



# SRI RAMACHANDRA

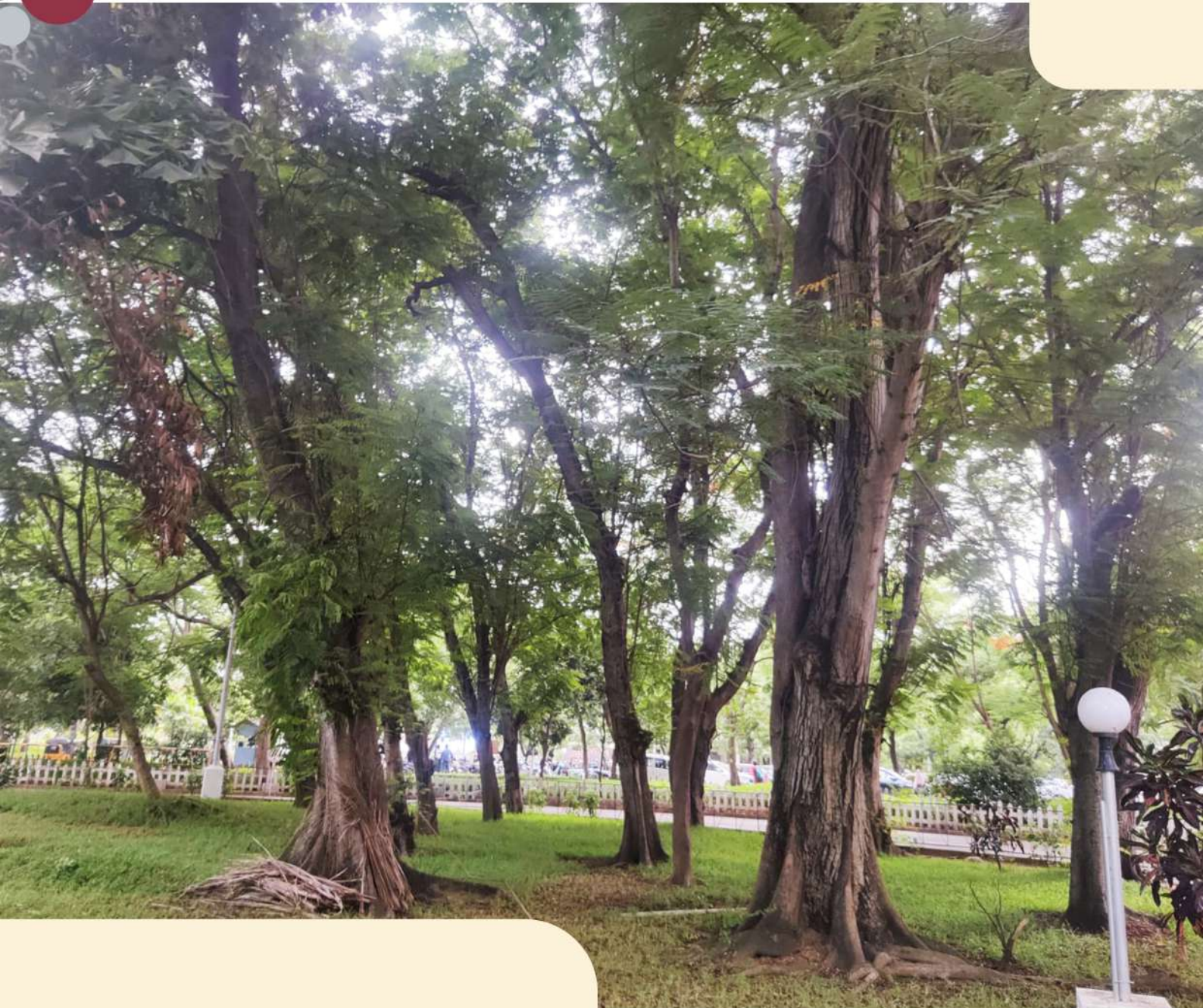
INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai



# Bridges

Newsletter of SRIHER (DU)



February 2024

[bridges@sriramachandra.edu.in](mailto:bridges@sriramachandra.edu.in)



Dear Readers,

February, bloomed with vibrant hues at Sri Ramachandra Institute of Higher Education and Research (SRIHER). Our institute buzzed with a plethora of events that enriched and enlightened our community.

This month, we are thrilled to announce a significant milestone in our pursuit of academic excellence. SRIHER has entered into a Memorandum of Understanding (MoU) with Mid Sweden University, marking the beginning of a fruitful collaboration in joint research initiatives and student as well as faculty exchange programmes.

Continuing our focus on academic enrichment, the Pharmacy Education Unit of Sri Ramachandra Faculty of Pharmacy, in association with the Central Research Facility, conducted a Faculty Development Programme Focused Workshop Practicum on HPLC. Additionally, the Department of Health Profession Education organised a one-day workshop on Bioethics for Health Sciences. This workshop served as a platform for interdisciplinary dialogue and reflection on ethical issues in healthcare, fostering a culture of ethical awareness and responsibility among healthcare professionals. In line with our commitment to community welfare, NSS-SRIHER, continues its dedication to serving the society by providing essential healthcare services to underserved communities.

As we embark on this journey of collaboration, service and academic excellence, we extend our heartfelt gratitude to all our stakeholders for their unwavering support and commitment to the vision of SRIHER. Together, we will continue to strive towards our shared goal of transforming lives through education, research, and community engagement.

Thank you for your continued interest and support towards *Bridges*. We look forward to sharing more inspiring stories and achievements in the coming months.

Warm regards,

Dr. V. Deepa Parvathi  
Managing Editor

## Alumni Corner

*Congratulations !!*



Ms. Shally A. (2016-2018, MBA) received the 'Championship Award for Service Excellence' on February 5<sup>th</sup> at Chennai. The award was presented by Mr. Narotham Reddy, Group Head-Purchase and Procurement, Apollo Hospitals.



Dr. Bala Karthik B (1996–2001, MBBS) received the 'Outstanding Performance Award' from MIOT Hospital on 17<sup>th</sup> February.



Ms. Sofia Roseline A. (MBA 2018 - 2020) was awarded 'Best Trainer – Executive Operations' from Kauvery Hospital on 16<sup>th</sup> February.

## Bridges Committee

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## Awards & Recognitions



Ms. S. Tamilselvi, III Yr., B.Sc. Applied Psychology, Division of Applied Psychology, Dept. of Behavioural Sciences, Sri Ramachandra Faculty of Allied Health Sciences, received a cash prize from Hon. Udhayanidhi Stalin, Minister of Youth Welfare and Sports Development, on 23<sup>rd</sup> February for her medal winning performances in Rowing at the National Games.

## Happenings



SRIHER signed an MoU with Mid Sweden University for joint research, students and faculty exchange programmes in Sports and Rehabilitation Sciences, Nursing and Public Health on 26<sup>th</sup> February. A seven-member delegation from Mid Sweden University including Prof. Anders Fallstrom, Vice-Chancellor and Prof. Anna Olofsson, Pro Vice-Chancellor discussed the scope of collaboration.



Pharmacy Education Unit, Sri Ramachandra Faculty of Pharmacy (SRFOP) in association with Central Research Facility (CRF, SRIHER) conducted a 'Faculty Development Programme - Focused Workshop Practicum on HPLC' on 12<sup>th</sup> February. Mr. Mohamed Nabel, Workflow Specialist, Spinco Biotech Pvt. Ltd, Chennai was the resource person. 15 faculty members attended.



SRFOP celebrated 62<sup>nd</sup> 'National Pharmacy Week' on 9<sup>th</sup> February on the theme 'Join pharmacists to ensure patient safety'. 'Museum quiz' and debate competitions were held. The chief guest, Dr. R. Ilavarasan, Asst. Director and Institute in-charge, Captain Srinivasa Murthy, Central Ayurveda Research Institute, Chennai spoke on 'Current technological development and standardisation & AYUSH drugs'. 200 students and 20 faculty members participated.



## Happenings



The following students of B.Sc. Environmental Health Sciences and B.Sc. Public Health, Sri Ramachandra Faculty of Public Health (SRFPH) won the First place under the Best Awareness Stall category at the Youth Health Mela 2024, organised by Adyar Cancer Institute from 15<sup>th</sup> to 17<sup>th</sup> February. An interactive stall portraying the interlink between non-communicable diseases and environmental exposures was displayed.

Name	Year of Study & Course
Ms. Samyuktha J.	IV yr. B. Sc. Environmental Health Sciences
Ms. Lavanya B.	
Mr. Nikhil Ram V.	
Mr. Petrus Jeshurun Isaiah M.	
Mr. Ragunath M.	I yr. B. Sc. Public Health
Mr. Elango S.	



SRFPH in association with SRFOP and Sri Ramachandra Innovation Incubation Centre (SRIIC), Institution's Innovation Council and Tamil Nadu Pollution Control Board, Industrial Waste Management Association and Indian Green Building Council organised a programme on 'Green Industrial Growth and Climate Resilience' on 16<sup>th</sup> February. The programme highlighted the current national policies and regulations that industries need to follow and start action plans for reducing greenhouse gas emissions by implementing clean technologies. Mr. C. S. Rajan, Vice-Chairman, IWMA, Dr. C. Velan, Chairman, Education Committee, IGBC, Dr. Jayanthi M., I.F.S., Chairman TNPCB, Dr. D. Vasudevan, Joint Chief Environmental Engineer, TNPCB, Mr. R. Sriram, HSE Indian Additives Limited, Mr. Anson Sando, Head-Energy Programs, IIT Madras Research Park, Ms. P. Prabavathi, South Head-Conserve Consultant Pvt. Ltd., Mr. C. Arun Prasad C, Director, Climate Change and Sustainability and Dr. D. Rajasugunasekar Scientist-G, Institute of Forest Genetics and Tree breeding, Coimbatore were the resource persons. 50 participants including industry experts, academicians and government stakeholders attended.



The Dept. of Environmental Health Engineering, SRFPH, in association with SRIIC, Industrial Waste Management Association, Planet Symphony for Environment and Department of School Education conducted a Workshop on 'Capacity Building for fostering Climate Resilience' on 17<sup>th</sup> February. Dr. Daniel Chellappa, Eminent Nuclear Scientist; Mr. K. Baskaran, Chairman, IWMA, Mr. Chitravina N Ravikiran, Founder, Planet Symphony for Environment, Dr. J. Balamurugan, Senior Manager, Tamil Nadu Energy Development Agency and Dr. D. Rajasugunasekar, Scientist-G, Institute of Forest Genetics and Tree Breeding, Coimbatore were the resource persons. 80 participants attended.



## Happenings



The Dept. of ENT, Head & Neck Surgery and Sri Ramachandra Faculty of Audiology and Speech Language Pathology (SRFASLP) jointly organised the 18<sup>th</sup> Anniversary Celebration of Cochlear Implant Program of SRIHER (CLIPS) on 3<sup>rd</sup> February. Importance of early identification to improve quality of life in children with hearing loss and the benefits and schemes provided by the Government for hearing impaired were emphasised. Cultural events including dances and *villupaatu* by the cochlear implantees were conducted. Hearing aids sponsored by GN Hearing Aid India Pvt. Ltd. were distributed to three children with cochlear implant in one ear. 130 participants including children with cochlear implants and their families participated.



Seven interns from Dr. D.Y. Patil Dental College & Hospital, Pune, as part of a student exchange programme, visited Sri Ramachandra Dental College and Hospital (SRDC) from 14<sup>th</sup> to 18<sup>th</sup> February. They participated in engaging presentations, immersive tours, interactive sessions, and hands on experience (Aesthetic dentistry & LASER). The visit succeeded in fostering academic collaboration, cultural exchange and professional development.



The Dept. of Health Profession Education (SRCFHPE) organised a one-day workshop on Bioethics for Health Sciences on 8<sup>th</sup> February. 32 faculty members participated.



The Advance Course in Medical Education (ACME) Contact Session-II was conducted for 2021 (Batch B) from 1<sup>st</sup> to 3<sup>rd</sup> February at SRMC & RI NMC, Nodal Centre, for faculty members from 49 Medical Colleges from the states of Tamil Nadu and Orissa. 28 participants attended.



## Happenings



The Dept. of Obstetrics and Gynaecology Nursing, Sri Ramachandra Faculty of Nursing (SRFON) organised a Career Development Course focusing on quality indicators of nursing practice, namely infection control protocols, medication safety, fall prevention, intravenous therapy, basic life support training, and professional ethics through simulation exercises from 8<sup>th</sup> to 12<sup>th</sup> February. 105 B.Sc. Nursing (Basic) IV yr. and M.Sc. Nursing (Nurse Practitioner in Critical Care) students benefitted.



The Dept. of Paediatric Nursing, SRFON, observed National Deworming Day 2024 focusing on the theme 'Together we can deworm our future' at Government Adiravidar Welfare Higher Secondary School, Kolapenchery, Tiruvallur District, on 13<sup>th</sup> February. The event showcased thematic dance, posters, drama, video, handouts and quizzes by B.Sc. Nursing (Basic) III yr & M.Sc. (Nursing) students. 109 school children benefitted.

SRFOT organised a session on 'Ergonomics Programme Standards as per OSHA Standards' at Anna Administrative Staff College, Chennai on 14<sup>th</sup> February. 48 Govt. officials participated.



Sri Ramachandra Faculty of Occupational Therapy (SRFOT) organised a group therapy programme on 15<sup>th</sup> February for Paediatric Hemato Oncology patients to commemorate 'International Childhood Cancer Day'. The programme was conducted for 20 general paediatric and paediatric oncology patients.



SRFOT organised a Free Screening Camp at Rural Health Training Centre, Vayalanallur to commemorate 'World Leprosy Day' on 9<sup>th</sup> February. 30 individuals benefitted.



SRFOT organised Continuing Occupational Therapy Education (COTE) on 'Demonstration of Wired Splints and its Application' on 29<sup>th</sup> February. Mr. V. Vikkiran, Senior Prosthetist & Orthotist was the resource person. 40 students and faculty members attended.



## Happenings

The Dept. of Clinical Nutrition, SRFAHS, conducted a sensitisation programme on 3<sup>rd</sup> February. Mr. Abdul Rahman and Mr. Vinoth M. from Hexagon Nutrition Pvt. Ltd, Chennai addressed the faculty members, dietitians, and PG students on various scientific formulas available for patient care. Various nutrition supplements specific to High Protein, Diabetes, Constipation, Renal, Hepatic, and Weight Management were showcased and presented for nutrition support and care according to the needs of the patients. 75 participants including 67 students, three faculty members and six dietitians attended.



The Dept. of Clinical Nutrition, SRFAHS, in collaboration with the Indian Institute of Nutritional Sciences, conducted International Clinical Nutrition Update 'Partnership in Action' on 7<sup>th</sup> February. Dr. Judith Beto, President-Elect, International Affiliate of the Academy of Nutrition and Dietetics, USA was the resource person. Ms. Bamini M., Chairperson of Indian Dietetic Association-Chennai Chapter; Dr. Vinitha Krishnan, Chief Dietitian and Head, SRM Institute of Medical Sciences (SIMS Hospital), and Dr. Varsha Tarwady, Founder and Chair, Indian Institute of Nutritional Sciences were part of the panel discussion. 100 students, faculty members and dietitians attended.



CPR Committee of Sri Ramachandra Hospital observed CPR Awareness Week from 5<sup>th</sup> to 9<sup>th</sup> February. The programme included demonstration of CPR to the public, identifying rhythm event for paramedical and nursing staff, CPR rally, poster presentation, mime, scenario based CPR, paediatric BLS awareness, spot quiz, CPR challenge for staff and students. 500 participants benefitted.



# Happenings

Dept. of Trauma Care Management, SRFAHS contributed to various hands-on workshops as mentioned below:

- Trauma Management Workshop for 25 doctors, organised by the National Industrial Emergency Medical Services Conference from 16<sup>th</sup> to 18<sup>th</sup> February in Ahmedabad, Gujarat.
- Workshop on Hospital Disaster Preparedness for 30 doctors and nurses, organised by the Tamil Nadu Apex Skill Development Centre for Healthcare in Partnership with Kauvery Hospital, Chennai on 17<sup>th</sup> February, at the Kalaingar Centenary Super Speciality Hospital, Chennai
- Basic Life Support and Advanced Cardiac Life Support programme for 25 doctors and nurses, organised on 18<sup>th</sup> and 19<sup>th</sup> February, by St. Peters Medical College Hospital and Research Institute, Hosur
- First Aid in Common Emergencies, organised for 200 students by Dwaraka Doss Goverdhan Doss Vaishnav College, Chennai on 22<sup>nd</sup> February
- Basic Life Support programme for 100 nursing interns on 8<sup>th</sup>, 9<sup>th</sup> and 12<sup>th</sup> February at SRIHER (DU)
- Basic Life Support workshop for 15 doctors on campus, organised on 19<sup>th</sup> February by HR Dept. of SRIHER

The Dept. of Trauma Care Management, SRFAHS, conducted STEPS (Sri Ramachandra Training on Emergency Paramedic Skills) an International Webinar Series #23 Trauma Emergencies on 23<sup>rd</sup> February. 80 students from SRIHER and SRM University, Kattankulathur participated.



The Dept. of Mind Body Medicine & Lifestyle Sciences (MBMLS), SRFAHS, as part of a Rotaract Club activity, organised interactive sessions aimed at de-stressing students before examinations. 100 students from RBANC Higher Secondary School, Pudupet and 220 students from Kannada Sangh High School, Aynavaram, participated in these sessions on 9<sup>th</sup> and 14<sup>th</sup> February, respectively.



Sri Ramachandra Faculty of Physiotherapy inaugurated Physical Activity and Health Promotion Clinic on 26<sup>th</sup> February. This clinic aims to measure visceral to subcutaneous fat ratio, abdominal fat ratio, fat mass index, skeletal muscle mass and balance analysis using body composition analyser. This non-invasive analyser is available for all patients. The clinic will function at F1, Sri Ramachandra Medical Centre.



Dept. of MBMLS, SRFAHS has initiated a structured 10-week fun filled activity driven training module for the parents of special children and the staff of *Vidya Sudha* to relax, rejuvenate and build their resilience from 23<sup>rd</sup> February. 12 parents and 10 faculty members participated.



## Happenings



Sri Ramachandra Faculty of Management Sciences (SRFMS) organised a one-day workshop on 'Emotional Resilience' on 3<sup>rd</sup> February. The workshop comprised of interactive and engaging sessions to enhance emotional resilience among school teachers, students, and college faculty members. 50 participants benefitted.



SRFMS conducted a Faculty Development Programme on 'Teaching through Cognitive Psychology' on 17<sup>th</sup> February. The event aimed to provide insights and strategies for educators to enhance their teaching methodologies using principles of cognitive psychology. Dr. S. Jeyachandran, Sr. Vice President, Marutham Group, served as the resource person for the FDP. He provided valuable insights into the application of cognitive psychology in teaching practices. The FDP featured interactive sessions where participants actively engaged in discussions, sharing their experiences and challenges in implementing cognitive psychology principles in their teaching. 21 participants benefitted.



Children from *Vidya Sudha* participated in 'Javate 2024' a special inter-school cultural competition for children with special needs, conducted by Lady Andal Venkatasubba Rao Memorial School, on 10<sup>th</sup> February. Prizes winners are listed below:



Name	Competition	Prize
Baby. A. Keerthika Shri	Dance –Solo	I
Baby. U. S. Tarunika	Art competition	I
Master. S. Lingesh	Fancy dress	II
Master. K. Mithran	Story telling	II



# Student Council Activities



Yoga club of SRIHER in association with Student Council, SRIHER, conducted an event on *Surya Namaskar* on 3<sup>rd</sup> February. Participants performed ancient yoga practices. The event emphasised fostering physical and mental wellbeing. It showcased the holistic benefits and power in promoting flexibility, strength and mindfulness. 25 yoga enthusiasts from various departments participated.



The Medical Quiz Club organised the ‘Super 30 Induction’ through Taboo game play on 17<sup>th</sup> February. 30 students participated.

The Coin Confidence Clinic, hosted by Medical Students Association of India (MSAI) on 13<sup>th</sup> February addressed the need for financial literacy among medical students. The session aimed to empower the students with essential financial management skills. The event covered topics such as tax planning, emergency funds, student loans, budgeting, and investment strategies. 40 medical students benefitted.



The Student Council and Medical Quiz Club organised ‘Pinnacle’ a series of online Preliminary Quizzes for students of MBBS to identify the top six performers in the medical field in various sections, including anatomy, physiology, and biochemistry. From each batch, the top six performers secured their spots for the Grand Quiz.

Batch	Date	No. of participants
Krenoviantz	1 <sup>st</sup> February	65
Zenithians	12 <sup>th</sup> February	245
Celestials	16 <sup>th</sup> February	249



Student Council, SRIHER in association with MedHope commemorated International Childhood Cancer Awareness Day on 15<sup>th</sup> February. Storytelling sessions by students of MBBS & B.ASLP and blood donation drive were part of the awareness. Volunteers engaged children with stories and visual aids, creating a joyful atmosphere. 20 students participated.



## Student Council Activities

The English Literary Club in association with the Theatre Club conducted 'Writers and Actors: The Modern Stage for Modern Talent' on 23<sup>rd</sup> February. This event aimed to provide a platform for students to showcase their literary and theatrical skills while fostering social interaction within the SRIHER community. The event offered engaging activities like story narration and improve-acting, encouraging students to discover and refine their talents and connect with fellow students. 15 students participated.

Theatre club of SRIHER in association with Student Council conducted a short film project on 1<sup>st</sup>, 2<sup>nd</sup>, 20<sup>th</sup> and 22<sup>nd</sup> February. It included creating poignant dramas to light-hearted comedies, the club members explored various genres, showcasing their versatility and passion for storytelling. 11 students participated.



Sri Ramachandra Faculty of Nursing (SRFoN) organised the 6<sup>th</sup> National Nurses Conference on the theme 'Nursing Insight for the Future of Health Care'(Hybrid) on 10<sup>th</sup> & 11<sup>th</sup> January. Dr. Maria Del Carmen Graf, Asst. Professor, Heidi Hansen, Instructional Academic Staff, University of Wisconsin, Oshkosh, USA, was the chief guest. 12 scientific sessions were conducted by national and international speakers. 44 delegates presented their research papers and 219 delegates (nationally) participated.



As part of the Memorandum of Understanding between Sri Ramachandra Faculty of Nursing and University of Wisconsin Oshkosh (UWO), USA, for student exchange programme, ten nursing students and two faculty members from UWO visited SRIHER from 7<sup>th</sup> to 11<sup>th</sup> January. The objective of the visit was to explore community health care services in rural villages. The students visited villages under the Rural Health and Training Centre, SRMC & RI, Vayalanallur. Students from both the universities were actively involved in home visits, school health activities, visits to leprosy centre and old age home. The students also participated in National Nurses Conference and Pongal celebrations organised by the Student Nurses Association unit of SRFoN.

## NSS Activities



### Eye Camp – Sorancherry

SRIHER NSS Unit-I and Inner Wheel of Madras Metro organised a Free Eye Camp at Sorancherry village on 2<sup>nd</sup> February. 107 rural people were screened. Refractive error was identified in 74 people. 20 people were diagnosed with cataract and referred to Sri Ramachandra Hospital for free surgery. Eight patients underwent free cataract surgery on 20<sup>th</sup> February.



# NSS Activities



## Career guidance programme

Career guidance programme was jointly organised by NSS SRIHER and SRIHER Innovation Council at Poonamallee Govt. Girls Higher Secondary School on 19<sup>th</sup> February. 300 students from class XI actively participated.

## Sports Corner

SRIHER (DU) faculty members and staff won the following trophies in VIBSPORTS'24, an inter-collegiate staff tournament 2024 held on 17<sup>th</sup> February at VIT, Chennai.

### Throw ball (Women) – Winners



Winner	Department
Dr. Latha Nirmal	Faculty of Dental Sciences
Dr. Soumya A.	Faculty of Dental Sciences
Dr. Gayatri S.	Ophthalmology
Dr. Gayathri J.P.	Ophthalmology
Dr. C. Pushparani	Physical Education
Ms. S. Senthamizh Selvi	Physical Education
Ms. V. Pradeepa	F6 ICU
Ms. Sagaya Arul Praba A.	G Block, Rheumatology
Ms. Monisha R.	G Block NICU
Ms. Devaki R.	F4 ward

### Futsal (Men) – Winners



Winner	Department
Mr. G. Rajeswaran	Faculty of Engineering
Mr. Manoj Kumar	Physical Education
Mr. S. Venugopal	Physical Education
Mr. M. Jaya Kumar M	Library
Mr. K. Arun Kumar	House Keeping
Mr. R. Deva	House Keeping
Mr. MD Hassan Rifay H.H.	Radiology

### Badminton (Women) – I place



Winner	Department
Dr. Gayatri S.	Ophthalmology
Dr. Gayathri J. P.	Ophthalmology

### Badminton (Women) – III place



Winner	Department
Dr. Soumya A.	Faculty of Dental Sciences
Dr. C. Pushparani	Physical Education



## Readers' Corner



Ms. S. Lakshmi  
Executive, Administration, CBCS Office



Ms. Monisha T.  
I yr. MOT



Ms. A. S. Venu  
III yr. B. Sc. TCM



Ms. Asreen A.  
IV yr. B. Sc. (Hons.)  
Medical Microbiology and Applied Molecular Biology



Ms. Hirusha V.  
III yr. B.Sc. Medical Laboratory Technology

### Echoes of time

In the echoes of time, stories unfold,  
Whispers from the past, untold.  
Moments captured, forever imprinted,  
In the tapestry of existence, deeply scented.  
The laughter of children, long since grown,  
Resonates through the years, a familiar tone.  
Footsteps on well-trodden paths, now faint,  
Yet their essence lingers, an immortal paint.  
The echoes of love, carried on the breeze,  
Whispering tales of hearts once at ease.

Memories etched in the chambers of the soul,  
Time's gentle embrace, making us whole.  
Through the corridors of history, they resound,  
Voices of heroes, both lost and found.  
Lessons learned, lessons yet to be learned,  
In the echoes of time, wisdom is earned.  
So listen closely to the whispers in the air,  
For echoes of time hold secrets rare.  
They remind us of our interconnected rhyme,  
In the tapestry of existence, echoes of time.

Ms. Amal Mubarak Ali  
II yr. BOT