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Blades et al. 2024	0.2151	0.227	34.1%
Ketelhut et al. 2023	0.2621	0.314	32.3%
Faid et al 2022	-1.3354	0.252	33.6%

Total (95% CI) **100.0%**

Prediction interval

Heterogeneity: $\text{Tau}^2 = 0.7619$; $\text{Chi}^2 = 25.22$, $\text{df} = 2$ ($P < 0.0001$); $I^2 = 92.1\%$

Standardised Mean Difference (Hedges g)

