

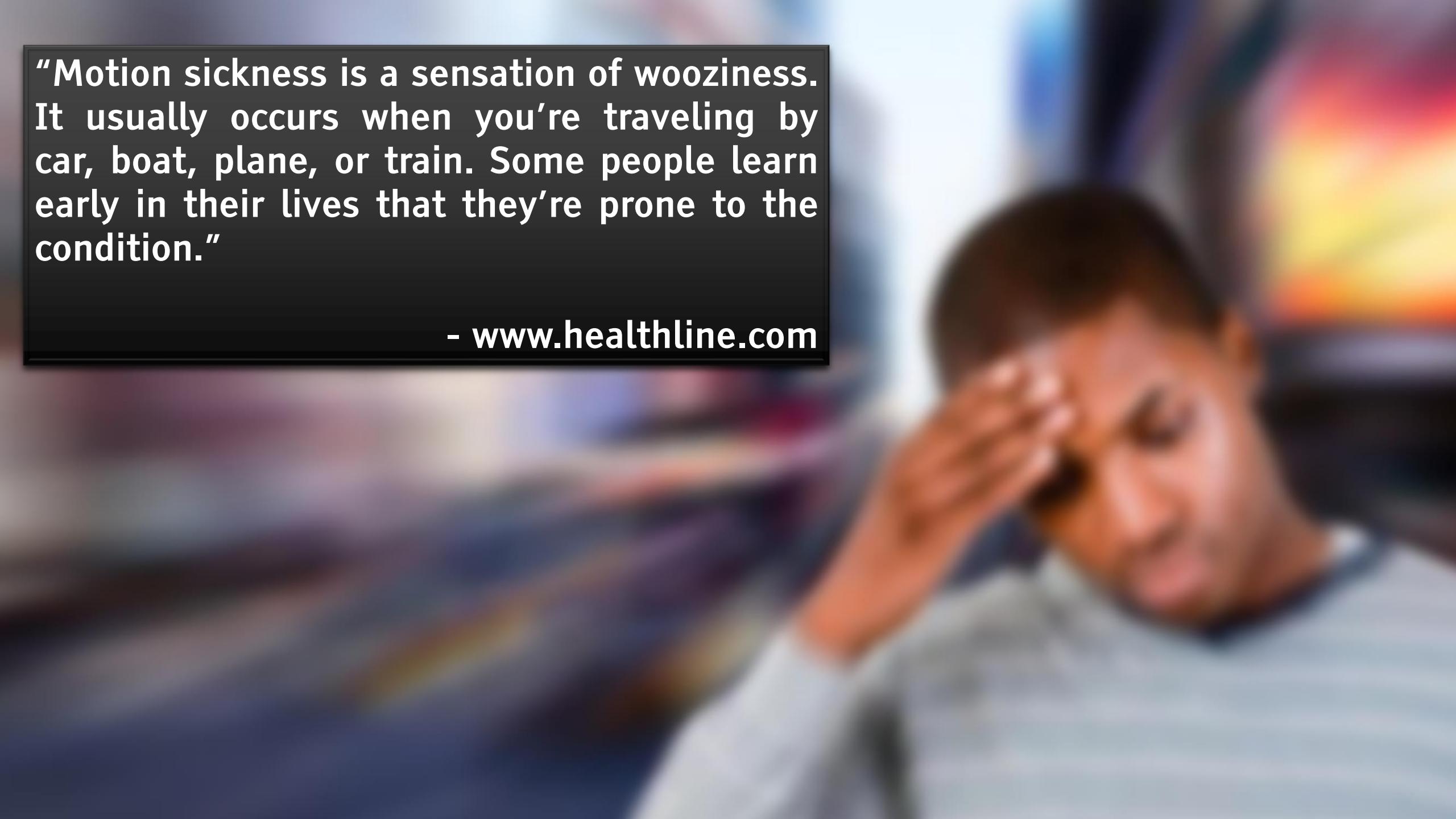
MOTION SICKNESS

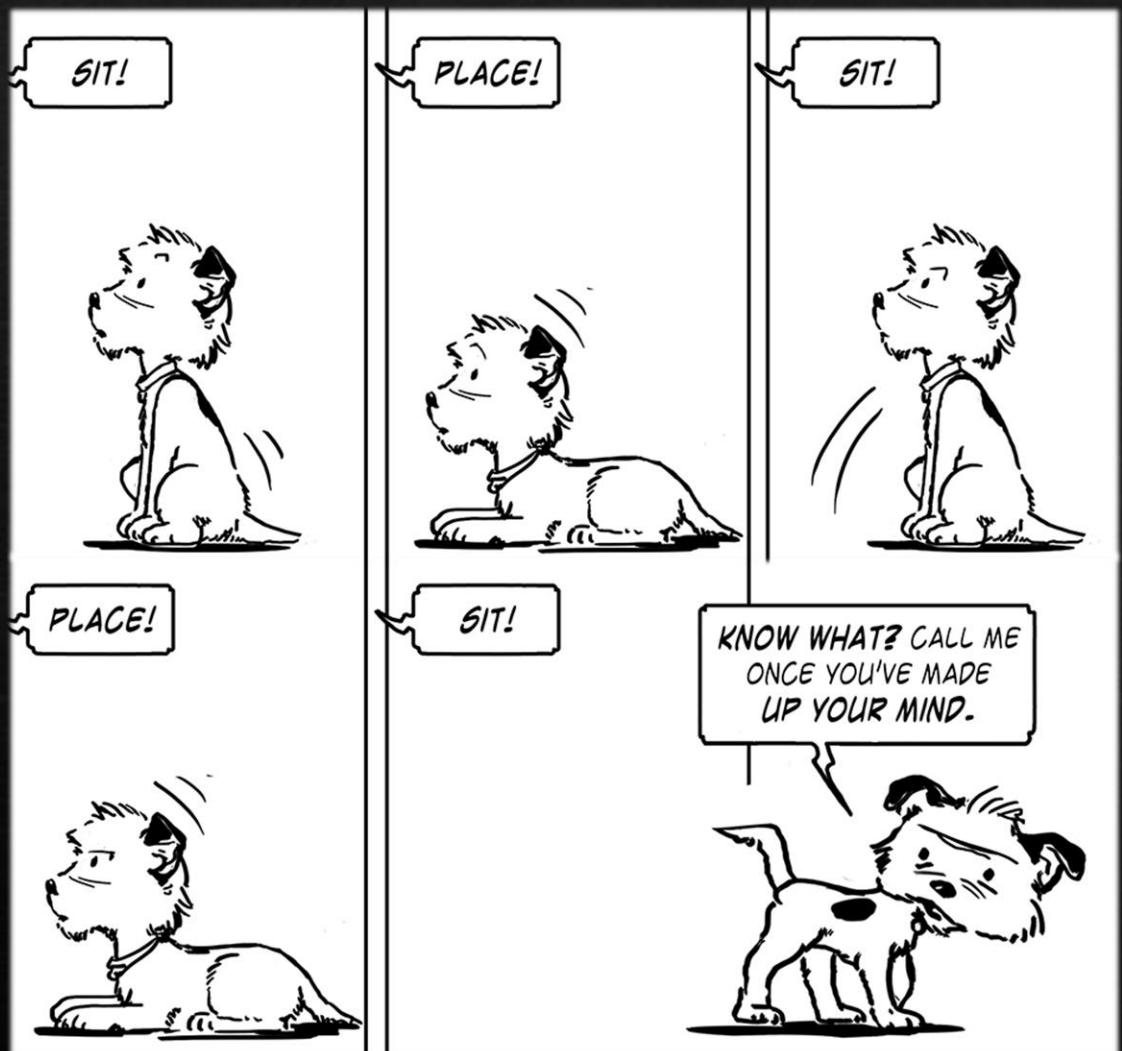
and what the F. do we do about it?



"Motion sickness is a sensation of wooziness. It usually occurs when you're traveling by car, boat, plane, or train. Some people learn early in their lives that they're prone to the condition."

- www.healthline.com



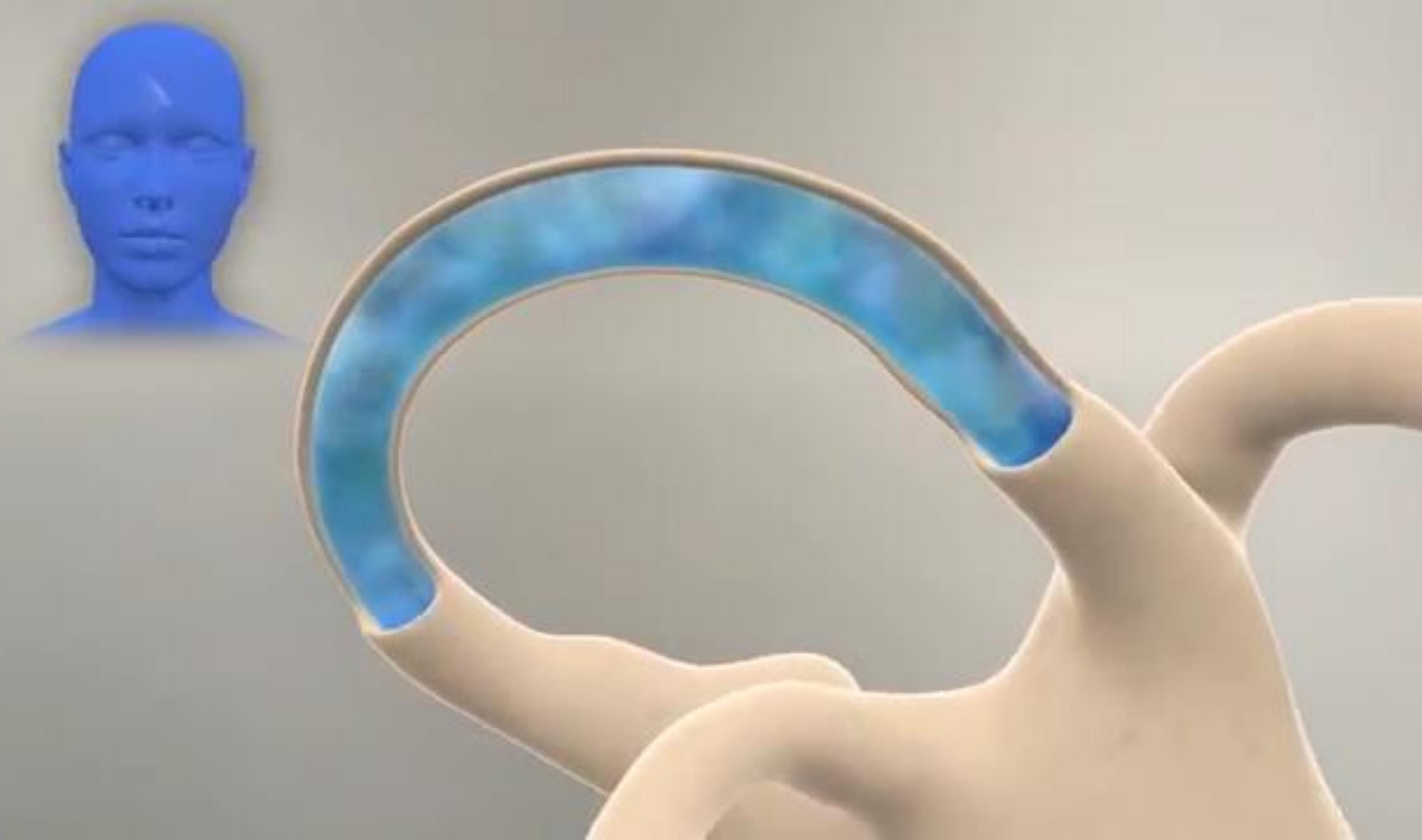


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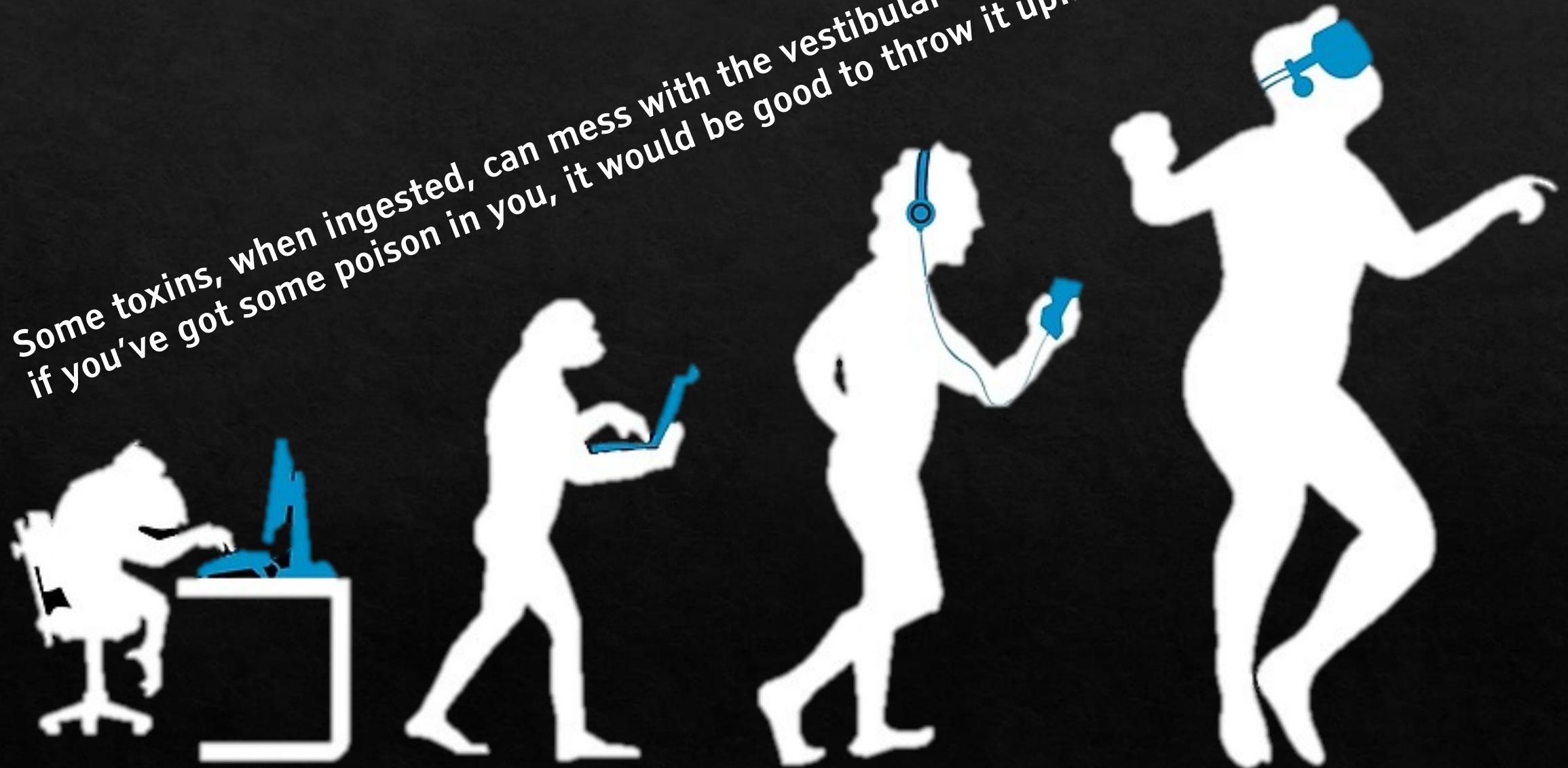


The inner ear in particular is important. As it helps control your sense of balance.





Some toxins, when ingested, can mess with the vestibular system. And if you've got some poison in you, it would be good to throw it up...



MOTION SICKNESS

A person wearing a VR headset stands in a futuristic, neon-lit cityscape. The background is filled with vertical streaks of red, blue, and white light, creating a blurred, motion-filled environment. The person is seen from the side, facing right, with their back to the viewer. They are wearing a dark jacket and a VR headset with glowing blue lights on the sides. The overall atmosphere is dynamic and immersive.

WHAT
IS

THE WU



GIMME MORE

References:

- "How the Inner Ear Balance System Works" - <https://youtu.be/YMIMvBa8XGs>
- "Hearing & Balance: Crash Course" - <https://youtu.be/Ie2j7GpC4JU>
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- <https://www.theatlantic.com/health/archive/2015/02/the-mysterious-science-of-motion-sickness/385469/>
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