

**Title:** "Caught Between Cultures: How Educated Young Migrants in Mumbai Navigate Traditional Family Expectations and Modern Lifestyles"

We are doing an **In-depth Interview** on Young Migrants of age 18-26 for **Qualitative Research**.

**Objective:** The objective of this study is to explore and understand the personal and emotional experiences of young adults in Mumbai who find themselves navigating the complexities of balancing traditional family expectations with their desire for modern, independent lifestyles. By examining their challenges, choices, and conflicts, this research aims to shed light on how these individuals reconcile cultural values with personal aspirations in a rapidly changing society.

## **Question Guidelines:**

### **1. Introduction**

1. Gender:
2. Occupation:
3. Career Ambitions:
4. Where are you from?
5. Where do you currently live?
6. Is this your first time living away from your family?
7. Where is your family currently?

### **2. Family Background**

8. Can you describe your family background?
9. Parent Information (names, ages, occupations):
10. How was your childhood ?
11. How was your upbringing like?
12. How often do you stay in touch with your family?

### **3. Perspectives**

12. What do you think about modern lifestyles?
13. What are the modern lifestyles you follow?
14. Tell us about your family traditions?
15. Do you feel pressured to follow these traditions?
16. How have these traditions shaped your life?
17. What are your family's expectations for you, and how do they align with your goals?

18. Have you ever felt torn between your family's wishes and your own path?

#### **4. Lifestyle & Values**

18. What do you do during family gatherings?

19. Can you share a moment where you struggled to balance family values with a modern lifestyle?

20. How do you handle conflicts between your choices and family expectations?

21. Has living in a city like Mumbai changed how you deal with family expectations?

22. How do your friends help you balance family values with your lifestyle?

23. Is there anything else you'd like to share about managing cultural and personal expectations?

#### **Interviewers:**

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Priyanshu Sharma

Harsha Shylin

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