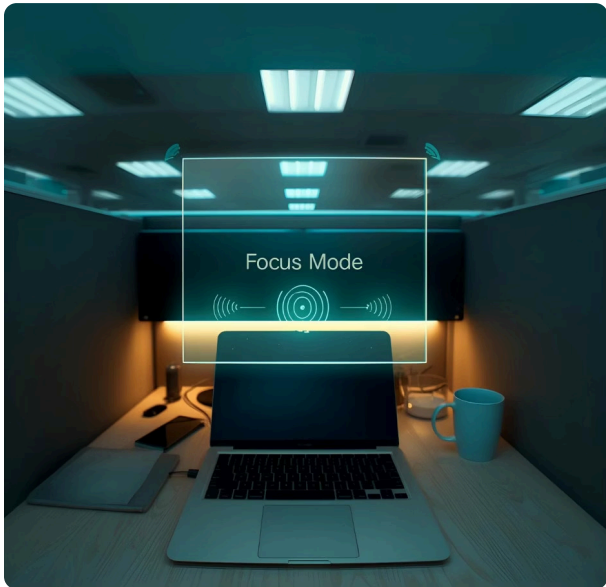
Wayfinding cues help locate open pods, quiet zones, or collaboration areas when the workspace becomes overwhelming.

Maya's Day with Atmos

Instead of feeling scattered and drained, Maya now experiences a day that flows naturally and supports her wellbeing.

Morning

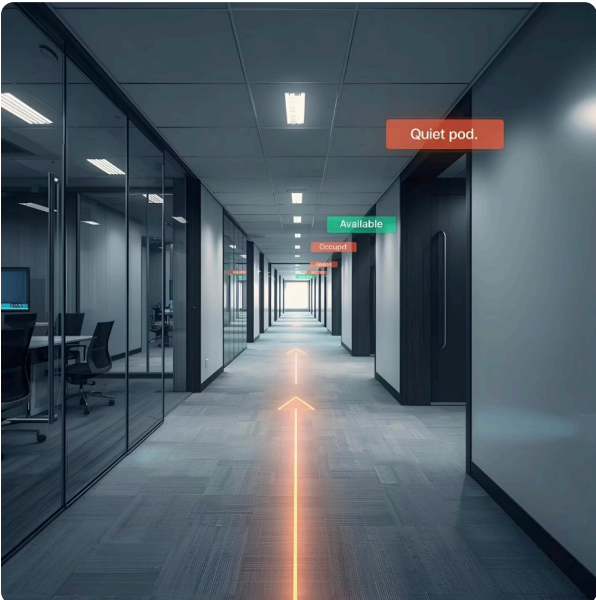
Begins with Focus Mode, reducing distraction and stress



1

Mid-Morning

Uses Guidance Mode to find a quiet pod during busy hours



2

Afternoon

Engages teammates thoughtfully through Social Mode



3

Throughout Day

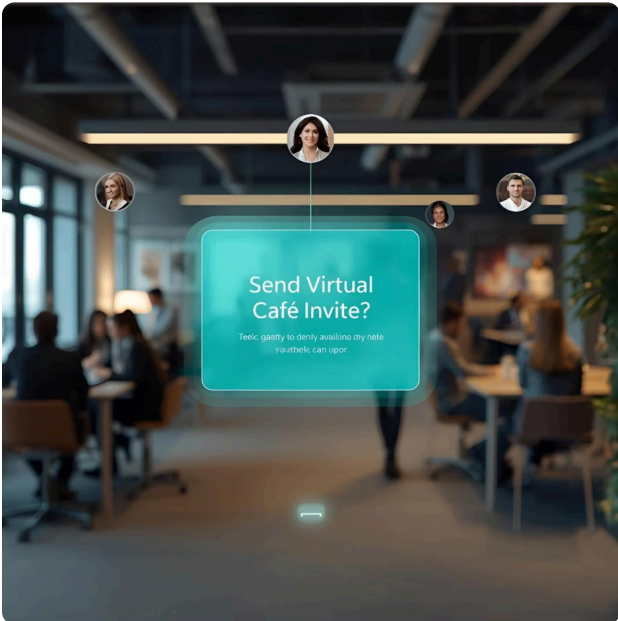
Benefits from Recharge nudges for intentional breaks



4

Evening

Feels calmer, more productive, and more connected



5

Why Glasses?

Non-Intrusive

No bulky headsets or isolation from reality. Seamlessly integrated into natural vision.

Always Contextual

Visual cues live in the user's true environment, enhancing rather than replacing it.

Hands-Free

No extra steps or device switching required. Natural and effortless interaction.

Office-Appropriate

Discreet and professional in appearance. Designed for workplace environments.

Privacy & Ethics First



Built on Trust

- No video recording or surveillance
- No emotional profiling
- No personal identity tracking
- Supportive, not corrective

Employees remain in control. Wellbeing guidance is offered — never forced.

Measurable Impact

With Atmos, workplaces transform into environments that actively support human wellbeing.

↓4...

Stress Reduction

Reduced burnout and
emotional fatigue

↑6...

Break Compliance

Healthier break habits
throughout the day

↑5...

Focus Quality

Better concentration
and engagement

↑75..

Team Connection

Improved awareness
and collaboration



The Future of Work is Human

Atmos Lens transforms the office into a space that cares — helping employees feel balanced, supported, and connected in their daily workflow.

1

Next Phase

Personalized wellbeing patterns with optional opt-in

2

Expansion

Environmental comfort cues for noise and lighting awareness

3

Hybrid Mode

Remote capabilities for home-to-office consistency

Work should feel human again — and Atmos Lens brings that possibility to life.

