



GREEN LIGHTHOUSE SAFETY MESSAGE

SEPTEMBER 15, 2025

CUTS AND LACERATIONS

Lacerations are the most common workplace injury, accounting for more than 30% of all workplace injuries. About 70% of those lacerations are to the fingers or hand.

One of the most common sources of cuts and lacerations is the use of knives and other cutting tools. Know the safety procedures regarding their use.

Remember to follow these safety guidelines:

- Wear proper personal protective equipment (PPE) such as eyewear, gloves, and protective clothing.
- Always use the appropriate tool for the task at hand.
- Inspect tools before use to ensure they are in good condition.
- Always keep the tool under control during use.
- Secure the item you are cutting; do not hold it in your hand while cutting.
- Use a sharp blade, as dull blades require greater force.
- Stand in a well-balanced position while using tools.
- Never use a cutting blade as a screwdriver, pry bar, or chisel.
- Do not leave exposed blades unattended; consider using self-retracting cutting blades.
- Properly store sharp cutting tools in a closed position or covered with a protective sheath.

