

Value Education 1 : Group 12

Summary 7:

Date: 12/11/2024

The theme of today's discussion was about palliative care.

Palliative care is defined as medical care that is provided to alleviate the problems of people suffering from terminal diseases. It involves bringing happiness to the last days of the person, carrying out his last wishes and taking care of his duties in his family, society, etc. Palliative care is given by organizations called Hospices.

Falling ill can bring a drastic change in one's life. It brings a great deal of hardship and dealing with it can seem impossible alone. The factors that may be affected are:

1. Health: Health includes both the physical and mental well-being of a person. Falling ill will result in the deterioration of both these feelings within a person.
2. Economic Security: Falling ill can prevent a person from pursuing his livelihood, which can lead to financial issues within his family. This may further aggravate his illness as it brings mental stress and also prevents him from affording expensive medical treatments.
3. Societal Duties: The patient may have societal duties to fulfil. They may be a parent, spouse, caretaker, etc. Falling ill will prevent them from fulfilling these duties.
4. Emotional Well-being: Falling ill will increase our dependence on the people around us. This may make us feel like a burden to others, destroying our sense of independence and self-respect.

Palliative care must take care of all these factors. Hospices try to make the last days of these patients happy. Someone who is taking care of patients must consider the above factors. Dealing with them will alleviate the suffering of the patients.

Palliative care also includes the decision to withdraw a patient's treatment, allowing him to pass away peacefully. This decision is taken when the treatments are deemed useless or if the patient decides to do so.

The true goal of palliative care is bringing happiness in the sunset days of a person's life. It brings peace and security to a patient's life.