# **PREPARATION CHECKLIST**

### **HURRYCRATE INCLUDES:**

- Food (2 weeks supply, tailored to family size & needs)
- Food Tools: plates, silverware, cookware, napkins/towels, can opener
- Water Resources: life straws, filters, water bottles
- First aid/medical kit
- Flashlight & extra batteries
- Mini generator
- Matches

#### NOT INCLUDED BUT RECOMMENDED:

- Baby food, diapers, formula
- Blankets or sleeping bags
- Extra prescription medicine
- Identification (Passport, IDs)
- Battery operated radio

# **DONATE**

(Amazon List)

# **CONTACT US**



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http://hurrycane.herokua pp.com

# **HURRICANE GUIDE**

2018

HURRYCANE.HEROKUAPP.COM

# **BEFORE** A HURRICANE

- Check to be certain that your emergency equipment is in good working order.
- Store water, food and essential medicines.
- Have enough supplies for at least two (2) weeks.
- Obtain and store materials to protect your home.
- Review your insurance policy to ensure it provides adequate coverage.
- Do you have elderly friends or relatives who will stay with you during a storm?
- Keep a list of their prescribed medications, and be sure to include them in food and water storage plans.
- Pick fruits and trim trees if near house.
- Plan for Evacuation.
- Listen to the weather reports on radio and televison.

## DURING A HURRICANE

- Remain calm and provide assurance to children and elderly.
- In cases where your house is damaged and the main switch is still on, it is always wise to switch it off.
  Ideally you should do so before a hurricane.
- Where there are heavy lightning flashes, avoid getting into contact with metal objects. Stay out of the shower or bath during ALL storms.
- Avoid going outdoors until the is given.

### **EMERGENCY INFORMATION**

- Download the app and tap on emergency information
- Tune into local news and radio stations to get updates

## AFTER A HURRICANE

- Assist in search and rescue.
- Seek medical attention for persons injured.
- Clean up debris and effect temporary repairs.
- Report damage to utilities.
- Assist in road clearance.
- Watch out for secondary hazards, fire, flooding, etc.
- Assist in community response efforts.
- Avoid sightseeing.
- Co-operate with Damage Assessors.
- Avoid getting into contact with lines lying on the ground.
- Report to Electricity Services all damaged or broken poles/wires etc. which may be seen in your area, as soon as possible