

Confidence Boost Reading

For pinpointing your main insecurity
and taking action to kick it to the curb

1. Shuffle the deck
2. Decide whether or not you will use inverse (upside down) card meanings
3. Focus on your insecurities
4. Lay down 1 card at a time, face up, in its proper placeholder and follow the instructions below

Card 1

**The Root of Your
Insecurity**

This is the theme of the noise
in your head that's leaving
you feeling insecure.

Take a moment to think about
how these kinds of thoughts
are holding you back and
keeping you from shining like
the radiant person you are.

Card 2

**Your first source
of power**

This is your first source of
power. You really shine when
you optimize your relationship
with these concepts.

Take a moment to think about
ways in which these concepts
have strengthened your sense
of confidence in the past.
Keep in mind, your powers
don't always come from
obvious places.

Card 3

**Your second
source of power**

This is your second source
of power. Your confidence is
strong when you optimize
your relationship with the
concepts on this card.

Take a moment to think
about ways in which your
experiences with these
concepts can strengthen your
sense of confidence today
and in the future.

Card 4

**Action to take
right now to ditch
your insecurity**

It's time to get your mojo
back and this card is telling
you how to do it. You need to
embrace its themes and take
action towards them.

So step to it! Use your
sources of power to unroot
that pesky insecurity and
get back to being the person
you love to be.