

Intersecting Identities

Each of us has many social identities that intersect. Social identity is how a person views oneself and fosters belonging to others in similar categories. Some groups are based on birth, circumstance, or choice. Some categories are based on societal norms, some are clear, others are fixed and some shift. For each category, circle or write (if it isn't included) your own identity and then determine if belonging to the group provides an Advantage or Disadvantage in the United States. Mark A or D for each item.

Social Category	Examples (please add your own identity if it is not listed as an example)	Your Identity	
		A	D
Race	Asian Pacific Islander, Black/African American, Latin/a/o/x, White, Biracial, Multiracial, Native American		
Ethnicity	European, Igbo, Italian, Puerto Rican, Ashkenazi, Sephardi, Mizrahi, Beta Israel		
Gender	Agender, Woman, Man, Transgender, Nonbinary		
Sex	Female, Male, Intersex		
Sexual Orientation	Lesbian, Gay, Bisexual, Heterosexual, Queer		
Relationship status	Single, Married, Long-term Relationship		
Religion/Spirituality	Atheist, Buddhist, Christian, Humanist, Jewish		
Age	Child, Youth, Young Adult, Middle-Age, Elderly		
Ability	Hearing Impairment, Learning Disability, Physical Disability, Temporary Injuries, Non-Disabled		
Body Type	Full bodied, Thin, Fat		
Socioeconomic	Working Poor, Working Class, Lower Middle Class, Affluent		
Immigration Status	Citizen, Legal Resident, Resident without Papers		
First Language	English, Spanish, French		