#### Family Recipes

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Mary Slack, Diana Goldy, Mary Goldy (Grandmary), Karen Sass, and Steven Goldy

A birthday gift for Sarah Slack on her 23rd birthday Since she always needs a recipe

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# ${\bf Breakfast}$

### Blueberry Zucchini Bread

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# Ingredients

3 eggs, lightly beaten

1 cup vegetable oil

3 tsp vanilla extract

2 cups shredded zucchini

3 cups all purpose flour

1 tsp salt

1 tsp baking powder

0.25 tsp baking soda

1 tbsp ground cinnamon

1 pint fresh blueberries

### Instructions

Preheat oven to 350

- 1. Lightly grease 4 mini loaf pans (can use 2 bigger)
- In large bowl, beat together the eggs, oil, vanilla, and sugar.
  Fold in the zucchini. Beat in the flour, salt, baking powder,
  baking sode and cinnamon. Gently fold in the blueberries.
  Transfer to the prepared mini loaf pans
- 3. Bake 50 minutes in the preheated oven or until a knike (or toothpick **un used**) inserted in the center of the loaf comes out clean. Cool 20 minutes in pans, then turn onto wire racks to cool completely

Bake time: 50 minutes

### Orange Muffins

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From Colorado Cooxaoox 1978. Arexed don'dl Endily divided in bolf, bolter may be frozen
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# Ingredients

- 0.5 cup butter
- 1 cup sugar
- 0.75 cup sour cream
- 2 cups flour, sifted
- 1 tsp baking soda
- 1 tsp salt
- 1 tsp grated orange rind
- 0.5 cup raisins or dried cranberries
- 0.5 cup chopped nuts (walnuts or pecans)

#### For the dipping:

1 cup sugar

Juice of the Orange (about  $0.5~\mathrm{cup})$  - I use prepared  $\mathrm{OJ}$ 

### Instructions

- Cream butter and sugar. Add sour cream alternately with dry ingredients. Fold in orange rind, aisins, nuts. Batter will be very stiff
- 2. Put in small muffin tin lined with small baking cups.
- 3. Bake at 374 for 12 to 15 minutes. While this happens, mix the  ${\rm OJ}$  and sugar.
- 4. While still warm, dip in OJ/sugar mix a spoon over top. Cool on a wire rack

# Egg Caserole

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# Ingredients

8 eggs

0.5 lb Mont jack cheese grated

0.5 lb cheddar cheese grated

1 pint small curd cottage cheese

4 oz dried jalapeno

1 cup bisquik

1 cup milk

1 stick butter

0.5 red or green pepper

### Instructions

Preheat oven to 350

- 1. Combine all ingredinets. Pour into greased 7 by 12 pyrex pan. Bake at 350 for 30 to 40 minutes
- 2. Serve with salsa, sour cream, avocados

Bake Time: 30 minutes

# Pumpkin Bread

This sounds like breakfast to me.

# **Ingredients**

3.33 cup flour	3 cup sugar
1 tsp cinnamon	1 cup canola oil
1 tsp nutmeg	0.66 cup water
2 tsp baking soda	4  eggs
1.5 tsp salt	1 cup (1 lb.) pumpkir

# Instructions

Preheat oven to 350

1. Mix together wet ingredients; then stir in dry ingredients. Pour in 2 greased loaf pans. Bake for 1 hour or until toothpick comes out clean.

#### **Pancakes**

Sarah is good at flipping pancakes. Do not let her tell you otherwise

# **Ingredients**

1.25 cup flour

2 tsp baking powder

0.75 tsp salt

1 tbsp sugar

1 egg

1 cup milk

 $2~{\rm tbsp.}$  canola oil

 $1\ \mathrm{tsp}$  Vanilla

Cinnamon, optional

# Instructions

1. Mix dry ingredients, then stir in dry ingredients. Cook on greased skillet or griddle, flipping to second side when bubbles form.

# Egg Brunch Casserole

Diana: Granima Lauren's traditional christmas breakfast
This recipe came from my neighbor in Lakelend

exeres when the diks were "the Et became our
christmas morning breekfast, I put in oven when
we were opening presents and served with fruit, and
my special coffee cake, which elso came from
neighbor Roberta McKey. Another recipe that
the whole family makes for 50 years

# Ingredients

1 pie crust

6 to 8 eggs

1 cup cottage cheese

8 oz shredded cheese Fillings (bacon, sausage, spinach, peppers, brocoli, etc)

### Instructions

- Prepare fillings and mix eggs. Brown meat and chop vegetables.
- 2. Place pie crust in baking dish.
- 3. Fill crust and pour egg mixture over.
- 4. Bake at 350 until done, about 45 minutes.

#### Granola

one of Oad's favorites!

# **Ingredients**

4 cup oats

1 cup textured soy protein

1 cup bran cereal

0.5 cup almonds

0.5 cup unsalted sunflower seeds

2 scoops soy powder

1 tsp vanilla

 $0.5~\mathrm{cup}$  canola oil

0.5 cup honey

1 tbsp maple syrup

Dried fruit (optional)

### Instructions

Preheat oven to 325

1. Combine dry ingredients in 15x10x1 pan. Stir together wet ingredients and drizzle over dry ingredients. Bake at 325 for 30 minutes stirring midway. Let stand at room temperature before storing in tight container. Will keep two weeks or can be frozen in plastic bags.

#### **Bran Buds Muffins**

BRAN

# Ingredients

- 1.25 cups whole wheat flour
- 2 teaspoons baking powder
- 2 teaspoons pumpkin pie spice
- 1.25 teaspoon baking soda
- 0.25 teaspoon salt

- $1.5~\mathrm{cups}$  Bran Buds
- 1.25 cups boiling water
- 0.5 cup brown sugar (packed)
- 0.75 cup skim milk
- 0.25 cup oil
- 1 egg

### Instructions

Preheat oven to 400

 Stir together flour, baking powder soda, pumpkin pie spice and salt; set aside. Stir together cereal and boiling water; let stand 2 minutes OR until water is absorbed. Mix sugar into softened cereal until well combined. Stir in milk and oil. Add egg, beat well. Add flour mixture, stirring just until combined. Pour into 12 muffin cups. Bake about 20 minutes at 400F or until top of muffins are light golden and spring back when lightly touched.

# Salad and Sides

Prep time: 10 minutes 10 Total time: 30 minutes

## Plumber's Special Chilies Rellenos

Empire magazine 1990 ish

# **Ingredients**

1 package egg roll wrap 1 can whole green chilies 1 block Monterrey jack cheese Oil for frying

#### Instructions

- 1. Cut chili pepper into 2 pieces. Cut Monterrey jack cheese into 0.25 inch strips, approximate length of chilis.
- 2. Place 1 strip of cheese diagonally in middle of egg roll wrapper. Top with chili pepper then second strip cheese. Fold egg roll over cheese and chili tucking in ends. Dampen edges of egg roll with chili liquid, pressing to secure seal.
- 3. Fry in moderately hot oil, turning once if not coverered by oil until both sides are golden brown. Drain and serve with stokes chili, salsa, sour cream, guacamole, etc.

Serves 10 V

## Big Bertha

From memyoger in 1980

# **Ingredients**

18 corn tortillas

0.25 cup butter/margarine

1 onion chopped

3 cans diced chillies 3 oz ?

1 lb cheddar cheese (I use mild)

1 large can tomatoes

0.5 pint whipping cream

#### Instructions

Preheat oven to 350

- 1. Crisp tortillas in the oven, then break into pieces
- 2. Melt butter, sautee onion. Addchilis and can of tomatoes. simmer 20 minutes add pinch of sugar.
- 3. In 9 by 13 casserole or round caserole, layer tortillas, sauce and cheese. Repeat second layer, then cover top with tortilla layer. I put some cheese too.
- Add whipping cream and bake uncovered at 350 30 to 40 minutes.

Prep time: 30 minutes 12 Bake time: 30 minutes

## Smoky Links with Bacon

# Ingredients

1 package Hillshire Farms little smokies

1 16 oz package of bacon. Make sure strips are long

#### Instructions

- 1. Place bacon on cookie sheet, separating into 2 to 3 piece sections. Bake at 300 for 10 to 15 minutes to release a lot of the grease. Careful to not over cook bacon, because if it gets crisp you cannot wrap smokies
- 2. Cut each piece of bacon into thirds. Wrap smokies, secure with tooth pick. Place in caserole dish (can be pretty crowded). Cover with barbeque sauce (I use Kraft Original) and bake in oven preheated to 350 for 30 to 40 minutes.

F Serves Enough V

### Cranberry Sauce with Blueberries

dome magazine?

# Ingredients

1 package fresh ocean spray cranberries (or any available)

1.5 to 2 8 oz package blueberries

 $1.25~\mathrm{cup}~\mathrm{sugar}$ 

1.25 cup orange juice

1 tsp butter (helps eliminate foam)

#### Instructions

- 1. Bring sugar and orange juice to a boil, then add rinsed cranberries.
- 2. Reduce heat, but should still have a mild boil. Cook for about 3 minutes then add rinsed blueberries. Continue to cook for 10 minutes.
- 3. I use a potato masher to ensure that all cranberries and blueberries have popped.
- 4. Can be served warm or cold. Keeps well in refrigerator but can also be frozen.

Prep time: 20 minut@otal time:1\subsection of you want it to cool

Serves 6 V

## Yorkshire Pudding

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# **Ingredients**

$0.875 \mathrm{\ cup\ flour}$	2 eggs
0.5 tsp salt	Hot drippings or melted
0.5 cup milk	butter

#### Instructions

Preheat oven to 400. Ingredients need to be at room temperature before mixing

- 1. Sift flour and salt into bowl. Make a well in the center and pour milk into it. Stir in the milk
- 2. Beat until fluffy two eggs. Beat them into the batter.
- 3. Add 0.5 cup water and beat until large bubbles form
- 4. Have ready oven proof dish (9x13) or pie pan containing hot drippings or melted butter. Pour butter into dish and bake at 400 for 20 minutes. Reduce heat to 350 and bake an additional 30 minutes

#### Cork's Potato Casserole

I fixed had think in Domaka in 1995

# Ingredients

- 2 lbs has brown
- 0.75 cup melted butter
- 1 tsp salt
- 0.5 tsp pepper

- 0.5 cup grated or chopped onion
- $1\ \mathrm{can}\ \mathrm{cream}$  of potato soup
- 1 pint sour cream
- 2 cups crushed corn flakes

### Instructions

Preheat oven to 350

- Melt better, stir in cheese, salt, pepper, soup and sour cream. Stir until smooth
- 2. Put potatoes in 9 by 13 inch baking dish. Cover with soup mixture then top with cornflakes
- 3. Bake for about 45 minutes

Prep time: 15 minutes 16 Bake Time: 45 minutes

#### Tex Mex

# Ingredients

- 2 medium size ripe avocados
- 2 tbsp. lemon juice
- 0.5 tsp. salt
- 0.25 tsp. pepper
- 0.25 tsp. garlic salt
- 1 cup sour cream
- 0.5 cup mayo
- $1~{\rm package}$ taco seasoning mix
- 1 can 10.5 oz plain or jalapeno

#### bean dip

- 1 large bunch of green onions (chopped)
- 3 medium size tomatoes (chopped)
- 1 can 3.5 oz chopped ripe olives
- 8 oz sharp cheddar cheese (shredded)
- round tortilla chips

#### Instructions

- 1. Peel, pit and mash avocados with lemon juice, salt, pepper, and garlic salt
- 2. Mix sour cream, mayo and taco mix in bowl
- 3. Bean dip layer on bottom
- 4. Avocado mixture
- 5. Sour cream mixture
- 6. Sprinkle with layer of ripe olives, then onions and tomatoes (saving a few for the top)
- 7. op with cheddar cheese
- 8. Sprinkle with remaining onions and tomatoes
- 9. Refrigerate for approximately 2 hours
- 10. Serve with tortilla chips (Round only)

### Corn Bread Dressing

Dad has been making this for over 30 years!

# Ingredients

32 oz. chicken or vegetable broth

21 oz. dried bread cubes

2 pkg. Jiffy corn muffin mix, prepared, wedged and dried overnight 3 tbsp sage

2 tbsp thyme

1 tbsp rosemary

4 cup chopped onions

4 cup chopped celery

2 sticks butter

# Instructions

- Combine bread cubes, corn bread & spices. Add broth, may need more or less.
- 2. Saute, do not brown, cook until transparent. Add to bread crumb mixture. Add salt & pepper to taste. Top with 2 well beaten eggs and blend in slightly. Bake at 375 for about 45 minutes.

# Strawberry Cobb Salad with Balsamic Lime Vinaigrette

I am all about limes

# **Ingredients**

#### For the vinegrette:

- 0.75 cup avocado oil (or EVOO)
- 0.25 cup balsamic vinegar
- 3 Tbsp fresh squeezed lime juice
- 1 tsp fresh lime zest
- 1 clove garlic, minced
- 0.25 tsp each of dried basil, oregano and ground ginger
- 0.75 tsp sea salt
- 0.125 tsp fresh ground black pepper

#### For the salad:

- 10 oz. mixed baby lettuce salad greens
- 0.5 lb. fresh strawberries, hulled sliced
- 0.75 cup cooked crumbled bacon
- 5 large eggs, boiled quartered
- 2 avocados, diced

Optional: Red onion slices

#### For the grilled chicken:

- 1.25 lbs boneless, skinless chicken tenders
- 0.25 cup of the balsamic lime marinade

### Instructions

- 1. In a small bowl, whisk together the vinaigrette ingredients. Place 0.25 cup of the vinaigrette into a gallon size baggie (or mixing bowl). Refrigerate remainder.
- Add the chicken tenders to the marinade and toss well to coat.
   Place chicken in fridge to marinate for at least 30 minutes or overnight.
- 3. When ready to serve, preheat grill to medium high heat. 0il the grate to prevent the chicken from sticking.
- 4. Grill chicken tenders about 2 minutes per side, until cooked through. Transfer chicken to a plate, cover loosely with foil, and let it rest while you pull together the salad toppings.
- 5. Place salad greens in a bowl and add toppings. Dice chicken and add to the salad. Drizzle the sweet n tangy balsamic lime vinaigrette over the top and toss.

Prep time: 20 minutes 19 Total time: 30 minutes

## Roasted Brussels Sprouts, Bacon Apples

Is this even a salad?

# Ingredients

- 1 lb. Brussels sprouts washed, tops removed, cut in half
- 2 tsp. olive oil

Sea salt to taste for roasting

1 medium pink lady apple or other tart and sweet

- crisp apple, cored cubed
- 4 to 6 slices bacon, cut in one inch pieces
- 1 Tbsp. fresh rosemary finely chopped

Salt and pepper to taste

### Instructions

Preheat oven to 400 degrees.

- Toss brussels sprouts with olive oil salt and spread on a parchment lined baking sheet. Roast in oven for about 20 minutes, until brown and fork tender.
- 2. Heat a medium heavy skillet over medium to high heat. Add bacon to the skillet and cook, stirring until 0.75 of the way done. Add apples and chopped rosemary and continue to cook and stir until the apples have softened and the bacon is fully cooked, adjusting the heat to avoid excessive browning if necessary. Remove from heat.
- Add the roasted Brussels Sprouts to the skillet and toss to combine all the flavors. Sprinkle with salt and pepper, if desire, and serve hot. This can be served as a side dish or with fried eggs for breakfast.

# Dinner

#### Stuffed Zucchini

from morto

# Ingredients

- 3 medium sized or 1 large zucchini
- 1 lb ground beef. More if zucchini is really large
- 1 small onion chopped
- 1 tbsp chopped parsley (or about 2 tbsp if dry is

used)

1 can tomatoes

0.5 cup bread crumbs. I use Progresso Italian bread crumbs

Worcestershire Sauce Salt and pepper

### Instructions

Preheat oven to 350

- 1. Wash and cut zucchini and cut lengthwise. Scoop out pulp. ??? Cook it with ground beef and onions until pink is gone.
- 2. Season with Worcestershire, salt, pepper and parsley. Add tomatoes. Cook over medium heat, stirring occasionally until liquid is absorbed (about 20 minutes). Add bread crumbs.
- 3. Stuff zucchini shells and bake about 30 minutes at 350. Can add grated cheddar or Parmesan cheese to top. Serve with Bearnaise sauce.

22

Prep time: 40 minutes

Bake time: 30 minutes

#### Mexican Chicken

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# **Ingredients**

- 2 large roasting chicken, cooked and meat removed from bone. Leftover turkey works too, a chicken breast cooked
- 2 cans cream of chicken soup
- 1 can water or milk to thin soup
- 2 cans green chili peppers (or more to taste)
- 1 small onion chopped
- 10 oz shredded cheddar cheese
- 12 corn tortillas

## Instructions

Preheat oven to 350

1. In 13 by 9 baking dish arrange in layers. Some of the thinned chicken soup on the bottom. Then layer chicken pieces, cheese, onions and peppers, chicken soup. Top with 0.5 of the tortillas. They make a second layer ending with tortillas. Save some cheese for top of tortillas. Cover tightly with foil and bake at 350 for 45 to 60 minutes.

Bake time: 45 minutes

# Spaghetti Pie

From modosine HETEN forfolly rockfook , 41 1ETA

# Ingredients

6 oz spaghetti

1 egg beaten

0.25 cup grated parmesan cheese

2 tbsp butter

0.5 cup chopped green pepper (I use more probably 1

cup)

0.33 cup chopped onion

1 cup dairy sour cream

1 lb italian sausage

1 6 oz can tomato paste

1 cup water

grated mozzerella cheese

### Instructions

- 1. Break spaghetti in half and cook according to package directions. Drain and while still warm, combine spaghetti with egg and parmesan cheese.
- 2. Put in well greased 10 inch pie plate. With back of spoon, press up against sides of pan to form crust. Add sour cream, spoon over spaghetti cruse.
- 3. Crumble sausage into skillet and cook until done. Drain off grease. Add tomato paste and water, mix well. Simmer 10 minutes. Spoon over sour cream mixture.
- 4. Bake in preheated oven 350 for about 35 minutes. Add mozzerella and bake another 10 minutes or until cheese melts.

#### Beef Brisket

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# Ingredients

large beef brisket

liquid smoke. cover generously
tenderizer, nonseasoned
(probably can't find anymore, seems fine without

it)
garlic salt or powder
onion salt or powder
celery seed
black pepper

#### Instructions

- 1. Season both sides with spices and liquid smoke, wrap tightly in foil and refrigerate overnight
- 2. Bake 10 hours or more at 225. In last hour, cover top with barbeque sauce and seal tightly

#### Sauerbraten

# Ingredients

- 6 lbs rump roast, rolled boned chuck roast or round roast. Deer or elk may be used
- 1.5 cups red wine vinegar
- 0.5 red wine (or red cooking wine)
- 1.5 cups water
- 1 bay leaf
- 5 pepper corns

- 3 whole cloves
- 2 tbsp salt
- 2 onions sliced
- 4 tbsp shortening or oil
- 5 tbsp flour
- 4 tbsp butter
- 1 tbsp sugar
- 0.75 cup crushed gingersnaps (use blender) ???

#### Instructions

- Combine vinegar, wine, water and seasoning in a large pot, pour over water. Add sliced onions. Keep meat refrigerator covered for 1 to 3 days, turning occasionally.
- 2. Remove from marinade, wipe dry and brown in shortening over high heat, sprinkling with 1 tbsp flour. Strain marinate and return meat and marinade to pot.
- 3. Cover, lower heat and cook gently for 4 to 5 hours until fork tender. Can also be done in the oven at about 300. Remove meat and keep in warm place. Pour off stock into another bowl. Add butter to pot to melt, add remaining flour and sugar, stirring until smooth and browned(???). Slowly add stock, cooking until smooth and thickened. Add crushed gingersnaps and cook until disolved. Replace meat in gravy and cook for an additional 0.5 hours
- 4. Note: Before addint to gravy, put some gravy with gingersnaps to make a part (???). This will help avoid lumps. Meat may be prepared up to last step (juice cooking) and refrigerate until ready to use. Then do juice cooking allowing extra time for meat to reheat

### Mexican Lasagne

The first time that I made this recipe it was the Thurshay before your momend Dadis welding and I was meeting Grandma Karen and the Boldy family for the first time! I was nervous but this was a big NET! I did not know they love anything mexican!

# Ingredients

- 1.5 lbs. ground beef
- 1 tsp. seasoned salt
- 1 package Lawry's Taco seasoning mix
- 1 cup (8 oz.) diced tomatoes
- 2 8 oz. cans tomato sauce
- 1 4 oz. can chopped green chile peppers
- 8 oz. Ricotta cheese
- 2 eggs
- 9 corn tortillas
- 10 oz. Monterey Jack Cheese (grated)

### Instructions

- Brown beef until crumbly. Drain fat. Add seasoned salt, taco seasoning, tomatoes, sauce, and chile peppers. Simmer, uncovered, 10 min.
- 2. Combine Ricotta cheese and eggs. In bottom of 9 by 13 baking dish, spread a third of meat mixture. Top with 3 tortillas, halved and overlapping if necessary. Spread with a third cup cheese, third of the remaining sauce. Top with third cup of Monterey jack. Repeat layers 2 more times.
- 3. Bake 350 for 20 min. Let stand for 10 minutes before cutting into squares.

#### Mexican Chicken Dinner

\$20m 2401 \$ 10, 80x 2015

# Ingredients

3 cups Stove Top Chicken Flavor Stuffing Mix

4 boneless skinless chicken breast halves

1 cup salsa

1 cup shredded cheddar cheese

### Instructions

- 1. prepare 6 servings of stuffing mix as directed on package
- 2. Spoon stuffing into 9x13 baking dish. Top with chicken, pour salsa onto chicken. Sprinkle with cheese.
- 3. Bake at 375 for 40 minutes or until chicken is cooked through.

## Pork Chops Mexicana

HELEON BOLLOGLOW'N COOK 400K 1971

# Ingredients

6 pork chops (1 inch thick)

1 tsp salt

0.75 cup uncooked rice (not instant)

1 package taco seasoning mix

1 can tomato sauce

1.5 cups water

 $0.5~\mathrm{cup}$  shredded cheese

1 green pepper cut in rings

# Instructions

Preheat oven to 350

- 1. Brown chops on both sides in small amount of cooking oil (bear grease?)
- 2. Put chops in single layer in shallow baking pan (9 by 13). Sprinkle chops with salt the sprinkle rise around chop. Combine taco seasoning mix, tomato sauce and water. Pour over chops
- 3. Bake tightly covered in oven at 350 for 1.5 hours depending on thickness of chops. About 10 minutes before done, sprinkle with cheese and arrange pepper slices on top. Cover and continue cooking

Prep time: 20 minutes 29 Bake time: 1.5 hours

# Roast Loin of Pork with Swiss Cheese Stuffing

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# Ingredients

- 1 cup chopped red pepper
- 1 cup chopped green pepper
- 0.33 cup chopped onion
- 0.5 stick butter
- 3 cups packaged herb flavoered bread stuffing
- 2 tbsp dried parsley flakes

- 1 tsp salt
- 0.25 tsp pepper
- 1 can whole tomatoes
- 2 cups diced swiss chees
- 6 lbs pork roast or 8 pork chops

### Instructions

- 1. Saute chopped pepper and onion in butter in a large frying pan until golden brown.
- 2. Add stuffing mix, parsley, salt, pepper, tomatoes, and cheese. Blend well.
- 3. Stuff in between pork chops or between loins. Any leftover stuffing can be baked in a separate dish in the last 30 minutes of coking time.
- 4. Roast at 325 for 1.5 to 2 hours

#### Greek Fish in a Packer

# Ingredients

2 sheets of aluminum foil 12 by 24 inches (Do you eat these)

2 6 oz firm fish fillets

1 cup thinly sliced fennel bulb

1 small tomato sliced

8 thin slices red onion

2 tbsp olive oil

Juice of 1 lemon or lime

1 tbsp chopped fresh dill (1 tsp dried

Dash of salt and pepper

### Instructions

- 1. Fold each sheet of foil to make a double thick square. Brush a little oil on the center of each square. Rinse the fish and prepare all of the ingredients.
- 2. Layer half of the sliced fennel, tomatoes, and onions on each square. Top each with half the fish. In a cup combine the olive oil, lemon juice, and dill and pour it over the fish. Sprinkle on salt and pepper. Fold the foil into an airtight packet. Bake for 20 minutes. Place the foil packets on a plate and, being careful to avoid the steam that will be released, open the foil and check that the fish is cooked.
- With a spatula, transfer the fish and veggies to individual serving dishes, and pur the liquid remaining in the foil over each serving.

#### Asian Fish in a Packet

From Morrison Boxxer English goldered or drighted

# Ingredients

2 firm fish fillets (6 oz)

1 cup cooked rivce

2 cups coarsely chipped mustard greens or bok choy or swiss chard or spinach

2 scallions, chopped

1 tbsp vegetable oil

1 tsp grated fresh ginger root

1 garlic clove, minced or pressed

2 tbsp soy sauce

2 tsp dark sesame oil chili oil (optional)

### Instructions

Preheat over to 450

- Fold each sheet of foil to make a double thick square. Brush a little oil on the center of each square. Rinse the fish and prepare all of the ingredients.
- 2. Spread half of the rice one the center of each foil square and then layer the greens, fish and scallions on top of the rice. In a small bowl, combine the vegetable oil, grated ginger, garlic, soy sauce, sesame oil, and a few drops of the optional chili oil. Pour half of the sauce over each serving. Fold the foil into airtight packets. Bake for 20 minutes. Carefully avoiding the steam that will be released, open a packet and check the fish is cooked.
- 3. To serve, carefully open the foil and transfer the contents to plates or bowls.

Prep time: 10 minutes 32 Bake time: 20 minutes

 $\mathbf{F}$ Serves 20

## Tortellini Soup

Very large batch, I usually make half batch. Serve with warm, crusty bread.

# Ingredients

- 1 lb. sweet Italian sausage, browned
- 1 cup water
- 4 cup diced tomatoes
- 5 carrots, chopped
- 3 zucchinis, chopped
- 4 clove garlic, minced
- 6 cup beef broth

- 3.5 cup tomato sauce
- 1 bay leaf
- 2 tbsp each, oregano, parsley, basil
- 1 box frozen chopped spinach
- 1 can kidney beans, drained
- 1 package tortellini

# Instructions

- 1. Combine all ingredients except tortellini. Bring to a boil and simmer for an hour or more.
- 2. Cook tortellini according to package instructions and add to soup when ready to serve.

#### Patti's Bean Casserole

From the kitchen of Patti Dukeman!

# Ingredients

2 lb. Campbell's Pork Beans

1 can green beans, drained

1 can butter beans, drained

1 can kidney beans, drained

0.75 cup brown sugar

0.5 cup ketchup

1 tsp mustard

Onion, chopped, optional

Bacon, chopped, optional

- 1. Combine everything
- 2. Bake at 325 for 2.5 hours or 4 hours on low in crockpot.

#### Italian Beef

From the kitchen of Cheryl Empson

# Ingredients

2 to 3 cup water (more if needed)

6 lb. roast

2 pkg. Lipton's Onion Soup

Mix

 $\begin{array}{c} 1 \text{ tsp red pepper} \\ 2 \text{ tbsp dried oregano} \end{array}$ 

2 tbsp dried basil

### Instructions

Cover and cook 4 to 6 hours at 325 or in a crockpot. Cool and shred beef to serve on buns.

# Gringo Chili

Served this to my yoga friends:)

# Ingredients

1 lb. ground turkey

1 medium onion, chopped

2 cloves garlic, minced

1 can 32 oz. diced tomatoes, undrained

1 can 15 oz. pinto, kidney or black beans, drained1 can 6 oz. tomato paste0.5 cup green chili salsa1 tbsp chili powder

#### Instructions

1. In a large pot, cook turkey, onion and garlic over medium heat until turkey loses its pink color, drain excess fat. Stir in remaining ingredients; bring to boil Cover, reduce heat and simmer 15 to 20 minutes.

# Nine Can Vegetable Soup

Can use frozen vegetables or spicy diced tomatoes.

# Ingredients

2 cans bean and turkey Hormel chili

1 can vegetable soup

1 can green beans

1 to 2 cans sliced new

potatoes

1 can mixed vegetables

1 can corn

2 cans diced tomatoes

# Instructions

1. Combine all ingredients, liquid and all, into crockpot. Heat on low all day or on high for 2 hours.

Prep time: 10 minutes 37 Total time: 2 hours or all day

#### Lemon Chicken Piccata

What is a caper? Not a good cookie topping

# Ingredients

2 lbs. Chicken Cutlets
Salt, to taste
Black pepper, to taste
0.25 cup arrowroot flour or starch or flour
3 tbsp ghee

2 tbsp olive oil3 cloves garlic, minced1.5 cup chicken stockLemon juice2 tbsp capers, drained

#### Instructions

- 1. Season chicken with salt and black pepper. Dredge in flour lightly. Heat a large skillet with olive oil. Brown chicken in batches 3 to 4 minutes until lightly browned. Once both sides are brown, set them aside on a plate and continue to brown all the chicken.
- 2. Reduce heat to low. Add 1 tbsp of ghee and swirl pan until it is melted. Add garlic and saute for 30 seconds, being careful not to burn. Combine chicken broth, lemon juice and capers and stir in.
- 3. Nestle chicken back into the sauce. Reduce heat to a very light simmer and let cook, covered, for 20 to 30 minutes. Make sure the chicken is cooked through and tender. Serve with cauliflower rice, noodles, zoodles or mashed potatoes.

Prep time: 20 minutes 38 Total time: 45 minutes

#### Tomato & Basil Chicken Pasta

A simple meal with a few of my favorite things.

# Ingredients

- 1 lb. bow tie pasta
- 3 cloves garlic, roughly chopped
- 1 lb. chicken
- 1 tbsp lemon juice
- 1.5 cup basil (more for garnish)

Salt Pepper

- 0.5 cup chopped walnuts
- 1.5 cup cherry tomatoes, halved
- 0.5 cup extra virgin olive oil
- 8 oz. fresh mozzarella balls, halved
- 0.5 cup grated Parmesan

- 1. Add pasta to boiling, salted water according to package directions. Drain return to pot.
- 2. Cook chicken seasoned with salt pepper on grill pan over medium high heat 4 to 5 minutes each side. Let rest covered with foil.
- 3. Add basil walnuts to food processor and process until finely chopped, then add parm, garlic, olive oil, lemon juice, 0.25 tsp of salt pepper. Add pesto, tomatoes and mozzarella to pasta
- 4. Spoon out pasta mixture into bowl, then top with chicken that has been cut into half inch strips. Garnish with grated Parmesan cheese and fresh basil.

# Beef Pepper Steak

Lauren: I jound this recipe in the Lakeche cookbook when your mom was form and we lived in alexandria virginia. Bad Roy at a it and said he liked it very much and i could make it again! I did not know the whole family would be making it for 50 years!

Diana: Serve over egg noodles with crescent rolls and corn. I always double or triple this recipe. It makes a great leftover.

# Ingredients

2 lbs beef round steak

0.5 cup butter

0.5 tsp garlic powder

2 green peppers

1 cup onion

16 oz can whole tomatoes

1 beef bouillon cube

1 tbsp corn starch

0.25 cup water

3 tbsp soy sauce

1 tsp sugar

1 tsp salt

#### Instructions

- Slice beef round steak into 2 inch strips. Chop peppers and onion.
- 2. Fry beef in butter and garlic powder. Cook stirring slightly until brown. Remove meat and add peppers and onion. Saute about 2 minutes, then put everything is a large roasting pan.
- 3. Combine tomatoes, bouillon cube, soy sauce, and sugar. Pour over meat mixture.
- 4. Mix water and corn starch together and pour over mixture.
- Cover and cook at 235 until meat is tender, about 2 to 2.5 hours.

# Slow Cooker All Purpose Pork Shoulder

A favorite from Melissa LArabian. Great crock pot meal

# Ingredients

- 3 to 4 lb boneless pork shoulder (or 4.5 lb bone in)
- 1 tbsp kosher salt
- 2 tsp ground black pepper
- 1 onion, roughly chopped
- 4 garlic cloves, minced or pressed
- 0.5 cup dry while wine

- 1. Rinse the pork, pat dry and rub with salt and pepper. Set in the crock pot then cover with onion, garlic, and white wine.
- 2. Cook until the meat easily pulls apart with a fork, about 8 hours on low or 4 hours on high
- 3. Turn off the slow cooker and shred pork.
- 4. Possible variations:
  - Carnitas: fry jalapenos in oil, add pork, and salt then brown until crispy around edges
  - BBQ: mix 3 parts BBQ sauce with 1 part white vinegar and toss with pork
  - Pork tamale pie: place pork in baking dish, toss with salsa and top with corn bread batter. Bake like corn bread
  - Shepards pie: place pork in baking dish , toss with cooked peas and top with garlic mashed potatoes.
  - Pork hash: saute onions and peppers, add diced potatoes and cook until tender. Stir in pork and serve with eggs

#### Salmon LBD

Classic Mama Goldy Meal. Salmon with bow tie nootles, esparagus and lemon butter dil sauce.

# Ingredients

2 lbs side of salmon

5 sprigs of rosemary

2 lemons

1 onion

4 cloves garlic

2 tbsp olive oil

1 tsp kosher salt

0.25 tsp ground black pepper

Non Salmon:

1 lb bow tie noodles

1 rubber band asparagus

1 jar Lemon Butter dill sauce

1 tsp salt

1 tsp pepper

#### Instructions

- Let salmon sit at room temperature. Roughly chop onions, thinly slice one of the lemons. Line a baking dish with aluminium foil. Cook the pasta. The asparagus can be cooked with the same foil method.
- 2. Place 2 sprigs of rosemary, some of the onions, and half of the lemon wheels on the foil. Place the salmon on top and sprinkle with salt, pepper and olive oil.
- Scatter garlic cloves over the top, place the remaining, onions, lemon wheels and rosemary then fold up the foil. If the piece does not close use a second as a kind of lid. Leave a little room for air to circulate.
- 4. Bake until salmon is almost completely cooked through at the thickest part, about 15 to 20 minutes.
- 5. Remove the salmon, uncover the top and broil for 3 minutes to finish. Warm the lemon butter dill sauce in a small saucepan or the microwave.
- 6. Serve over pasta with a squeeze of fresh lemon juice.

# Cranberry Chicken

aka Holfer's Chicken. This was the first dinner d made for Christ and I guess he liked it so much he married me (101) as you can see I like EZ recipes!

# Ingredients

4 chicken breats

8 oz (1 bottle) French, Russian, or Catalina salad dressing

1 can whole berry cranberry

#### sauce

1 packet dry onion soup mix seasoning

Zest from half an orange (optional)

#### Instructions

- 1. Prepare a baking dish. Season chicken with salt and pepper and place in pan.
- 2. Stir together dressing, cranberry sauce, soup mix, and orange zest. Pour over chicken.
- 3. Cover with foil and bake for 30 minutes. Remove foil and bake until chicken is cooked through, about 15 minutes.

# Dessert

# **Apple Fritters**

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dhid Levige coned from a doorl cook book that come with my exective frying gam of that was a welking glift (1965)
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# Ingredients

2 cups sifted all purpose flour

3 tsp baking powder

0.5 cup sugar

1 tsp salt

2 eggs

 $1~{\rm cup}~{\rm milk}$ 

1 tsp vanilla

2 tbsp melted butter

4 large apples. Peeled, cut in small pieces

2 cups oil

#### Instructions

- 1. Combine all ingredients except apples and oil. Beat until blended. Preheat frying pan then add oil. Put about 1 tbsp batter in oil. Can probably do 4 or 5 at once. Fry until brown then turn over (I seem to like to burn them. Not necessary!)
- 2. Serve busted with powdered sugar. I halve recipe and it makes  $15\ {\rm to}\ 20$  fritters
- 3. If using recipe for vegetables, quick sugar and vanilla (???)
- 4. If using electric frying pan, temperature should be 300. Maybe if I used the electric frying pan, I wouldn't burn them.

Total time: 45 minutes

# Summer Berry Crisp

From derage despique in donday benes dout dommer 2016?

# Ingredients

2 cups blueberries

2 cups blackberries

2 cups raspberries

0.25 cup sugar

0.25 cup all purpose flour

0.5 tsp cinnamon

For the Topping:

1 cup rolled oats

0.5 cup all purpose flour

 $0.5 \mathrm{~cup~sugar}$ 

0.5 cup brown sugar

0.5 cup (1 stick) butter or margarine

#### Instructions

Preheat oven to 350

- 1. Gently combine berries with sugar, flour and cinnamon. Place in prepared pie plate
- 2. Prepare the topping: Combine the oats, flour, both sugars and salt in bowl. Work butter in until topping resembles coarse meal. Sprinkle evenly over berries.
- 3. Place pie on baking sheet. Bake in center of oven until fruit is bubbly and top golden brown. About 1 hour. Remove to rack

Prep time: 20 minutes 46 Bake time: 60 minutes

#### Chocolate Peanut Butter Balls

From Agua Cooger. 1980 inthe (Carol Agua Sann mother) (fage Quextern, browgurotper)

# Ingredients

0.5 cup butter
2 cups crunchy peanut butter
3 tsp vanilla
3.5 cups powdered sugar
3 cups rice crispies
1 package chocolate almond
bark

#### Instructions

Mix together first 5 ingredients. It will help if butter is soft. When well mixed, form into 1 inch balls. Melt chocolate per package instructions. Dip balls in chocolate and place on tray to harden. Best place to cool is on the top of your car

Cool time: Until hardened Prep time: 20 minutes 47

### No Cook Ice Cream

820ex 1400c = 1 1970

# **Ingredients**

4 eggs 1 quart half and half

2.5 cups sugar 5 cups milk

2 tbsp vanilla 0.5 tsp salt

0.5 pint whipping cream 2 bags of ice

### Instructions

1. Make according to directions of ice cream maker of course

Prep time: ? 48 Total: ? minutes

Serves 6 V

# Coffee Marshmallow Cream (Coffee Pudding)

for of conting 1904 spinishing, bout shink is will freeze rery will

# Ingredients

1 lb marshmallows

2 cups whipped cream

1 cup double strength coffee

- 1. Melt marshmallows in coffee in top of double boiler over boiling water. Stir and cook until marshmallows are dissolved.
- 2. Chill mixture until it is about to set. Fold in whipped cream. Pour mixture in a werring mold and chill about 4 hours.

#### Chocolate Sheath Cake

# Ingredients

- 2 cups sugar
- 2 cups flour
- 1 stick butter
- 0.5 cup crisco
- 4 tbsp cocoa (I use Nestle's Quik)
- 1 cup water
- 0.5 cup buttermink (although any milk will work)
- 2 eggs
- 1 tsp baking soda
- 1 tsp cinnamon

For the Icing:

- 1 stick butter
- 4 tbsp cocoa
- 6 tbsp milk
- 1 tsp vanilla
- 1 cup chopped pecans (optional)
- 1 box of powdered sugar (I am not sure how much that is 2 to 3 cups?)

# Instructions

- 1. Mix sugar and flour
- 2. Mix butter, crisco, cocoa, and water. Bring to boil and pour over sugar and flour
- 3. Add buttermilk, eggs, soda, cinnamon. Mix well and bake for 45 minutes at 350 (may take a little longer)
- 4. For the icing: Bring butter, cocoa and milk to boil, then remove from heat. Add powdered sugar, vanilla and nuts
- Beat until well mixed and pour over cake while both are still warm.

 $\mathbf{F}$ 

#### Zuchini Cookies with penuche frosting

From the BEALTER lott eines 1980

# **Ingredients**

- 1 cup solid shortening (2 sticks butter)
- 0.5 cup firmly packed light brown sugar
- 0.5 cup granulated sugar
- 1 cup grated zuchini
- 1 egg
- 1 tsp vanilla
- 2 cups plus 2 tbsp unsifted flour
- 1 tsp soda (Baking)
- 1 tsp baking powder
- 1 tsp cinnamon
- 0.75 tsp ground cloves
- 0.5 tsp salt
- 1 cup chopped nuts (pecans or walnuts)
- 1 cup raisins (I never use them)

For the Penuche Frostin:

- 3 tbsp butter
- 0.5 cup brown sugar
- $0.25~\mathrm{cup}~\mathrm{milk}$
- 2 cups (about) powdered sugar

# Instructions

Preheat oven to 350

- 1. Cream together shortening and sugars
- 2. Add egg mix, zucchini and vanilla. Mix well.
- 3. Stir flour with spices, baking powder, baking soda, and salt.
- 4. Add nuts (and rasins).
- 5. Drop by teaspoon onto ungreased cookie sheet and bake for 12 to 15 minutes or until done. While cookies bake, start frosting.
- 6. Combine butter and brown sugar. Bring to boil. Cook and stir for one minute or until slightly thickened. Cool for 15 minutes.
- 7. Add milk, beat until smooth. Add enough powdered sugar for spreading consistency. Ice cookies.
- 8. Make sure to stir mixture a couple times while it is cooling.

Prep time: 20 minutes 51 Bake time: 12 minutes

# Raspberry Chocolate Tiramisu

A MAMA GOLDY SPECIAL DISH FOR SPECIAL DAYS

# Ingredients

3.5 oz Double Strength Coffee

2 cup Raspberries (blitzed)

1 cup Mascarpone

2 tbsp Sweetener

1 tsp Vanilla Extract

3 cup Vanilla Yogurt

3 tsp Dark Chocolate (finely grated) and a really long one For the Crumble Mixture:

6 tbsp Wholemeal Flour

6 tbsp Plain Flour

6 tbsp Butter (diced)

6 tbsp Demerara Sugar

#### Instructions

Preheat the oven to Gas Mark 4, Electric 180, Fan 160.

- 1. Stir the two kinds of flour together in a bowl, add the butter and rub it into the flour. When the mixture looks like bread-crumbs, mix in the brown sugar. Lay the mixture on a shallow baking tray and bake for 25 to 30 minutes until golden brown. Leave on the side to cool.
- 2. Mix together the mascarpone, sweetener, vanilla extract, and three quarters of the chocolate. Put half the crumble mixture in each of the glasses and pour over half the quark mixture along with half the raspberries.
- 3. Put the other half of the crumble mixture on top, followed by the remaining quark mixture and raspberries. Sprinkle over the last of the chocolate. Chill for 3 hours before serving.

# Aunt Diane's Fudge

This is the best fudge recipe ever

# Ingredients

 $4.5~\mathrm{cup}~\mathrm{sugar}$ 

1 large can Milnot

24oz. semi sweet chocolate chips

16 oz. small marshmallows

2 sticks butter

1 tsp vanilla

Dash of cinnamon

#### Instructions

- 1. Combine sugar and Milnot. Bring to boil. Boil 7 minutes.
- 2. Stir in remaining ingredients.
- 3. Pour into 9 x 13 or larger buttered pan. Let set at least 30 minutes before cutting into 1" pieces. Keep in refrigerator but bring to room temperature for serving.

Prep time: 5 minutes 53 Total time: 30 minutes

# **Jackpot Drop Cookies**

I usually double this recipe

# Ingredients

0.5 cup butter, softened

 $1.25~\mathrm{cup}~\mathrm{flour}$ 

 $0.5~{\rm cup~sugar}$ 

1 tsp baking soda

 $0.5 \mathrm{~cup~brown~sugar}$ 

1 tsp baking powder

1 egg

1 tsp vanilla

 $1~{
m cup}~{
m semi}~{
m sweet}~{
m morsels}$ 

 $1 \ {\rm cup \ oatmeal}$ 

1 cup butterscotch morsels

- 1. Cream together butter, sugar, brown sugar, egg and vanilla.
- 2. Stir in oatmeal, flour, baking soda and baking powder.
- 3. Stir in morsels.
- 4. Bake on greased cookie sheet at 350 for 10 to 12 minutes.

#### Gina's Chocolate Cheesecake

This is a recipe from Gina Haasis who worked with Dan in the AG office.

# Ingredients

0.33 cup melted butter

 $\begin{array}{ccc} 1 \ {\rm can \ sweetened \ condensed} \\ & {\rm milk} \end{array}$ 

1.25 cup graham cracker crumbs

12 oz. semi sweet chocolate

chips. melted

2 tbsp sugar

2 tsp vanilla

3 8 oz. pkg. cream cheese

4 eggs

- 1. Mix butter, graham cracker crumbs and sugar. Press into bottom of spring form pan.
- 2. Beat cream cheese until fluffy; add milk and beat until smooth.
- Add remaining ingredients; mix. Pour over graham cracker crust.
- 4. Bake 1 hour 5 minutes at 275 or until cake springs back when touched in center. Cool at room temperature, then refrigerate.

# Strawberry Jello Cake

I've been making this cake for Andrea's birthday since 1976!

# Ingredients

White Cake, prepared per package in 9 x 13 pan

1 cup milk

1pkg. instant vanilla pudding

1 pkg. Strawberry JellO

1 small Cool Whip, pre thawed

1 cup boiling water

8 oz. Strawberry soda

#### Instructions

- 1. Cool cake and poke holes every inch with spoon end or fork.
- 2. Dissolve JellO in boiling water. Stir in soda. Cool to room temp. Drizzle over cooled cake. Refrigerate.
- 3. Combine pudding mix and milk. Fold in Cool Whip thoroughly. Spread on cake.

Prep time: 20 minutes 56 Total time: 45 minutes

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# Low Fat Oatmeal Pumpkin Spice Muffins

Great for breakfast brunch and dessert

# **Ingredients**

1.25 cups flour

 $0.75~\mathrm{cup~sugar}$ 

1 teaspoon salt

1 teaspoon baking powder

0.5teaspoon baking soda

1 teaspoon cinnamon

0.5 teaspoon nutmeg

1 cup oats

 $1.25~\mathrm{cups}$  pumpkin puree

 $0.25~\mathrm{cup}$  oil

2 eggs, beaten

0.5 cup milk

#### Instructions

Preheat oven to 350

1. Oil or spray muffin tins with cooking spray. Sift together the dry ingredients. Add the rest of the ingredients and stir until just moistened. Divide into 12 muffins and bake for 15 to 20 minutes until cooked in center. Remove from pan after 5 to 10 minutes and let cool. Place in an airtight container and try not to eat for 24 hours as they will become moister.

# Pumpkin Cheesecake

Is this still pumpkin pie

# Ingredients

0.25 cup melted butter

1.25 cup graham cracker crumbs

1 cup mini semi sweet chocolate chips

2 tbsp sugar

3 8 oz. cream cheese, softened

1 cup sugar

 $0.25~\mathrm{cup}$  packed brown sugar

1 can (15 oz.) pumpkin

4 eggs

0.5 cup evaporated milk

2 tbsp cornstarch

1 tsp cinnamon

0.125 tsp nutmeg

# Instructions

- Combine butter, graham cracker crumbs, and sugar. Press onto bottom of greased spring form pan. Sprinkle with half cup of mini chips.
- 2. Microwave remaining chips at intervals until smooth; cool. Beat cream cheese and sugars until smooth; beat in pumpkin. Beat in eggs, milk, cornstarch, and spices. Remove 0.75 pumpkin mixture and stir into melted chocolate. Pour remaining pumpkin mixture into crust. Spoon chocolate pumpkin mixture over top; swirl. Bake at 350 for 60 to 65 minutes until edge is set but center still moves slightly. Cool and refrigerate.

#### Carrot Cake

Carrot Cake is a salad

# **Ingredients**

- 2 cup flour
- 2 cup sugar
- 1.5 tsp baking soda
- 2 tsp baking powder
- 2 tsp cinnamon
- 1 tsp salt
- 1.5 cup cooking oil
- 4 eggs, beaten
- 3 cup grated carrots
- 0.5 cup nuts, optional

#### For the icing:

1 box confectioners sugar

0.5 stick soft butter

8 oz. cream cheese, softened

1 tsp vanilla

Dash salt

#### Instructions

- 1. Sift together dry ingredients. Add the rest and beat
- 2. Pour in greased and floured 9x13 pan. Bake at 350 for 1 hour.
- 3. **For the icing:** Beat together; add milk to get proper consistency. Frost cooled cake and refrigerate.

### Chocolate Chip Cheesecake

Kristy's favorite for her birthday!

# Ingredients

#### The start:

- 3 tbsp melted butter
- 1.25 cup graham cracker crumbs
- 2 tbsp sugar

#### The rest:

- 2.5 8 oz. cream cheese (20oz. total), softened
- 1 cup sugar
- $2\ \mathrm{tsp}$ vanilla
- 3 eggs
- 1 tsp lemon juice
- 1 cup (6oz.) mini semi sweet chocolate chips

#### Instructions

Preheat oven to 350

- 1. Mix the start, press onto bottom of greased spring form pan. Bake 10 minutes at 350; cool.
- 2. Beat cream cheese until fluffy; gradually add sugar. Add vanilla and lemon juice. Beat in eggs, one at a time. Stir in chips. Pour over crust. Bake at 300 for about 1 hour or until center is firm. Cool and refrigerate.

Prep time: 20 minutes 60 Total time: 90 minutes

# Mega Apple Crisp

From The Entertaining Survival Guide

# Ingredients

3lbs. firm, tart apples, such as Granny Smith

0.5 cup sugar

 $0.5~{
m cup}~{
m dark}~{
m brown}~{
m sugar},$  packed

 $0.5~\mathrm{cup}$  unbleached flour

1 tsp cinnamon

0.5 stick butter, melted and cooled

### Instructions

- 1. Spray 10 cup pan with cooking spray. Peel, quarter, and core apples. Cut into 0.5 inch thick slices and overlap in rows in baking dish.
- 2. Mix together sugars, flour and cinnamon with a fork until blended.
- 3. Drizzle butter over mixture and mix with fork until crumbly. Sprinkle mixture over apples. Bake until apples are tender when pierced.
- 4. Serve warm with ice cream.

#### Snickerdoodles

Great high altitude recipe!

# Ingredients

2.75 cup flour

2 tsp baking powder

0.5 tsp salt

 $1~\mathrm{cup}$ unsalted butter, room

temp

1.5 cup plus 2 tbsp sugar

2 large eggs

2 tsp cinnamon

### Instructions

Preheat oven to 350

- 1. Sift together flour, baking powder and salt in bowl.
- 2. Mix butter and 1.5 cup sugar with mixer until pale and fluffy in a separate bowl.
- Mix in eggs. Reduce speed to low and gradually mix in flour mixture.
- 4. Stir together cinnamon and 2 T. sugar. Shape dough into 20 balls and roll in cinnamon sugar mixture.
- 5. Space 3 in. apart on baking sheet. Bake cookies until edges are golden 12 to 15 minutes. Store in airtight container up to 3 days.

Prep time: 15 minutes 62 Cooking time: 20 minutes

#### Peanut Buster Dessert

A recipe from Grandma Slack

# Ingredients

42 Oreos, crushed

0.25 cup softened butter

0.5 gallon ice cream, softened

18 oz. fudge topping, warmed slightly

1 cup Spanish peanuts

8 oz. Cool Whip

- 1. Combine Oreos and butter. Reserve 0.5 cup.
- 2. Press remaining into 9 x 13 pan. Spread softened ice cream on cookie layer. Top with fudge, then peanuts, then spread Cool Whip on top. Garnish with reserved cookie topping. Freeze for several hours or overnight.
- 3. Place at room temperature for 15 minutes before cutting and serving.

# Marys Sugar Cookies

This is a family favorite.

# Ingredients

- 1.5 cup confectioners sugar
- 1 cup butter, softened
- 1 egg
- 1 tsp vanilla
- 2.5 cup flour
- 1 tsp baking soda
- 1 tsp cream of tartar

# For the buttercream frosting:

- 1 stick butter, softened
- 2 tsp vanilla
- $5~\mathrm{cup}$  confectioners sugar
- Milk

# Instructions

- Mix first four ingredient with mixer until light and fluffy. Stir
  in dry ingredients. Chill for 2 to 3 hours. Roll out with a light
  dusting of flour and cut out with cookie cutters. Bake at 375
  until very lightly browned on the edges, 7 to 8 minutes. Cool
  on rack.
- 2. **For the frosting:** Mix together adding milk 1 tablespoon at a time to desired consistency. Frost cookies. Top with sprinkles.
- 3. For high altitude, use 0.25 tsp baking powder and 0.125 tsp baking soda.

Prep time: 15 minutes 64 Cooking time: 7 minutes

# Swedish Peppar Kakor

From Grandma Slacks friend Edla Tietz 12 04 1963. Dads favorite cookie.

# Ingredients

1 cup butter	1 tbsp warm water
1.5 cup sugar	3 cup flour
1 egg	2 tsp cinnamon
2 tbsp molasses	1 tsp ginger
2 tsp baking soda	0.5 tsp cloves

- Cream together butter and sugar. Beat in egg and molasses.
  Combine soda and warm water and add. Fold in remaining
  dry ingredients and mix well. Chill. Divide dough in 3 parts
  and roll thin using cookie cutter for desired shape. Bake on
  ungreased cookie sheet at 400 for 5 minutes. Dust with colored
  sugar.
- 2. For high altitude use 1 tsp baking soda.

Serves 8 V

# Edlas Flubbed Fudge

From Grandma Slacks friend Edla Tietz 12 04 1963. Delicious!

# Ingredients

0.33 cup cocoa2 tbsp flour or cornstarch1 cup sugarPinch salt

1 cup boiling water 0.25 cup butter 1 tsp vanilla

### Instructions

1. Combine cocoa, flour, sugar, salt and boiling water in oversize bowl to allow for cooking room. Microwave until thickened, 4 to 5 minutes. Keep a close eye on it. Stir in butter and vanilla. Pour over ice cream.

### Pumpkin Pie

Sarah Will eat this breakfast lunch and Linner.

# Ingredients

2 cup pumpkin

 $0.5~\mathrm{cup}$ brown sugar

 $0.5~\mathrm{cup}~\mathrm{sugar}$ 

0.5 tsp salt

0.5 tsp ginger

1 tsp cinnamon

0.5 tsp cloves

1 tsp pumpkin pie spice

2 eggs

2 cup milk

# Instructions

- 1. Mix all ingredients together thoroughly. Pour in to prepared 9 inch pie shell.
- 2. Bake at 425 for 15 minutes then reduce oven to 350 and bake for 35 to 40 minutes until knife inserted comes out clean.
- 3. Cool. Store leftovers in the refrigerator.

# Seven Layer Cookies

I only counted six layers last time ...

# **Ingredients**

0.5 cup butter

1 cup graham cracker crumbs

1 cup chocolate chips

1 cup coconut

1 cup butterscotch chips

1 cup nuts (optional)

 $\begin{array}{c} 1 \text{ can sweetened condensed} \\ \text{milk} \end{array}$ 

#### Instructions

- 1. Melt butter in bottom of 13 x 9 pan in the oven. Add and layer each ingredient in order. Drizzle milk over all the ingredients.
- 2. Bake for 20 to 25 minutes or until melted together.

Serves 10 V

#### Caramel Corn

This is a recipe from Kristy's girl scout leader from long ago.

# Ingredients

5 quart popped corn kept warm in 250 oven

1 cup butter

2 cup brown sugar

 $0.5~{\rm cup}~{\rm corn}~{\rm syrup}$ 

1 tsp salt

0.5 tsp baking soda

#### Instructions

- 1. Combine butter, brown sugar, syrup, and salt. Cook, stirring until sugar dissolves and until mixture reaches 248 on a candy thermometer.
- 2. Remove from heat and stir in baking soda. Drizzle mixture over popped corn. Spread on cookie sheet. Bake at 250 for 45-50 minutes stirring every 15 minutes. Pour and break into pieces. Store in airtight container.

 $\mathbf{F}$ 

# Cranberry Apple Dish

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This is Shannon's recipe that is passed along and everyone regreats to Et is easy and it could almost be a deasert
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# Ingredients

1 cup Whole Berry Cranberry Sauce

3 cups chopped apple (Shannon likes Granny Smith)

For the Crumble Mixture:

0.5 cup brown sugar

1.5 cups oats

0.33 cup flour

0.25 cup walnuts

1 stick melted butter

- 1. Preheat oven to 350 Mix all these ingredients except the butter. Once all mixed, add your melted butter. Sprinkle on top your cranberries and apples.
- 2. Bake at 350 for one hour

# Pistachio/Chocolate Marble Cake

My Grendson Will LOVES This cake! Easy pergy desser and goes over very well! You can also make a chocolete frosting with confectioners sugar, butter, 2 squares of semi sweet chocolete and some half and hall and make it a little less of am and brizgle over top with a measuring cup.

# Ingredients

1 package (2 layer size) yellow cake mix

1 package (4 serving size) Jello Pistachio Instant Pudding and Pie Filling 4 eggs

1 cup water

0.5 cup oil

0.5 tsp. almond extract

0.25 cup chocolate syrup

- 1. Preheat oven to 350 Combine cake mix, pudding mix, eggs, water, oil, and extract in large mixer bowl. Blend: then beat at medium speed of electric mixer for 2 minutes.
- 2. Measure 1.5 cups batter; stir in chocolate syrup. Spoon batters alternately into a greased and floured 1 inch Bundt or tube pan.
- 3. Zigzag spatula through batter to marble. Bake at 350 for 50 minutes
- 4. Cool 15 minutes; remove from pan and finish cooling on rack. Sprinkle with confectioners sugar, if desired.

 $\mathbf{F}$ 

# Kringler Coffee Cake

Grandma Leuran Las baan making this for 40 years and everyone loves to the same person, Roberta MCKay, game methis recipe along with her Egg Brunch recipe tant Jused on Edristmas Bay for years.

# Ingredients

For the pie crust:

1 cup flour

0.5 cup butter

3 tbsp. water

For the frosting:

1 cup powdered sugar

1 tbsp. butter

A little cream, discretion to have the right consistency, not too thick, or too thin

0.5 tsp almond extract

- 1. Preheat oven to 400 Mix pie crust ingredients like a pie crust. Pat out on cookie sheet in 2 long strips 3 inches wide
- 2. Put 1 cup of water in a saucepan with 0.5 cup butter. Heat 2 boiling. As you take from flame, add 1 cup flour (maybe 1-2 tbsp more). Stir in 3 eggs 1 at a time. (beat quickly at each egg addition). Add 0.5 tsp. almond extract. spread on first mixture
- 3. Bake 45 minutes at 400
- 4. Sprinkle with pecans or almonds (or you can add raspberry or apricot preserves before adding frosting). I just use almonds on one strip and pecans on the other. I frost first and then add nuts.

#### Peanut Butter Criss Cross Cookies

From my good friend Joyce West

# Ingredients

1 cup butter, softened

1 cup sugar

1 cup brown sugar

2 eggs

1 tsp vanilla

1 cup peanut butter

3 cup flour

2 tsp baking soda

0.5 tsp salt

Hershey kisses or stars, optional

#### Instructions

- 1. Cream together wet ingredient then stir in dry ingredients. Form into 1 inch balls and place on ungreased baking sheet. Flatten with a floured fork into criss-cross pattern.
- 2. Bake at 350 for 10 minutes. During the holiday season, Hershey kisses or stars can be pressed on top after baking.

Serves 6 V

# Apple Crumb Pie

A recipe from my days in 4H!

# Ingredients

4 to 6 large, tart apples, Granny Smith 1 cup sugar divided 1 tsp cinnamon0.75 cup flour0.33 cup butter, softened

#### Instructions

- 1. Peel, core, and slice apples into eighths. Place in prepared 9 inch pie crust.
- 2. Mix 0.5 cup sugar with cinnamon and sprinkle over apples. Combine 0.5 cup remaining sugar with flour and then cut in butter. Mixture should be crumbly.
- 3. Sprinkle evenly over apples. Place pie pan on cookie sheet or foil, to catch drips, and bake at 450 for 10 minutes, then at 350 for 40 minutes or until a sharp knife pierces the apples easily.
- 4. Serve warm with ice cream.