

# 30 Books To Read In Your 30s



MARTIN MEADOWS

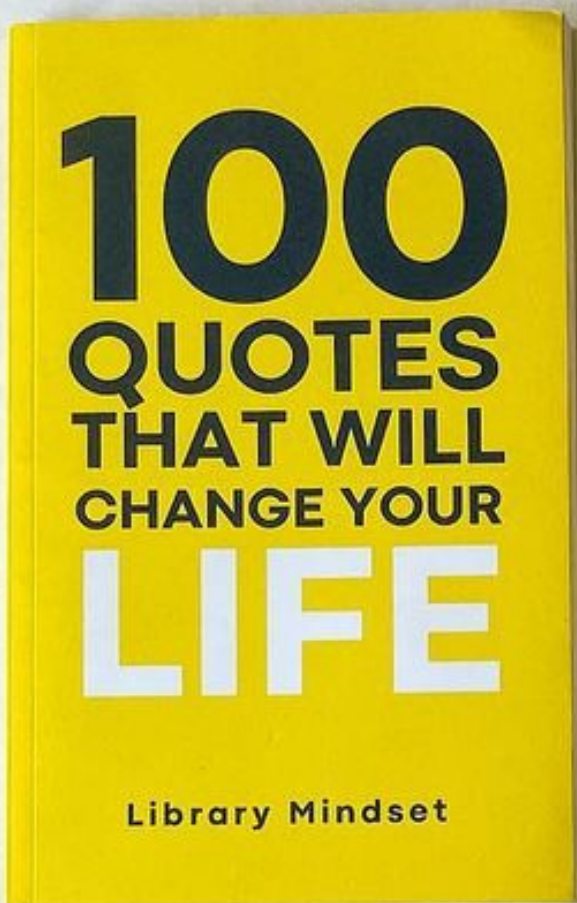
# 365 DAYS WITH SELF-DISCIPLINE

365 LIFE-ALTERING THOUGHTS ON  
SELF-CONTROL, MENTAL RESILIENCE, AND SUCCESS

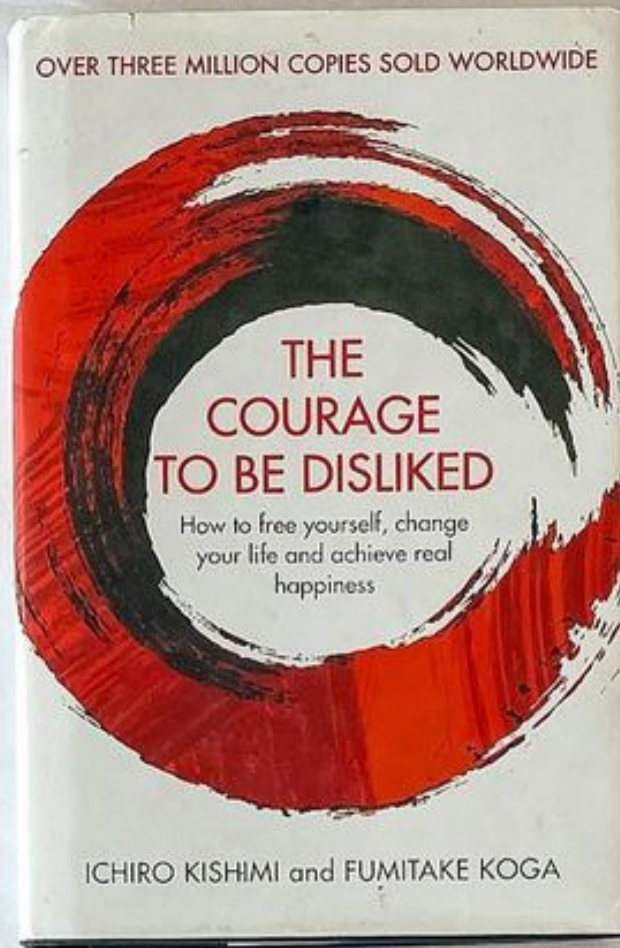




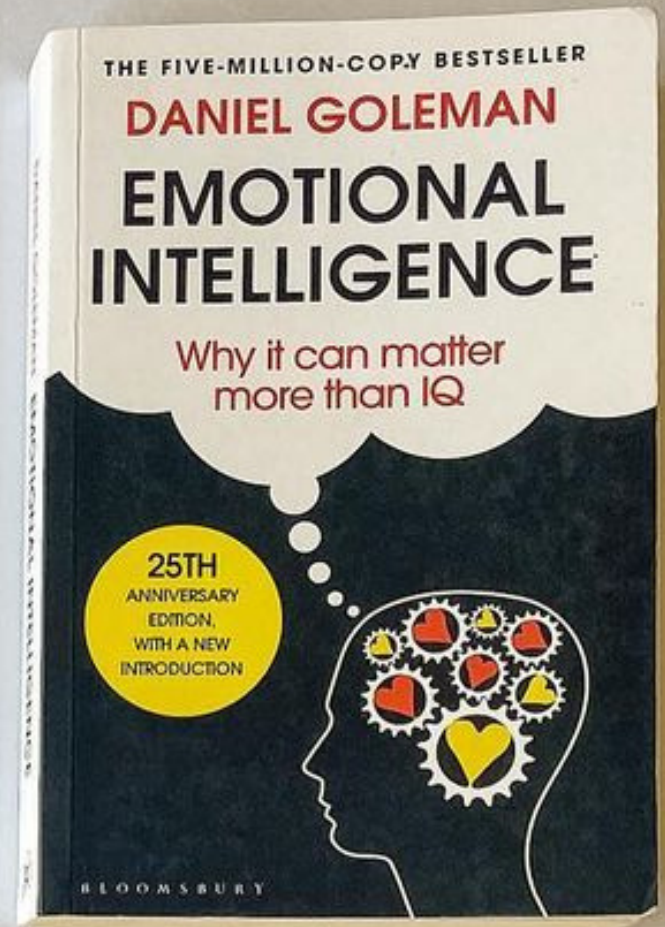
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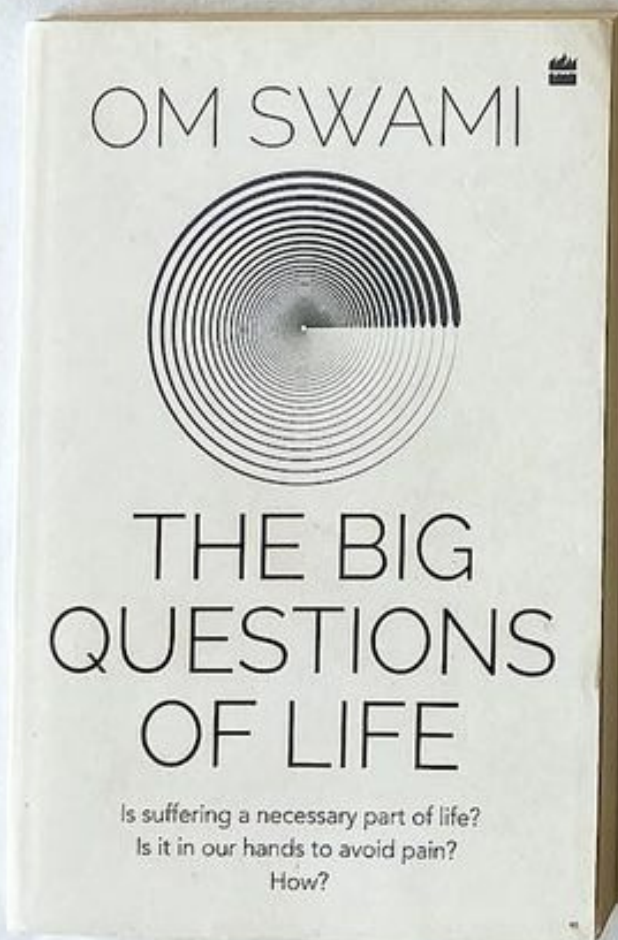
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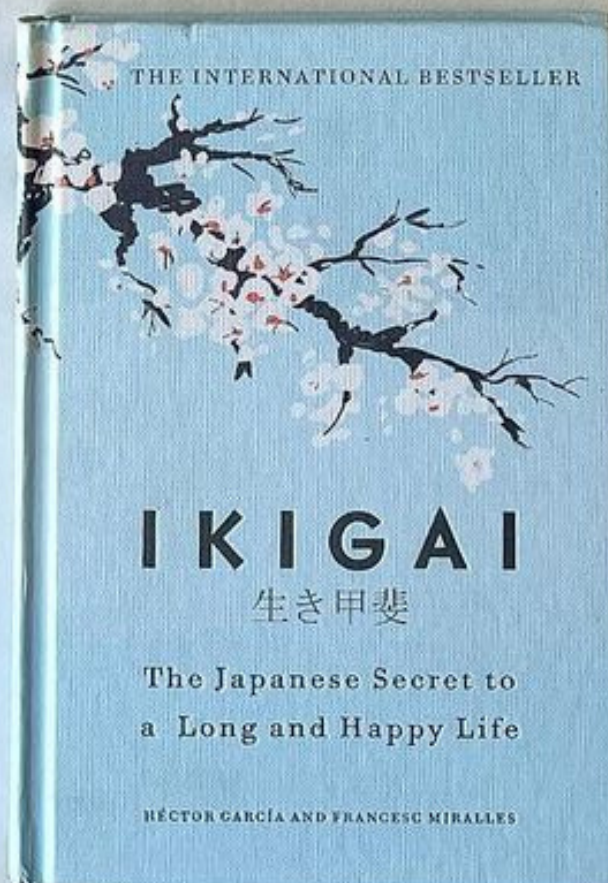
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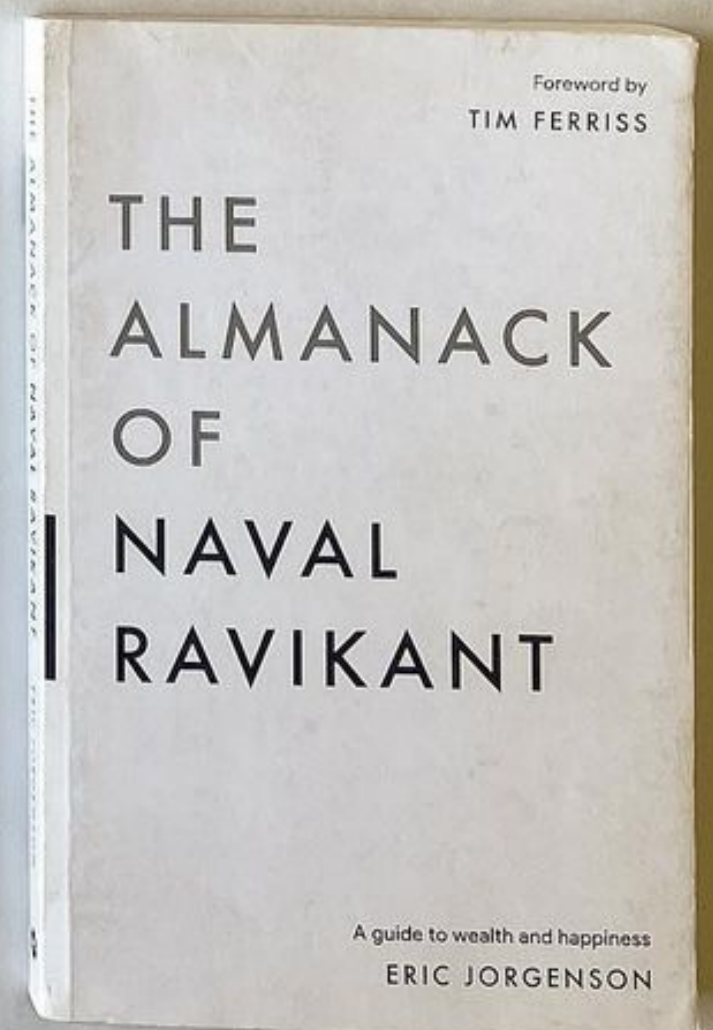
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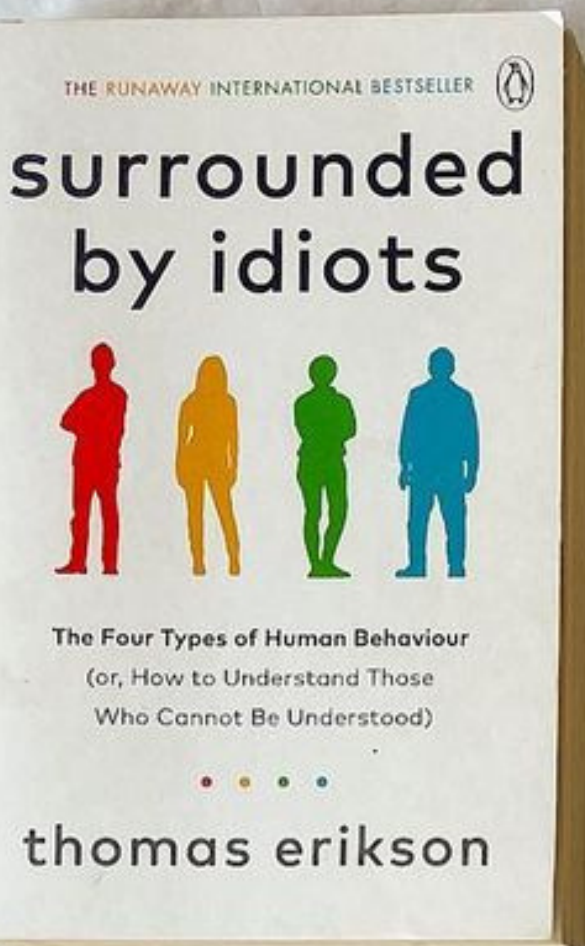


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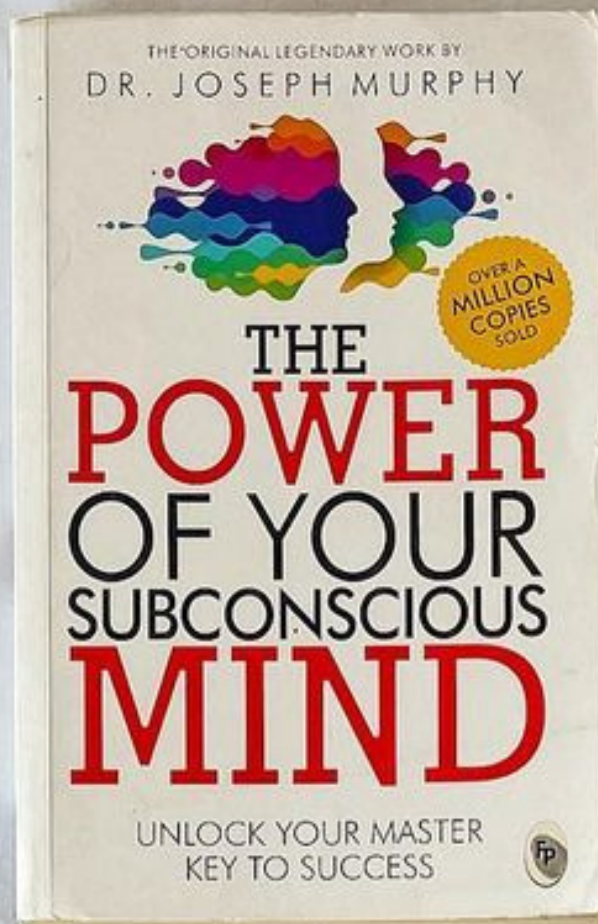




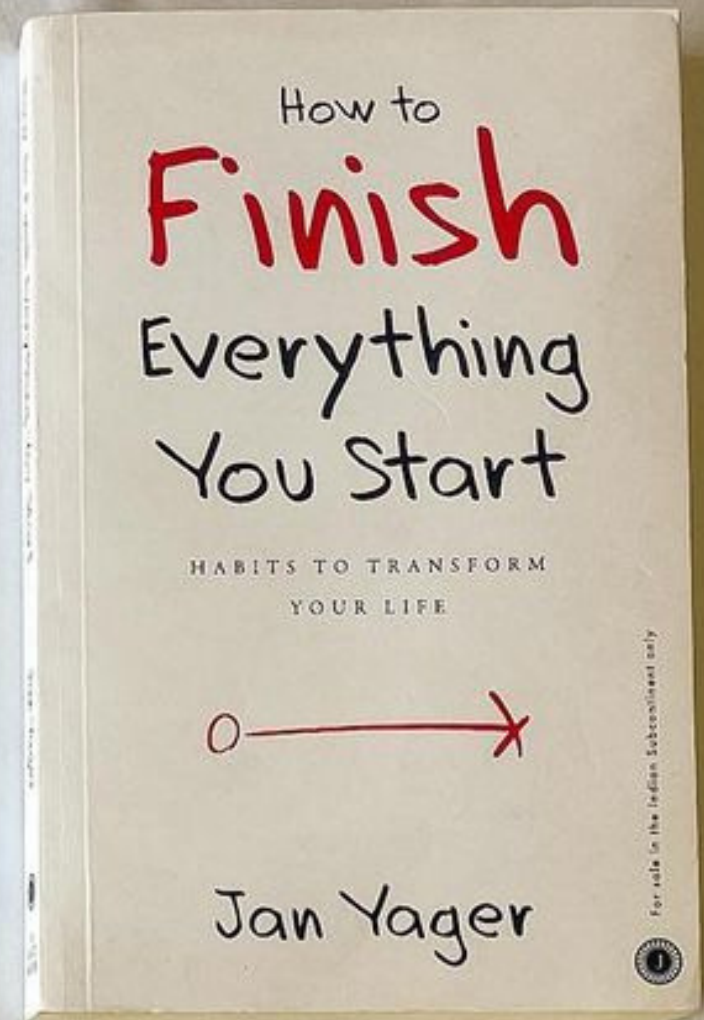
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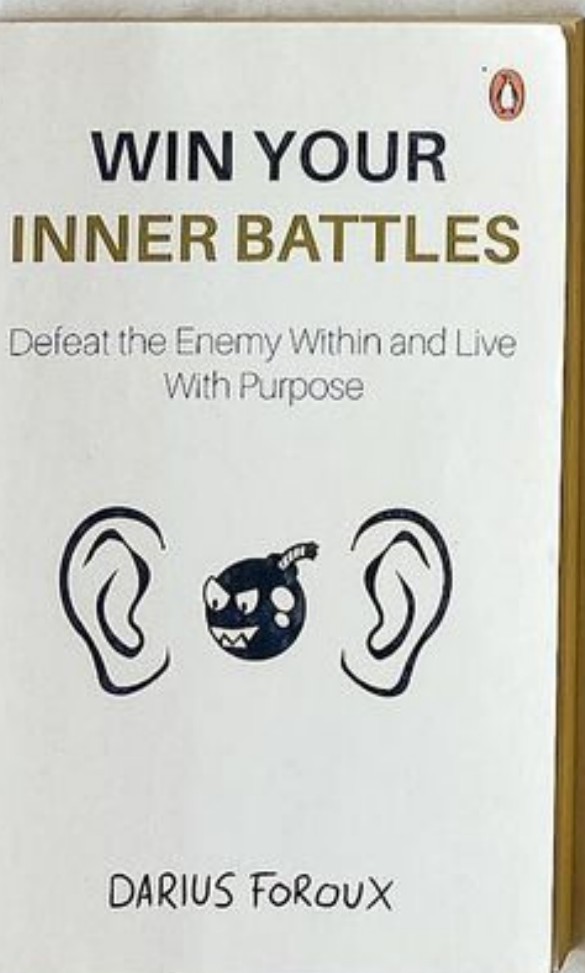
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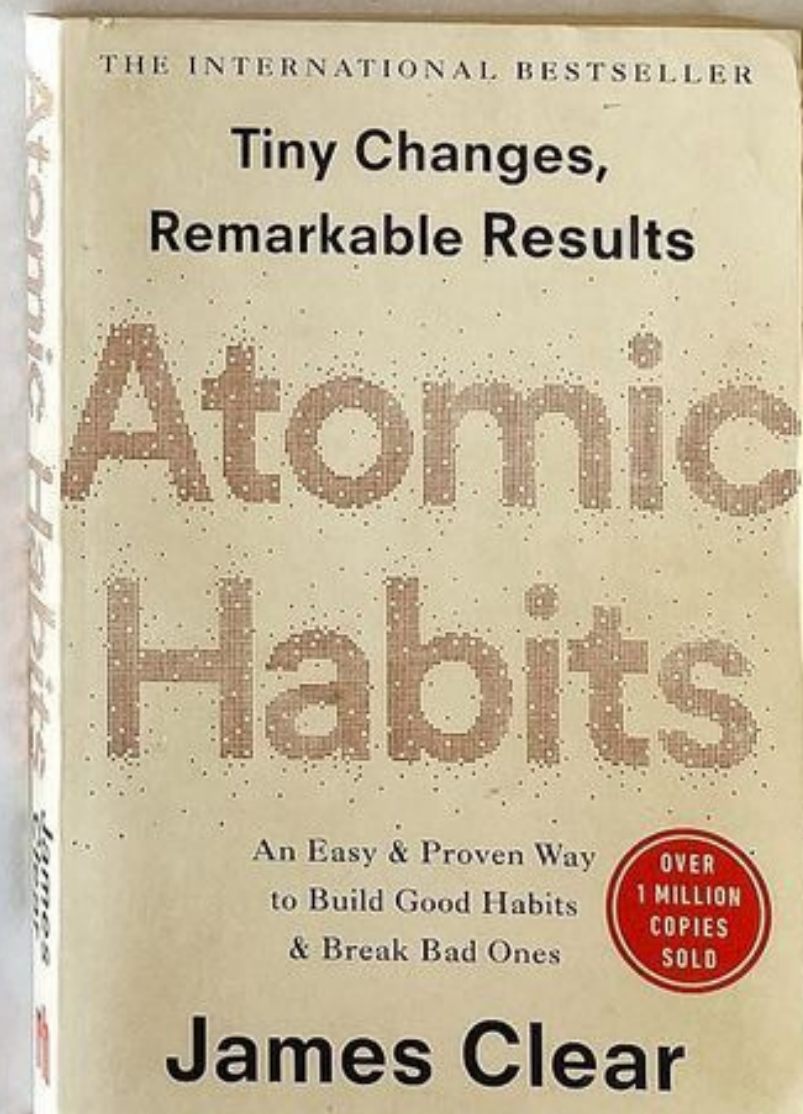
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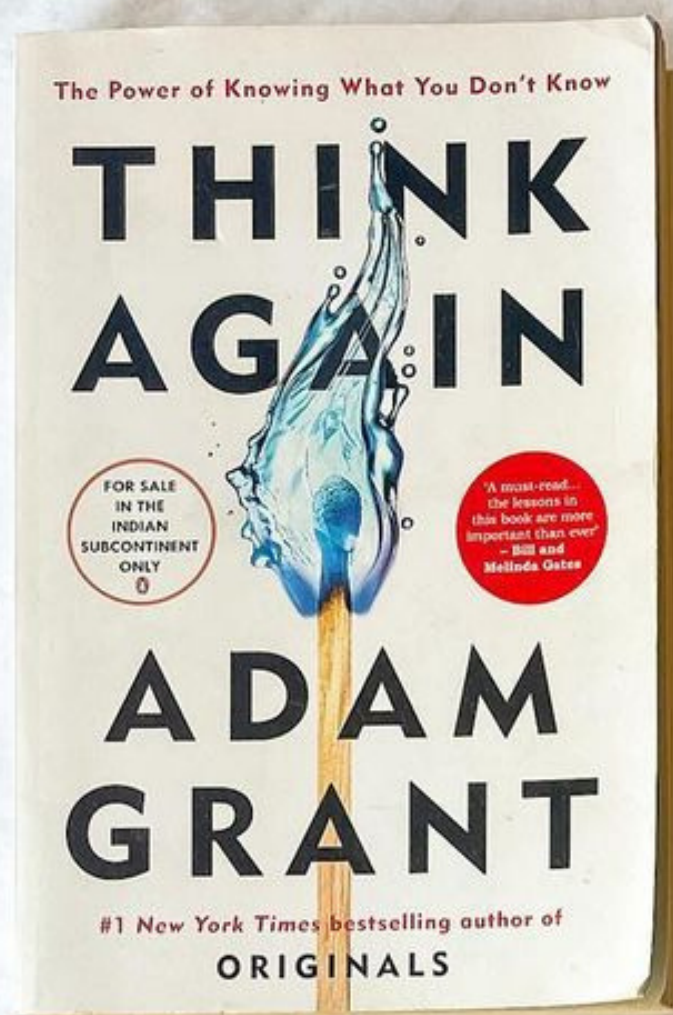


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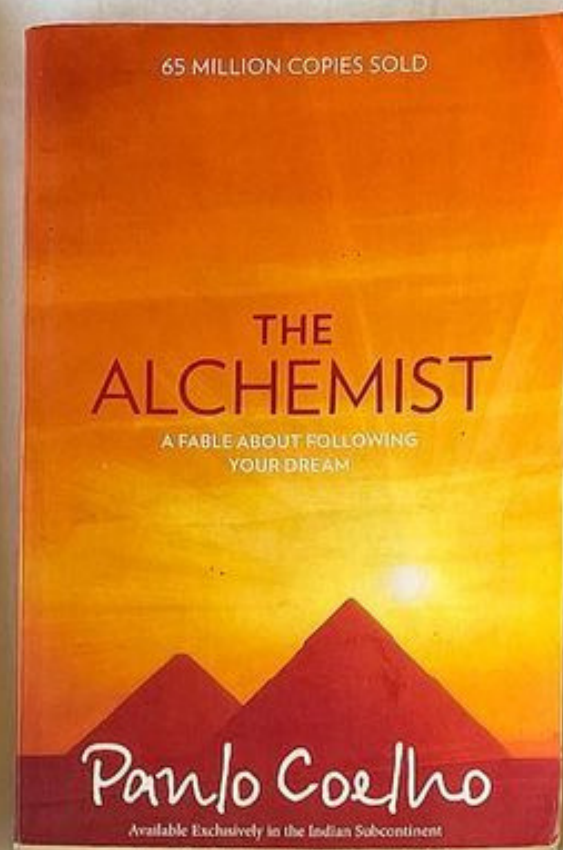




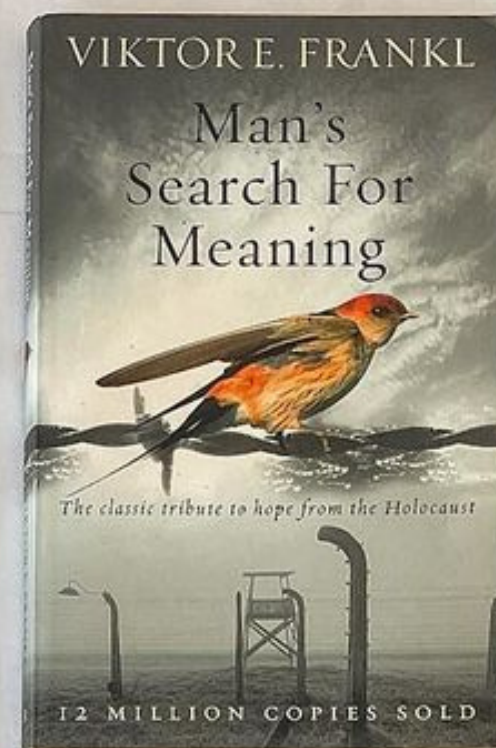
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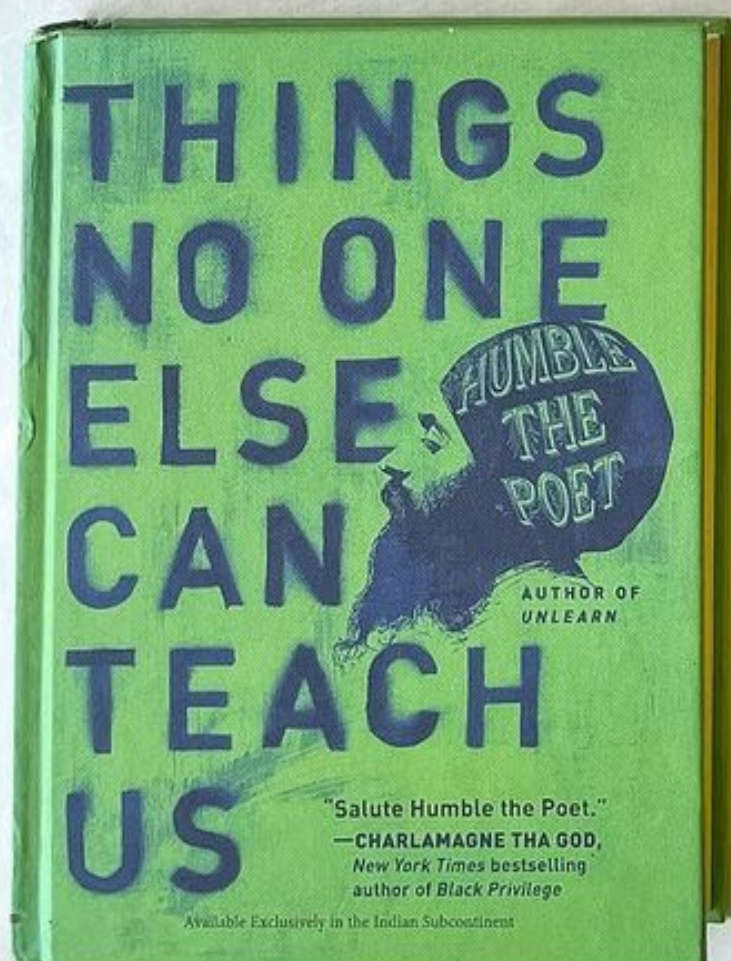
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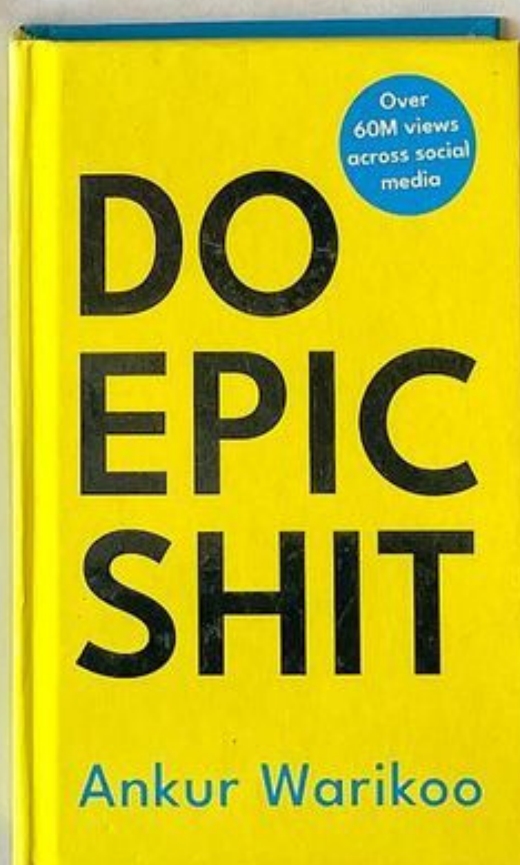
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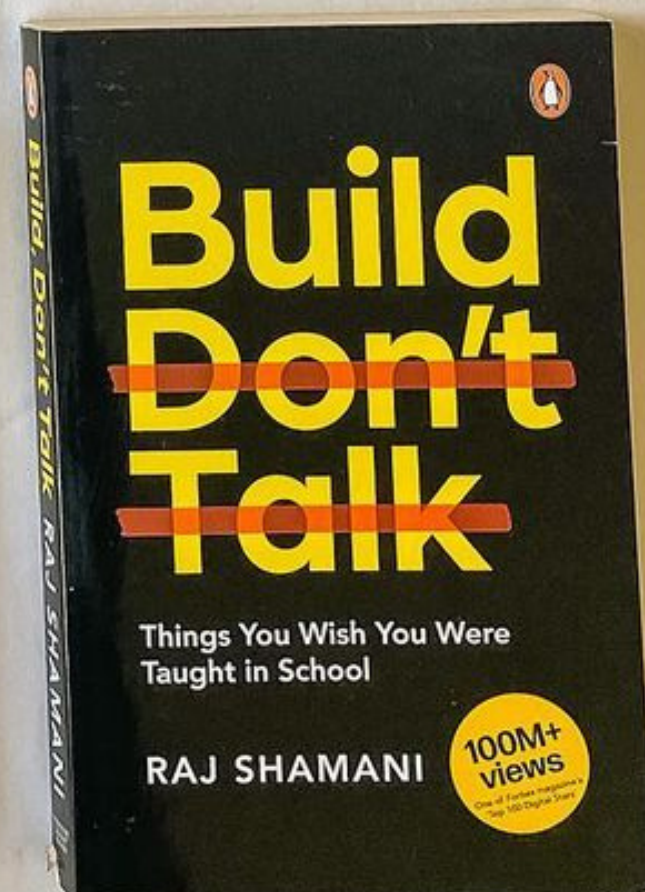
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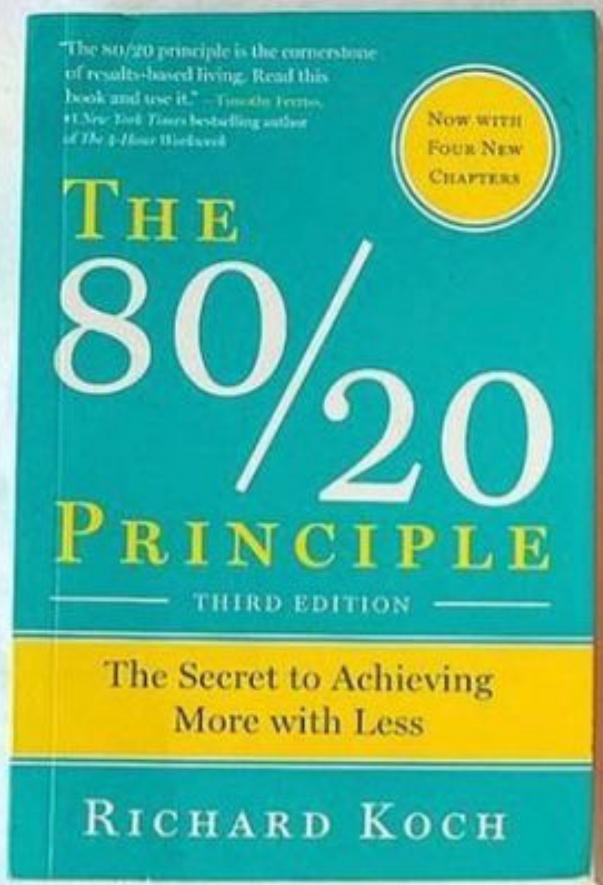


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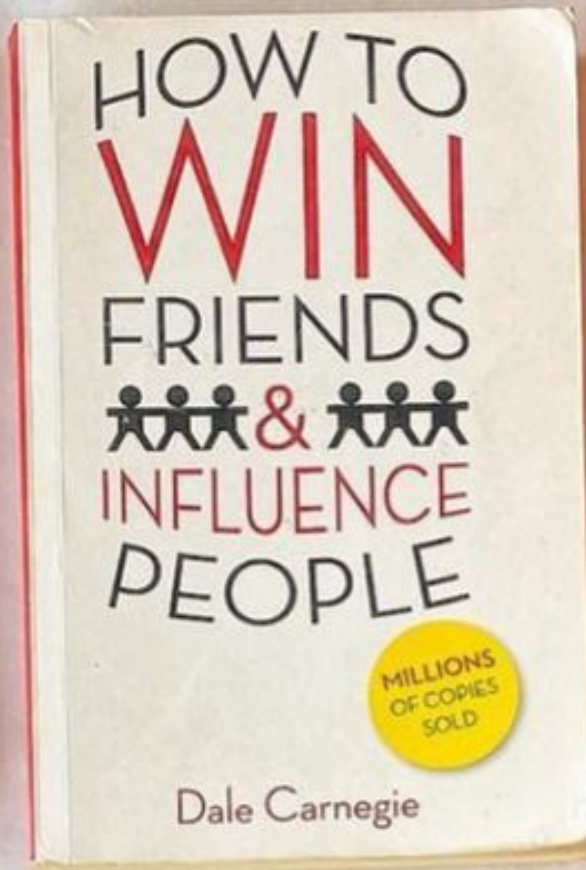




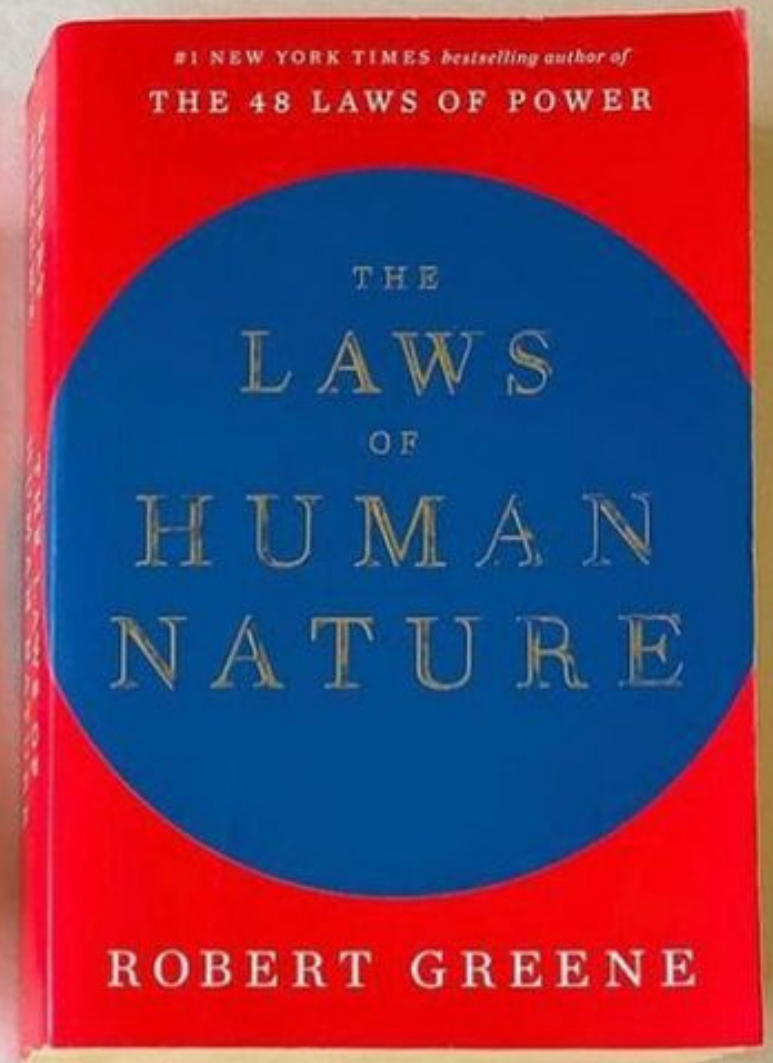
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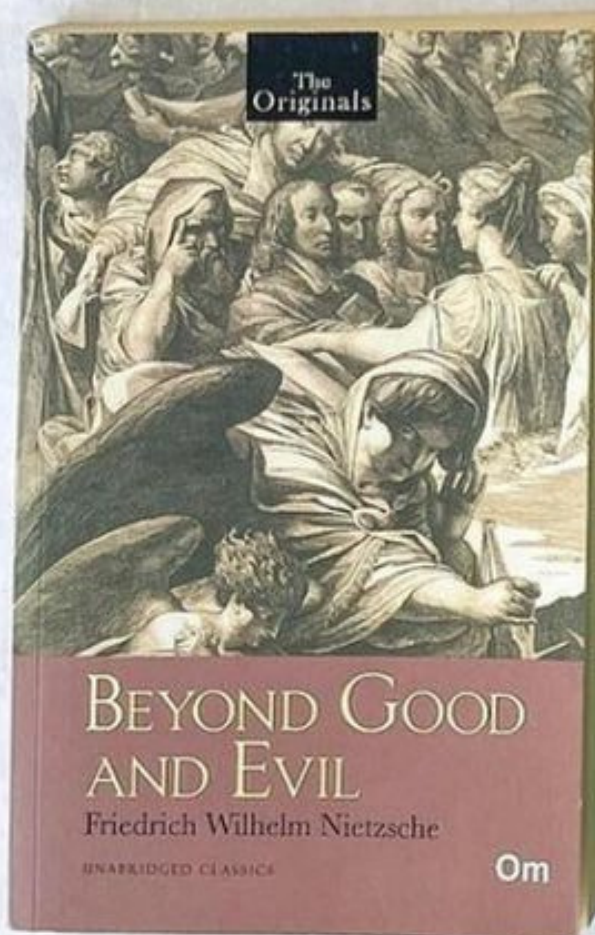
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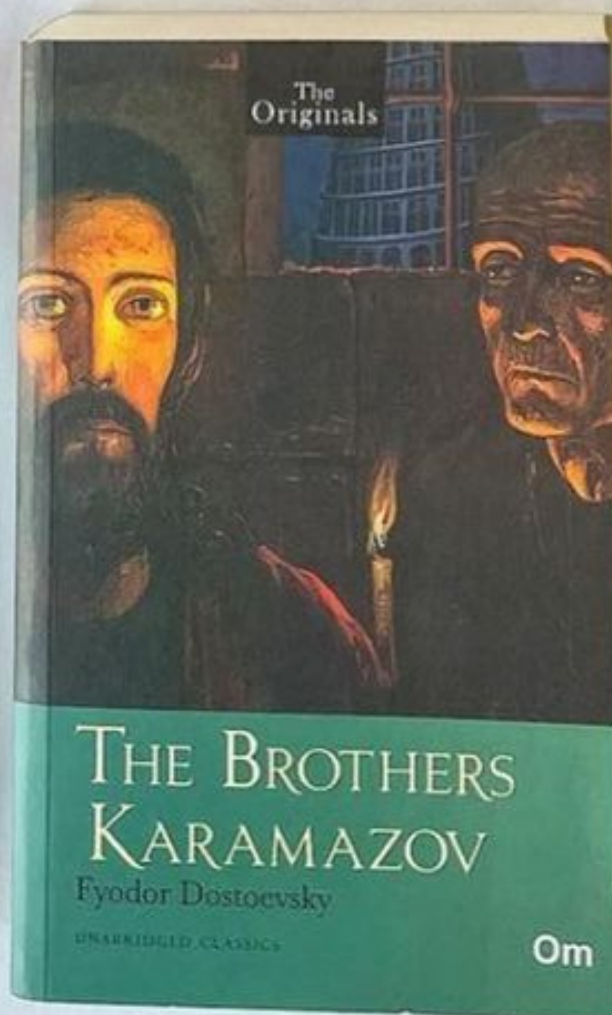
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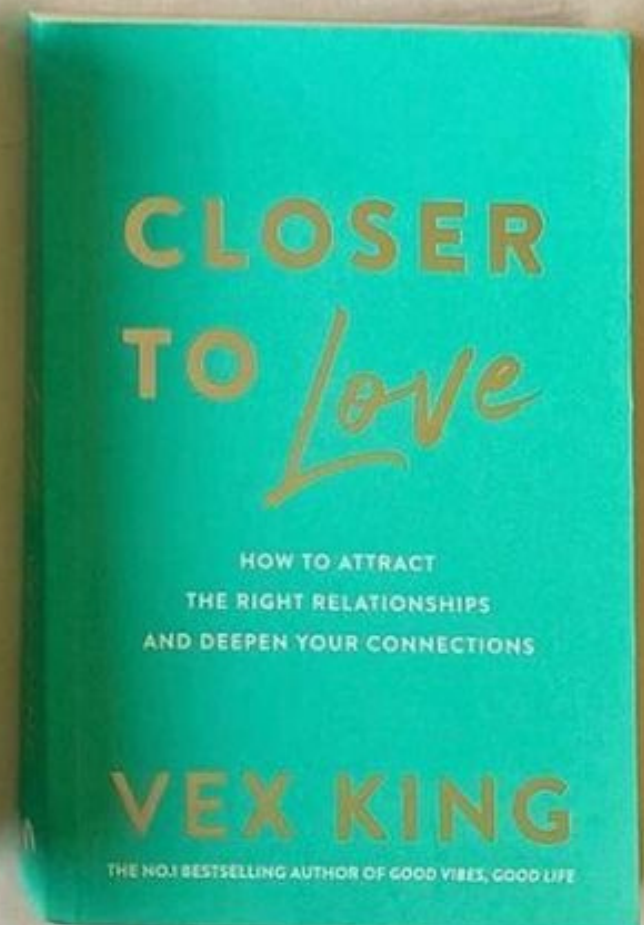
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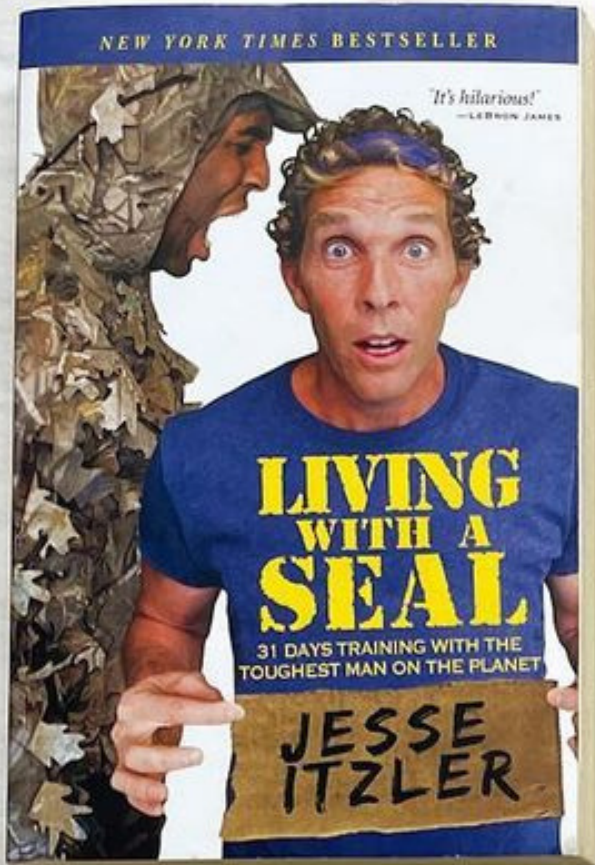


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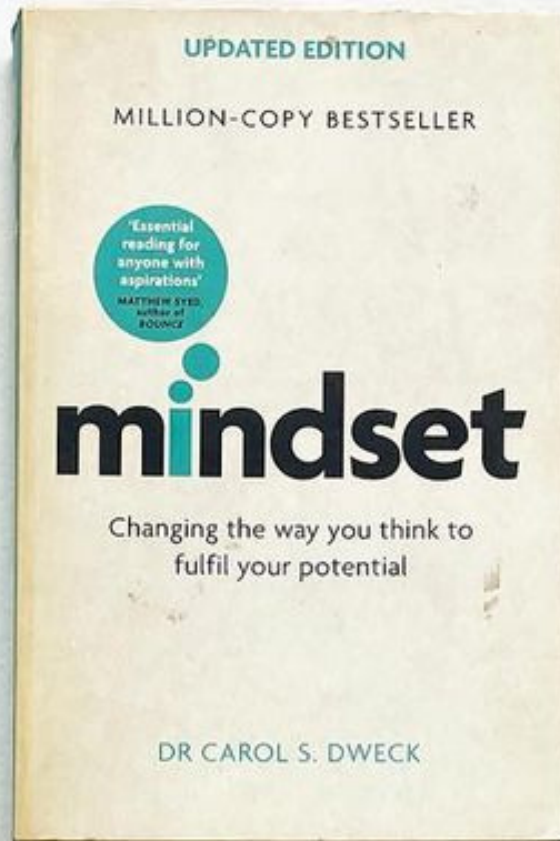




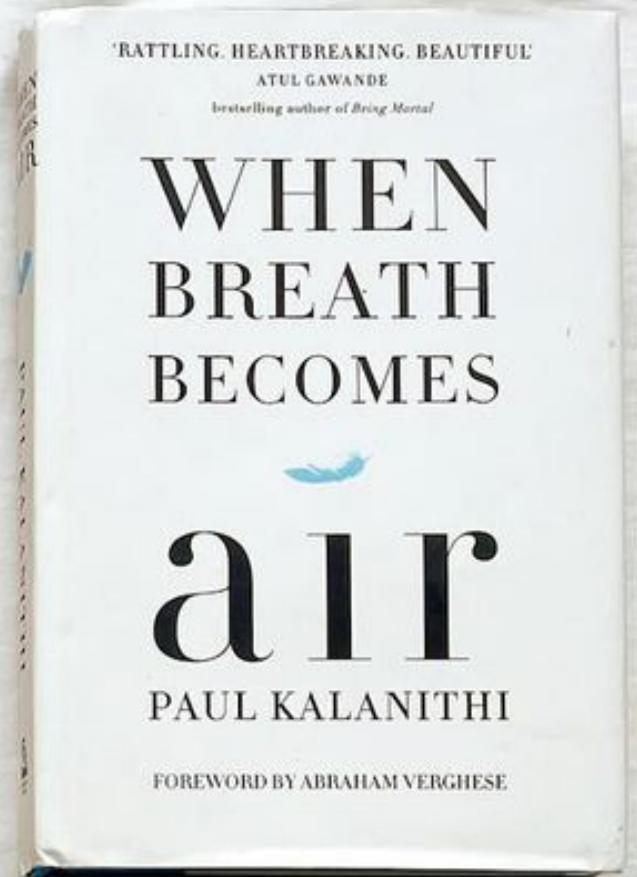
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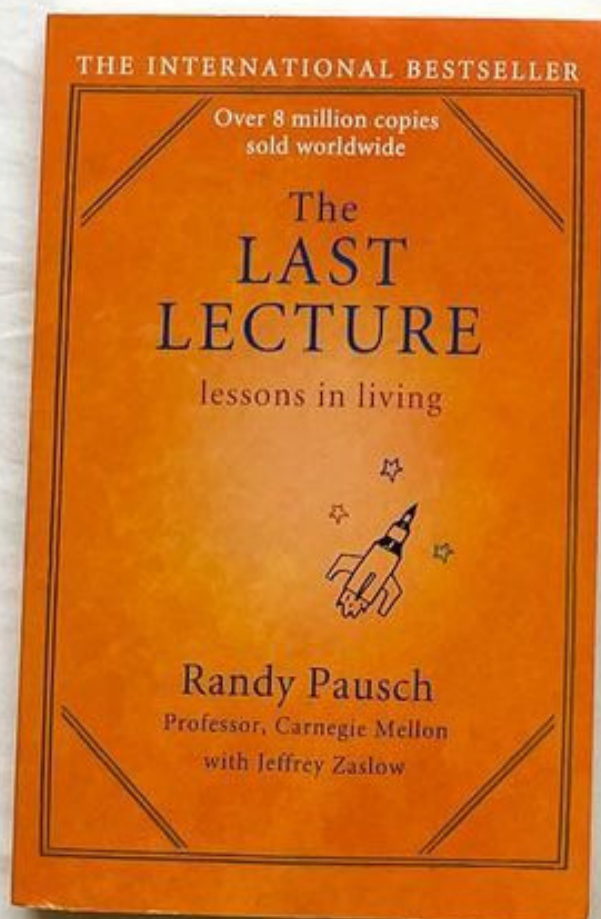
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