



# Reentry Resource Guide for New Hanover County



**2026**



*now with partner info!*

## **PLEASE READ THIS FIRST!**

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover courtesy of Brian Scott



## Resource Guide - New Hanover County

The service providers listed below are for New Hanover County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a green check mark.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in New Hanover County not listed. Please call 888-507-3368 or email [contact@ourjourney2gether.com](mailto:contact@ourjourney2gether.com) to report any discrepancies or to suggest other service providers in New Hanover County.

### One-Stop Resource Centers



#### LINC

222 Division Dr.

Wilmington, NC 28401

910-889-1140

[nhcreentry.org](http://nhcreentry.org)

Monday, Tuesday, Thursday and  
Friday: 9:00 AM to 5:00 PM

Case managers at LINC, Inc.'s Local Reentry Council help returning citizens in a one-on-one setting to match the best resources with needs. Provides assistance for everything from housing to job training and placement, from obtaining ID to transportation.

Assistance is free; some services provided by partner organizations may charge fees



#### You Empower You

2291 Onslow Dr.

Jacksonville, NC 28540

252-764-5679

Find them on Facebook at You Empower You

Monday through Friday: 9:00 AM to 5:00 PM

Provides assistance to individuals returning after incarceration in several ways, including housing referrals and mentorship. Their founder, Mike Noreski, is formerly incarcerated.

Their office is in Jacksonville but they provide assistance to individuals in New Hanover County.

Call for more information or to speak with Mike.

Assistance is free; some services provided by partner organizations may charge fees

## One-Stop Resource Centers



### Crossroads Reentry

PO Box 861  
Huntersville, NC 28070  
704-499-1332  
[www.crossroadsreentry.org](http://www.crossroadsreentry.org)

Located near Charlotte, NC, but offers a wide variety of resources and referrals in several categories for those returning from prison regardless of location. Their slogan is "Any need, anywhere." Call and leave a message for Jeff Cloud and he will call you back promptly.

Assistance is free; some services provided by partner organizations may charge fees

### United Way - Cape Fear

5919 Oleander Dr.  
Building II, Suite 115  
Wilmington, NC 28403  
910-798-3900

[www.uwcfa.org](http://www.uwcfa.org)

Call for Hours of Operation

Provides support to dozens of member agency programs in New Hanover County. In addition to calling the number provided for the New Hanover office, you can get assistance by calling the United Way hotline by dialing 211.

Assistance is free; some services provided by partner organizations may charge fees

### The Help Hub

20 North 4th St., Suite 214  
Wilmington, NC 28401  
910-769-5357 or 910-343-8212  
[www.harrelsoncenter.org/help-hub](http://www.harrelsoncenter.org/help-hub)

Tuesday, Wednesday and Thursday:  
9:00 AM to Noon

Helps reentering men with permanent housing, medications, and essential bills. To receive help you must fill out intake form on their website or pick one up at their office. Call before going to confirm what you will need to bring with you.

Assistance is free; some services provided by partner organizations may charge fees



### Recidivism Reduction Call Center

<https://rreps.net/recidivism-reduction-hotline>  
888-852-0004

The Recidivism Reduction Call Center allows people recently released from prison in North Carolina to connect with a RREPS operator to request information about, and set up warm referrals to, employment, housing, healthcare, and public benefits services.

Assistance is free; some services provided by partner organizations may charge fees

## One-Stop Resource Centers



### Go Further Connect

<https://gofurtherconnect.com/>

Introducing a new way to get connected

Do you need a **resource**?  
Do you need a **job**?  
Do you need **inspiration**?  
Do you need to **connect**?



Visit [www.GoFurtherConnect.com](http://www.GoFurtherConnect.com)  
to start connecting now

Go Further Connect is an online resource for connecting returning citizens with programming, services, and community support that meet the individual's needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a job.

Free

### North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services.

You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services.

You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.



### Rise 4 Me

<https://www.rise4me.com/>

Rise4Me is a free, online tool that offers a directory of reentry resources made available in an easily accessible format. RISE stands for Resources for Improvement, Support and Empowerment for Returning Citizens.

Free

## One-Stop Resource Centers

### Good Shepherd Center

811 Martin Street  
Wilmington, NC 28401

910-444-0621 (for Entry Assessment)  
910-763-4424 (Extension 100)

[www.goodshepherdwilmington.org](http://www.goodshepherdwilmington.org)

Monday, Wednesday and Friday:  
10:00 AM to 7:00 PM  
Tuesday and Thursday: 4:00 PM to  
7:00 PM  
May also be open at other times

Offers assistance in multiple ways to those returning to New Hanover County from prison. The number provided is to call to schedule an Entry Assessment, which they will use to determine what help they can provide. They do not help those returning from prison with violent or sex crimes. They also have a specific program at another location just for military veterans. If you're a military veteran, call 910-362-0292.

Assistance is free; some services provided by partner organizations may charge fees



### Fenced In: Fighting for Freedom Advocacy

336-840-7570

<https://aprilbarberscales.com/#our-services>

Monday - Friday:  
9:00 am to 5:00 pm

April spent over 33 years in prison and now helps others returning after long prison sentences of 20 years or more. If that's you, April will prepare a tailored plan according to your vision of release and will provide a prepaid cell phone and gift card as funding permits. She is also a certified peer support specialist who offers support for those who struggle with mental health, psychological trauma, or substance use. April is an OurJourney board member.

Free if you served 20 years or more.



### Harvest Solutions

<http://www.harvestsolutions.com/>

Available 24/7

Harvest Solutions is a free, all-in-one digital platform that offers life-skills education, job and housing resources, mental health support, and recovery tools. Available to anyone for free, users earn giftcard rewards for engaging in courses. The platform is mobile-friendly, easy to access, and designed to support people navigating transition or reentry.

Free

## Food Resources

### Salvation Army of Cape Fear

820 N.2nd Street  
Wilmington, NC 28401

910-762-2070

[www.salvationarmycarolinias.org/  
capefear/home/](http://www.salvationarmycarolinias.org/capefear/home/)

Monday through Saturday: 9:00 AM  
to 4:45 PM

Provides food to those in need, along with other services, such as temporary shelter (do not offer housing assistance for those convicted of sex offenses). Bring your prison ID with you to receive service.

Free

### First Fruit Ministries

2750 Vance St.  
Wilmington, NC 28412

910-794-9656 (Administration)  
(910) 794-9656 (Food Pantry Info)

[www.firstfruitministries.org](http://www.firstfruitministries.org)

Provides food and other assistance to those in need. Bring your own bags for shopping (they recommend 3 to 4 plastic bags per visit).

Free

#### *Business Hours*

Monday through Friday: 10:00 AM to  
5:00 PM

#### *Food Bank Hours*

Wednesday: 10:00 AM to 2:00 PM  
Saturday: 10:00 AM to 1:00 PM

### Catholic Charities

20 N. 4th Street Suite 300  
Wilmington, NC 28401

910-251-8130

[www.catholiccharitiesraleigh.org/  
cape-fear-about/](http://www.catholiccharitiesraleigh.org/cape-fear-about/)

Tuesday and Friday: 9:00 to 11:30  
AM

Provides food and other items to those in need. Call before going there to make sure they are indeed open.

Free

## Medical / Dental Resources

### New Hanover County Health Department

1650 Greenfield Street  
Wilmington, NC 28401

910-798-3500

[socialservices.nhcgov.com](http://socialservices.nhcgov.com)

Monday, Wednesday through Friday:  
8:00 AM to 5:00 PM  
Tuesday: 8:00 AM to 7:00 PM (last appointment at 6:00 PM)

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations.



### NC FIT (part of LINC)

222 Division Dr.  
Wilmington, NC 28401

910-889-1140 or 910-332-1132

[www.med.unc.edu/fammed/service-to-the-community/clinical-care/formerly-incarcerated-transition-program/](http://www.med.unc.edu/fammed/service-to-the-community/clinical-care/formerly-incarcerated-transition-program/)

Call for Hours of Operation

The North Carolina Formerly Incarcerated Transition (NC FIT) Program, sponsored by UNC Family Medicine, connects formerly incarcerated individuals who have a chronic disease, mental illness and/or substance use disorder with appropriate healthcare services and other reentry resources. Also helps to fill medication prescriptions.

Fee based on a sliding scale (what you can afford)



### Coastal Horizons

615 Shipyard Boulevard  
Wilmington, NC 28412

910-343-0145

[coastalhorizons.org](http://coastalhorizons.org)

Wednesday: 10:00 AM to 2:00 PM  
Saturday: 10:00 AM to 1:00 PM

Provides a broad range of effective, evidence-based substance use, mental health, crisis intervention, justice, and wellness services to persons in need, including prescription medication refill. Call to set up an appointment to register to assistance.

Fee based on a sliding scale (what you can afford)

## Medical / Dental Resources

### Cape Fear HealthNet

1601 Doctors Circle  
Wilmington, NC 28401

910-399-2751

[www.capefearhealthnet.org](http://www.capefearhealthnet.org)

Monday through Friday: 8:30 AM to  
5:30 PM

Provides a broad range of effective, evidence-based substance use, mental health, crisis intervention, justice, and wellness services to persons in need, including prescription medication refill. Specializes in helping those who are uninsured.

Fee based on a sliding scale (what you can afford)



### NC MedAssist

866-331-1348

[medassist.org](http://medassist.org)

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

**OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 888-507-3368 to learn more.**

## Medical / Dental Resources



### Parks Insurance

153 S. Oakland Ave.  
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 9:00 AM to  
5:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free (or low-cost,  
depending on job  
situation)

**OurJourney can help  
you enroll in Parks  
Insurance's G.I.F.T.  
program! Call us  
888-507-3368 to learn  
more or call Parks  
Insurance and speak  
to a representative.**

## Mental Health & Substance Abuse Resources



### Coastal Horizons

615 Shipyard Boulevard  
Wilmington, NC 28412

910-343-0145

[coastalhorizons.org](http://coastalhorizons.org)

Wednesday: 10:00 AM to 2:00 PM  
Saturday: 10:00 AM to 1:00 PM

Provides a broad range of effective, evidence-based substance use, mental health, crisis intervention, justice, and wellness services to persons in need, including prescription medication refill. Call to set up an appointment to register to assistance.

Fee based on a sliding scale (what you can afford)

### A Helping Hand of Wilmington

5013 Wrightsville Ave.  
Wilmington, NC 28403

910-796-6868

[www.ahelpinghandofwilmington.com](http://www.ahelpinghandofwilmington.com)

Monday through Friday: 8:00 AM to  
5:00 PM

*Telehealth Services*

Monday, Wednesday, Friday from  
9:00 AM to Noon

Offers comprehensive mental health services, including mental health screening, mental health medication refills and counseling.

Fees are on a sliding scale (based on what you can afford). No one is turned away because of lack of money

## Mental Health & Substance Abuse Resources



### NC Harm Reduction - Wilmington

1308 Dock St.  
Wilmington, NC 28401

910-228-7605  
919-703-8867

<https://www.nchrc.org/>

Provides needle exchange and Narcan. You may come by their office or call for mobile delivery. They also provide HIV, syphilis and Hepatitis C testing every Thursday. They can even help you with food and clothing and often have free bus passes to share.

All services are free

#### *Office Hours:*

Monday through Friday: 1:00 PM to 5:00 PM

#### *Mobile Delivery:*

Monday and Friday. You must call at least 24 hours ahead of time



### Mental Health America

800-969-6642

<https://www.mhanational.org/>

<https://screening.mhanational.org/screening-tools/>

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition. To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



[mhascreening.org](http://mhascreening.org)



### Project VBOT

<http://projectvbot.com/>

910-765-1003

*Office hours:*  
Monday - Friday  
8:00 AM to 5:00 PM

Project VBOT is a Virtual Based Opioid Treatment program that provides virtual MAT to patients all across NC. They serve patients 18 and older who have an internet enabled device. You can sign up for Project VBOT on the website provided or on the OurJourney website.

Accepts Medicaid, Medicare and all major insurance. Also has a self-pay option

## Mental Health & Substance Abuse Resources

### Hope 4 NC

1-855-587-3463

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-use-services/hope4nc-helpline-1-855-587-3463>

Offers free and confidential emotional support, counseling referrals and community resources for those in crisis. Available 24 hours a day, seven days a week.

A real person will always answer.

Assistance is free; some services provided by partner organizations may charge fees

### Statewide Peer Warm-line

855-733-7762

Available 24/7

The statewide Peer Warm-line is a Free phone line staffed by Peer Support Specialists who offer non-clinical support and resources to those in crisis. Peer Support Specialists (or “peers”) are people living in recovery with mental illness and/or substance use disorder who provide support to others who can benefit from their lived experience. Their unique expertise helps reduce stigma while strengthening overall engagement in care. Like 988, North Carolina's Peer Warm-line is available 24 hours a day, 7 days a week.

### Heels Care Network

<https://care.unc.edu/resource/mental-health-gps/>

This is an online network of North Carolina and national mental health resources and support groups.

Access is free; some providers listed may charge fees for their services

### Darkness Rising - Rebuild Program

919-589-7808

<https://findmeatherapist.org/>

Monday to Friday:  
9:00 Am to 8:00 Pm

The Rebuild program provides therapist connection for the formerly incarcerated while also paying for the first 10 sessions. Rebuild serves the BIPOC community. Black, indigenous, people of color. Call for more information.

Free

## Mental Health & Substance Abuse Resources



### Better Life Partners

866-679-0831

<https://betterlifepartners.com/north-carolina>

Monday-Sunday:  
8:00 AM to 6:00 PM

Better Life Partners, an outpatient treatment provider dedicated to supporting individuals aged 18 and above with Substance Use Disorder (SUD) and Alcohol Use Disorder (AUD). Our comprehensive approach includes medication-assisted treatment (MAT) and substance use-related responsive care. These services are paired with counseling sessions facilitated by licensed counselors in virtual group settings. Our Telehealth model streamlines an innovative approach to care and support for our members.

Accepts most major insurances. Flex pay is available if uninsured and payment is based on income.



### Narcotics Anonymous

855-227-6262

<https://ncregion-na.org/>

Looking for a NA meeting in North Carolina? Use any of these methods to find a meeting in North Carolina:  
Use the Online Meeting Finder  
Use the online North Carolina Meeting Finder using Map or Text  
View the NC Meeting Printable List  
Go to <https://ncregion-na.com/list> and view, print or download.  
Call 1-855-227-NCNA (6262) to find a meeting or to talk to an addict.  
Text Your Address to 1-855-227-6262 and get a text with the next 5 upcoming meetings near you.

## Job Training / Job Placement Resources



### NCWorks Career Center

1994 S 17th St.  
Wilmington, NC 28401

910-251-5777

[https://www.ncworks.gov/vosnet/  
Default.aspx](https://www.ncworks.gov/vosnet/Default.aspx)

Monday through Friday: 8:30 AM to 4:30 PM

Offers support for everything from creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job.

## Job Training / Job Placement Resources

### Vocational Rehabilitation

3340 Jaeckle Dr # 201  
Wilmington, NC 28403  
  
910-251-5710 or 910-746-6800  
  
[www.ncdhhs.gov/divisions/vocational-rehabilitation-services](http://www.ncdhhs.gov/divisions/vocational-rehabilitation-services)  
  
Monday through Friday: 8:00 AM to 5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities.

Free

### StepUp Wilmington

20 North 4th Street, Suite 430  
Wilmington, NC 28401  
  
910-343-8469  
  
[www.stepupwilmington.org](http://www.stepupwilmington.org)  
  
Monday through Thursday: 8:30 AM to 4:30 PM  
Friday: 8:30 AM to 1:30 PM

Offers personalized services to those returning from prison, including resume-writing assistance, advice on how to explain your criminal record, career coaching, access to computers, help with interviewing skills and job placement services. Those who complete the initial 6-day training program receive \$250. Those who work a job for 30 days receive a \$500 bonus. Will work with those who prefer not to go through their program.

Free

### Labor Finders

108 N Kerr Ave., Suite I  
Wilmington, NC 28405  
  
910-794-5340  
  
[www.laborfinders.com/locations/nc/wilmington/37-85/](http://www.laborfinders.com/locations/nc/wilmington/37-85/)  
  
Monday through Friday: 6:00 AM to 6:00 PM  
(Accepts new applications only from 9:00 AM to 3:00 PM on days listed above)

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will. Also offer day-labor jobs.

Free

## Financial Resources



### Operation HOPE

704-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business.

They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations.

This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration.

Call Alisha Kenny at the number provided to set up an initial appointment.

Free

## Transportation Resources

### Wave Transit

Pickup and Drop Off spots at several locations throughout New Hanover County

910-343-0106

[www.wavetransit.com](http://www.wavetransit.com)

Provides public transportation throughout New Hanover County.

Fares from \$2.00 for one-way ticket to \$80.00 for a one-month unlimited pass. Those on Medicaid can qualify for reduced rates.

#### *Business Hours*

Monday through Friday: 7:00 AM to 7:00 PM

Saturday and Sunday: 9:00 AM to 5:00 PM

## Clothing Resources

### Goodwill Industries - Wilmington (2 locations)

709 S Kerr Ave.  
Wilmington, NC 28403

5662 Carolina Beach Rd.  
Wilmington, NC 28412

910-791-2764  
910-769-0121

[www.gienc.org](http://www.gienc.org)

Monday through Friday: 9:00 AM to 8:30 PM  
Saturday: 9:00 AM to 6:00 PM  
Sunday: 12:00 PM to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

### Lake Forest Baptist Church

1626 Lake Branch Dr.  
Wilmington, NC 28401  
910-763-4078 or 910-762-5797  
[www.lakeforestbaptist.org](http://www.lakeforestbaptist.org)

Tuesday: 10:00 AM to 2:00 PM

Offers previously-owned clothing free of charge. Also provides mobile shower trailers for those who need a warm shower. And on Mondays and Saturdays beginning at 8:30 AM they provide breakfast bags.

Free

### Sister Isaac Center Basilica of St. Mary

412 Ann Street  
Wilmington, NC 28401  
910-762-5491 Extension 135  
[www.thesisterisaaccenter.org](http://www.thesisterisaaccenter.org)

Monday through Thursday: 9:00 AM to 11:00 AM

Provides clothing, furniture, small financial assistance, hygiene items, food, sometimes have bikes. Also offers limited housing assistance. (For housing assistance, call 910-782-4021 and leave a message.)

Free

## Education Resources



### In The Beginning Incubator

919 E Main St  
Richmond, Va 23219

804-468-8141

<https://inthebeginningco.com/>

Monday - Friday:  
10:00 AM to 5:00 PM

In The Beginning Incubator and Fund (ITB) was founded in 2021 with a simple but powerful mission: To empower entrepreneurs who have been historically overlooked — and help them build legacies, not just businesses. What started as a single-location incubator in Richmond, Virginia has grown into a multi-state platform. Our model is research-backed through our partnership with Langston University, focusing on entrepreneurs from underserved, rural, minority, disabled, and returning citizen communities. ITB offers Culturally centered entrepreneur training ,Mental health and business development integrated in all programs, Real capital access through KIVA partnerships and the ITB Fund Federal research partnership to design better entrepreneur support models and Specialized niche services (grant readiness, virtual business services, procurement certification support)

Programs and packages vary in cost. See website or call for information. Also has grant programs to help cover cost for those that qualify.

### New Hanover County Center

6206 Oleander Dr,  
Wilmington, NC 28403

910-798-7660

<https://newhanover.ces.ncsu.edu/>

Monday - Friday:  
9:00 AM to 5:00 PM

The New Hanover County Center has partnered with NC State to offer classes and events for residents of New Hanover County. The classes include topic such as Lawn & Garden classes, Agriculture & Food, Home & Family and more. See the website for more information and dates.

Cost varies per course.  
See website for details.

## Education Resources

### House Of Resilience LLC

910-249-9426

<https://www.gobuildresilience.com/>

Monday - Friday:  
8:30 AM - 5:30 PM  
Available on some Saturdays

House of Resilience Empowerment Coaching (HOR) provides trauma-informed, strengths-based coaching for justice-involved Men seeking personal growth, emotional healing, and successful reentry. We specialize in mindset development, identity rebuilding, and purpose-driven goal setting through structured coaching frameworks. Services include one-on-one virtual or in-person sessions, personalized reentry planning, and empowerment programs that promote self-worth, accountability, and long-term transformation. We welcome individuals with criminal backgrounds but currently do not serve registered sex offenders. Clients may apply through our website or be referred by a facility or partner agency. The first step is a free 15-minute discovery session to determine program fit. Contact: Crystal Jackson, Founder & Lead Coach, at [info@gobuildresilience.com](mailto:info@gobuildresilience.com) or 910-249-9426.

Free for incarcerated individual and affordable for those released. Call or email for more information.

### NC Work From Anywhere

<https://communitydevelopment.ces.ncsu.edu/local-economic-development-programs/nc-work-from-anywhere/>

NC Work From Anywhere is your gateway to remote work success —whether you want to stay in your rural community while working for top employers or develop the skills needed to thrive in a remote job.

Live Here. Work Anywhere. If you love your rural community and want a remote job that allows you to stay, we offer training and resources to help you succeed in a virtual environment.

Course Fee is \$200 dollars.

## Digital Access / Literacy Resources

<b>NC DIT Tech Resource Finder</b> <a href="https://www.ncbroadband.gov/resource-finder">https://www.ncbroadband.gov/resource-finder</a>	Provides more than 1,100 resources that help North Carolinians use the internet, find public computers and Wi-Fi and access technical support and digital skills classes across the state. Tech Resource Finder users can search for local offerings by county, zip code or type of resource and can select a map view or table view. Each resource includes a description, address, website, contact information and directions.	Free
<b>Apollo Net</b> 984-250-0081 <a href="http://www.apollonet.org/">http://www.apollonet.org/</a>  Monday - Friday: 9:00 AM - 5:00 PM Saturday: 9:00 AM - 12:00 PM	We provide low-cost broadband access for underserved communities and students. Our program is open to anybody enrolled in any state/federal assistance program	\$35 per month for unlimited 5G wifi home internet.
<b>OurJourney's Essential Services Program</b> 888-507-3368 <a href="http://www.ourjourney2gether.com">www.ourjourney2gether.com</a>	<b>The Essential Services Program</b> at OurJourney provides practical, one-on-one support to individuals returning to the community after incarceration. The program helps participants build stability and independence by addressing everyday reentry needs such as employment readiness, budgeting, basic computer skills, medication access, stress management, and healthy life skills. There is <b>no time requirement</b> related to how long someone has been out of the system to enroll, and services are tailored to each person's individual goals and circumstances.	Free

## Housing Resources

### **Transitional Housing**

855-860-3119

<https://www.transitionalhousing.org/>

Transitional housing is supportive housing that helps fight the homeless problem in today's society. Transitional housing is generally for a limited time period. Stays can be from two weeks to twenty four months.

Transitional housing provides people with help after a crisis such as homelessness or domestic violence. Currently we have over 7,035 transitional housing locations in our database. It also provides information on each housing location along with pictures.

Assistance is free; some services provided by partner organizations may charge fees

### **Oxford House, Inc.**

1010 Wayne Avenue,  
Silver Spring, MD 20910

800-689-6411

<https://www.oxfordhouse.org/>

Oxford House is a shared residence where people in recovery from drug and alcohol addiction can live together and support each other in a drug and alcohol-free environment. It provides housing in 47 states. Use <https://oxfordvacancies.com/> to search for a house in your local area.

See website for housing cost as it varies from house to house

### **Hope House**

10 Henry St.,  
Wilmington, NC 28405

910-264-1212

[www.hopehousewilmington.com](http://www.hopehousewilmington.com)

Hope House is a sober living program for both men and women with several locations in the Wilmington area. Please visit the website or call for more information. They also have listing of other recovery houses and shelters on the Recovery Resources tab on their website.

Admission Fee \$200  
Starter House \$175  
Step-Up Houses \$135-\$195  
Suites \$175-\$225

### **Directory for New Hanover County Agencies:**

New Hanover County Probation Department	254 N Front St. Wilmington, NC 28401	910-251-5751
New Hanover County DMV	2390 Carolina Beach Rd Suite 104 Wilmington, NC 28401	910-251-5747
New Hanover County Dpt. of Social Services	1650 Greenfield St. Wilmington, NC 28401	910-798-3500

### **Directory for State and Federal Government Programs that Offer Temporary Assistance:**

SNAP (Supplemental Nutrition Assistance Program): [www.fns.usda.gov/snap/supplemental-nutrition-assistance-program](http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program)

LIEAP (Low Income Energy Assistance): [www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap](http://www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap)

TANF (Temporary Assistance for Needy Families): [www.ncdhhs.gov/divisions/social-services/work-first-family-assistance](http://www.ncdhhs.gov/divisions/social-services/work-first-family-assistance)

### **Other Organizations that Offer Assistance:**

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at [www.988lifeline.org](http://www.988lifeline.org).

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): [www.felonyrecordhub.com](http://www.felonyrecordhub.com)

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): [www.honestjobs.com](http://www.honestjobs.com)

Veterans Resources in New Hanover County (for all military veterans): 919-798-7611 or online at <https://www.nhcgov.com/1010/Veteran-Services/>

[NC211.org](http://NC211.org) (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

### **Other Assistance Available through OurJourney:**

Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call 888-507-3368 or visit [www.ourjourney2gether.com/essential-services](http://www.ourjourney2gether.com/essential-services).



**OurJourney  
PO Box 2862  
Rocky Mount, NC 27802  
888-507-3368**