Position	Name	Time
1	Alex Miller Westbury Harriers	00:42:22
2	David Engledew Bristol & West	00:44:53
3	Alan Tang	00:45:04
4	Dave Salter	00:45:09
5	Wilf Burke Thornbury RC	00:45:20
6	Paul Turner Cheltenham Tri	00:46:32
7	Matt Bytheway	00:47:12
8	Alan Wilcox	00:47:30
9	George Salter Bristol & West	00:47:48
10	Eleanor Millington Cheltenham Tri	00:48:00
11	Maggie Salter Bristol & West	00:48:37
12	Colin Traer Bristol & West	00:49:42
13	Chris Herbert	00:49:50
14	Doug Brodie Serpentine	00:49:56
15	Marie Berryman Bristol & West	00:49:58
16	Christine Rose BAD Tri	00:50:05
17	Ben Sweet	00:50:15
18	Paul Loveridge Gloucester AC	00:50:26
19	Karen Watson Bristol & West	00:51:13
20	Rob Mears	00:51:44
21	Philip King	00:53:44
22	Alison Engledew Bristol & West	00:54:29
23	Skye Ramell	00:55:23
24	Dave Bassett	00:55:41
25	Antonio Pinto	00:57:11
26	Nigel Fletcher	00:57:16
27	Paul Burgess Bristol & West	00:59:04
28	Vanessa Redmond TACH	00:59:06
29	Liz Sweet	00:59:17
30	Olivia Stibbs	01:00:59
31	Cara Stibbs	01:01:01
32	Debbie Ridiford	01:07:17
33	Martin Riddiford	01:08:02

There is a constant hunger within us to transcend ourselves, to go beyond the reality which we have already achieved.

Sri Chinmoy