



Reentry Resource Guide for Tyrrell County



2025



now with partner info!

PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

© 2025 by OurJourney Media

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law. For permission requests, email contact@ourjourney2gether.com.

Picture on the front cover courtesy of www.dnrcr.nc.gov



Resource Guide - Tyrrell County

The service providers listed below are for Tyrrell County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Tyrrell County not listed. Please call (888) 50-REENTRY or email contact@ourjourney2gether.com to report any discrepancies or to suggest other service providers in Tyrrell County.

NOTE: Tyrrell County is limited in reentry support resources, which is why some of the resource providers listed in this guide are from neighboring counties. Your parole officer will most likely allow you to travel outside of Tyrrell County for reentry assistance. However, you should always contact your parole officer before leaving Tyrrell County for any reason, even to visit the reentry resource providers listed in this guide. Failure to obtain permission from your parole officer to travel outside of Tyrrell County may result in a violation of the conditions of your post-release.

One-Stop Resource Centers

A New Direction Local Reentry Council

610 B Old Tar Village Rd.
Winterville, NC 28590

252-999-8120

<https://www.koinoniasolutions.org/reentry>

Monday - Thursday:
9:00 AM - 5:00 PM
Friday 9am - 12pm

ANDLRC enhances community reintegration efforts by offering supervision, coordination, and critical services, focusing on education, vocational training, employment, and mentorship for justice-involved individuals returning from incarceration.

ANDLRC is located in Pitt county but serves Beaufort, Hyde, Martin, Tyrrell, and Washington counties. Always ask Probation Officer before leaving Tyrrell county. EXT. 1012

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services.

You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services.

You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.

The Salvation Army of Washington

114 E. 7th St.
Washington, NC 27889
252-946-2523

<https://southernusa.salvationarmy.org/washington/>

Tuesday through Saturday: 10:00 AM to 4:00 PM

Provides a wide variety of services, including Disaster Relief, Shelter, Food, Rent and Utility Assistance, and Clothing.
Always contact your parole officer before leaving Tyrrell County.

Assistance is free; some services provided by partner organizations may charge fees

Beaufort County United Way

113 E 15th St.
Washington, NC 27889
252-975-6209

<https://www.unitedwaybc.net/>

Monday through Friday: 9:00 AM to 5:00 PM

Provides support to dozens of member agency programs in Beaufort and surrounding counties. In addition to calling the number provided for the Beaufort County office, you can get 24-hour assistance by calling the United Way hotline by dialing 211. The address provided is for the main Washington office in Beaufort County, which also services Hyde County.
Always contact your parole officer before leaving Tyrrell County.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers



Recidivism Reduction Call Center

<https://rreps.net/recidivism-reduction-hotline>

888-852-0004

The Recidivism Reduction Call Center allows people recently released from prison in North Carolina to connect with a RREPS operator to request information about, and set up warm referrals to, employment, housing, healthcare, and public benefits services.

Assistance is free; some services provided by partner organizations may charge fees



Go Further Connect

<https://gofurtherconnect.com/>

Introducing a new way to get connected

Do you need a resource?
Do you need a job?
Do you need inspiration?
Do you need to connect?



Go Further Connect is an online resource for connecting returning citizens with programming, services, and community support that meet the individual's needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a job.

Free

Visit www.GoFurtherConnect.com
to start connecting now



Fenced In: Fighting for Freedom Advocacy

336-840-7570

<https://aprilbarberscales.com/#our-services>

Monday - Friday:
9:00 am to 5:00 pm

April spent over 33 years in prison and now helps others returning after long prison sentences of 20 years or more. If that's you, April will prepare a tailored plan according to your vision of release and will provide a prepaid cell phone and gift card as funding permits. She is also a certified peer support specialist who offers support for those who struggle with mental health, psychological trauma, or substance use. April is an OurJourney board member.

Free if you served 20 years or more.

One-Stop Resource Centers



Harvest Solutions

<http://www.harvestsolutions.com/>

Available 24/7

Harvest Solutions is a free, all-in-one digital platform that offers life-skills education, job and housing resources, mental health support, and recovery tools. Available to anyone for free, users earn giftcard rewards for engaging in courses. The platform is mobile-friendly, easy to access, and designed to support people navigating transition or reentry.

Free

Food Resources

Hyde County Mobile Food Pantry - Scranton

4240 US 264
Scranton, NC 27875

252-926-9111

<https://afoodbank.org/>

First Tuesday of every month: 11:30 AM to 1:00 PM

Provides food to those in need.
Always contact your parole officer before leaving Tyrrell County.

Free

Hyde County Mobile Food Pantry - Swan Quarter

20421 US 264
Swan Quarter, NC 27885

252-423-0045

<https://afoodbank.org/>

Fourth Wednesday of every month:
11:45 AM to 1:15 PM

Provides food to those in need.
Always contact your parole officer before leaving Tyrrell County.

Free

Food Resources

Zion Shelter & Kitchen

114 W. Martin Luther King Dr.
Washington, NC 27889

252-975-1978

[https://
zionshelterandkitchen.wordpress.co
m/](https://zionshelterandkitchen.wordpress.com/)

Hot meals served daily from 11:00 AM to 11:30 AM

Provides safe shelter each night for approximately 12 homeless males as well as laundry facilities and a bathroom with a shower. They also serve a free, hot nutritious meal Monday through Friday to any hungry person.
Always contact your parole officer before leaving Tyrrell County.

Free

Medical / Dental Resources

Martin-Tyrrell-Washington District Health

408 Bridge St.
Columbia, NC 27925

252-793-1750

<https://mtwdistricthealth.org/>

Monday through Friday: 8:00 AM to 5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Tyrrell County.

Offers Clinical Services on a sliding fee scale based on income for anyone regardless of ability to pay. They also accept Medicaid, Medicare and private insurances.

Medical / Dental Resources

Agape Health Services

1130 Godwin Dr.
Williamston, NC 27892

Medical: 252-789-0401

Dental: 252-802-3013

Pharmacy: 252-802-3066

<https://www.agapechc.org/>

Medical: Mondays through Friday:
8:00 AM to 5:00 PM

Dental: Monday through Thursday::
8:00 AM to 5:00 PM

Pharmacy: Mondays through Friday:
9:00 AM to 5:30 PM

(The location is closed for lunch from
Noon to 1:00 PM daily.)

Agape Health Services offers the following services:

- Primary health care
- Dental
- On-site pharmacy
- Medication Assistance Treatment (MAT)
- Drug treatment
- Alcohol and smoking cessation

Bring ID, Social Security Card, proof of income and proof of insurance or Medicaid (if available).

Your Parole Office may be able to help you with these documents. Must fill out an application and be approved for services.

Always contact your parole officer before leaving Tyrrell County.

They offer reduced fees for the uninsured based on income, family size and federally determined percentage of "Poverty Levels." Accepts Medicare, Medicaid and most insurance.



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us (888) 50-REENTRY to learn more.

Medical / Dental Resources



Parks Insurance

153 S. Oakland Ave.
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 9:00 AM to
5:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us (888) 50-REENTRY to learn more or call Parks Insurance and speak to a representative.

Mental Health & Substance Abuse Resources



Mental Health America

800-969-6642

<https://www.mhanational.org/>

<https://screening.mhanational.org/screening-tools/>

This is a needle exchange program. They also offer Narcan. Ask for Lyn Jenkins or Cindy Bonney.
Always contact your parole officer before leaving Tyrrell County.

Free

Monday through Thursday: 9:00 AM to 2:00 PM

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition. To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



mhascreening.org

Mental Health & Substance Abuse Resources

Hope4NC

855-587-3463

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-use-services/hope4nc-helpline-1-855-587-3463>

Available 24/7

Hope4NC is here to connect you with the help you need, whenever you need it, whether that's mental health assistance, substance abuse assistance or if you're having suicidal thoughts.

Assistance is free; some services provided by partner organizations may charge fees.

If you don't have health insurance, you may be eligible for behavioral, mental health and substance abuse services. Call Hope4NC for more information.

The HOPE Exchange

Fixed Site:

817 East Blvd. Suite 1B
Williamston, NC 27892

Mobile Delivery Site:

200 Greene St.
Williamston, NC 27892

252-310-0017 or
252-793-1607

Find them on Facebook at The HOPE Exchange

They properly dispose of used needles, provide sterile syringes, naloxone, fentanyl test strips, HIV and HepC testing, personal hygiene supplies, information about treatment options, all in a safe, judgement-free place. Call for details about their hours and mobile delivery schedule. Ask for Yerlin Villegas.

The HOPE Exchange is part of the Martin-Tyrrell-Washington District Health Center.

Always contact your parole officer before leaving Tyrrell County.

Free

Statewide Peer Warm-line

855-733-7762

Available 24/7

The statewide Peer Warm-line is a phone line staffed by Peer Support Specialists who offer non-clinical support and resources to those in crisis. Peer Support Specialists (or "peers") are people living in recovery with mental illness and/or substance use disorder who provide support to others who can benefit from their lived experience. Their unique expertise helps reduce stigma while strengthening overall engagement in care. Like 988, North Carolina's Peer Warm-line is available 24 hours a day, 7 days a week.

Mental Health & Substance Abuse Resources

Heels Care Network

<https://care.unc.edu/resource/mental-health-gps/>

This is an online network of North Carolina and national mental health resources and support groups.

Access is free; some providers listed may charge fees for their services

Darkness Rising - Rebuild Program

919-589-7808

<https://findmeatherapist.org/>

Monday to Friday:
9:00 Am to 8:00 Pm

The Rebuild program provides therapist connection for the formerly incarcerated while also paying for the first 10 sessions. Rebuild serves the BIPOC community. Black, indigenous, people of color. Call for more information.

Free



Better Life Partners

866-679-0831

<https://betterlifepartners.com/north-carolina>

Monday-Sunday:
8:00 AM to 6:00 PM

Better Life Partners, an outpatient treatment provider dedicated to supporting individuals aged 18 and above with Substance Use Disorder (SUD) and Alcohol Use Disorder (AUD). Our comprehensive approach includes medication-assisted treatment (MAT) and substance use-related responsive care. These services are paired with counseling sessions facilitated by licensed counselors in virtual group settings. Our Telehealth model streamlines an innovative approach to care and support for our members.

Accepts most major insurances. Flex pay is available if uninsured and payment is based on income.

Job Training / Job Placement Resources



NCWorks Career Center

954 Marshall Collins Dr., Room 142
Manteo, NC 27954
252-621-6356

<https://www.ncworks.gov/>

Monday through Friday: 8:30 AM to
4:00 PM

Offers support for everything from
creating a resume and finding the
right job opportunities to
preparing clients for job
interviews. Website has links for
Finding a Job.

Free

NWDB

30 Oyster Creek Rd.
Swan Quarter, NC 27885
252-312-6859

Located inside the Hyde County
Government Building, this
NCWorks satellite office will allow
you access to a computer and
printer for job searches and
resume creating. Call for Hours of
Operation.

Free

Vocational Rehabilitation Center

405 East Blvd.
Williamston, NC 27892
252-802-5400

[https://www.ncdhhs.gov/divisions/
vocational-rehabilitation-services](https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services)

Monday through Friday: 8:00 AM to
5:00 PM

Provides a variety of services,
depending on your specific
needs. They are customized to
help you find a job and offer
career counseling, education and
training, job placement assistance
and on-going support, medical
treatments and assistive
technology. Works specifically
with those who have physical,
mental or emotional disabilities.

Free

Mega Force Staffing

2001 W 15th St.
Washington, NC 27889
252-975-3150

<https://www.megaforce.com/>

Monday through Friday: 8:00 AM to
5:00 PM

Temporary agency offering job
placement in local businesses for
clients who can pass a drug test
and have reliable transportation.
They do conduct a background
check, and some business they
work with will not hire ex-felons,
but others will.

**Always contact your parole
officer before leaving Tyrrell
County.**

Free

Job Training / Job Placement Resources



Find A Job - OurJourney's Employment Assistance Program

888-507-3368

<https://www.ourjourney2gether.com/find-a-job>

Monday - Friday:
9:00 AM to 5:30 PM

Finding a good job is a top priority for most people after their release from prison, yet it's often one of the most difficult challenges to overcome. OurJourney is partnering with Honest Jobs to help you meet that challenge head on through our Find A Job program. Honest Jobs was created by people with criminal records or people with criminal records, and now OurJourney can help you take full advantage of their services through their innovative Reentry Navigator system, which allows us to work with you to access Second Chance jobs in your area. To learn more or to enroll, visit the website.

Free to residents of NC with criminal records



Financial Resources

Operation HOPE

704-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business. They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations. This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration. Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Transportation Resources

Hyde County Transit (HCT)

Office:
30 Oyster Creek Rd.
Swan Quarter, NC 27885

252-926-4178

https://www.hydecountync.gov/public_transportation.php

Office Hours:
Monday through Friday: 8:00 AM to 5:00 PM

Service Hours:
Monday through Friday: 8:00 AM to 5:00 PM

Provides van transportation services to Tyrrell County. They will pick you up, take you to your destination in Tyrrell County and return you.

Presently, HCT has a fleet of nine vehicles, five of which are wheelchair accessible. HCT has provided over 21,000 one-way trips for the residents of Hyde and Tyrrell Counties.

You must schedule your trip no later than 24 hours before you want to be picked up and no later than Noon the day before you want to be picked up.

One-way fare: \$1.25
Two-way fare: \$2.25
Rides are available outside of Tyrrell County for additional fees.

Clothing Resources

Goodwill Thrift Store - Washington

630 W. 15th St.
Washington, NC 27889

252-975-3162

<https://www.gienc.org/store/washington>

Monday through Saturday:
9:00 AM to 8:30 PM
Sunday: Noon to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Always contact your parole officer before leaving Tyrrell County.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Hyde County Hotline Thrift

34818 US 264
Engelhard, NC 27824

252-925-2502

Find the on Facebook at Hyde County Hotline

Wednesday through Saturday: 8:30 AM to 2:00 PM

Offers previously-owned clothing and other items at low prices.

Always contact your parole officer before leaving Tyrrell County.

Prices vary by item

Clothing Resources

Salvation Army Thrift Store

112 E. 7th St.
Washington, NC 27889

252-946-5373

[https://southernusa.salvationarmy.org/
washington/](https://southernusa.salvationarmy.org/washington/)

Monday through Friday:
9:00 AM to 5:00 PM
Saturday: 10:00 AM to 4:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition. They often provide clothing vouchers for those returning from prison, but you must ask at the front desk and be prepared to show your prison ID.
Always contact your parole officer before leaving Tyrrell County.

Price varies by item

Twice as Nice Consignment Shop

105 W Main St.
Washington, NC 27889

252-975-8133

Find them on Facebook at Twice As Nice Consignment Shop

Tuesday through Saturday:
11:00 AM to 5:00 PM

Offers previously-owned clothing and other items at low prices.
Always contact your parole officer before leaving Tyrrell County.

Price varies by item

Education Resources



In The Beginning Incubator

919 E Main St
Richmond, Va 23219

804-468-8141

<https://inthebeginningco.com/>

Monday - Friday:
10:00 AM to 5:00 PM

In The Beginning Incubator and Fund (ITB) was founded in 2021 with a simple but powerful mission: To empower entrepreneurs who have been historically overlooked — and help them build legacies, not just businesses. What started as a single-location incubator in Richmond, Virginia has grown into a multi-state platform. Our model is research-backed through our partnership with Langston University, focusing on entrepreneurs from underserved, rural, minority, disabled, and returning citizen communities. ITB offers Culturally centered entrepreneur training ,Mental health and business development integrated in all programs, Real capital access through KIVA partnerships and the ITB Fund Federal research partnership to design better entrepreneur support models and Specialized niche services (grant readiness, virtual business services, procurement certification support)

Programs and packages vary in cost. See website or call for information. Also has grant programs to help cover cost for those that qualify.

Tyrrell County Center

407 Martha St,
Columbia, NC 27925

252-796-1581

<https://tyrrell.ces.ncsu.edu/>

Monday - Friday:
8:00 AM to 5:00 PM

The Tyrrell County Center has partnered with NC State to offer classes and events for residents of Tyrrell County. The classes include topic such as Lawn & Garden classes, Agriculture & Food, Home & Family and more. See the website for more information and dates.

Cost varies per course.
See website for details.

Education Resources

House Of Resilience LLC

910-249-9426

<https://www.gobuildresilience.com/>

Monday - Friday:
8:30 AM - 5:30 PM
Available on some Saturdays

House of Resilience Empowerment Coaching (HOR) provides trauma-informed, strengths-based coaching for justice-involved Men seeking personal growth, emotional healing, and successful reentry. We specialize in mindset development, identity rebuilding, and purpose-driven goal setting through structured coaching frameworks. Services include one-on-one virtual or in-person sessions, personalized reentry planning, and empowerment programs that promote self-worth, accountability, and long-term transformation. We welcome individuals with criminal backgrounds but currently do not serve registered sex offenders. Clients may apply through our website or be referred by a facility or partner agency. The first step is a free 15-minute discovery session to determine program fit. Contact: Crystal Jackson, Founder & Lead Coach, at info@gobuildresilience.com or 910-249-9426.

Free for incarcerated individual and affordable for those released. Call or email for more information.

NC DIT Tech Resource Finder

<https://www.ncbroadband.gov/resource-finder>

Provides more than 1,100 resources that help North Carolinians use the internet, find public computers and Wi-Fi and access technical support and digital skills classes across the state. Tech Resource Finder users can search for local offerings by county, zip code or type of resource and can select a map view or table view. Each resource includes a description, address, website, contact information and directions.

Free

Education Resources

NC Work From Anywhere

<https://communitydevelopment.ces.ncsu.edu/local-economic-development-programs/nc-work-from-anywhere/>

NC Work From Anywhere is your gateway to remote work success – whether you want to stay in your rural community while working for top employers or develop the skills needed to thrive in a remote job.

Live Here. Work Anywhere. If you love your rural community and want a remote job that allows you to stay, we offer training and resources to help you succeed in a virtual environment.

Course Fee is \$200 dollars.

Housing Resources

Transitional Housing

855-860-3119

<https://www.transitionalhousing.org/>

Transitional housing is supportive housing that helps fight the homeless problem in today's society. Transitional housing is generally for a limited time period. Stays can be from two weeks to twenty four months.

Transitional housing provides people with help after a crisis such as homelessness or domestic violence. Currently we have over 7,035 transitional housing locations in our database. We also provide as much information on each housing location along with pictures.

Assistance is free; some services provided by partner organizations may charge fees

Oxford House, Inc.

1010 Wayne Avenue,
Silver Spring, MD 20910

800-689-6411

<https://www.oxfordhouse.org/>

Oxford House is a shared residence where people in recovery from drug and alcohol addiction can live together and support each other in a drug and alcohol-free environment. It provides housing in 47 states. Use <https://oxfordvacancies.com/> to search for a house in your local area.

See website for housing cost as it varies from house to house

Directory for Tyrrell County Agencies:

Tyrrell County Probation Department	301 Main St. Columbia, NC 27925	252-796-0726
Pasquotank County DMV Always contact your parole officer before leaving Perquimans County.	1164 Hwy 17 Elizabeth City, NC 27909	252-331-4776
Tyrrell County Dpt. of Social Services	102 Road St. Columbia, NC 27925	252-796-3421

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

Honest Jobs is the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers: www.honestjobs.com

Veterans Resources in Tyrrell County (for all military veterans): 919-664-1015 and ask for Keith Kuhn.

NC211.org (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, smartphone training, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call (888) 50-REENTRY or visit www.ourjourney2gether.com/essential-services.



**OurJourney
PO Box 2862
Rocky Mount, NC 27802
(888) 50-REENTRY**