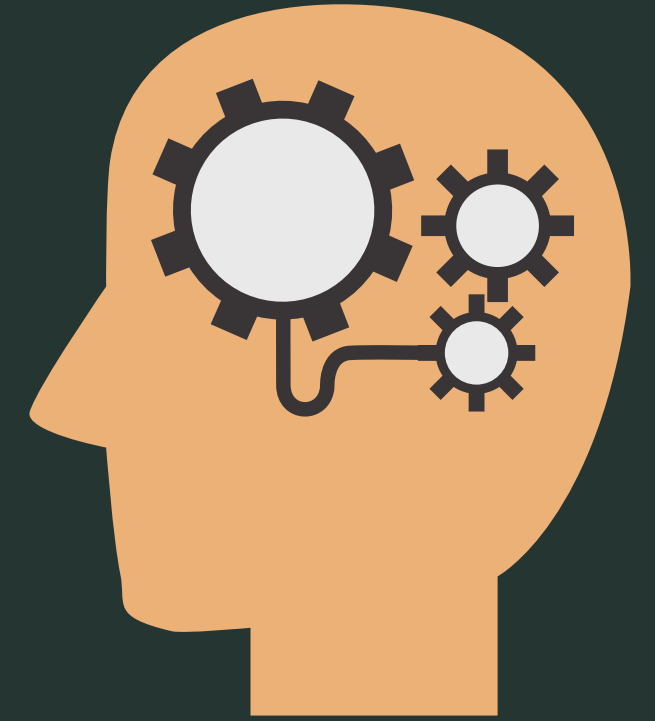Bridging the Trio

HEALTH, WORK, LIFE.

A **STRESSFUL** JOB CAN LEAD TO **UNHAPPINESS** THAT SEEPS INTO YOUR LEISURE LIFE AND LEADS TO **BAD HEALTH !!**

THE SOLUTION

EQUILIBRIUM

A Responsive Web App for managing balance between the work and life that leads to Good Health

User will have to Login/SignUp to have their **progress saved**
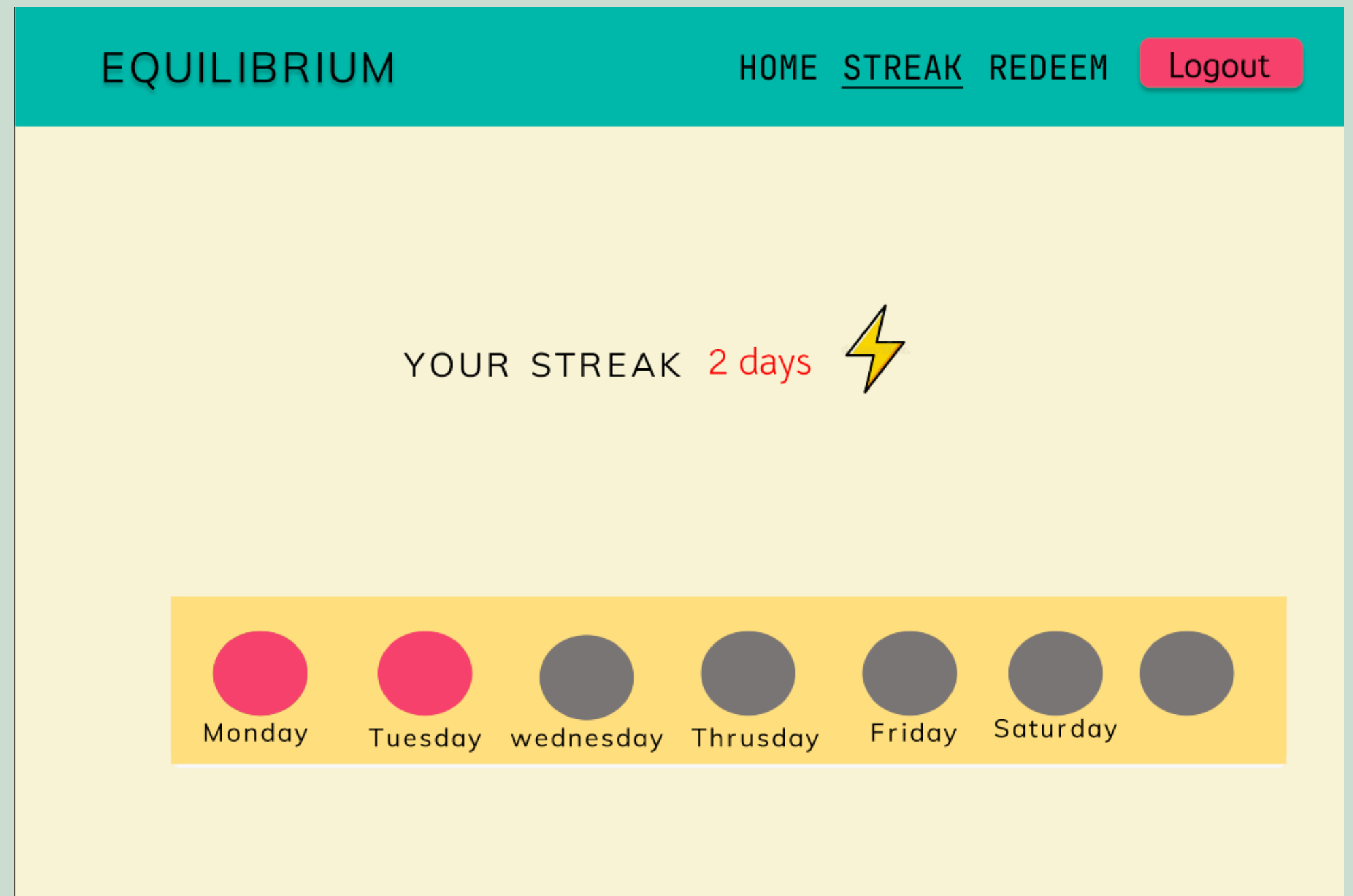
Users will be recommended the next activities according to their performance and history.
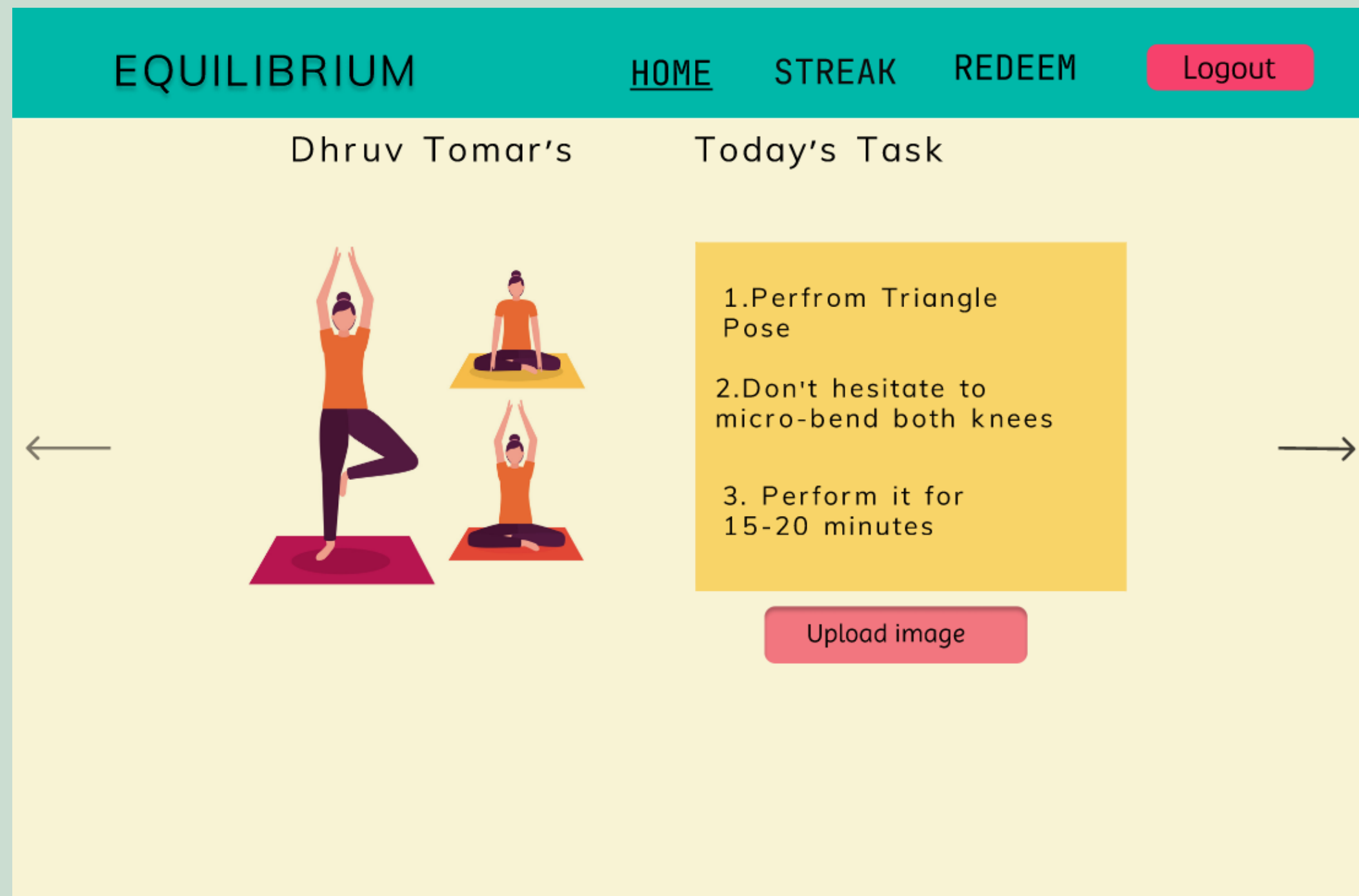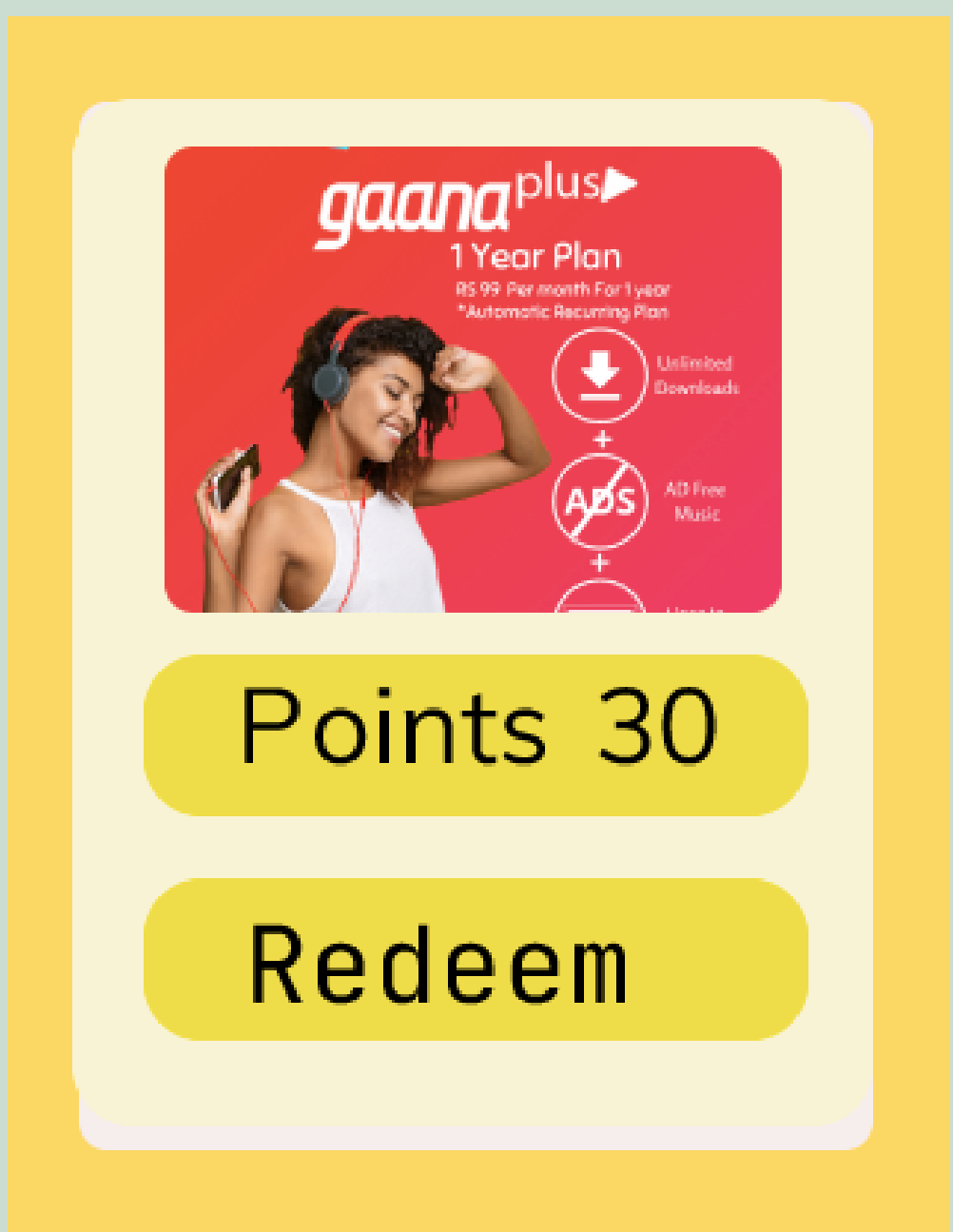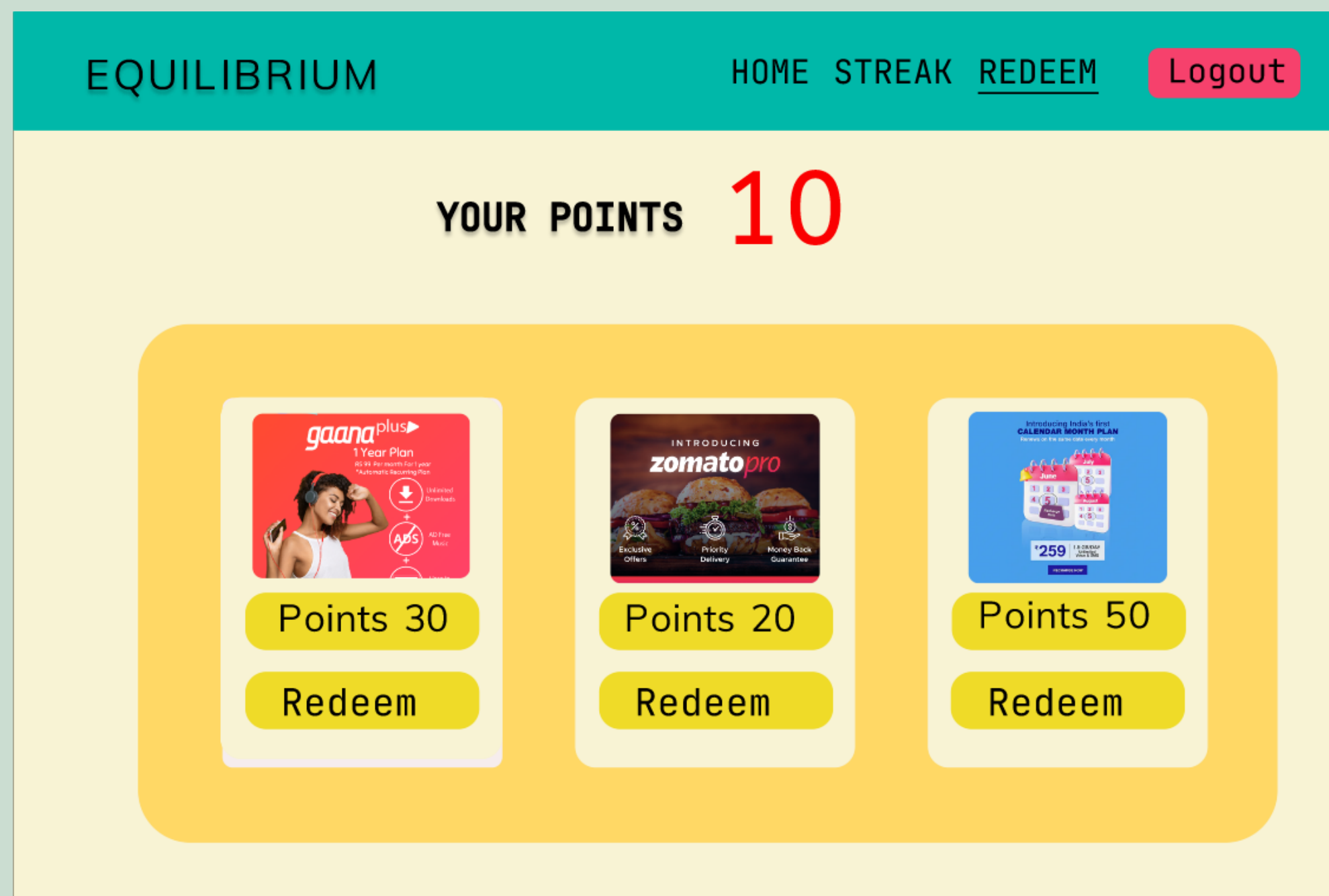
To keep user **engaged** and willing: ⚡

- Dashboard will be kept user friendly.
- User will also be presented with their friends performance to keep them in a competition.
- Daily streak feature will also be there to give extra boasts to the user.

Points aren't just any points.

User will be able to avail the available services from the web app itself.

EQUILIBRIUM

HOME STREAK REDEEM Logout

YOUR POINTS 10

Points 30
Redeem

Points 20
Redeem

Points 50
Redeem

Points 30
Redeem

THANK YOU !!!