19. Self-Transcendence Herbstlauf Schaffhausen 03.10.2010





| Rang | Name | Startnr. | Jahrg. | Ort | Verein | Zeit | | | | |
|----------------------------------|-----------------------------|----------|--------|------------------|-----------------------------|-----------|--|--|--|--|
| 10 km Lauf (offiziell vermessen) | | | | | | | | | | |
| m | | | | | | | | | | |
| Herrer | n HK | | | | | | | | | |
| 1. | Da Costa, Antonio Jose | 438 | 1974 | | | 0:32:06,5 | | | | |
| 2. | Hakimi, Ali | 457 | 1976 | Marthalen | LC Schaffhausen | 0:32:31,2 | | | | |
| 3. | Körner, Lutz | 428 | 1978 | Zürich | TV Oerlikon | 0:32:57,9 | | | | |
| 4. | Roppo, Pekka | 417 | 1983 | Klettgau | TV Griessen | 0:33:30,3 | | | | |
| 5. | Schneble, Gerhard | 466 | 1969 | Gailingen | TV Gailingen | 0:34:11,8 | | | | |
| 6. | Brennwald, Adrian | 460 | 1975 | Aeugst am Albis | Hammer Nutrition | 0:34:24,9 | | | | |
| 7. | Overturf, Hans-Ueli | 420 | 1973 | Hallau | LC Regensdorf | 0:34:31,1 | | | | |
| 8. | Schönenberger, Simon | 430 | 1987 | Herisau | <u> </u> | 0:35:04,5 | | | | |
| 9. | Merk, Samuel | 464 | 1983 | Hallau | | 0:35:14,6 | | | | |
| 10. | Oberholzer, Beat | 462 | 1962 | Hedingen | | 0:36:11,9 | | | | |
| 11. | Ricci, Fabio | 432 | 1984 | Schaffhausen | Azavaz Lauf GmbH | 0:36:34,0 | | | | |
| 12. | Gander, Markus | 451 | 1963 | Buochs | Nordic Engelberg | 0:37:09,3 | | | | |
| 13. | Dick, Pascal | 440 | 1992 | Lauchringen | LG Hohenfels | 0:37:20,4 | | | | |
| 14. | Loder, Klaus | 463 | 1962 | Blumberg | Tristar Schaffhausen | 0:37:38,7 | | | | |
| 15. | Baumgartner, Julian | 437 | 1993 | Lauchringen | LG Hohenfels | 0:38:37,0 | | | | |
| 16. | Iten, Roger | 422 | 1962 | Ebikon | LC Luzern | 0:38:47,3 | | | | |
| 17. | Wäckerlin, Jürg | 445 | 1973 | Beringen | MR Beringen | 0:39:31,2 | | | | |
| 18. | Müller, Patrick | 459 | 1970 | Gansingen | - 3- | 0:39:37,9 | | | | |
| 19. | Ineichen, Lukas | 468 | 1984 | Zürich | Sri Chinmoy Marathon | 0:39:40,8 | | | | |
| 20. | Loan, Andrew | 403 | 1976 | Duebendorf | , | 0:40:22,1 | | | | |
| 21. | Kleiner, René | 453 | 1964 | Döttingen | | 0:41:02,3 | | | | |
| 22. | Käppeli, Markus | 474 | 1965 | Neuhausen | Bosch | 0:41:07,7 | | | | |
| 23. | Shakeshatt, Alec | 467 | 1973 | Feuerthalen | | 0:42:26,6 | | | | |
| 24. | Leypold, Matthias | 458 | 1972 | Wädenswil | GC | 0:42:27,0 | | | | |
| 25. | Suter, Roman | 434 | 1979 | Neftenbach | | 0:42:32,5 | | | | |
| 26 . | Baumgartner, Thomas | 439 | 1992 | Lauchringen | LG Hohenfels | 0:43:26,6 | | | | |
| 27. | Lippuner, Christoph | 404 | 1966 | Frauenfeld | LSV Frauenfeld | 0:43:41,9 | | | | |
| 28. | Bachmann, Michael | 452 | 1984 | Bütschwil | <u> </u> | 0:44:02,0 | | | | |
| 29. | Duscha, Björn | 450 | 1972 | Bietingen | TV Bietingen | 0:45:48,4 | | | | |
| 30. | Frauenfelder, Christian | 472 | 1966 | Flurlingen | Tristar | 0:45:50,6 | | | | |
| 31. | Schäffeler, René | 431 | 1966 | Stein am Rhein | motor | 0:46:58,9 | | | | |
| 32. | Cerneaz, Walter | 416 | 1968 | Sattel | | 0:50:00,5 | | | | |
| 33. | Kupprion, Richard | 429 | 1969 | Gottmadingen | Schachfreunde | 0:50:16,3 | | | | |
| 34. | Dos Santos Fortunato, Pedro | 471 | 1976 | Singen | Condomicando | 0:52:10,3 | | | | |
| 35. | Koch, Silvan | 455 | 1993 | Schwarzenberg | | 0:55:01,0 | | | | |
| Herrer | · | -100 | 1000 | Conwarzenberg | | 0.00.01,0 | | | | |
| 1. | Schmid, Josef | 456 | 1956 | Emmenbrücke | LF Rothenburg | 0:39:59,1 | | | | |
| 2. | Hatt, Roland | 470 | 1960 | Thayngen | LWS / UOV-Reiat | 0:40:57,0 | | | | |
| 3. | Jauner, Geri | 435 | 1956 | Kleinandelfingen | MR Andelfingen / SM Run | 0:40:37,0 | | | | |
| 3. 4. | Fawcett, Robert | 435 | 1956 | Schaffhausen | wit Andellingen / Sivi Kull | 0:41:32,5 | | | | |
| | · | 710 | 1991 | Johannausen | | U.7J.J1,4 | | | | |
| Herrer | | | | | | | | | | |
| 1. | Weissenberger, Hubert | 461 | 1948 | Schwerzen | LG Hohenfels | 0:42:45,5 | | | | |
| 2. | Ramsauer, Robert | 454 | 1947 | Ebmatingen | | 0:45:52,8 | | | | |
| 3. | Schaad, Max | 448 | 1948 | Schaffhausen | Tristar Schaffhausen | 0:49:01,0 | | | | |
| 4. | Fehr, Kurt | 426 | 1943 | Andelfingen | smrun / MR Andelfingen | 0:56:11,9 | | | | |

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| Rang | Name | Startnr. | Jahrg. | Ort | Verein | Zeit |
|-------|---------------------|----------|--------|--------------|----------------------|-----------|
| Herre | n 3 | | | | | |
| 1. | Vetsch, Christian | 424 | 1934 | Abtwil | LC Brühl | 0:46:31,7 |
| 2. | Oehninger, Ernst | 441 | 1936 | Watt | | 0:51:42,4 |
| 3. | Ammann, Anton | 413 | 1939 | Winterthur | smrun | 0:56:00,3 |
| 4. | Güldenapfel, Erhard | 436 | 1937 | Adliswil | SSC Langnau | 1:06:48,0 |
| w | | | | | | |
| Fraue | n HK | | | | | |
| 1. | Jacober, Maja | 414 | 1972 | Ossingen | Tristar Schaffhausen | 0:41:57,1 |
| 2. | Heer, Narmada | 469 | 1964 | Zürich | Sri Chinmoy Marathon | 0:45:51,2 |
| 3. | Inauen, Manuela | 433 | 1982 | Neftenbach | | 0:47:59,4 |
| 4. | Brütsch, Anja | 444 | 1967 | Uhwiesen | | 0:50:07,5 |
| 5. | Neff, Nisha | 449 | 1974 | Schaffhausen | | 0:50:51,4 |
| 6. | Albrecht, Ina | 427 | 1979 | Zürich | | 0:52:22,3 |
| 7. | Vetsch, Regula | 423 | 1971 | Abtwil | LG Wittenbach | 0:53:35,9 |
| 8. | Scheidegger, Evelyn | 415 | 1966 | Sattel | | 0:58:16,3 |

Anzahl Teilnehmer: 55

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