

Your Daily Guide to Motivation



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Day 1



"Life isn't worth
living until you
have found
something worth
dying for."

Martin Luther King Jr.



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Day 2

"The greatest discovery of all time is that a person can change his future by merely changing his attitude."

-OPRAH WINFREY



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Day 3

"THERE IS NO KEY
TO HAPPINESS...
THE DOOR IS
ALWAYS OPEN."

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Day 4

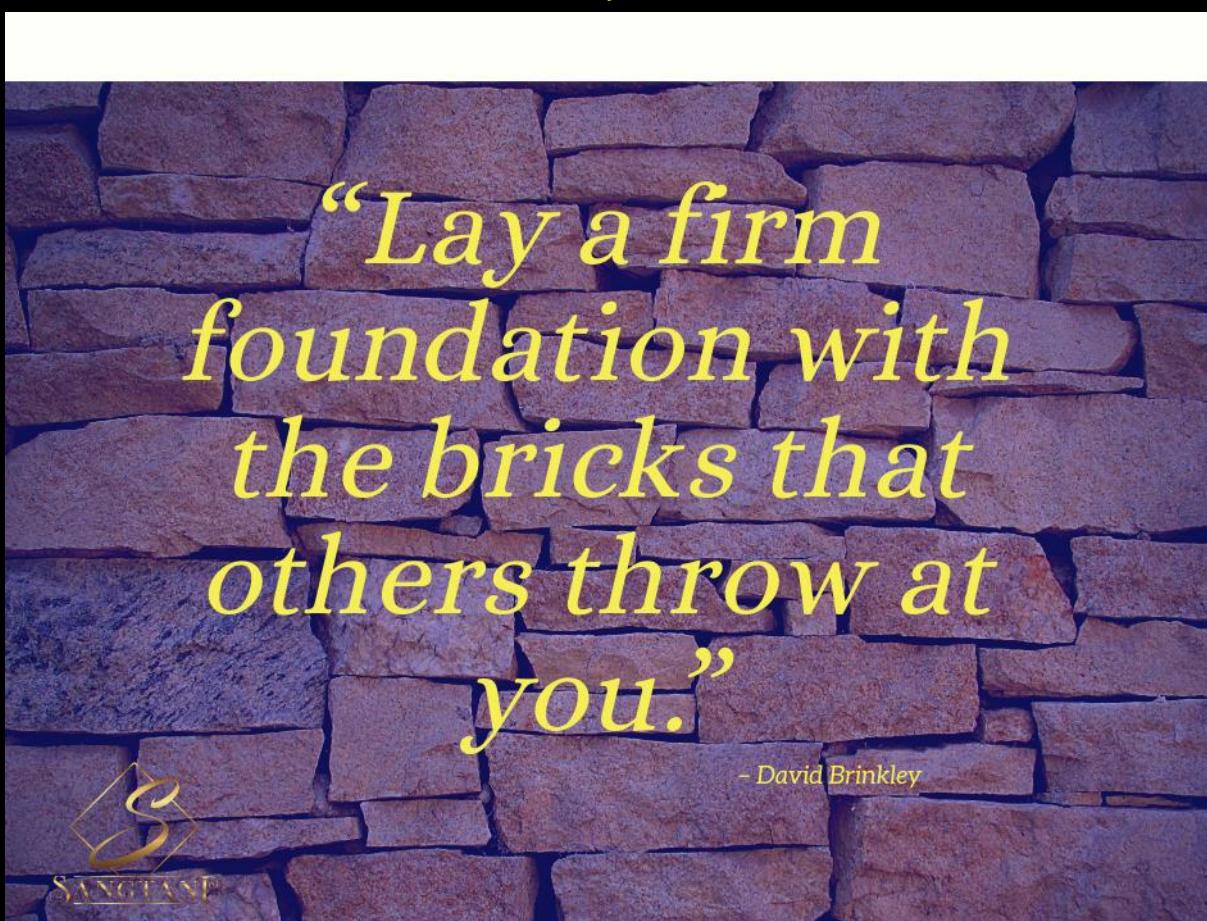
"YOUR THOUGHTS ARE SEEDS,
YOUR WORDS WATER THEM;
WHAT ARE YOU GROWING
TODAY?"



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Day 5



“Lay a firm foundation with the bricks that others throw at you.”

- David Brinkley



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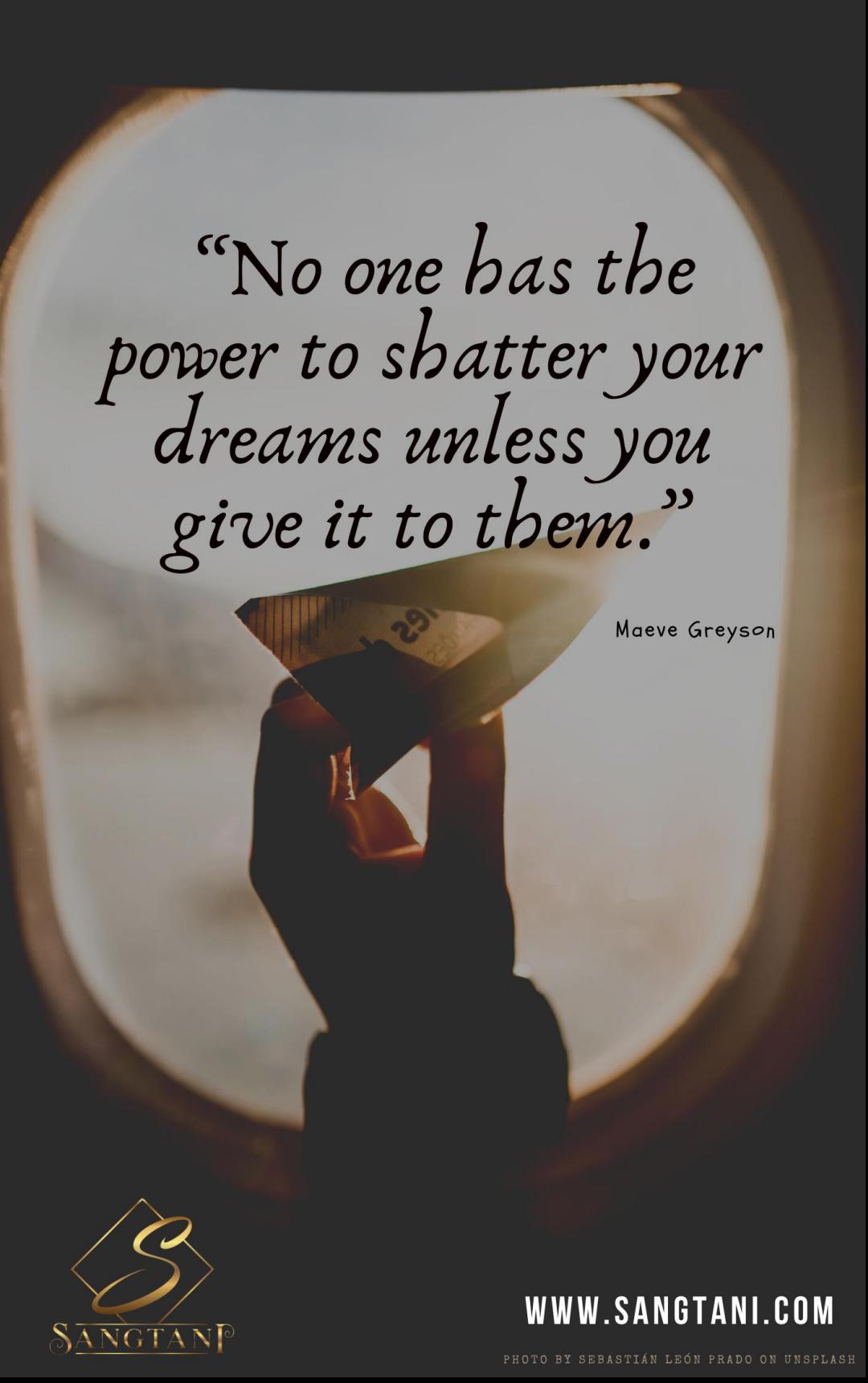
Day 6

“NEVER PUT
THE KEY TO
YOUR
HAPPINESS
IN SOMEBODY
ELSE’S
POCKET.”



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Day 7



*“No one has the
power to shatter your
dreams unless you
give it to them.”*

Maeve Greyson



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Day 8

*“One day your life
will flash before
your eyes. Make
sure it’s worth
watching.”*



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Day 9

“One day, you will wake up and there won’t be any more time to do the things you’ve always wanted.

Do it now.”

—
POULO COELHO



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Day 10

**“Regret of not trying
is much heavier than
regret of failure,
what do you want to
carry?”**

- Gaurav Sangtani



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Day 11

“You can't go back and change the beginning, but you can start where you are and change the ending.”

—C. S. Lewis

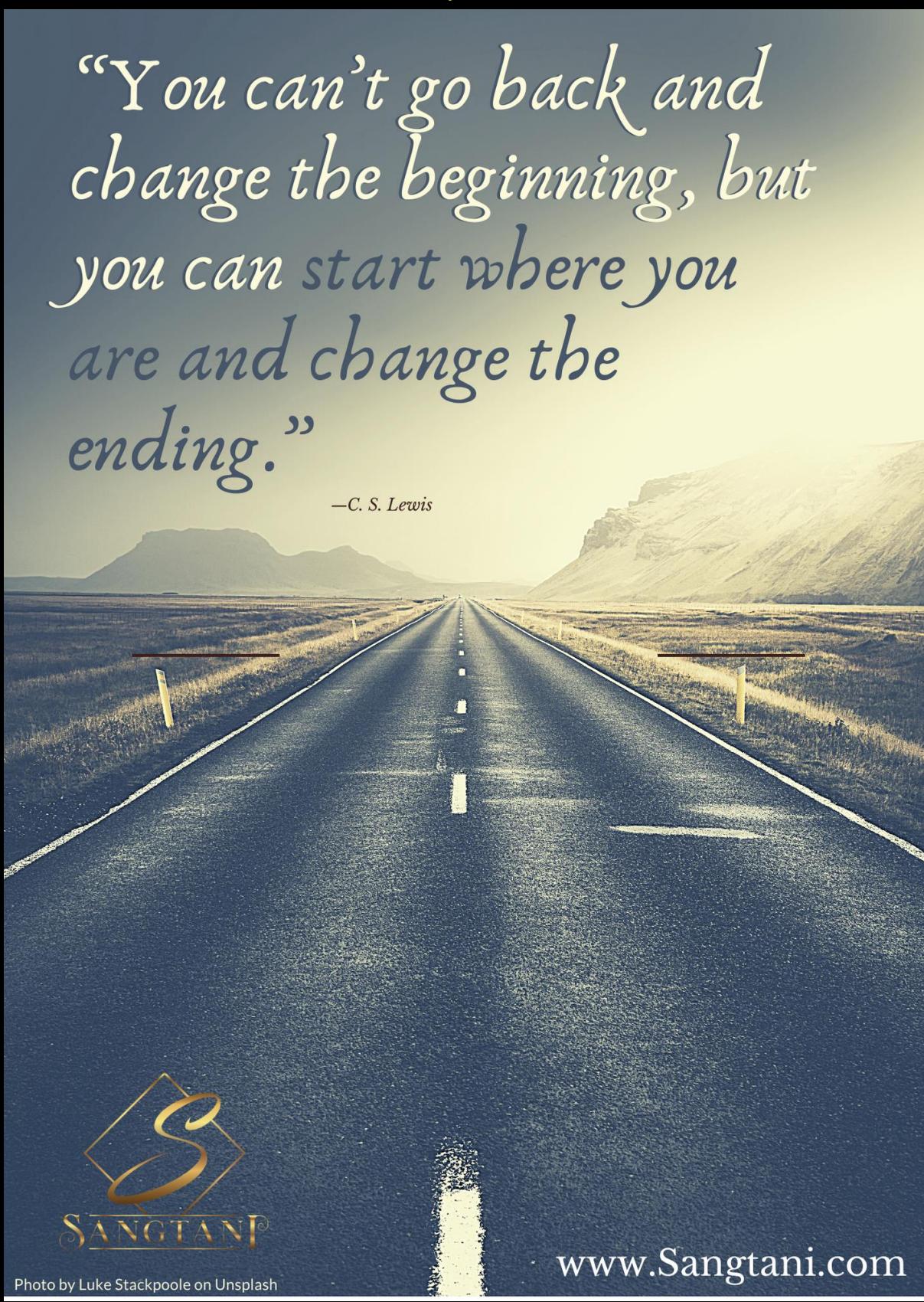


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Day 12

A MAN CAN FAIL MANY TIMES,
BUT HE ISN'T A FAILURE UNTIL
HE BEGINS TO BLAME SOMEBODY
ELSE

JOHN BURROUGHS



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Day 13



Day 14



Day 15



EITHER YOU RUN THE
DAY, OR THE DAY RUNS
YOU.

JIM ROHN



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Day 16

*Great Things
never came from
comfort zones.*



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Day 17



Day 18



Happiness is not a destination, it's a Decision.

- Gaurav Sangtani



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Day 19

*Individually,
we are one
drop.
Together, we
are an ocean.*



Day 20



Day 21



Life is short.
If there was
ever a
moment to
follow your
passion and do
something that
matters to
you, that
moment is
now.

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Day 22

*No amount of security is
worth the suffering of a
mediocre life chained to a
routine that has killed
your dreams*

- Maya Mendoza



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Day 23



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Day 24



Some people are
old at 18 and
some are young
at 90.... time is a
concept that
humans created

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Day 25

“Never tell a young person that anything cannot be done. God may have been waiting centuries for someone ignorant enough of the impossible to do that very thing.”

- John Andrew Holmes



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Day 26



IN THE END, WE ONLY
REGRET THE CHANCES
WE DIDN'T TAKE



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Day 27

"People often say that motivation doesn't last. Well, neither does bathing - that's why we recommend it daily."

Zig Zigler



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Day 28

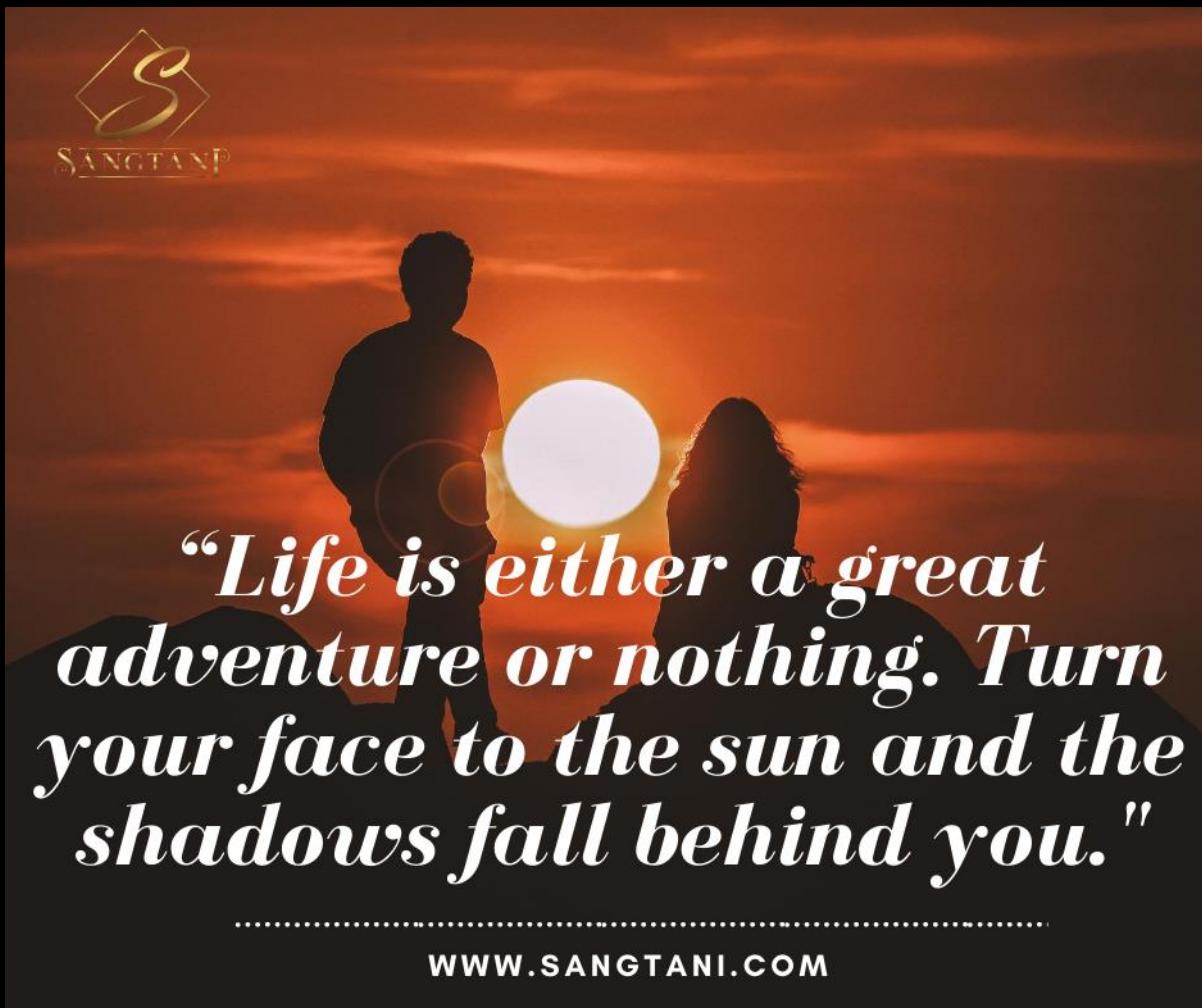
“Put a
price to
your time.
Beware of
time
stealing
people and
habits.”

– Gaurav Sangtani



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Day 29



Day 30



Look for
something
positive in
everyday,
even if some
days you have
to look little
harder



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Day 31

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You can't always
have a good day. But
you can always face
a bad day with good
attitude.



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Bonus 1



WE MUST ALL SUFFER
ONE OF TWO THINGS:
THE PAIN OF
DISCIPLINE OR THE
PAIN OF REGRET OR
DISAPPOINTMENT.

Jim Rohn



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Bonus 2

“

Freedom is not worth having if it does not include freedom to make mistakes.



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