



Reentry Resource Guide for Dare County



2025



now with partner info!

PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).
- If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.
- Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover courtesy of www.travellens.com



Resource Guide - Dare County

The service providers listed below are for Dare County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Dare County not listed. Please call (888) 50-REENTRY or email contact@ourjourney2gether.com to report any discrepancies or to suggest other service providers in Dare County.

NOTE: Because Dare County is limited in reentry support resources, many of the resource providers listed in this guide are from neighboring counties. Your parole officer will most likely allow you to travel outside of Dare County for reentry assistance. However, you should always contact your parole officer before leaving Dare County for any reason, even to visit the reentry resource providers listed in this guide. Failure to obtain permission from your parole officer to travel outside of Dare County may result in a violation of the conditions of your post-release.

One-Stop Resource Centers

Albemarle Area United Way

1413 Parkview Dr.
Elizabeth City, NC 27909
252-333-1510

<https://www.aaunitedway.org/>

Monday through Friday: 9:00 AM to 5:00 PM

Provides direct support and connects those in need with partner organizations. The information provided is for the United Way located in Elizabeth City. In addition to calling the number provided, you can get assistance by calling the United Way hotline by dialing 211. This United Way's main office is located in Pasquotank County, but they also service Dare County.
Always contact your parole officer before leaving Dare County.

Assistance is free; some services provided by partner organizations may charge fees

One-Stop Resource Centers

Interfaith Community Outreach

115 Mustian St.
Kill Devil Hills, NC 27948

252-480-0070

<https://www.interfaithoutreach.com/>

Monday, Wednesday and Friday:
10:00 AM to 2:00 PM

Provides referrals for individuals or families facing a temporary crisis to other private and public agencies within the community, such as DSS, Food Banks, Community Care Clinic, Relief Foundation, Hot Line, CDC, Red Cross, Counseling Services, and more.

Assistance is free; some services provided by partner organizations may charge fees

The Salvation Army of the Albemarle Region

602 N. Hughes Blvd.
Elizabeth City, NC 27909
252-338-4120

[https://southernusa.salvationarmy.org/
albemarle/](https://southernusa.salvationarmy.org/albemarle/)

Monday through Thursday: 9:00 AM to 4:00 PM
Friday: 9:00 AM to 12:00 PM
(Closed for lunch each day)

Provides a wide variety of services, including Disaster Relief, Shelter, Food, Rent and Utility Assistance, and Clothing.
Always contact your parole officer before leaving Dare County.

Assistance is free; some services provided by partner organizations may charge fees

North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services.

You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services.

You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.

One-Stop Resource Centers

Go Further Connect

<https://gofurtherconnect.com/>

Introducing a new way to get connected

Do you need a **resource**?
Do you need a **job**?
Do you need **inspiration**?
Do you need to **connect**?



Visit www.GoFurtherConnect.com
to start connecting now

Go Further Connect is an online resource for connecting returning citizens with programming, services, and community support that meet the individual's needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a job.

Free



Recidivism Reduction Call Center

<https://rreps.net/recidivism-reduction-hotline>

888-852-0004

The Recidivism Reduction Call Center allows people recently released from prison in North Carolina to connect with a RREPS operator to request information about, and set up warm referrals to, employment, housing, healthcare, and public benefits services.

Assistance is free; some services provided by partner organizations may charge fees



Fenced In: Fighting for Freedom Advocacy

336-840-7570

<https://aprilbarberscales.com/#our-services>

Monday - Friday:
9:00 am to 5:00 pm

April spent over 33 years in prison and now helps others returning after long prison sentences of 20 years or more. If that's you, April will prepare a tailored plan according to your vision of release and will provide a prepaid cell phone and gift card as funding permits. She is also a certified peer support specialist who offers support for those who struggle with mental health, psychological trauma, or substance use. April is an OurJourney board member.

Free if you served 20 years or more.

Food Resources

Beach Food Pantry

4007 North Croatan Highway
Kitty Hawk, NC 27949

252-261-2756

<https://beachfoodpantry.org/>

Monday through Friday: 2:00 PM to
4:00 PM (except major holidays)

If you live or work in Dare County and are experiencing a temporary crisis or emergency and you need food assistance, you are eligible to come to the Beach Food Pantry. To get an appointment to come in and shop, you will need to fill out an application on their website. If you don't have access to the internet, you may use the computers available at any of the Dare County Library branches or call their office in the mornings. Food is provided every 30 days by appointment only. Must have a photo ID.

Free

Ruthie's Community Kitchen

1311 Goldie St.
Kill Devil Hills, NC 27948

252-207-8820

[http://
www.ruthiescommunitykitchen.com/](http://www.ruthiescommunitykitchen.com/)

Every Tuesday from 4:00 PM to 5:15
PM

Serves free hot dinners every
Tuesday evening.

Located inside the Son Rise
Church of Christ.

Free

Medical / Dental Resources

Dare County Health Department

50347 NC Hwy 12
Frisco, NC 27936

252-475-5003

[https://www.darenc.gov/
departments/health-human-services](https://www.darenc.gov/departments/health-human-services)

Monday through Friday: 9:00 AM to
5:00 PM

Offers assistance with a variety of basic health needs, including disease prevention and others. Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Dare County. They have offices in other areas of Dare County, so call to find the one closest to you.

Offers Clinical Services on a sliding fee scale based on income for anyone regardless of ability to pay. They also accept Medicaid, Medicare, and private insurances.

Medical / Dental Resources

Community Care Clinic of Dare

425 Health Center Dr.
Nags Head, NC 27959

Monday through Thursday: 9:00 AM
to 2:00 PM

50347 NC Hwy 12
Frisco, NC 27936
(Inside the Dare County Health Dept.)

2nd Thursday of Each Month

252-261-3041

<https://www.dareclinic.org/>

Provides medical care, chronic disease management, dental care and medication assistance to those who meet the following qualifications:

- Live or work in Dare County
- 18 years or older
- Uninsured or underinsured
- Have limited income

To find out if you qualify, call to arrange an initial consultation. You'll need to bring a photo ID, proof of residency and proof of income. If you don't have proof of income, ask your Parole Officer to provide you with a note.

Free to those who qualify



NC MedAssist

866-331-1348

medassist.org

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us (888) 50-REENTRY to learn more.

Medical / Dental Resources



Parks Insurance

153 S. Oakland Ave.
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 9:00 AM to
5:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free

OurJourney can help you enroll in Parks Insurance's G.I.F.T. program! Call us (888) 50-REENTRY to learn more or call Parks Insurance and speak to a representative.

Mental Health & Substance Abuse Resources



Easterseals Port Health

2808 South Croatan Hwy, Suite B
Nags Head, NC 27959

252-441-2324

<https://www.porthealth.org/>

Monday through Friday: 8:00 AM to
5:00 PM

They offer outpatient treatment services that include, but are not limited to, individual and group therapy, family counseling, psycho-educational and psychotherapy, and are defined services that may vary in level of intensity.

They also offer alcohol and substance use treatment, including MAT.

They also have a pharmacy that can dispense mental health medications.

Offers services on a sliding fee scale based on income. They also accept Medicaid, Medicare, and private insurances.

Community Care Clinic of Dare Syringe Services Program

425 Health Center Dr.
Nags Head, NC 27959

252-261-3041

<https://www.dareclinic.org/>

Monday through Thursday: 9:00 AM
to 2:00 PM

This is a needle exchange program. They also offer Narcan. Ask for Lyn Jenkins or Cindy Bonney.

Free

Mental Health & Substance Abuse Resources



Mental Health America

800-969-6642

<https://www.mhanational.org/>

<https://screening.mhanational.org/screening-tools/>

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition.

To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



mhascreening.org

Statewide Peer Warm-line

855-733-7762

Available 24/7

The statewide Peer Warm-line is a Free phone line staffed by Peer Support Specialists who offer non-clinical support and resources to those in crisis. Peer Support Specialists (or “peers”) are people living in recovery with mental illness and/or substance use disorder who provide support to others who can benefit from their lived experience. Their unique expertise helps reduce stigma while strengthening overall engagement in care. Like 988, North Carolina's Peer Warm-line is available 24 hours a day, 7 days a week.

Hope4NC

855-587-3463

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

Available 24/7

Hope4NC is here to connect you with the help you need, whenever you need it, whether that's mental health assistance, substance abuse assistance or if you're having suicidal thoughts.

Free

Heels Care Network

<https://care.unc.edu/resource/mental-health-gps/>

This is an online network of North Carolina and national mental health resources and support groups.

Access is free; some providers listed may charge fees for their services

Mental Health & Substance Abuse Resources

Darkness Rising - Rebuild Program

919-589-7808

<https://findmeatherapist.org/>

Monday to Friday:
9:00 Am to 8:00 Pm

The Rebuild program provides therapist connection for the formerly incarcerated while also paying for the first 10 sessions. Rebuild serves the BIPOC community. Black, indigenous, people of color. Call for more information.

Free



Better Life Partners

866-679-0831

<https://betterlifepartners.com/north-carolina>

Monday-Sunday:
8:00 AM to 6:00 PM

Better Life Partners, an outpatient treatment provider dedicated to supporting individuals aged 18 and above with Substance Use Disorder (SUD) and Alcohol Use Disorder (AUD). Our comprehensive approach includes medication-assisted treatment (MAT) and substance use-related responsive care. These services are paired with counseling sessions facilitated by licensed counselors in virtual group settings. Our Telehealth model streamlines an innovative approach to care and support for our members.

Accepts most major insurances. Flex pay is available if uninsured and payment is based on income.

Job Training / Job Placement Resources



NCWorks Career Center

954 Marshall Collins Dr., Room 142
Manteo, NC 27954

252-621-6356

<https://www.ncworks.gov/>

Monday through Friday: 8:30 AM to 4:00 PM

Offers support for everything from creating a resume and finding the right job opportunities to preparing clients for job interviews. Website has links for Finding a Job.

Free

Job Training / Job Placement Resources

Vocational Rehabilitation

401 South Griffin St. Suite 100
Elizabeth City, NC 27909

252-621-6160

[www.ncdhhs.gov/divisions/
vocational-rehabilitation-services](http://www.ncdhhs.gov/divisions/vocational-rehabilitation-services)

Monday through Friday: 8:00 AM to
5:00 PM

Provides a variety of services, depending on your specific needs. They are customized to help you find a job and offer career counseling, education and training, job placement assistance and on-going support, medical treatments and assistive technology. Works specifically with those who have physical, mental or emotional disabilities.

1-877-699-7576

Always contact your parole officer before leaving Dare County.

Free

Coastal Staffing

1601 North Road Street, Suite C
Elizabeth City, NC 27909

252-338-9133

<https://coastalstaffingservice.com/>

Monday through Friday: 8:00 AM to
5:00 PM

Temporary agency offering job placement in local businesses for clients who can pass a drug test and have reliable transportation. They do conduct a background check, and some business they work with will not hire ex-felons, but others will.

Free

Financial Resources



Operation HOPE

252-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business.

They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations.

This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration.

Call Alisha Kenny at the number provided to set up an initial appointment.

Free

Transportation Resources

Dare County Transportation

Main Office:
954 Marshall Collins Dr, Room 181
Manteo, NC 27954

252-475-5640

<https://www.darenc.gov/departments/public-services/transportation>

Monday through Friday: 7:30 AM to 5:00 PM

Provides van transportation services to Dare County residents and visitors. They will pick you up and drop you off. You must make a reservation for pickup at least 48 hours before you need a ride. Visit website or call for route and fare information.

Trips within Dare County are \$3 one way or \$6 roundtrip.

Trips outside of Dare County are \$7 one way and \$14 roundtrip, but are only available for medical appointments.

Clothing Resources

Outer Banks Hotline Thrift Store

PINK Hotline

4140 N Croatan Hwy.
Kitty Hawk, NC 27949
252-261-8164

Monday through Friday: 10:00 AM to 5:00 PM
Saturday: 9:00 AM to 4:00 PM

Hotline operates four thrift stores to generate income to support their nonprofit organization that provides services for victims of domestic violence, sexual assault and gender and sex identity discrimination.

Price varies by item

Shoppers can browse and shop everything from clothing, housewares, tools, and books to furniture, accessories, used cars, and more.

Merchandise constantly changes as newly donated items make their way to the sales floor. Call your preferred location before visiting because some may be closed for renovations.

Hotline Too

2114 S Croatan Hwy.
Nags Head, NC 27959
252-441-1244

Monday through Friday: 10:00 AM to 5:00 PM
Saturday: 9:00 AM to 4:00 PM

Manteo Hotline

602 Amadas St, Manteo, NC 27954
252-473-3127

Tuesday through Friday: 10:00 AM to 5:00 PM
Saturday: 9:00 AM to 4:00 PM

Buxton Hotline

47170 NC-12
Buxton, NC 27920
252-986-1332

Tuesday, Wednesday, Thursday: 9:00 AM to 4:00 PM
Saturday: 10:00 AM to 5:00 PM

<https://obhotline.org/how-to-help/thrift-stores/>

Clothing Resources

Goodwill Thrift Store

5381 Virginia Dare Trail N
Southern Shores, NC 27949
252-255-5111

<https://www.gienc.org/>

Monday through Saturday: 9:00 AM
to 8:30 PM

Sunday: Noon to 6:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

Salvation Army Family Store

600 N. Hughes Blvd.
Elizabeth City, NC 27909
252-338-8741

Find them on Facebook at The Salvation Army Family Store of Elizabeth City

Monday through Saturday: 10:00 AM
to 4:00 PM

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Always contact your parole officer before leaving Dare County.

Prices vary depending on item. They may give you a voucher for free clothes if you mention that you just got out of prison

Education Resources

Dare County Center

517 Budleigh St,
Manteo, NC 27954
252-475-9425

<https://dare.ces.ncsu.edu/>

Monday - Friday:
8:30 AM to 5:00 PM

The Dare County Center has partnered with NC State to offer classes and events for residents of Dare County. The classes include topic such as Lawn & Garden classes, Agriculture & Food, Home & Family and more. See the website for more information and dates.

Cost varies per course.
See website for details.

Education Resources



In The Beginning Incubator

919 E Main St
Richmond, Va 23219

804-468-8141

<https://inthebeginningco.com/>

Monday - Friday:
10:00 AM to 5:00 PM

In The Beginning Incubator and Fund (ITB) was founded in 2021 with a simple but powerful mission: To empower entrepreneurs who have been historically overlooked — and help them build legacies, not just businesses. What started as a single-location incubator in Richmond, Virginia has grown into a multi-state platform. Our model is research-backed through our partnership with Langston University, focusing on entrepreneurs from underserved, rural, minority, disabled, and returning citizen communities. ITB offers Culturally centered entrepreneur training ,Mental health and business development integrated in all programs, Real capital access through KIVA partnerships and the ITB Fund Federal research partnership to design better entrepreneur support models and Specialized niche services (grant readiness, virtual business services, procurement certification support)

Programs and packages vary in cost. See website or call for information. Also has grant programs to help cover cost for those that qualify.

Education Resources



House Of Resilience LLC

910-249-9426

<https://www.gobuildresilience.com/>

Monday - Friday:
8:30 AM - 5:30 PM
Available on some Saturdays

House of Resilience Empowerment Coaching (HOR) provides trauma-informed, strengths-based coaching for justice-involved Men seeking personal growth, emotional healing, and successful reentry. We specialize in mindset development, identity rebuilding, and purpose-driven goal setting through structured coaching frameworks. Services include one-on-one virtual or in-person sessions, personalized reentry planning, and empowerment programs that promote self-worth, accountability, and long-term transformation. We welcome individuals with criminal backgrounds but currently do not serve registered sex offenders. Clients may apply through our website or be referred by a facility or partner agency. The first step is a free 15-minute discovery session to determine program fit. Contact: Crystal Jackson, Founder & Lead Coach, at info@gobuildresilience.com or 910-249-9426.

Free for incarcerated individual and affordable for those released. Call or email for more information.

Directory for Dare County Agencies:

Dare County Probation Department	962 Marshall Collins Dr. Manteo, NC 27954	252-475-9161
Dare County DMV	210 US-64 Manteo, NC 27954 2808 S Croatan Hwy. Nags Head, NC 27959	252-473-3926 252-480-6465
Dare County Dpt. of Social Services	107 Exeter St. Manteo, NC 27954	252-475-5500

Directory for State and Federal Government Programs that Offer Temporary Assistance:

SNAP (Supplemental Nutrition Assistance Program): www.fns.usda.gov/snap/supplemental-nutrition-assistance-program

LIEAP (Low Income Energy Assistance): www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap

TANF (Temporary Assistance for Needy Families): www.ncdhhs.gov/divisions/social-services/work-first-family-assistance

Other Organizations that Offer Assistance:

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at www.988lifeline.org.

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): www.felonyrecordhub.com

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): www.honestjobs.com

Veterans Resources in Dare County (for all military veterans): 252-475-5604 or online at <https://www.darenc.gov/departments/health-human-services/veterans-services/>

NC211.org (an online information and referral service provided by United Way of NC. It offers a searchable database with information about resources for all 100 counties in North Carolina)

Other Assistance Available through OurJourney: Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney Essential Services program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, registering to vote, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call (888) 50-REENTRY or visit www.ourjourney2gether.com/essential-services.



**OurJourney
PO Box 2862
Rocky Mount, NC 27802
(888) 50 REENTRY**