



SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai

Programs Conducted towards mental health for students: 2021-2022

S.No	Month	Topics	No of Sessions	Participants
1.	May 2021	Being Resilient	1	100 B.Sc., Nursing Students
2.	October 2021	Stress & Suicide Management	1	60 B.Pharm & Pharm D Students
3.	November 2021	Personality Development	1	48 B.Sc., Applied Psychology Students
4.	December 2021	Stages of acceptance	1	33 B.O.T Students
4.	October 2022	Psyche Stature	1	234 students from various faculties
5.	October 2022	Introductory session about Student Counselling	1	43 M.sc Clinical and Medical Psychology Students






Student Counsellor Names: Ms.A.RishiKulya

Mr.V.NandhaKumar

Ms.Deborah Deepa David


Dr. P.V. VIJAYARAGHAVAN
M.B.B.S., D.Ortho, DNB (Ortho), M.Ch (Ortho) UK, FRCS (Glasgow)
FACI (Swiss), FAIMER Fellow
Vice-Chancellor
SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION & RESEARCH
(Deemed to be University)