If the following gives you the name of the person [from column zero (0)], and describes their favorite color [from column 1 - the second column over], then if you wanted to gleam the selection's info for Job Title (column 2 aka third one over) or gender (column 3 which is the 4th one down) you could modify the following in this way:

```
Private Sub ListBox1_Click()

Range("f1") = Me.ListBox1.Value & "'s favorite color is " & Me.ListBox1.List(Me.ListBox1.ListIndex, 1)

End Sub
```

If you wanted the gender, use the current ListIndex (which tells it what selected row you're on automatically, then a comma and then for gender use the number 3 which represents the 4th field/column from the left = gender). Example:

Range("F1") = me.listbox1.value &"'s favorite color is " & me.listbox1.list(me.listbox1.listindex, 1) & ". This person is a " & me.listbox1.list(me.listbox1.listindex, 3)

It should also be noted that if you wanted the leftmost selected value (in this case we used me.listbox1.value to get the name), you could also perform this by putting me.listbox1.list(me.listbox1.listindex, 0)

It's a long way to get the leftmost item (the current selected VALUE), but doing it the long way may help it to make sense for a time.

Hope this helps,

Dan