

Spectrum Mobile International Roaming

To help you to stay connected while traveling, international roaming is automatically activated on your Spectrum Mobile device.

If you're a new Spectrum Internet and Mobile customer, you'll need to activate your internet service before you can use your mobile device internationally. Once your internet is activated, we'll notify you that international roaming has been turned on.

If you want to turn off roaming services while outside the United States, there are three ways to manage your account.

1. [Visit your online account.](#)
2. [Use the My Spectrum App.](#)
3. Turn your data roaming services on and off right on your phone.

To turn off data roaming:

1. Navigate to **[Device Tutorials](#)** and select your device model.
2. Scroll to **Data** and select **Turn off Data Roaming**.

3. Follow the steps in the tutorial to turn data roaming off on your phone.

Note: Turning off cellular data on your device will allow you to continue to make calls and send SMS messages. You may see data usage associated with international calls even when cellular data roaming is turned off on a device, but you will not be charged for that data usage. If you turn off International Roaming through your Spectrum account or the My Spectrum App, all mobile services will be disabled.

Be sure you're connected our network before making changes to your data plan. Upgrading while abroad may result in an unsuccessful upgrade and unnecessary roaming fees.

If you're not planning to use data services while traveling outside the U.S., you can turn off data roaming. This will prevent your phone from using data services while connected to non-U.S. cellular networks and ensure that you won't incur any unexpected data roaming charges.

When traveling outside of the United States, we recommend connecting to WiFi where available to avoid data charges. If WiFi is unavailable, or you'd prefer to browse over cellular data, be sure to check the following call, text and data rates for your destination.

Spectrum Mobile customers have options for how to use data while traveling abroad.

Unlimited Plus customers receive 10 GB high-speed data, along with unlimited talk and text in 190+ countries at no additional cost.

Unlimited or *By the Gig* customers can pay a set rate for a 24-hour period when traveling internationally and receive 1 GB of high-speed data by purchasing [Global Day Pass](#).

Data usage begins once cellular or data service is used in eligible destinations.



International Rates

When international services are turned on, you'll be able to use your phone abroad. View the complete list of locations with call, text and data rates while you're traveling internationally.

[Learn More](#)

Excluded Locations and Reduced Speeds

To help you avoid high data charges while traveling, data roaming will be blocked, or speeds reduced to to 1 Mbps down/512 kbps up in the following countries.

Blocked Data Locations

Aircraft Service

Locations with Reduced Data Speeds

American Samoa

Antarctica

Bhutan

Ascension Island

Cruise Ships

British Indian Ocean Territory

Cuba

Cocos Island

Djibouti

Comoros

Equatorial Guinea

Cook Islands

Lebanon

Eritrea

Libya

Falkland Islands

Mauritania

Iran

Togo

Korea (North)

Maldives

Marshall Islands

Micronesia

Myanmar (Burma)

Nauru

New Caledonia

Niue Island

Norfolk Island

Sao Tome and Principe

Somalia

St. Helena

St. Pierre/Miquelon

Syria

Tokelau

Turkmenistan

Tuvalu

Wallis and Futuna

Maximum Roaming Amount

To avoid unexpected charges, Spectrum will notify you every time you accrue \$100 of charges.

Your account will be automatically charged for every \$500 of usage.

Note: Starting November 21, 2025, we will automatically charge your account for every \$250 of usage.

You'll receive email confirmation of your payment. If you're unable to pay for your usage, you'll receive a payment failure notification. If you receive a payment failure notification, you'll need to update your [autopay method of payment](#). You can reactivate your services by visiting the My Spectrum App or by contacting Spectrum at **704-731-3001**.

To learn more about managing your roaming settings, visit our [Device Help & Tutorials](#) page.

Helpful Information

- Spectrum Mobile offers international long distance and international roaming service to more than 200 countries worldwide.

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- **International roaming rates** vary by country.
- Unlimited incoming and outgoing text messages to and from all countries where text messaging is available are included at no additional cost.
- Roaming charges accrue when your phone connects to an international cellular network that isn't owned and operated by Spectrum Mobile.
- It's recommended that you disable automatic updates, like app updates or software updates, while traveling outside of the U.S. to avoid international roaming charges. If you need to download an update, do so while connected to WiFi.
- **MMS messages**, as well as messages that use the Internet, such as iOS iMessage and RCS (Rich Communication Services), consume data. Your phone will use data for these messages, and you'll be charged based on the data rate for the country you're visiting.

If you need assistance with your Spectrum Mobile service while visiting another country, please call us at **704-731-3001**.

