

Best used for insight before a specific action

- 1. Shuffle the deck
- 2. Decide whether or not you will use inverse (upside down) card meanings
- 3. Ask a very specific question about what you are considering doing
- 4. Lay down 1 card at a time, face up, in its proper placeholder
- 5. Follow the meaning prompts in each card placeholder

This is what is causing you the most doubt or fear for moving forward. This is the strongest, most important feeling thing that frames your decision. Is it benefiting you?

Card 3

Past Influences

What events and influences in your past have lead you to this point, are giving you sources of confidence or doubt about this decision, and are they still relevant?

Card 1 Challenges & Obstacles Heart of the Matter

> These are some challenges and obstacles will you face if you move forward with your decision. How many of these obstacles are real and how many just seem real?

Card 4

Probable Outcome

At this current point in time, this is a probable outcome of moving ahead with your decision. Changing factors in your life will change your probable outcome.