



# SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai

## National Service Scheme -July 2021 to June 2022

S. NO	Name of Programme/Community Service	Programme Venue	Total Number of Participants and Beneficiary
01	Awareness Programme on Covid-19 and Sanitary kit distribution for Chennai Corporation Sanitary Workers on 8/07/2021	Ward-46 Vyasarpadi	104 sanitary workers from Vyasarpadi, ward-46 were beneficiaries. 8 NSS volunteers attended. Sanitary Kit Sponsored by SRIHER -Alumni Association – Rs 50000
02	Awareness Programme on Covid-19 Prevention and Sanitary kit distribution Programme on 13/07/2021	Banaveduthottam	15 sanitary workers and 630 households from Banaveduthottam village were beneficiaries. 34 NSS volunteers attended. Sanitary Kit Sponsored by SRIHER - Alumni Association. Dept of Accident and Emergency Medicine, SRIHER and Saving Lives - A Rotary club of Birmingham project sponsored cloth masks
04	Pond Restoration Programme in association with Iyarkai Charitable Trust on 31/07/2021	Kolappakkam	69 NSS Volunteers participated in cleaning a lane of walking pathway of the pond filled with weeds, grass and plastic garbage.
05	Pond Restoration Programme in association with Iyarkai Charitable Trust on 7/08/2021	Kolappakkam	31 NSS Volunteers participated in removing the broken cement tiles, weeds, grass and plastic garbage from walking pathway of samiyarkulam pond in Kolapakkam.
06	Awareness Programme on Covid-19 and Hand washing demonstration at Thirumanam Village on 11/08/2021	Thirumanam	48 NSS Volunteers involved 24 IRULAR Community families were beneficiaries. Covid kits distributed after covid vaccine awareness session. Covid safety kit Sponsored by International Foundation for Peoples Welfare and Development (IFPWD)
07	Pond Restoration Programme in association with Iyarkai Charitable Trust on 21/08/2021	Kolappakkam	118 NSS volunteers participated in removing the weeds, grass and plastic garbage from walking pathway of samiyarkulam pond in Kolapakkam.
08	Awareness Programme on Covid-19 and Vaccination campaign at Thirumanam Village on 25/08/2021	Thirumanam	54 volunteers (Unit 1 & 4) participated in covid vaccine coverage survey and door-to-door sensitization activity for covid vaccine 250 households sensitized about covid vaccine camp

			organized on 26.8.2021 together with Sorancherry PHC
09	Covid vaccine camp in association with Sorancherry PHC on 26.08.2021	Thirumanam	36 NSS Volunteers participated. 88 people were mobilized for covid vaccine in Thirumanam village including 42 Irular community people (out of 63)
10	Menstrual hygiene / Fitness promotion program on 25.8.2021	Annambedu	48 NSS Volunteers participated in door to door menstrual hygiene survey and awareness program. Simple exercises and Yoga taught to 30 rural women and sanitary napkins distributed
11	Pond Restoration Programme in association with Iyarkai Charitable Trust on 04/09/2021	Kolappakkam	99 NSS Volunteers from NSS unit I & IV, NSS planted vetiver saplings in the pond banks, removed weeds, plastic garbage and transferred the materials to strengthen the pond banks
12	Programme on Covid sanitary kit distribution and Hand Hygiene demonstration on 14/09/2021	Vyasarpadi B-Kalyanapuram	150 families from Vyasarpadi, ward-46 were beneficiaries. 34 NSS Unit-II volunteers were involved. <ul style="list-style-type: none"> <li>• Hand Hygiene demonstration</li> <li>• Distribution of hand hygiene pamphlets</li> <li>• Covid Kit Distribution to 65 household</li> </ul> Covid safety kit Sponsored by International Foundation for Peoples Welfare and Development (IFPWD)
13	Programme on Mosquito Breeding sites removal Campaign on 14/09/2021	Vyasarpadi	150 families from Vyasarpadi, ward-46 were beneficiaries 34 NSS Unit-II volunteers are involved. <ul style="list-style-type: none"> <li>• Distributed the health education pamphlet on dengue prevention</li> <li>• Stuck the poster on the walls of houses on dengue prevention</li> <li>• Removed water stagnation waste around the premises.</li> <li>• Insisted the family members to clean the water containers every three days once by scrubbing.</li> </ul>

14	NSS day celebrations through tree plantation drive on 24/09/2021	Kolappakkam	110 NSS Volunteers from NSS unit III& V,NSS NSS volunteers planted seventy-five saplings in both side of the foot path laid on the banks of pond and in a corporation park
15	Community campaigning for Free Eye camp on 20/10/2021	Karunakarachery	43 NSS volunteers from unit II, distributed free eye camp pamphlets to 350 households of the village.
16	Free Eye Screening on 21/10/2021	Karunakarachery	57 NSS volunteers from unit II & III, attended 120 Community people were beneficiaries. 14 cataract patients referred to Ophthalmology department and 62 people were eligible for spectacle.
17	Wall painting of Hand washing steps on 21/10/2021	Karunakarachery	12 NSS volunteers from unit II & III, involved.
18	Fitness programme at Annambedu Village on 28/10/2021	Annambedu	15 NSS volunteers from unit III & V, attended 20 village women were beneficiaries
19	Programme on Wall painting at Kolappachery Village on 28/10/2021	Kolappanchery	25 NSS volunteers from unit III & V, Rain water conservation wall painting done.
20	Programme on Tree Planting on 28/10/2021	Kolappanchery	25 NSS volunteers from unit III & V, 100 saplings planted.
21	Programme on Clean India Garbage Bin distribution Programme on 15/12/2021	Kolappanchery	53 NSS Volunteers from Unit II & III, participated 350 families benefitted, 700 hundred Garbage bins distributed.
22	Programme on Spectacle distribution on 25/12/2021	Karunakarachery	31 NSS Volunteers involved and 62 Community people received free spectacles. Spectacles sponsored by Rotary club of Madras Metro – Rs 17,500
24	Community campaigning for free eye camp on 22/02/2022	Annambedu	81 NSS volunteers from unit I, distributed free eye camp pamphlets to each door step of the village. Explained the purpose of the Camp to be conducted on 23.2.2022, Venue, beneficiaries of the camp and timing.
25	Free Eye camp on 23/02/2022	Annambedu	69 NSS volunteers from unit II attended. 96 Community people attended camp and 5 cataract patients referred to

			Ophthalmology department and 61 people were eligible for spectacle.
26	Dental screening for school children on 28/02/2022	Kolappanchery	35 NSS volunteers from unit II attended. 145 school students were beneficiaries.
27	Health awareness program in Government Higher sec school, Kolappancherry on 28.2.2022	Kolappanchery	Awareness session conducted for VII and VIII class students on Menstrual hygiene, dental hygiene, Hand washing, Healthy diet and Importance of physical activity by 35 NSS volunteers from unit II
28	Programme on Swachh Bharat Abhiyan -Dust Bin distribution on 7/03/2022	Padur village	33 volunteers from unit 3. Dust bin distribution to 28 families. Health awareness program – solid waste segregation, Hand washing, Menstrual hygiene, oral hygiene, Importance of toilet use, Healthy diet
29	Pond Restoration on 19/03/2022	Kolappakkam	39 volunteers from unit 4 Activities such as removing plastics, weeds, grass etc In association with Iyarkai charitable trust
30	Multispecialty Medical Camp on 23/03/2022	Annambedu	48 NSS Volunteers from unit 5. Total beneficiaries were 237 brick Lyn workers. Number of faculty members attended the camp is <b>5</b> , Postgraduates- <b>8</b> , Paramedical Staff- <b>4</b> 1. Number of cases who took general medicine care: <b>200</b> 2. Number of cases given OBGYN care: <b>54</b> 3. Number of cases given with Dermatology care: <b>30</b> 4. Number of cases who took Orthopaedic care: <b>80</b>  B. Investigations done: 1. CBG: <b>237</b> 2. ECG: <b>13</b> 3. PAP SMEAR: <b>12</b>
31	Campus Environment Day celebrations – ECOWALK organized by Sri Ramachandra Centre for Women Advancement on 30.03.2022	SRIHER	40 NSS Volunteers from Unit 5 participated. Attended Environment awareness program after ecowalk.
32	Spectacle distribution program on 06/04/2022	Annambedu	6 NSS volunteers from unit-I 61 spectacles sponsored by Inner wheel club of Madras

			Metro – Rs 15,250
33	Multi speciality camp on 21/04/2022	Don Bosco Higher secondary school, Vyasarpadi	12 NSS volunteers from unit-I. 196 IX Std students screened for Dental , Eye, skin and medical problems.
34	Health education for school students on 21/04/2022	Don Bosco Higher secondary school, Vyasarpadi	75 NSS Volunteers from unit-I 200 VI and VII Std students were health educated on Menstrual hygiene, Oral hygiene, hand washing, physical fitness, Healthy diet, Basic life support etc
35	World Earth Day Celebrations on 022/04/2022	Don Bosco Beatitudes Social welfare centre, Vyasarpadi	59 NSS Volunteers from Unit I and II Environment awareness program for 120 IX Std students and plantation of 50 saplings
36	World Earth Day Celebrations on 022/04/2022	Don Bosco Polytechnic College, Basinbridge	23 NSS Volunteers from Unit II Environment awareness program for 100 college students and plantation of 50 saplings
37	Drug addiction prevention program - 26 <sup>th</sup> May 2022	Don Bosco Polytechnic College, Basinbridge	The chief guest Ms. Adline Andrews, specialized in Medical & Psychiatric social work, Programme Consultant, Redemptive Recovery Care, De-addiction cum Rehabilitation Center, Chennai, delivered a lecture on Drug Addiction Hazards and Prevention. 33 volunteers from NSS unit I participated in the event. 200 college students were beneficiaries. Students performed mime show on Hazards of drug abuse
38	Village toilet survey – on 9 <sup>th</sup> June	Kolappancherry village	30 volunteers from NSS Unit – I participated. volunteers verified the existing houses with no toilets as per the government records met the residents and created the awareness on the adverse effects of open defecation and the importance of toilets in every house. 24 newly identified houses with no toilets to be added in government records.
39	Yoga training for Diabetic and Hypertensive patients on 17 <sup>th</sup> June 2022	Rural Health and Training centre, Vayalanallur	Diabetic patients were created awareness on symptoms and complications of diabetes, hypoglycemia, importance of drug compliance and necessary lifestyle modifications. 42 NSS volunteers from Unit 2 and 3 participated.

			15 SRIHER yoga club volunteers were also a part of it. One to one health awareness for nearly 40 diabetic/ hypertensive patients done Health education pamphlets distributed to them
40	Hygiene Awareness program on 30 <sup>th</sup> June 2022	Adi Dravidar Welfare Higher Secondary School, Kolappancherry	Sanitary napkin distribution to 65 school girls 39 NSS Volunteers participated Total 172 school students were beneficiaries Awareness given on – Menstrual hygiene, solid waste disposal, plastic ban, hazards of over the counter prescriptions, healthy diet, physical activity, hazards of tobacco, alcohol, dental hygiene, excessive screen time etc

Dr. P.V. VIJAYARAGHAVAN  
Vice-Chancellor  
SKI RAMACHANDRA  
INSTITUTE OF HIGHER EDUCATION & RESEARCH  
(Deemed to be University)  
Porur, Chennai-600 116