

LCFD

OFFLINE MEDICAL CONTROL

Place the ulnar aspect of the opposite hand along the midline of the upper arm laterally



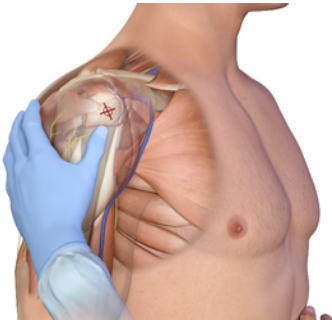
Place your thumbs together over the arm.

This identifies the vertical line of insertion on the proximal humerus

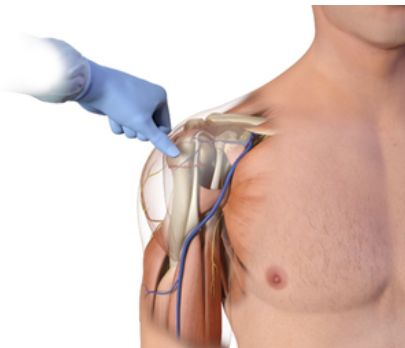


Palpate deeply as you climb up the humerus to the surgical neck.

It will feel like a golf ball on a tee – the spot where the “ball” meets the “tee” is the surgical neck



The insertion site is on the most prominent aspect of the greater tubercle, 1 to 2 cm above the surgical neck



Insertion:

Prepare the site by using antiseptic solution of your choice