### Objective:

To develop a Python-based microservice that calculates health metrics (BMI and BMR) using a REST API. The project will be containerized with Docker, managed with Makefile, and deployed to Azure using GitHub Actions for CI/CD.

#### Mathematical Equations for Health Calculations

1. Body Mass Index (BMI):

BMI = weight (kg)/(height (m))^2

- 2. Basal Metabolic Rate (BMR) (Harris-Benedict Equation):
  - o For males:

```
BMR = 88.362 + (13.397 x weight (kg)) + (4.799 x height (cm)) - (5.677 x age (years))
```

o For females:

```
BMR = 447.593 + (9.247 x weight (kg)) + (3.098 x height (cm)) - (4.330 x age (years))
```

### **Project Requirements:**

- 1. Python Microservice:
  - Develop a Flask REST API with endpoints:
    - /bmi: Calculates BMI using height (meters) and weight (kg).
    - /bmr: Calculates BMR using height (cm), weight (kg), age, and gender.
- 2. Containerization with Docker.
  - Create a Dockerfile to containerize the application.
- 3. Orchestration with Makefile:
  - Automate setup, testing, and deployment with Makefile commands:
    - make init, make run, make test, make build.
- 4. Dependency Management:
  - Manage dependencies in requirements.txt.
- 5. Testing:
  - Write unit tests to validate the BMI and BMR calculations and API endpoints.
- 6. CI/CD Pipeline with GitHub Actions:
  - Set up a pipeline to automate testing and deployment on code push.
- 7. Deployment to Azure:
  - Use Azure App Service to host the containerized microservice.

### **Detailed Project Instructions**

- 1. Microservice Development
  - 1. Create a directory named health-calculator-service.
  - 2. Inside health-calculator-service, create the following files:
    - o app.py:
      - Define the Flask API with two endpoints ( /bmi and /bmr ).
    - o health\_utils.py:
      - Define utility functions calculate\_bmi and calculate\_bmr.

#### Example Code:

app.py

```
app = Flask(__name__)
@app.route('/bmi', methods=['POST'])
def bmi():
    # here goes the code

@app.route('/bmr', methods=['POST'])
def bmr():
    # here goes the code

if __name__ == '__main__':
    app.run(host='0.0.0.0', port=5000)
```

· health\_utils.py

```
def calculate_bmi(height, weight):
    """Calculate Body Mass Index (BMI) given height in meters and weight in kilograms."""
    return BMI

def calculate_bmr(height, weight, age, gender):
    """Calculate Basal Metabolic Rate (BMR) using the Harris-Benedict equation."""
```

### 2. Containerization with Docker

• Create a **Dockerfile** in the health-calculator-service directory to containerize the application.

#### Example Dockerfile:

```
FROM python:3.9-slim
##
```

#### 3. Orchestration with Makefile

• Create a Makefile in the health-calculator-service directory to automate tasks.

# Example Makefile:

```
include .env
export

.PHONY: init run test build clean

init:
    @echo "Installing dependencies..."

run:
    @echo "Running the Flask app..."

test:
    @echo "Running tests..."

build:
    @echo "Building the Docker image..."
```

# 4. Dependency Management

• Create a requirements.txt file with dependencies.

### Example requirements.txt:

```
Flask==2.0.2
```

## 5. Testing

• Create a test.py file to validate BMI and BMR calculations.

#### Example test.py:

```
import unittest
from health_utils import calculate_bmi

class TestHealthUtils(unittest.TestCase):
    def test_calculate_bmi(self):
        self.assertAlmostEqual(calculate_bmi(1.75, 70), 22.86, places=2)

if __name__ == '__main__':
    unittest.main()
```

#### 6. CI/CD Pipeline with GitHub Actions

• In .github/workflows, create ci-cd.yml for GitHub Actions to automate testing and deployment.

### Example ci-cd.yml:

```
name: CI/CD Pipeline
on:
 push:
   branches:
      - main
jobs:
 build-test-deploy:
   runs-on: ubuntu-latest
   steps:
    - name: Checkout code
     uses: actions/checkout@v2
    - name: Set up Python
     uses: actions/setup-python@v2
       python-version: '3.x'
    - name: Install dependencies
     run: | # command
    - name: Run tests
     run: | # command
    - name: Build Docker image
     run: | # command
    - name: Deploy to Azure Web App
     uses: azure/webapps-deploy@v2
     with:
       app-name: 'health-calculator-app' # Replace with your Azure app name
       publish-profile: ${{ secrets.AZURE_WEBAPP_PUBLISH_PROFILE }}
        package: ./health-calculator-service
```

# 7. Deployment to Azure

- 1. Set up Azure App Service:
  - Create a new Web App in Azure App Service to host the application.
- 2. Add Publish Profile to GitHub Secrets:
  - Download the **publish profile** from Azure App Service.
  - In GitHub repository settings, add a secret called AZURE\_WEBAPP\_PUBLISH\_PROFILE and paste the profile contents.

#### 3. Trigger Deployment:

• Push code changes to the main branch to trigger the CI/CD pipeline and deploy to Azure.

## **Expected Deliverables:**

- 1. A GitHub repository with:
  - The Flask microservice code ( app.py , health\_utils.py ).
  - Unit tests (test.py).
  - o Dockerfile.
  - Makefile.
  - o requirements.txt.
  - GitHub Actions CI/CD pipeline ( .github/workflows/ci-cd.yml).
- 2. A deployed instance of the microservice on Azure App Service, accessible via an HTTP endpoint.

## **Evaluation Criteria:**

- Founctionality of the API (2): The API can be tested remotely
- Correctness (1): Both endpoints (/bmi and /bmr) return accurate calculations.
- Containerization (2): The application is correctly containerized and runs in Docker.
- Automation (4): The Makefile commands work as expected to set up dependencies, test, run, and build the container.
- CI/CD Pipeline (3): The GitHub Actions workflow successfully automates testing and deployment.
   Documentation and Readability (4): Code and comments are clear and well-organized.
- Innovation (2): integrate additional functionalities
- Time Respect (2)