

- Leveraging Logistic Regression for Sentiment Classification

# Sentiment Analysis for Mental Health Monitoring

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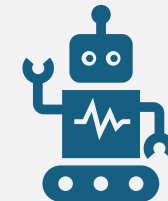
# Problem Statement



MENTAL HEALTH IS CRITICAL FOR  
WELL-BEING.



CHALLENGES IN IDENTIFYING  
MENTAL HEALTH ISSUES EARLY.

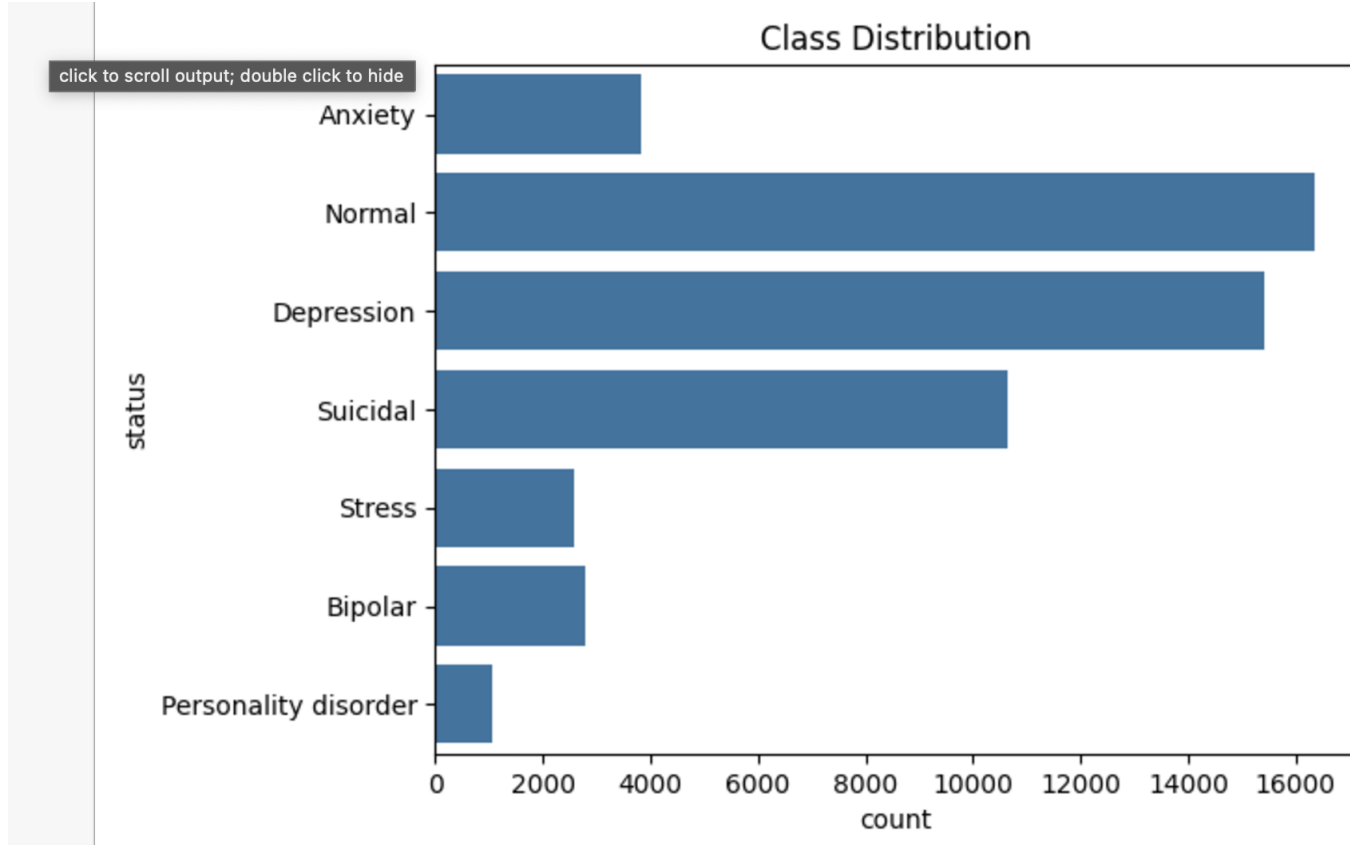


NEED FOR AUTOMATED TOOLS TO  
CLASSIFY MENTAL HEALTH-  
RELATED SENTIMENTS.

# Dataset

- **Columns:** statement (text) and status (mental health category).
- **Categories:** Anxiety, Bipolar, Depression, Normal, Personality Disorder, Stress, Suicidal.

|   | statement                                         | status  |
|---|---------------------------------------------------|---------|
| 0 | oh my gosh                                        | Anxiety |
| 1 | trouble sleeping, confused mind, restless hear... | Anxiety |
| 2 | All wrong, back off dear, forward doubt. Stay ... | Anxiety |
| 3 | I've shifted my focus to something else but I'... | Anxiety |
| 4 | I'm restless and restless, it's been a month n... | Anxiety |



# Data cleaning

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# Methodology

## Text Preprocessing:

- Cleaned and standardized text to focus on meaningful words.

## Feature Extraction:

- Used TF-IDF vectorization to convert text into numerical format.

## Model Training:

- Trained Logistic Regression model on processed data.

## Prediction Function:

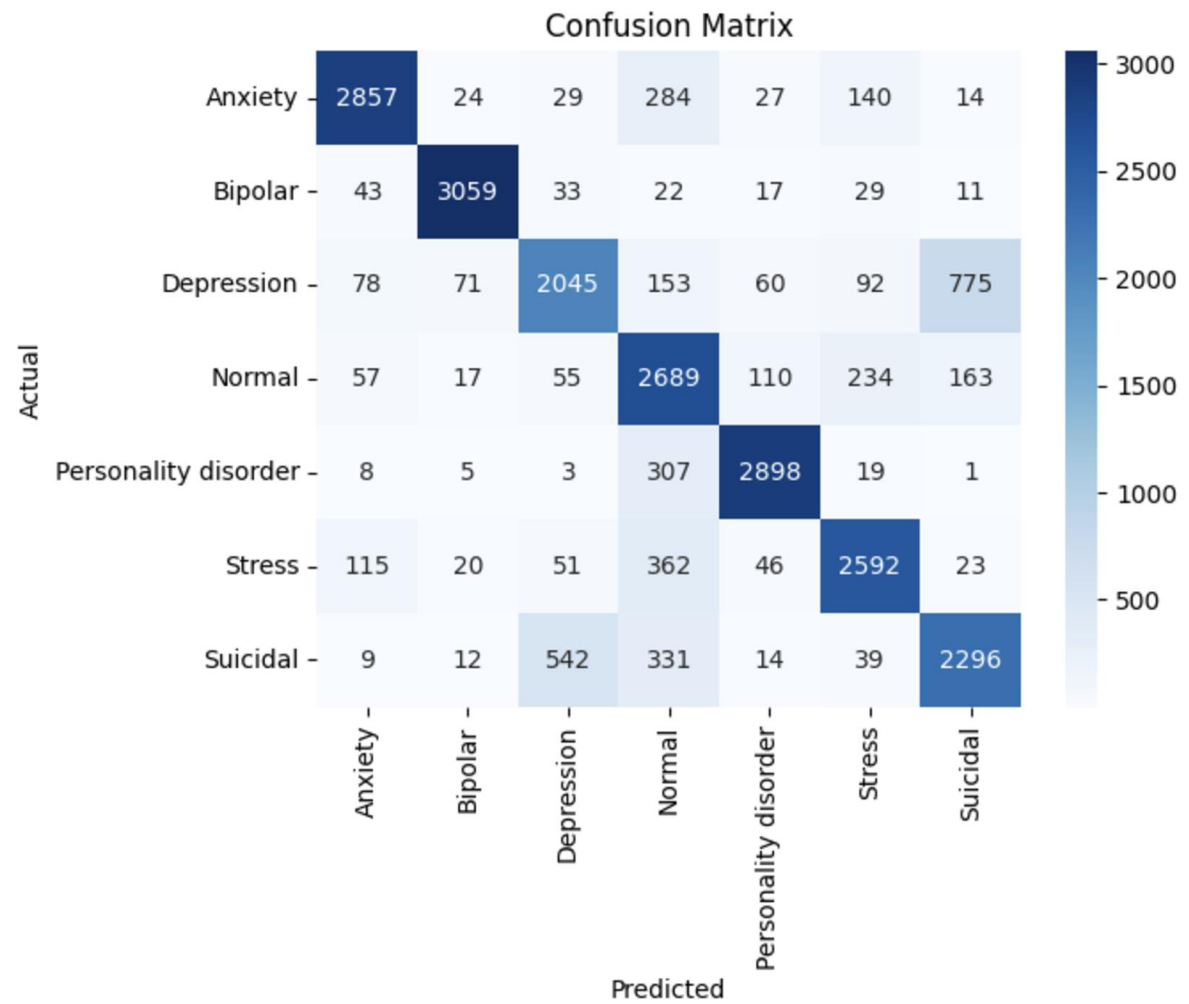
- Developed a function to predict the mental health category for new sentences.

# Out Puts:

## Classification Report:

|                      | precision | recall | f1-score | support |
|----------------------|-----------|--------|----------|---------|
| Anxiety              | 0.90      | 0.85   | 0.87     | 3375    |
| Bipolar              | 0.95      | 0.95   | 0.95     | 3214    |
| Depression           | 0.74      | 0.62   | 0.68     | 3274    |
| Normal               | 0.65      | 0.81   | 0.72     | 3325    |
| Personality disorder | 0.91      | 0.89   | 0.90     | 3241    |
| Stress               | 0.82      | 0.81   | 0.82     | 3209    |
| Suicidal             | 0.70      | 0.71   | 0.70     | 3243    |
| accuracy             |           |        | 0.81     | 22881   |
| macro avg            | 0.81      | 0.81   | 0.81     | 22881   |
| weighted avg         | 0.81      | 0.81   | 0.81     | 22881   |

# Confusion Matrix



# Example statements to predict status

Original Statement: My heart races, and I feel like something bad will happen soon.

Actual Label: Anxiety

Predicted State: Anxiety

Original Statement: i have two thoughts on one work

Actual Label: Bipolar

Predicted State: Normal

Original Statement: I feel empty and struggle to find joy in anything these days.

Actual Label: Depression

Predicted State: Depression

Original Statement: I'm feeling good.

Actual Label: Normal

Predicted State: Normal

Original Statement: I often feel misunderstood and find it hard to maintain close relationships.

Actual Label: Personality disorder

Predicted State: Personality disorder

Original Statement: My workload is too heavy, and I can't seem to keep up with everything.

Actual Label: Stress

Predicted State: Stress

Original Statement: Iam about to die.

Actual Label: Suicidal

Predicted State: Suicidal



# Conclusion

- Successfully built a Logistic Regression model for sentiment analysis.
- Achieved 81% accuracy in predicting mental health statuses.

Future Work

