

LCFD

OFFLINE MEDICAL CONTROL

PROCEDURE- PROXIMAL HUMERUS (SECONDARY SITE-TO BE USED IF THE TIBIAL SITES ARE UNUSABLE):

Proximal Humerus Identification & Insertion Technique - Adult

Identify the proximal humerus:

Place the patient's hand over the abdomen (elbow adducted and humerus internally rotated)



Place your palm on the patient's shoulder anteriorly

The area that feels like a "ball" under your palm is the general target area

You should be able to feel this ball, even on obese patients, by pushing deeply



Place the ulnar aspect of one hand vertically over the axilla

