

Novel Immunotherapy Approaches for Metastatic Cancer Treatment

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Abstract

This research investigates novel immunotherapy strategies for treating metastatic cancers. We present clinical trial results demonstrating improved patient outcomes through combination therapies targeting multiple immune checkpoints.

Introduction

Cancer immunotherapy has transformed oncology by harnessing the immune system to fight tumors. Checkpoint inhibitors like anti-PD-1 and anti-CTLA-4 antibodies have shown remarkable efficacy in melanoma and lung cancer. However, many patients do not respond to single-agent therapy. Our clinical trial evaluated combination immunotherapy in 200 patients with metastatic solid tumors. The combination of PD-1 and CTLA-4 blockade achieved a 45% objective response rate, significantly higher than historical controls. Biomarker analysis revealed that tumor mutational burden and PD-L1 expression predicted response. These findings support the use of combination immunotherapy in selected patient populations.