

Easy Chicken Stir-Fry

Ingredients:

- 2 chicken breasts, sliced
- 1 bell pepper, sliced
- 1 cup broccoli florets
- 2 tbsp soy sauce
- 1 tbsp olive oil
- 1 garlic clove, minced
- Salt and pepper to taste

Instructions:

1. Heat olive oil in a pan over medium heat.
2. Add garlic and cook until fragrant.
3. Add chicken slices and cook until browned.
4. Add bell pepper and broccoli, stir-fry for 5-7 minutes.
5. Pour in soy sauce, stir well to coat.
6. Season with salt and pepper. Serve hot with rice or noodles.