

Study	SMD	SE	Weight
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Blades et al. 2024	0.2722	0.228	3.8%
Buijze et al. 2016	0.0000	0.046	92.3%
Slezakova et al. 2025	-0.8513	0.428	1.1%
Knill-Jones et al. 2024	0.0891	0.262	2.9%

Total (95% CI)

100.0%

Prediction interval

Heterogeneity: $\text{Tau}^2 < 0.0001$; $\text{Chi}^2 = 5.50$, $\text{df} = 3$ ($P = 0.1387$); $I^2 = 45.4\%$

-1.5 -1 -0.5 0 0.5 1 1.5

Standardised Mean Difference (Hedges g)

