

# Causal Mixture Models: Characterization and Discovery

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**Summary** We address mixtures of populations with different generating processes using causal models. For inference, we integrate conditional mixture modelling into score-based causal DAG search algorithms.

## Motivating Example I Disease Heterogeneity



**Example** methylation ( $X$ )-expression( $Y$ ) mechanism in colon adenocarcinoma cancer patients (*The Cancer Genome Atlas* (TCGA); Chang et al., 2020)

**Latent Factor** different cancer subtypes

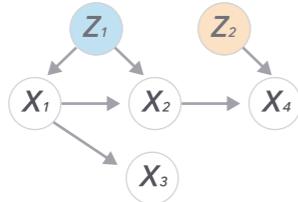
**Challenge I** heterogeneous generating process of  $Y/X$ , shown as colored points/latent variable  $Z$

**Previous Work** assumes heterogeneity results from specific interventions (Kumar et al., 2024)

## Motivating Example II Treatment Resistance

**Example** resistance of patients to different antibiotics ( $X$ )

**Latent Factors** differences due to multiple factors, e.g., prior exposure ( $Z_1$ ) vs. batch effects ( $Z_2$ )



**Challenge II** potentially multiple independent latent variables with unknown points of influence

**Previous Work** assumes global environments (Huang et al., 2020) or global latent-class confounder (Mazaheri et al., 2024)

## Goals

- discover latent sources of heterogeneity ( $Z$ )
- discover observed and latent causal structure (DAG)

## Model Causal Mixture Model (CMM)

**Graphical Causal Model** given by a directed acyclic graph (DAG) over a set of observed variables  $X$  and a set of latent categorical variables  $Z$ , where each  $Z_i$  has  $K_i$  values.

**Structural Causal Model** where each variable given its causes is modelled through a mixture of regressions (MLR),

$$X_j = f(\mathbf{Pa}_j, b_j) + N_j$$

with  $f(x, b_j(z)) = \beta_{jz}^T x + \beta_{jz}^{(0)} x$  and  $N_j \sim \mathcal{N}(0, \sigma^2)$  with  $N_j \perp\!\!\!\perp \mathbf{Pa}_j$ .

**Assumption Causal Markov Condition** We assume that the marginal distribution over  $X$  is given as

$$p_X(x) = \prod_{X_j \in X} p_{X|\mathbf{Pa}_j}^{\text{MLR}}(x, \mathbf{pa}_j; \mathbf{B}, \gamma, \sigma^2) \\ \sum_{k=1}^{K_j} \frac{\gamma_k}{\sqrt{2\pi\sigma}} \exp\left(-\frac{\|\beta_k^T \mathbf{pa}_j - x\|}{2\sigma^2}\right)$$

## Guarantees

### Consistent Scoring

**Definition BIC, latent-aware** Given samples  $\mathcal{D} = \{x_1, \dots, x_r\}$  and a hypothesis  $\mathcal{H}$ , the Bayesian Information Criterion (BIC) is

$$\text{BIC}(\mathcal{H}) := -2 \log p_X(\mathcal{D} | \hat{\theta}) + d \log r$$

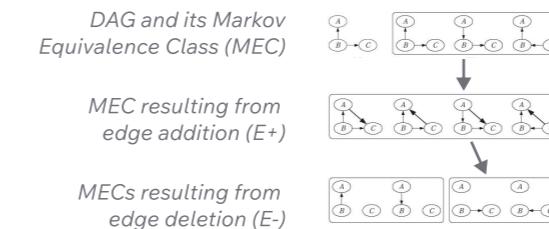
$$\hat{\theta} = \arg \max_{\theta \in \Theta_K} p_{X|\mathbf{Y}}^{\text{MLR}}(x, \mathbf{y}; \theta)$$

**Lemma Non-Gaussianity of Direct Effect** (informal) Given an effect  $Y$  with a set of causes  $X$  and  $Z$ , under mild assumptions, the distribution of  $Y | X$  does not degenerate to a Gaussian.

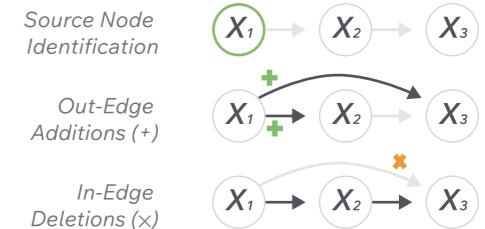
**Theorem Consistency** (informal) The latent-aware BIC is a consistent scoring criterion.

## Background Score-Based Causal Discovery

**I. Greedy Equivalence Search (GES)** searches over equivalence classes of DAGs to optimise a scoring criterion (Chickering, 2002)



**II. TOPIC** identifies source nodes and constructs the DAG in topological order (Xu et al, 2025)



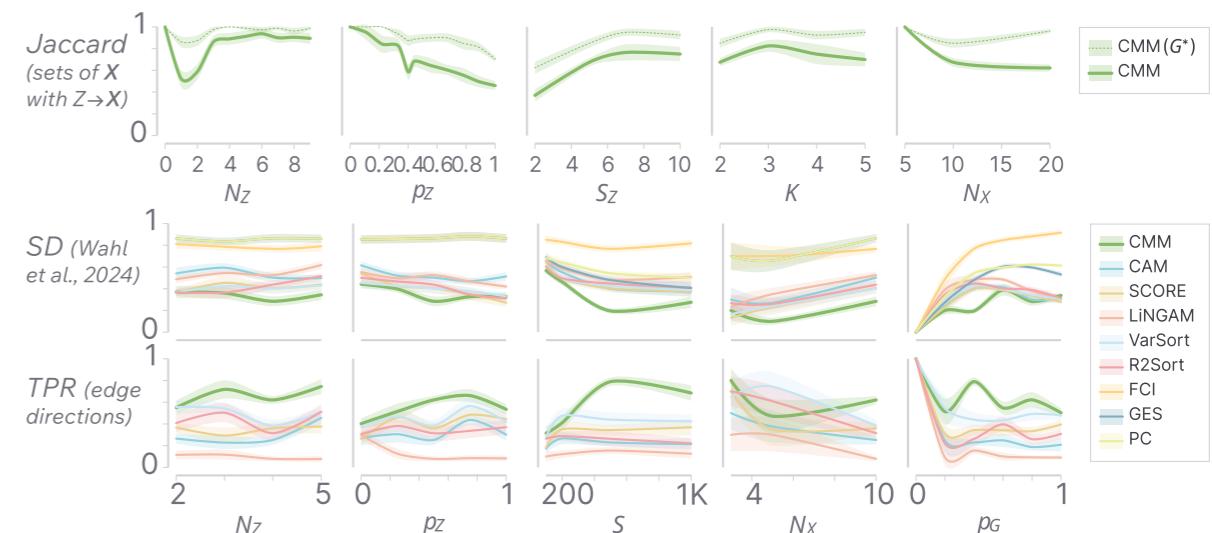
## Algorithms CMM Discovery

### I. CMM (GES) w/ latent-aware BIC

**Scoring** for each variable ( $X_2$ ) given its direct predecessors ( $X_1$ ) in a given graph, we infer an MLR using EM and use the latent-aware BIC to pick  $K_i$

## Evaluation

### CMM Discovery in Synthetic Data



## Ablation Studies Nonlinear Mixtures

### Real-World Benchmark Flow Cytometry Data

