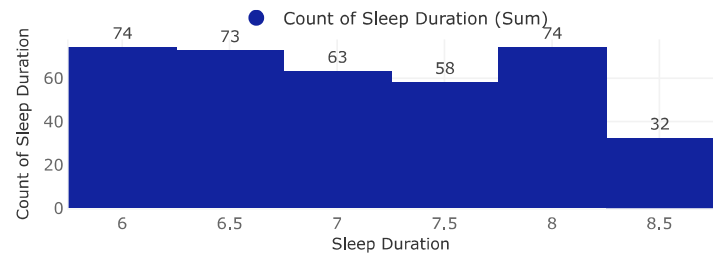


Understanding Sleep Patterns



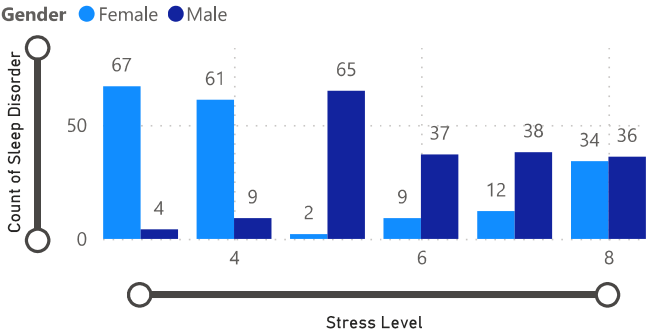
Sleep Disorder among Males

Count of Gender	Sleep Disorder
11	Sleep Apnea
41	Insomnia
137	None
189	

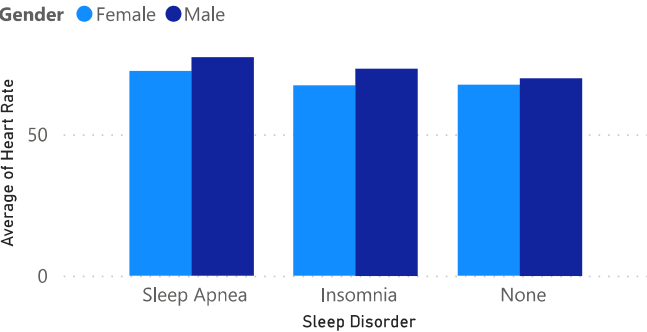
Sleep Disorder Among Females

Sleep Disorder	Count of Gender
None	82
Sleep Apnea	67
Insomnia	36
Total	185

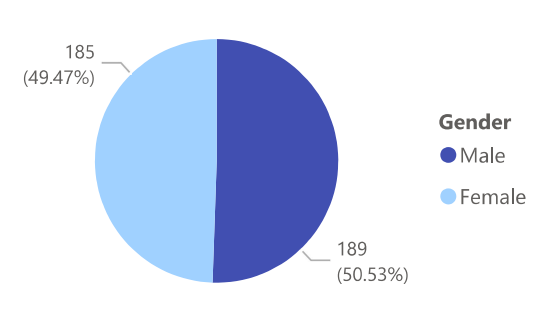
Sleep Disorder Counts by Stress Level & Gender



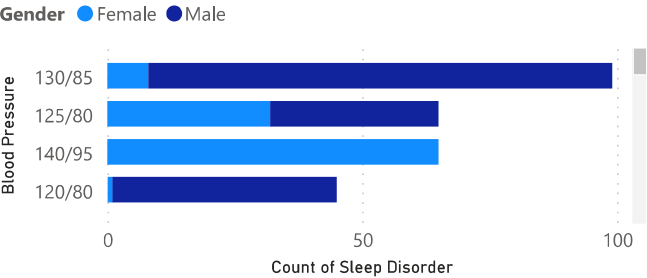
Heart Rate Insights: Gender & Sleep Disorders



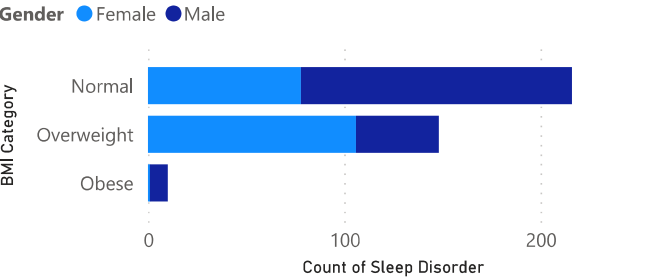
Sleep Quality Comparison: Males vs. Females



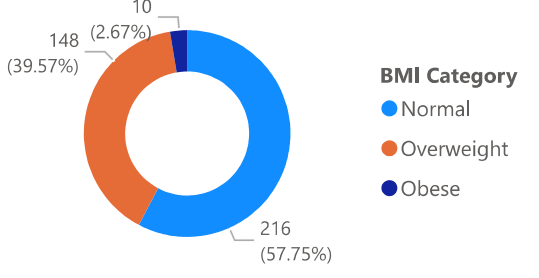
Sleep Disorder Counts by Blood Pressure & Gender



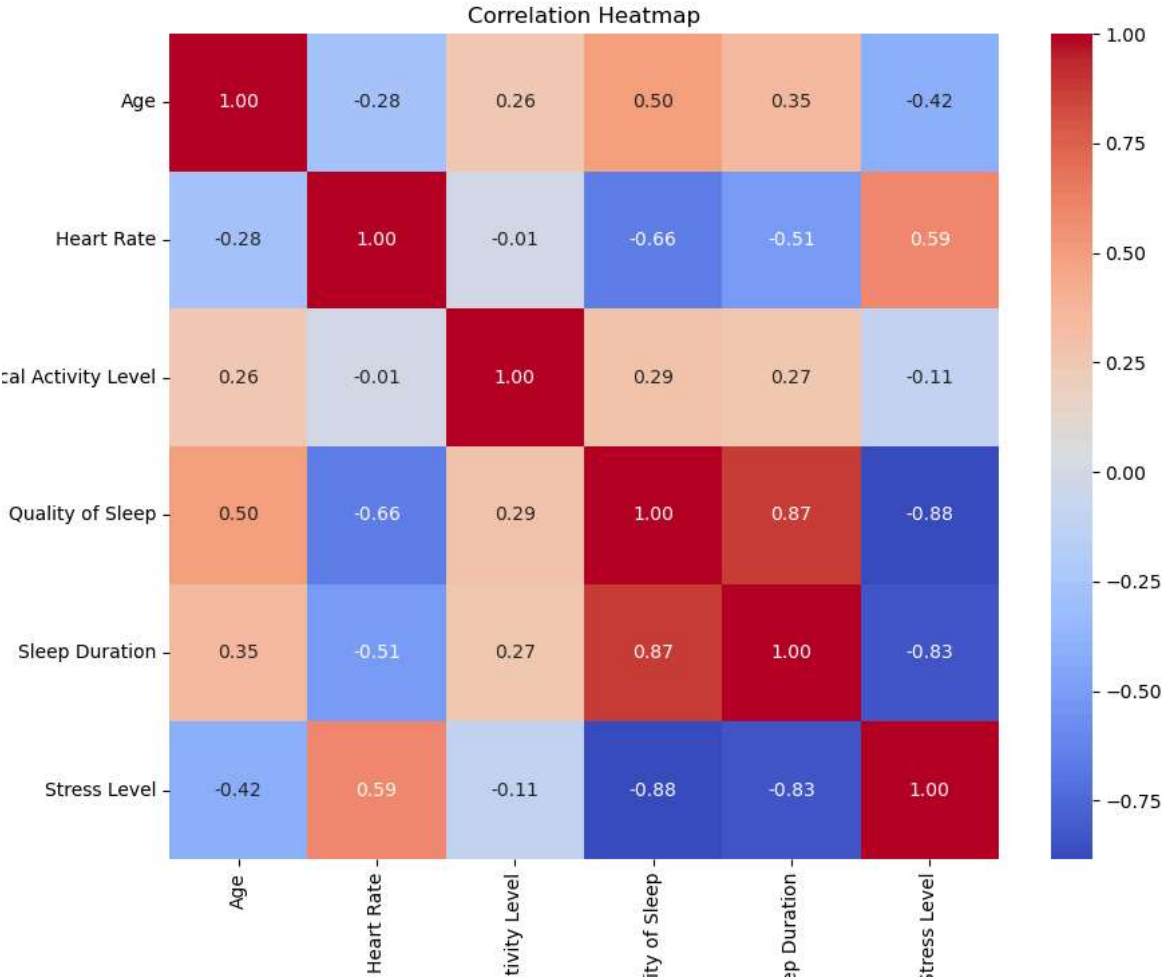
Sleep Disorder Counts by BMI Category & Gender



BMI distribution



Exploring Relationships: Heatmap Analysis



"Occupation-Based Sleep Metrics Comparison

