

CRICKET – BASIC NOTES

1. Introduction

Cricket is a popular outdoor team sport played between two teams of eleven players each. It is especially popular in countries like India, England, Australia, Pakistan, and South Africa.

2. Objective of the Game

The main objective of cricket is to score more runs than the opposing team. One team bats to score runs, while the other team bowls and fields to restrict runs and take wickets.

3. Equipment Used

- 1 Cricket Bat – made of wood, used by the batsman to hit the ball.
- 2 Cricket Ball – hard leather ball used by the bowler.
- 3 Wickets (Stumps and Bails) – three stumps with two bails on top.
- 4 Protective Gear – pads, gloves, helmet, and guard.

4. Players and Officials

Each team has 11 players including batsmen, bowlers, all-rounders, and a wicket-keeper. The match is controlled by umpires and a referee.

5. Basic Rules

- 1 The bowler delivers the ball overarm towards the batsman.
- 2 A run is scored when batsmen run between the wickets.
- 3 A batsman is out if the ball hits the stumps, is caught, or by LBW.
- 4 An over consists of six legal deliveries.

6. Formats of Cricket

- 1 Test Cricket – played over 5 days.
- 2 One Day International (ODI) – 50 overs per team.
- 3 Twenty20 (T20) – 20 overs per team.

7. Importance of Cricket

Cricket promotes teamwork, discipline, physical fitness, and strategic thinking. It is also a major source of entertainment worldwide.