



# Reentry Resource Guide for Caldwell County



**2026**



*now with partner info!*

# PLEASE READ THIS FIRST!

Nothing is more frustrating these days than trying to get an actual human being to answer the phone when you call organizations for assistance. This can especially be true for government agencies. If this happens to you when contacting any of the service providers listed in this Reentry Resource Guide, remember the following:

- Try to find all the information you need on the service provider's website, which OurJourney gives for every service provider that has one. That way you won't even need to call. If the website gives an email address, you might try emailing the service provider with your non-emergency questions.
- Sometimes by pressing the zero button on your phone you can skip past the recorded message and be sent straight to a human operator.
- Know ahead of time exactly what you want to ask; have any materials you need on hand before you call (such as ID, application, etc.).
- Be patient. If you simply can't wait on hold any longer, choose the option that lets you leave a voicemail (if available).  
If you leave a voicemail, remember to state your name and phone number clearly, along with the reason for your call.  
Make sure you're available for call-back during normal business hours. If you can't be, when you leave your voicemail provide a time range for call-back.

Also remember, many people in your community need help too. So you may be placed on a waiting list for some services. OurJourney always recommends that you begin your search for assistance by contacting the One-Stop Resource Centers listed at the front of this guide. Why? Because these service providers usually have the resources and connections in the community to provide more immediate and specific help.

Agencies, organizations, ministries or businesses with a  beside their listing are close partners of OurJourney. We have verified not just their basic information but that they are dedicated to helping you rebuild your life. Make sure you mention that OurJourney sent you!

Finally, remember that your success ultimately depends on **YOU!** OurJourney encourages you not to give up if you can't find help when and how you need it. We know firsthand how frustrating it can be when things don't go the way you hope, but we also know that **the worst day in freedom is better than the best day in prison**, and that patience and perseverance are just as important to your success as the assistance you need.

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Picture on the front cover: "Across the Grain" sculpture, downtown Lenoir (courtesy of thomassayre.com)



## Resource Guide - Caldwell County

The service providers listed below are for Caldwell County and surrounding areas. Agencies, organizations or businesses may be listed multiple times if they offer services in multiple categories. Agencies, organizations or businesses listed under the category "One-Stop Resource Centers" offer assistance in all or nearly all other categories. OurJourney does not endorse any of the agencies, organizations or businesses listed below, unless otherwise noted by a check mark beside the listing and/or on the Our Partners page of our website.

OurJourney has verified the accuracy of the information in this Resource Guide as of the date printed on the bottom of each page. There may be other service providers in Caldwell County not listed. Please call (888) 507-3368 or email [contact@ourjourney2gether.com](mailto:contact@ourjourney2gether.com) to report any discrepancies or to suggest other service providers in Caldwell County.

### One-Stop Resource Centers



#### Caldwell County R.E.S.T.A.R.T.

2345 Morganton Blvd.  
Lenoir, NC 28645  
828-426-8542 (24/7)

<https://www.caldwellcountync.org/418/RESTART>

*Office Hours:*  
Monday through Friday: 8:00 AM to  
5:00 PM

R.E.S.T.A.R.T. is primarily a place where people who use drugs can find support, harm reduction, treatment and recovery. However, they will also help connect anyone returning from prison with organizations and agencies in Caldwell County that can help them in any number of ways, regardless of whether they have substance abuse issues or not. The phone number provided is available 24/7 to receive calls.

Assistance is free; some services provided by partner organizations may charge fees

## One-Stop Resource Centers

### South Caldwell Christian Ministries

5 Quarry Rd.  
Granite Falls, NC 28630

828-396-4000

Find them on Facebook at South Caldwell Christian Ministries

Monday through Friday: 8:00 AM to 5:00 PM

Provides support to citizens in need in Caldwell County through the cooperative efforts of member churches and other organizations. They can help with clothing, diapers, some financial assistance, food, fans, furniture, household needs, counseling, budgeting and more.

Assistance is free; some services provided by partner organizations may charge fees

### United Way - Caldwell County

1248 Hickory Blvd  
Lenoir, NC 28645

828-758-9300

<https://www.caldwellunitedway.org/>

Monday through Friday: 8:30 AM to 5:00 PM

Provides support to dozens of member agency programs in Catawba County. In addition to calling the number provided for the Catawba office, you can get 24-hour assistance by calling the United Way hotline by dialing 211.

Assistance is free; some services provided by partner organizations may charge fees



### Go Further Connect

<https://gofurtherconnect.com/>

Introducing a new way to get connected

Do you need a **resource**?  
Do you need a **job**?  
Do you need **inspiration**?  
Do you need to **connect**?



Go Further Connect is an online resource for connecting returning citizens with programming, services, and community support that meet the individual's needs. You can search for help by zip code and also access some of the other great resources they have available for free, such as a tool for finding a job.

Free

Visit [www.GoFurtherConnect.com](http://www.GoFurtherConnect.com)  
to start connecting now

## One-Stop Resource Centers



### Recidivism Reduction Call Center

<https://rreps.net/recidivism-reduction-hotline>

888-852-0004

The Recidivism Reduction Call Center allows people recently released from prison in North Carolina to connect with a RREPS operator to request information about, and set up warm referrals to, employment, housing, healthcare, and public benefits services.

Assistance is free; some services provided by partner organizations may charge fees

### North Carolina ePASS

<https://epass.nc.gov/>

North Carolina ePASS is a new online way to apply for Benefits and services as a resident of the state. It is made available by the NC Department of Health and Human Services.

You can apply for Food & Nutrition Services, apply for Energy Assistance, register to vote (if eligible) and apply for other state services.

You will need to set up an account first and you must have an active email account. You will also need a photo ID and your birth certificate to set up an account.

Setting up an account is free. To qualify for benefits, you must meet certain guidelines.



### Rise 4 Me

<https://www.rise4me.com/>

Rise4Me is a free, online tool that offers a directory of reentry resources made available in an easily accessible format. RISE stands for Resources for Improvement, Support and Empowerment for Returning Citizens.

Free

## One-Stop Resource Centers



### Fenced In: Fighting for Freedom Advocacy

336-840-7570

<https://aprilbarberscales.com/#our-services>

Monday - Friday:  
9:00 am to 5:00 pm

April spent over 33 years in prison and now helps others returning after long prison sentences of 20 years or more. If that's you, April will prepare a tailored plan according to your vision of release and will provide a prepaid cell phone and gift card as funding permits. She is also a certified peer support specialist who offers support for those who struggle with mental health, psychological trauma, or substance use. April is an OurJourney board member.

Free if you served 20 years or more.



### Harvest Solutions

<http://www.harvestsolutions.com/>

Available 24/7

Harvest Solutions is a free, all-in-one digital platform that offers life-skills education, job and housing resources, mental health support, and recovery tools. Available to anyone for free, users earn giftcard rewards for engaging in courses. The platform is mobile-friendly, easy to access, and designed to support people navigating transition or reentry.

Free

## Food Resources

### Caldwell County Yokefellow

202 Harper Ave.  
Lenoir, NC 28645

828-754-7088

<https://www.yokefellow.org/services-we-offer/food-pantry>

*Food Pantry:*  
Monday, Tuesday, Thursday and  
Friday: 9:00 AM to Noon and 1:00  
PM to 4:00 PM

Yokefellow provides food assistance for households in Lenoir, distributing food to those in need on a monthly basis.

They have a food bank, which is located on the left side of the building, and also offer "Yoke To Go," a program that makes bagged meals available at Yokefellow on Mondays, Tuesdays, Thursdays and Fridays from 3:00 PM until the bags are gone. They also have a thrift store. (See Clothing Resources).

Free

## Food Resources

### Bags of Blessing Food Bank

1808 Union Grove Rd.  
Lenoir NC 28645  
828-728-2221

Provides food to those in need in Caldwell County. Free

Recently relocated from Mountain Grove Baptist Church to Union Grove Baptist Church.

Find them on Facebook at Bags of Blessing - Mountain Grove Food Pantry

2nd and 4th Tuesday from 5:00 PM to 7:00 PM

## Medical / Dental Resources

### Caldwell County Health Department

2345 Morganton Blvd. SW, Suite B  
Lenoir, NC 28645

828-426-8400

<https://www.caldwellcountync.org/240/Health-Department>

Offers assistance with a variety of basic health needs, including disease prevention and others. Free

Also offers free HIV and other STD testing and free COVID testing and vaccinations. Will also help with referrals to other health care providers in Caldwell County. Must call and make appointment.

Monday through Friday: 8:00 AM to 5:00 PM

### Helping Hands Clinic

810 Harper Ave. NW  
Lenoir, NC 28645

828-754-8565 Ext. 313 (Medical)  
828-754-8565 Ext. 304 (Pharmacy)

<https://www.helpinghandsclinic.org/>

#### *Medical Clinic Hours:*

Monday through Thursday: 8:00 AM to 5:00 PM (closed for lunch from 12:30 PM to 1:30 PM)

#### *Pharmacy Hours:*

Monday through Thursday: 1:30 PM to 5:00 PM

The vast majority of patients suffer some kind of chronic condition such as diabetes, hypertension, or COPD. The Clinic also provides same-day sick visits (urgent care visits) for things like sinus infections, strep throat, etc. They also have a pharmacy and offer dental and vision care.

To be eligible for services at Helping Hands Clinic, you must be a resident of Caldwell County between the ages of 18-64, be below 250% of the Federal Poverty Level and have no access to Medicaid, Medicare, or private insurance.

Free to those who qualify

## Medical / Dental Resources



### NC MedAssist

866-331-1348

[medassist.org](http://medassist.org)

NC MedAssist is a statewide program for those who do not have the means to buy life-saving medications to treat chronic diseases such as heart disease, diabetes, and asthma. To qualify you must live in NC, not have any insurance (not even Medicaid) and have income that is at or below 300% of the national poverty average. (To give you an example, if you live with one other person, the combined yearly income for both of you can't be more than \$54,930, or \$4,577 per month.) Visit their website to enroll or call for more information. They also have a Mobile Free Pharmacy that travels the state handing out free Over The Counter medications to anyone, no ID required.

Free for those who qualify and aren't insured

**OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 888-507-3368 to learn more.**



### Parks Insurance

153 S. Oakland Ave.  
Rock Hill SC 29730

866-932-7200

<https://parksinsured.com/>

Monday through Friday: 9:00 AM to 5:00 PM

Parks Insurance is licensed in all 50 states to offer healthcare insurance to individuals returning from prison. Through a special program called G.I.F.T. (Giving Insurance Freely for Transition), you are eligible to receive healthcare insurance with ZERO monthly payments and little, if any, deductibles. This plan covers doctor visits, medication, behavioral health, surgery, hospital stays and more. Everyone qualifies, even those with preexisting conditions.

Free

**OurJourney can help you enroll in NC MedAssist's free pharmacy program! Call us 888-507-3368 to learn more or call Parks Insurance and speak to a representative.**

## Mental Health & Substance Abuse Resources



### Caldwell County R.E.S.T.A.R.T.

2345 Morganton Blvd.  
Lenoir, NC 28645

828-426-8542 (24/7)

<https://www.caldwellcountync.org/418/RESTART>

*Office Hours:*  
Monday through Friday: 8:00 AM to  
5:00 PM

R.E.S.T.A.R.T. provides assistance Free to those in need of help overcoming drug addiction. They offer: Resources, application, and transportation assistance for detoxification, rehabilitation, in-patient treatment facilities. They also have several Medication Assistance Treatment (MAT) options available and can provide Narcan. Their peer support specialists will walk hand in hand with you on your own personal recovery journey.

### Foothills Area Harm Reduction Mission

211 NC-127 SE  
Hickory, NC 28602

828-999-0055

Find them on Facebook at The Farm

Foothills Area Harm Reduction, also called The Farm, provides peer support and mobile MAT clinics to individuals struggling with drug addiction. The address provided is for their office in Hickory, but they service Caldwell County also. You may need to leave a message but they will call you back.

### The Caldwell House

951 Kenham Place SW  
Lenoir, NC 28645

828-754-5148

<https://thecaldwellhouse.com>

*Office Hours:*  
Monday through Friday: 8:00 AM to  
5:00 PM

The Caldwell House is not a treatment facility but is a residency program for men who are serious about staying sober. They provide no medical or counseling treatment here. It is expected that a resident be fully physically detoxed before entry. They also require that each resident have completed an inpatient substance abuse treatment program. For most facilities this is a 28-day plan. We will accept applicants from facilities with less days only on a case-by-case basis and in consult with that facility's staff. Call to arrange for an interview.

Rent is \$150 per week. This cost covers the room, meal/food, and local transportation (10-mile radius) for work/medical/legal obligations.

## Mental Health & Substance Abuse Resources

### RHA Health Services - Behavioral Health Services

2415 Morganton Blvd. SW Suite 100  
Lenoir, NC 28645

828-394-5563

<https://rhahealthservices.org/locations/lenoir-behavioral-health-office-foothills-regional-treatment-center/>

Open 24 hours a day

Offers a range of behavioral health services including clinical intake/diagnostic assessments, community support services, crisis interventions, intensive in-home services, jail diversion, reentry programs and several outpatient detox programs.

Free



### Mental Health America

800-969-6642

<https://www.mhanational.org/>

<https://screening.mhanational.org/screening-tools/>

Provides free mental health screening, which is the quickest and easiest way to determine whether you are experiencing symptoms of a mental health condition.

To take the free and confidential mental health screening, visit their website or scan the QR code to the right with your smartphone.



[mhascreening.org](http://mhascreening.org)



### Project VBOT

<http://projectvbot.com/>

910-765-1003

*Office hours:*  
Monday - Friday  
8:00 AM to 5:00 PM

Project VBOT is a Virtual Based Opioid Treatment program that provides virtual MAT to patients all across NC. They serve patients 18 and older who have an internet enabled device. You can sign up for Project VBOT on the website provided or on the OurJourney website.

Accepts Medicaid, Medicare and all major insurance. Also has a self-pay option

### Hope 4 NC

1-855-587-3463

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-use-services/hope4nc-helpline-1-855-587-3463>

Offers free and confidential emotional support, counseling referrals and community resources for those in crisis. Available 24 hours a day, seven days a week.  
A real person will always answer.

Assistance is free; some services provided by partner organizations may charge fees

## Mental Health & Substance Abuse Resources

### Statewide Peer Warm-line

855-733-7762

Available 24/7

The statewide Peer Warm-line is a Free phone line staffed by Peer Support Specialists who offer non-clinical support and resources to those in crisis. Peer Support Specialists (or “peers”) are people living in recovery with mental illness and/or substance use disorder who provide support to others who can benefit from their lived experience. Their unique expertise helps reduce stigma while strengthening overall engagement in care. Like 988, North Carolina's Peer Warm-line is available 24 hours a day, 7 days a week.

### Heels Care Network

<https://care.unc.edu/resource/mental-health-gps/>

This is an online network of North Carolina and national mental health resources and support groups.

Access is free; some providers listed may charge fees for their services

### Darkness Rising - Rebuild Program

919-589-7808

<https://findmeatherapist.org/>

Monday to Friday:  
9:00 Am to 8:00 Pm

The Rebuild program provides therapist connection for the formerly incarcerated while also paying for the first 10 sessions. Rebuild serves the BIPOC community. Black, indigenous, people of color. Call for more information.

Free

## Mental Health & Substance Abuse Resources



### Better Life Partners

866-679-0831

<https://betterlifepartners.com/north-carolina>

Monday-Sunday:  
8:00 AM to 6:00 PM

Better Life Partners, an outpatient treatment provider dedicated to supporting individuals aged 18 and above with Substance Use Disorder (SUD) and Alcohol Use Disorder (AUD). Our comprehensive approach includes medication-assisted treatment (MAT) and substance use-related responsive care. These services are paired with counseling sessions facilitated by licensed counselors in virtual group settings. Our Telehealth model streamlines an innovative approach to care and support for our members.

Accepts most major insurances. Flex pay is available if uninsured and payment is based on income.



### Narcotics Anonymous

855-227-6262

<https://ncregion-na.org/>

Looking for a NA meeting in North Carolina? Free

Use any of these methods to find a meeting in North Carolina:  
Use the Online Meeting Finder  
Use the online North Carolina Meeting Finder using Map or Text View the NC Meeting Printable List

Go to <https://ncregion-na.com/list> and view, print or download.  
Call 1-855-227-NCNA (6262) to find a meeting or to talk to an addict.

Text Your Address to 1-855-227-6262 and get a text with the next 5 upcoming meetings near you.

## Job Training / Job Placement Resources



### NCWorks Career Center

1909 Hickory Blvd.  
Lenoir, NC 28645

828-759-4680

<https://www.ncworks.gov/>

Monday through Thursday: 7:30 AM  
to 5:30 PM (closed one hour for  
lunch)

Offers support for everything from Free  
creating a resume and finding the  
right job opportunities to  
preparing clients for job  
interviews. Website has links for  
Finding a Job.

### Vocational Rehabilitation Center

125 Hospital Ave. NW  
Lenoir, NC 28645

828-572-6600

[https://www.ncdhhs.gov/divisions/  
vocational-rehabilitation-services](https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services)

Monday through Friday: 8:00 AM to  
5:00 PM

Provides a variety of services,  
depending on your specific  
needs. They are customized to  
help you find a job and offer  
career counseling, education and  
training, job placement assistance  
and on-going support, medical  
treatments and assistive  
technology. Works specifically  
with those who have physical,  
mental or emotional disabilities.

Free

### AccuForce

2025 Morganton Blvd.  
Lenoir, NC 28645

828-759-9303

<https://accuforce.com/staffing-and-employment-services-for-lenoir-nc/>

Monday through Friday: 8:00 AM to  
5:00 PM

Temporary agency offering job  
placement in local businesses for  
clients who can pass a drug test  
and have reliable transportation.  
They do conduct a background  
check, and some business they  
work with will not hire ex-felons,  
but others will.  
If you can, they recommend that  
you apply online and then  
schedule a follow-up  
appointment.

Free

## Financial Resources



### Operation HOPE

704-680-3163

<https://operationhope.org>

Monday through Friday: 8:00 AM to 5:00 PM

Helps individuals of all ages and backgrounds, including the formerly incarcerated, by offering financial education, one-on-one coaching, courses on credit score improvement, as well as pathways toward homeownership and starting a business.

They have eight locations across the state of North Carolina, but since they can also provide their services over the phone, they can help you even if you don't live near one of their locations.

This is a great (and totally free) program for those who want to understand how to rebuild their credit and financial life after incarceration.

Call Alisha Kenny at the number provided to set up an initial appointment.

Free

## Transportation Resources

### Greenway Public Transportation

*Main Office:*  
1459 Robinwood Rd  
Newton, NC 28658

828-464-9444

<https://www.mygreenway.org/van-paratransit-service>

*General Services Hours:*  
Monday through Friday: 5:30 AM to 6:00 PM  
*Office Hours (for reservations):*  
Monday through Friday: 8:30 AM to 5:00 PM

Provides transportation by van in Caldwell County through their Demand Response service, which offers shared ride, curb to curb, public transportation. Service is offered upon seat and route availability. New passengers are encouraged to call the scheduling office for service information and individual trip planning. You must call to schedule your ride at least a day in advance.

The address provided is for Conover because they don't have an actual office in Caldwell County.

\$2.50 per one-way trip.  
Must have exact amount to board because drivers cannot provide change

## Clothing Resources

### Goodwill Industries Thrift Store

960 Blowing Rock Blvd.  
Lenoir, NC 28645  
828-758-7715

Offers previously-owned clothing and other items at extremely low prices. You can often find name-brand clothes in good to great condition.

Men's pants are as low as \$4.50 each, shirts as low as \$2.99 each. Other items are priced low also.

<https://www.goodwillnwnc.org>

Monday through Saturday: 10:00 AM to 8:00 PM  
Sunday: 1:00 to 6:00 PM

### Caldwell County Yokefellow Thrift Store

202 Harper Ave.  
Lenoir, NC 28645  
828-754-7088

<https://www.yokefellow.org/services-we-offer/thrift-store>

Monday, Tuesday, Thursday and Friday: 9:00 AM to 4:00 PM  
Saturday: 9:00 AM to 1:00 PMP

The store provides extremely affordable men's, women's and children's clothing and accessories, as well as household items. A wide range of furniture items are also available in the Thrift Store.

When there is demonstrated need, Yokefellow's Emergency Assistance office issues vouchers that allow clients to receive goods from the thrift store at no charge every 90 days. In addition, thrift store vouchers are provided at any time when there is a personal or household emergency.

Prices vary depending on item.

## Education Resources



### In The Beginning Incubator

919 E Main St  
Richmond, Va 23219

804-468-8141

<https://inthebeginningco.com/>

Monday - Friday:  
10:00 AM to 5:00 PM

In The Beginning Incubator and Fund (ITB) was founded in 2021 with a simple but powerful mission: To empower entrepreneurs who have been historically overlooked — and help them build legacies, not just businesses. What started as a single-location incubator in Richmond, Virginia has grown into a multi-state platform. Our model is research-backed through our partnership with Langston University, focusing on entrepreneurs from underserved, rural, minority, disabled, and returning citizen communities. ITB offers Culturally centered entrepreneur training ,Mental health and business development integrated in all programs, Real capital access through KIVA partnerships and the ITB Fund Federal research partnership to design better entrepreneur support models and Specialized niche services (grant readiness, virtual business services, procurement certification support)

Programs and packages vary in cost. See website or call for information. Also has grant programs to help cover cost for those that qualify.

### Caldwell County Center

120 Hospital Ave,  
Lenoir, NC 28645

828-757-1290

<https://caldwell.ces.ncsu.edu/>

Monday - Friday:  
8:00 AM to 5:00 PM

The Caldwell County Center has partnered with NC State to offer classes and events for residents of Caldwell County. The classes include topic such as Lawn & Garden classes, Agriculture & Food, Home & Family and more. See the website for more information and dates.

Cost varies per course.  
See website for details.

## Education Resources

### House Of Resilience LLC

910-249-9426

<https://www.gobuildresilience.com/>

Monday - Friday:  
8:30 AM - 5:30 PM  
Available on some Saturdays

House of Resilience Empowerment Coaching (HOR) provides trauma-informed, strengths-based coaching for justice-involved Men seeking personal growth, emotional healing, and successful reentry. We specialize in mindset development, identity rebuilding, and purpose-driven goal setting through structured coaching frameworks. Services include one-on-one virtual or in-person sessions, personalized reentry planning, and empowerment programs that promote self-worth, accountability, and long-term transformation. We welcome individuals with criminal backgrounds but currently do not serve registered sex offenders. Clients may apply through our website or be referred by a facility or partner agency. The first step is a free 15-minute discovery session to determine program fit. Contact: Crystal Jackson, Founder & Lead Coach, at [info@gobuildresilience.com](mailto:info@gobuildresilience.com) or 910-249-9426.

Free for incarcerated individual and affordable for those released. Call or email for more information.

### NC Work From Anywhere

<https://communitydevelopment.ces.ncsu.edu/local-economic-development-programs/nc-work-from-anywhere/>

NC Work From Anywhere is your gateway to remote work success —whether you want to stay in your rural community while working for top employers or develop the skills needed to thrive in a remote job.

Live Here. Work Anywhere. If you love your rural community and want a remote job that allows you to stay, we offer training and resources to help you succeed in a virtual environment.

Course Fee is \$200 dollars.

## Education Resources

### North Carolina Families United

141 Wilkesboro Blvd.  
Lenoir, NC 28645

980-349-5333

<https://www.ncfamiliesunited.org/>

Monday - Friday:  
9:00 AM to 4:00 PM (by appointment only)

North Carolina Families United (NCFamU) provides family-centered support services across North Carolina. We offer Child and Family Team (CFT) meetings, Wellness Recovery Action Plan (WRAP) training, and STARR Reentry Services—a fatherhood-based reentry program for justice-involved men that includes up to six post-release sessions rooted in the InsideOut Dad® curriculum. Services are free and community-based. We welcome system-impacted families and do not currently serve people convicted of sexual or violent offenses. We do require a photo ID before providing services, but it can be the client's Prison ID. Suite B

Services are free and community-based.

## Digital Access / Literacy Resources

### NC DIT Tech Resource Finder

[https://www.ncbroadband.gov/  
resource-finder](https://www.ncbroadband.gov/resource-finder)

Provides more than 1,100 resources that help North Carolinians use the internet, find public computers and Wi-Fi and access technical support and digital skills classes across the state. Tech Resource Finder users can search for local offerings by county, zip code or type of resource and can select a map view or table view. Each resource includes a description, address, website, contact information and directions.

Free

### Apollo Net

984-250-0081

<http://www.apollonet.org/>

Monday - Friday:  
9:00 AM - 5:00 PM  
Saturday:  
9:00 AM - 12:00 PM

We provide low-cost broadband access for underserved communities and students. Our program is open to anybody enrolled in any state/federal assistance program

\$35 per month for unlimited 5G wifi home internet.

## Digital Access / Literacy Resources

### OurJourney's Essential Services Program

888-507-3368

[www.ourjourney2gether.com](http://www.ourjourney2gether.com)

### The Essential Services Program

Free at OurJourney provides practical, one-on-one support to individuals returning to the community after incarceration. The program helps participants build stability and independence by addressing everyday reentry needs such as employment readiness, budgeting, basic computer skills, medication access, stress management, and healthy life skills. There is **no time requirement** related to how long someone has been out of the system to enroll, and services are tailored to each person's individual goals and circumstances.

## Housing Resources

### Transitional Housing

855-860-3119

<https://www.transitionalhousing.org/>

Transitional housing is supportive housing that helps fight the homeless problem in today's society. Stays can be from two weeks to twenty four months. Transitional housing provides people with help after a crisis such as homelessness or domestic violence. Currently we have over 7,035 transitional housing locations in our database. It also provides information on each housing location along with pictures.

Assistance is free; some services provided by partner organizations may charge fees

### Oxford House, Inc.

1010 Wayne Avenue,  
Silver Spring, MD 20910

800-689-6411

<https://www.oxfordhouse.org/>

Oxford House is a shared residence where people in recovery from drug and alcohol addiction can live together and support each other in a drug and alcohol-free environment. It provides housing in 47 states. Use <https://oxfordvacancies.com/> to search for a house in your local area.

See website for housing cost as it varies from house to house

**Directory for Caldwell County Agencies:**

Caldwell County Probation Department	208 Mulberry St. NW Lenoir, NC 28645	828-757-5633
Caldwell County DMV	309 Pine Mountain Rd. Hudson, NC 28638	828-726-2504
Caldwell County Dpt. of Social Services	2345 Morganton Blvd. SW Lenoir, NC 28645	828-426-8200

**Directory for State and Federal Government Programs that Offer Temporary Assistance:**

SNAP (Supplemental Nutrition Assistance Program): [www.fns.usda.gov/snap/supplemental-nutrition-assistance-program](http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program)

LIEAP (Low Income Energy Assistance): [www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap](http://www.ncdhhs.gov/divisions/social-services/energy-assistance/low-income-energy-assistance-lieap)

TANF (Temporary Assistance for Needy Families): [www.ncdhhs.gov/divisions/social-services/work-first-family-assistance](http://www.ncdhhs.gov/divisions/social-services/work-first-family-assistance)

**Other Organizations that Offer Assistance:**

The National Reentry Network for Returning Citizens is a national network comprised of individuals returning from incarceration who support each other's successful reintegration. To learn more, visit their website at <https://thenationalreentrynetwork.org/>.

National Suicide Prevention Hotline: Dial 988 or online at [www.988lifeline.org](http://www.988lifeline.org).

Felony Record Hub (an online resource with jobs, housing and reentry advice for people with criminal records): [www.felonyrecordhub.com](http://www.felonyrecordhub.com)

Honest Jobs (the nation's leading job marketplace for people affected by the criminal justice system. Honest Jobs has over 300,000 job openings from 1,000+ fair-chance employers): [www.honestjobs.com](http://www.honestjobs.com)

[NC211.org](http://NC211.org) (an online information and referral service provided by United Way of North Carolina. It offers a searchable database with information about resources for all 100 counties in North Carolina)

**Other Assistance Available through OurJourney:** Anyone returning to any county in North Carolina from any state prison is automatically eligible to participate in the OurJourney **Essential Services** program. The Essential Service programs provides one-on-one, professional assistance, including help with writing a resume, preparing for a job interview, handling stress and rejection, smartphone training, and six other essential services for those rebuilding their lives after incarceration. This program is free of charge. To learn more or to enroll, call (888) 507-3368 or visit [www.ourjourney2gether.com/essential-services](http://www.ourjourney2gether.com/essential-services).





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