



SRI RAMACHANDRA

INSTITUTE OF HIGHER EDUCATION AND RESEARCH

(Category - I Deemed to be University) Porur, Chennai

VIDYA SUDHA

(SRI RAMACHANDRA LEARNING CENTRE FOR CHILDREN WITH SPECIAL NEEDS)

Parent Empowerment programs organized @ Vidya Sudha 2021

(Parental Trainings, Parents Meetings, Events, Festivals, Celebrations, Awareness & Advocacy activities)

S.No	Name of the event/Programme	Topic	Resource person & Department/ Institution	Date & Venue	No. of participant	Remarks/ Comments
1	Vidya Sudha Parent Sensitization Program (VS-PSP)	Awareness talk on COVID-19	Mr. Arun Aloysius Magesh, Administrator, Vidya Sudha	10 th March 2022 Vidya Sudha building	65 Parents	<ul style="list-style-type: none">General awareness on COVID 19Causes and preventive methods were sharedThrough Video and ppt presentationPamphlets issued to parents and staff members
2	Vidya Sudha Parent Sensitization Program (VS-PSP)	Story telling	Anu.J, Aishwarya .G, Ashika Rachel, Dhiviya Sarvatha, Diviya. D, Sneha Sree G.P Speech Interns, SRFASLP	20 th December 2021 Vidya Sudha building	29 children along with VS parents	<ul style="list-style-type: none">Three class children were taken for story telling sessionStories like “ Gajapathy Kulapathi” and Where is the cat? Were narratedThe parents were also counseled on the importance and need for story telling
3.	Awareness & Advocacy activities	ADIP scheme-Aids & Appliances distribution camp	Dr. Amarnath, Officiating Officer , I/C, Director, NIEPMD, Mr. Babu, DDAWO, Thirvallur	22 & 23 October 2021 University Auditorium, SRIHER	157 which includes VS parents, PwDs and Parents of PwDs and PwDs	<ul style="list-style-type: none">Information regarding both state and central schemes and provisions were discriminated to all participantsParents of Vidya SUDha children, Parents of PwDs and Disabled Persons

		empowerment				
5	Vidya Sudha Parent Sensitization Program (VS-PSP)	General hygiene & health care of children	Dr. Neelakshi, Associate Professor, SRFN	18 th February, 2022 Vidya Sudha building	45 parents	<ul style="list-style-type: none"> Parents were sensitized on the importance of health, hygiene of children Basic health tips were given to parents for maintaining good health
6.	Awareness & Advocacy	Parental awareness on AUTISM	Dr. N.Udayakumar, Senior Paediatrician, Associate Professor and Head, KCDU	06 th April 2022, Vidya Sudha building	68 parents along with children	<ul style="list-style-type: none"> Causes and prevention Myths related with AUTISM Challenges faced by parents and children Educational aspects of Child with ASD
7.	Vidya Sudha Parent Sensitization Program (VS-PSP)	Storytelling and group play activities	English Literacy Club (ELC), Rotaract Club of SRIHER	23 rd April 2022, Vidya Sudha building	27 children along with parents	<ul style="list-style-type: none"> In light of the World English day, a parent sensitization program was conducted for children and parents with the help of ELC and Rotaract club of SRIHER
8.	Parents meeting & Vidya Sudha Parent Sensitization Program (VS-PSP)	Quarterly meeting	VS Admin	15 th June 2022, Vidya Sudha building	75 parents	<ul style="list-style-type: none"> Rules and regulations of VS were shared New fee policy and the educational programmes of VS was oriented Parents were sensitized on Schemes and benefits of Govt such as:- ID card for Children UDID card for Children Niramaya health Insurance scheme of National trust Free bus for children Maintenance grant of Rs.2000/-
9.	Vidya Sudha Parent Sensitization Program (VS-PSP)	Development of feeding in children	Dr.Lakshmi Venkatesh & Mrs. Jayapradha, (Ph.D Scholar) SRFASLP	28 th June 2022, Vidya Sudha building	32 children along with parents	<ul style="list-style-type: none"> In view of Dysphagia awareness month, a parent awareness program which related to development of feeding in children organized

10.	Vidya Sudha Parent Sensitization Program (VS-PSP)	Stress Management	Ms. Kanaga, Ms. Pillai Swathi, Ms. Nuzhath Begam, Social work Interns from Anna Adarsh College for Women, Anna nagar, Chennai	29 th July 2022, Vidya Sudha building	79 parents	<ul style="list-style-type: none"> A health talk organized on the topic of stress management Creative plays and movement activities were organized for parents Topics covered: <ul style="list-style-type: none"> -Support yourself during stress -Group and individual games focusing on stress release etc.,
11.	Vidya Sudha Parent Sensitization Program (VS-PSP)	Importance of vision therapy for children with special needs	Mrs. Manochithra, Clinical Instructor, Dept of Optometry, SRFAHS	15 th September 2022, Vidya Sudha building	27 parents of children with visual issues	<ul style="list-style-type: none"> The parents were sensitized on the importance of vision therapy, visual processing and visual skills in day to day basis The importance of comprehensive eye examination before vision therapy too explained
12.	Vidya Sudha Parent Sensitization Program (VS-PSP)	Expert Panel Discussion- an question and answer session	<p>Dr. N.Udaya kumar, Developmental Paediatrician, Dept of Paediatrics and Head, KCDU</p> <p>Dr.Lakshmi Venkatesh, Associate Professor, SRFASLP</p> <p>Dr.Hemamalini, Professor and Head, Dept of Clinical Nutrition & Diet, SRFAHS</p> <p>Mrs.M.Rajeswari,</p>	6 th October 2022, Vidya Sudha building	36 Parents attended	<ul style="list-style-type: none"> Organized to mark the occasion of World Cerebral Palsy day on 6th October 2022. Vidya Sudha in association with Karthikeyan Child Development Unit (KCDU) organized Expert Panel Discussion- Question and Answer session for the parents of Children with Special Needs. Conducted On Thursday, October 6th, 2022, between 11am and 12.30pm at our campus. The day aims to ensure that children and adults with cerebral palsy have the same rights, access and opportunities as rest of the world. The Panel discussion started

			Associate Professor, SRFPT Mr.Loganathan, Asst.Professor, SRFOT Mrs. Senta Christy, Clinical Psychologist, Dept of Clinical Psychology & KCDU, SRFAHS Mrs. P. Christina Shireen, Sr. Social worker, Vidya Sudha Mrs. B.Revathy, Special Educator, Vidya Sudha			with a prayer song by the parents and staff members of Vidya Sudha. <ul style="list-style-type: none"> The Administrator, Vidya Sudha welcomed everyone and elaborated the significance of the panel discussion. He also introduced the key speaker to the participant. Dr. Udaya Kumar headed and led the expert panel discussion in a structured way. This was more of an interactive session. The majority of our parents raised various questions and doubts and at the same time that were clarified by the experts immediately.
13.	Vidya Sudha Parent Sensitization Program (VS-PSP)	Prevention of Physical and Mental stress for mothers of special children	Mrs. Rajeswari, Associate Professor, SRFPT and Mrs. Arockia Pramila, Clinical Instructor, SRFPT	07 th October 2022, Vidya Sudha building	22 Parents of Children with Cerebral Palsy	<ul style="list-style-type: none"> As part of World CP day, it was organized by SRFPT, The Administrator of VS welcomed and elaborated the overview of the event The Resource faculties lectured on the topic It was more of informative and demonstration session to everyone participated
14.	Festivals & Celebrations	Christmas celebrations	VS parents	21 st December 2021	All parents	<ul style="list-style-type: none"> For the purpose of educating and exhibiting the concept of Indian festivals and rituals to the children with special needs, Parents along with Staff members celebrated Christmas

						<p>day on 21st December 2021</p> <ul style="list-style-type: none"> • Parents and Staff members entertained their children with carols, role plays and • Crib and Christmas tree displayed • The Management distributed cake and refreshment to all children
15.	Festivals & Celebrations	Parent- Teacher meeting&Women's (Mother's)day celebrations	VS parents	19 th March 2022, VS building	All parents	<ul style="list-style-type: none"> • The main objectives of the meeting are:- • To bring home and the institution in close contact • To maintain harmonious relationships between parents and the professionals for betterment of the children with special needs • To help them to realize their respective roles in promoting Individualized Family Support Programs (IFSP) and Early Childhood Special Education (ECSE) programs at home • To bring them together to exchange views and ideas regarding the services and the programs of Vidya Sudha • To sensitize the parents particularly fathers about their inevitable role in child's development • To showcase the inner abilities of mothers • To respect the mothers of CwSNs
16.	Workshop for parents and care givers	“Supporting adolescence with Autism”	The Rotary Club of Brisbane, Australia	3 rd September 2022,	10 Alumni of Vidya Sudha	<ul style="list-style-type: none"> • The Rotary Club of Brisbane, Australia , The Rotary Club of Srilanka Reconnections,

			<p>The Rotary Club of Srilanka Reconnections,</p> <p>The Rotary club of Madras under EITP Global project and</p> <p>The Institute of Child Health & Hospital, Chennai (Govt of Tamil Nadu)</p>	At St. Isabel Hospital, Mylapore Chennai	parents	<p>The Rotary club of Madras under EITP Global project and the Institute of Child Health & Hospital, Chennai (Govt of Tamil Nadu) have invited the Administrator of VS as a resource faculty for their workshop</p> <ul style="list-style-type: none"> • A workshop organized for parents, care givers, medical and allied health professionals • Around 100 parents and caregivers participated on direct mode • Around 150 viewers include medical, allied health, rehab. Professionals and parents of Pwds from Australia and Sri Lanka joined through Hybrid platform. • Ten of VS old parents too joined
17.	Festivals & Celebrations	Navaratri Golu pooja	VS Parents and Staff members	From 25 th September to 3 rd October 2022 (Nine days), Vidya Sudha building	Class wise parent groups Each day around 20-25 parents	<ul style="list-style-type: none"> • For the purpose of educating and exhibiting the concept of Indian festivals and rituals to the children with special needs, A Nine days Navratri Golu Pooja was celebrated from Sunday, 25th September to Monday, 3rd October 2022 by parents and staff members of Vidya Sudha . • The Parents of Children with Special Needs and the Staff members of Vidya Sudha jointly celebrated the Navarathri Golu pooja on these days. • All our parents and staff

						<p>members were divided into eight groups and the pooja were hosted by these groups on the days mentioned above.</p> <ul style="list-style-type: none"> • Our parents and staff members prepared homemade prasadam (Sundal & Sweet Pongal) on all pooja days and the same was distributed to everyone at Vidya Sudha. • The management of SRIHER celebrated ninth day Golu pooja on Monday, 3rd October 2022, between 11am and 12.30 pm. • SRIHER sponsored and distributed sweet pongal, sundal, porikadalai and pooja items to us. •
18.	Awareness & Advocacy	The ergonomics of parenting children for Children with special needs	Dr. Loganathan, Asst. Professor, SRFOT and two interns	10 th October 2022	33 parents	<ul style="list-style-type: none"> • To mark the occasion of World Mental Health day, parent awareness was organized by SRFOT in collaboration with VS • Demo session was held • Broachers were distributed to all parents

Encl: Photographs

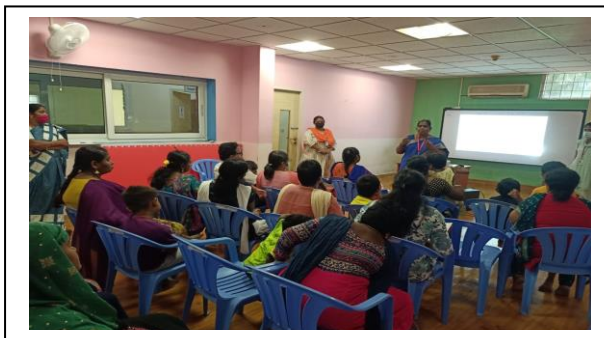
(1) Vidya Sudha Parents Sensitization Programs (VS-PSP)



(2) Awareness & Advocacy activities



(3) Webinar & workshop



(4) Quarterly Parents Meetings



(5) Festivals & Celebrations



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Dr. P.V. VIJAYARAGHAVAN
Vice-Chancellor
SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION & RESEARCH
(Deemed to be University)
Porur, Chennai-600 116