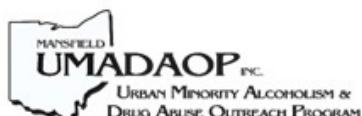




Outcomes Evaluation of the Children of Incarcerated Parents Initiative  
Implemented in Ohio Department of Rehabilitation and Correction  
Facilities SFY2017-2025

*Bringing Hope to Families Experiencing Incarceration*

The Ohio Children of Incarcerated Parents Initiative is implemented through partnerships with:



## Acknowledgements

We would like to thank the following organizations for facilitating the Children of Incarcerated Parents Initiative in Ohio Department of Rehabilitation and Correction Facilities.

Cleveland UMADAOP: Northeast Pre-Release Center

Dayton UMADAOP: Dayton Correctional Institution, Ohio Reformatory for Women, Pickaway Correctional Institution

Franklin County UMADAOP: London Correctional Institution, Madison Correctional Institution, Ross Correctional Institution

Lima UMADAOP: Allen-Oakwood Correctional Institution

Lorain UMADAOP: Mansfield Correctional, Richland Correctional

Mansfield UMADAOP: Allen-Oakwood Correctional, Mansfield Correctional Institution, Marion Correctional, Richland Correctional Institution



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## Introduction

In order to support the implementation of the evidence-based curriculum, Creating Lasting Family Connections (CLFC), within selected facilities of the Ohio Department of Rehabilitation and Correction (ODRC), Ohio University's Voinovich School of Leadership and Public Service and the Pacific Institute of Research and Evaluation have partnered to provide evaluation services for the program. This evaluation has been reviewed by the Ohio University Institutional Review Board (Federalwide Assurance #00000095) under protocols 17-N-81 and 21-N-10 and the Ohio Department of Rehabilitation and Correction Human Subjects Research Review Committee (HSRRC; Research Proposal Approval Form DRC-1827).

## Purpose of Report

The purpose of this report is to show whether there were changes over time in the outcomes targeted by CLFC. The report first describes how the outcomes were assessed. We next describe the participants' characteristics followed by their satisfaction with the program. Finally, we examine the change between pre and post surveys in the CLFC targeted outcomes.

## Participants

This report provides a summary of the data for all adult institutions participating in the evaluation between state fiscal years (SFY) 2017 through 2025. The sample for this report consists of 696 who were exposed to CLFC and completed both the pre- and post-test surveys only. A description of the characteristics of these participants appears in the Results section of this report.

A breakdown of the number of individuals and the number of cohorts participating, appear in Tables 1 and 2, respectively.

**Table 1. Number of participants by SFY and institution.**

	2017	2018	2019	2020	2022	2023	2024	2025	TOTAL
Allen-Oakwood Correctional Institution	0	0	0	0	0	27	19	0	46
Dayton Correctional Institution	0	29	93	26	34	21	39	53	295
London Correctional Institution	0	0	0	0	0	0	0	14	14
Madison Correctional Institution	0	0	0	0	0	14	24	45	83
Mansfield Correctional Institution	0	0	0	0	3	0	8	8	19
Northeast Pre-Release Center	11	28	25	0	0	0	0	0	64
Ohio Reformatory for Women	0	0	0	0	0	0	0	28	28
Pickaway Correctional Institution	0	0	0	0	0	0	0	10	10
Richland Correctional Institution	6	27	29	0	13	14	14	21	124
Ross Correctional Institution	0	13	0	0	0	0	0	0	13
<b>TOTAL</b>	<b>17</b>	<b>97</b>	<b>147</b>	<b>26</b>	<b>50</b>	<b>76</b>	<b>104</b>	<b>179</b>	<b>696</b>

**Table 2.** Number of cohorts by SFY and institution.

	2017	2018	2019	2020	2022	2023	2024	2025	TOTAL
Allen-Oakwood Correctional Institution	0	0	0	0	0	1	3	0	4
Dayton Correctional Institution	0	4	12	5	5	4	5	8	43
London Correctional Institution	0	0	0	0	0	0	0	1	1
Madison Correctional Institution	0	0	0	0	0	1	2	4	7
Mansfield Correctional Institution	0	0	0	0	1	0	1	1	3
Northeast Pre-Release Center	1	3	3	0	0	0	0	0	7
Ohio Reformatory for Women	0	0	0	0	0	0	0	3	3
Pickaway Correctional Institution	0	0	0	0	0	0	0	1	1
Richland Correctional Institution	1	2	3	0	2	2	2	2	14
Ross Correctional Institution	0	2	0	0	0	0	0	0	2
<b>TOTAL</b>	<b>2</b>	<b>11</b>	<b>18</b>	<b>5</b>	<b>8</b>	<b>8</b>	<b>13</b>	<b>20</b>	<b>85</b>

It is important to note that this initiative is named Children of Incarcerated Parents (CIP) because of the causal relationship between child and parent. The CIP program affects positive change in children by building a more positive, connected relationship with their parent(s). This program provides concrete, practical skills that, when applied, create healthier environments for children; much like parenting classes. This impact is then multiplied as participants who complete the program model learned skills for other parents or caregivers. The estimated number of children impacted by a parent completing the CIP program appears in Table 3 by SFY and institution.

**Table 3.** Estimated number of children impacted by the participant completing the program by SFY and institution.

	2017	2018	2019	2020	2022	2023	2024	2025	TOTAL
Allen-Oakwood Correctional Institution	0	0	0	0	0	29	28	0	57
Dayton Correctional Institution	0	76	186	64	78	41	66	114	624
London Correctional Institution	0	0	0	0	0	0	0	24	24
Madison Correctional Institution	0	0	0	0	0	21	32	46	100
Mansfield Correctional Institution	0	0	0	0	3	0	13	24	40
Northeast Pre-Release Center	13	67	37	0	0	0	0	0	117
Ohio Reformatory for Women	0	0	0	0	0	0	0	66	66
Pickaway Correctional Institution	0	0	0	0	0	0	0	42	42
Richland Correctional Institution	26	82	75	0	36	34	46	56	354
Ross Correctional Institution	0	36	0	0	0	0	0	0	36
<b>TOTAL</b>	<b>40</b>	<b>261</b>	<b>298</b>	<b>64</b>	<b>116</b>	<b>124</b>	<b>184</b>	<b>372</b>	<b>1460</b>

Note: Rounding error may yield row or column totals that differ slightly from listed values.

## Methodology

Pre survey data were collected immediately before the start of CLFC and post survey data were collected immediately after the end of CLFC for each cohort. Protocols for data collection were provided by the evaluation team.

The survey is a standard evaluation instrument for CLFC. It includes 71 items that ask about relationship skills acquired through participation in the program. The items form nine scales that assess: Communication Skills (8 items), Conflict Resolution Skills (6 items), Intrapersonal Skills (9 items), Emotional Awareness

Skills (9 items), Emotional Expression Skills (9 items), Interpersonal Skills (8 items), Relationship Management Skills (8 items), Relationship Satisfaction (7 items), and Relationship Commitment (7 items). Nineteen items included in the pre survey ask about participant demographic characteristics. Four items included in the post survey ask about satisfaction with the program and one item asks about ratings of the facilitators. The full pre and post surveys are included in Appendices B and C.

Statistical comparisons are made between pre and post survey on the nine relationship skill outcomes using a repeated measures t-test. This test tells us whether the change over time is significantly different from zero (or no change).

## Results

The first section presents results of demographic items from the pre survey. The second section presents the results for satisfaction with the program and facilitators. In these sections, each survey item has its own table that includes a breakdown of all responses for that item. The left column of each table shows all possible responses to the survey item. The middle column shows the number of participants who picked a specific response – this number is called “# Responding” (or the Number Responding). If no participants selected a specific response, then a zero (0) will be present. The right column shows the percent, which is calculated as the number choosing that response divided by the total number of participants responding to the item. It should be noted that some participants may not respond to an item, so the total number responding to an item could be less than the total number of individuals who participated in the survey.

The third section shows change from pre survey to post survey for these participants on each of the nine scales measuring relationship skills (for example, Communication Skills).

## Demographics

Demographic questions focus on specific characteristics of those participating in the survey. This section (Tables 4 to 22) includes items regarding those characteristics.

Please note that Table 5 contains columns for mean, median, and standard deviation (SD). This table is different due to age being a continuous variable.

**Table 4. How would you describe yourself?**

	# Respondents	Percent
Male	318	46
Female	375	54
Other	1	0
<b>TOTAL</b>	<b>694</b>	<b>100</b>

It should be noted that female individuals were served. As such, the program was focused on parenthood skills more generally, as opposed to solely fatherhood skills.

**Table 5. How old are you?**

Mean	Median	SD
37.66	35.00	10.18

**Table 6. Ethnicity:**

	# Respondents	Percent
Hispanic	24	4
Non-Hispanic	626	96
<b>TOTAL</b>	<b>650</b>	<b>100</b>

**Table 7. What is your race?**

	# Respondents	Percent
White	273	41
Black/African American	349	52
American Indian	4	1
Native Hawaiian	0	0
Asian	3	0
Alaskan Native	1	0
Other	44	7
<b>TOTAL</b>	<b>674</b>	<b>100</b>

**Table 8. Describe who you lived with prior to incarceration.**

	# Respondents	Percent
Alone	199	29
With my mother	56	8
With my father	10	1
With my brother(s) and/or sister(s)	19	3
With my grandparents	8	1
With other relatives or guardian	21	3
With my spouse or significant other	214	32
With roommates	58	9
Other	90	13
TOTAL	675	100

**Table 9. Describe where you lived prior to incarceration.**

	# Respondents	Percent
In my own home or apartment	393	58
In a relatives home	111	16
In a group home	3	0
In a foster home	3	0
Homeless or in a shelter	26	4
Other	146	21
TOTAL	682	100

**Table 10. At what age did you have your first child?**

	# Respondents	Percent
No Children	77	11
9-13 years old	15	2
14-18 years old	244	35
19-25 years old	294	43
26-34 years old	51	7
35+ years old	9	1
TOTAL	690	100

**Table 11. Prior to incarceration, how many of your children under the age of 18 were living with you?**

	# Respondents	Percent
0	338	50
1-2	233	34
3-4	91	13
5-6	9	1
More than 6	6	1
TOTAL	677	100

**Table 12.** Prior to incarceration, how many of your children under the age of 18 were NOT living with you?

	# Respondents	Percent
0	347	53
1-2	205	31
3-4	71	11
5-6	21	3
More than 6	11	2
TOTAL	655	100

**Table 13.** What is the highest level of education you have completed, whether or not you received a degree?

	# Respondents	Percent
8th grade or lower	44	6
12th grade or lower	289	43
Some college	274	40
College completion	71	10
TOTAL	678	100

**Table 14.** If less than 12 years of education, do you have a GED (General Equivalency Diploma)?

	# Respondents	Percent
Yes	253	66
No	132	34
TOTAL	385	100

**Table 15. Prior to incarceration, which of the following best describes you? (employment)**

	# Respondents	Percent
Employed full-time (35+ hours per week)	261	39
Employed part-time	83	13
Unemployed (looking for work)	108	16
Unemployed (disabled)	21	3
Unemployed (volunteer work)	6	1
Unemployed (retired)	2	0
Unemployed (full-time student)	28	4
Unemployed (full-time homemaker)	21	3
Unemployed (other reason)	133	20
TOTAL	663	100

**Table 16. Think about the household members that lived with you prior to incarceration. About how much income did you and/or your family members make in the last year before taxes? Include child support, and/or cash payments from the government (income)**

	# Respondents	Percent
\$0 - \$10,000	250	39
\$10,001 - \$20,000	94	15
\$20,001 - \$30,000	87	14
\$30,001 - \$40,000	70	11
\$40,001 - \$50,000	45	7
\$50,001 - \$60,000	38	6
More than \$60,000	54	8
TOTAL	638	100

**Table 17. Prior to incarceration, did you have healthcare or medical insurance?**

	# Respondents	Percent
Yes	408	60
No	271	40
TOTAL	679	100

**Table 18. Have you ever been tested for the HIV virus that causes AIDS?**

	# Respondents	Percent
Yes	554	81
No	131	19
TOTAL	685	100

**Table 19.** If yes, did you receive or go back to get your results?

	# Respondents	Percent
Yes	510	95
No	29	5
TOTAL	539	100

**Table 20.** Have you ever been tested for Hepatitis A, Hepatitis B, or Hepatitis C?

	# Respondents	Percent
Yes	551	80
No	136	20
TOTAL	687	100

**Table 21.** If yes, did you receive or go back to get your results?

	# Respondents	Percent
Yes	503	96
No	21	4
TOTAL	524	100

**Table 22.** Have you received the Hepatitis A or B vaccination?

	# Respondents	Percent
Yes	339	52
No	319	48
TOTAL	658	100

## Participants' Perspectives on the Training

Four questions ask about satisfaction with: the quality of the program, the quality of the information from the program, the quality of the instruction in the program, and the participant's program experience (Tables 23 to 26). A fifth question asks for the participants' overall rating of the group facilitators/leaders (Table 27).

**Table 23. How satisfied are you with the quality of this program?**

	# Respondents	Percent
Very Dissatisfied	2	0
Dissatisfied	4	1
Neither	24	4
Satisfied	145	22
Very Satisfied	496	74
TOTAL	671	100

**Table 24. How satisfied are you with the quality of the information from this program?**

	# Respondents	Percent
Very Dissatisfied	1	0
Dissatisfied	4	1
Neither	21	3
Satisfied	152	23
Very Satisfied	492	73
TOTAL	670	100

**Table 25. How satisfied are you with the quality of the instruction in this program?**

	# Respondents	Percent
Very Dissatisfied	2	0
Dissatisfied	6	1
Neither	16	2
Satisfied	139	21
Very Satisfied	505	76
TOTAL	668	100

**Table 26. Overall, how satisfied are you with your program experience?**

	# Respondents	Percent
Very Dissatisfied	3	0
Dissatisfied	4	1
Neither	13	2
Satisfied	143	21
Very Satisfied	507	76
TOTAL	670	100

**Table 27. What is your overall rating of the group facilitators/leaders?**

	# Respondents	Percent
Very Poor	3	0
Poor	3	0
Fair	19	3
Good	95	14
Very Good	539	82
TOTAL	659	100

## Outcome Analysis

Table 28 shows change from pre survey to post survey for these participants on each of the nine scales measuring relationship skills (for example, Communication Skills):

- The first column of figures shows the group's pre survey mean (or average). The possible range of the mean is from 1 to 5, with 5 being the most desirable. On the survey, a response of 1 represented 'strongly disagree' and a response of 5 represented 'strongly agree'.
- The second column of figures shows the standard deviation (abbreviated as SD) at pre survey. This measures the degree to which the scores vary from the mean (a higher value means that there is more variation).
- The third and fourth columns show the group's post survey mean and standard deviation.
- The far right-hand column (labeled 'p Value') shows, for groups with data from 34 or more participants, the results of a statistical test (repeated measures t-test) of whether the change from pre survey to post survey was significantly different from zero (or no change).

As can be seen in Table 28, there were statistically significant improvements in all relationship skills.

**Table 28. Changes in Relationship Skills between Pre and Post Survey.**

	Pre-Test Mean	Pre-Test SD	Post-Test Mean	Post-Test SD	p Value
Communication Skills	3.74	0.69	4.07	0.56	**
Conflict Resolution Skills	3.08	0.55	3.27	0.52	**
Intrapersonal Skills	3.28	0.48	3.53	0.48	**
Emotional Awareness Skills	3.47	0.59	3.78	0.53	**
Emotional Expression Skills	3.64	0.65	3.99	0.56	**
Interpersonal Skills	3.54	0.63	3.83	0.54	**
Relationship Management Skills	3.54	0.47	3.70	0.45	**
Relationship Satisfaction	3.48	0.78	3.84	0.69	**
Relationship Commitment	4.10	0.64	4.18	0.68	**

Note: N = 696; \*\* p < .01, \* p < .05, ns = Not Significant

## Appendix A. Psychometric Properties of Relationship Skills Measures Used

Scale	Items	Alpha	Example Item
Communication	8	.81	I am able to express my true feelings to those whom I trust.
Conflict Resolution	6	.54	Even when in a conflict with someone I trust, I can respectfully share my thoughts and feelings.
Intra-Personal	9	.65	I am honest with myself about what I feel and need.
Emotional Awareness	9	.78	I know and understand the differences between the emotions I feel.
Emotional Expression	9	.81	I am able to put my feelings into words.
Inter-Personal	8	.81	I find it helpful to discuss problems with those I trust.
Relationship Management	8	.64	There are people in my life who let me be myself.
Relationship Satisfaction	7	.89	I get what I need in my personal relationships.
Relationship Commitment	7	.77	I trust my partner enough to stay with them.

Note: Cronbach's alphas reported here come from a published manuscript using these items Shamblen et al. (2013) [Shamblen, S. R., Arnold, B. B., McKiernan, P., Collins, D. A., & Strader, T. N. (2013). Applying the Creating Lasting Family Connections Marriage Enhancement Program to marriages affected by prison reentry. *Family Process*, 52(3), 477-498].

## Appendix B. Pre-Test Survey Instrument

*Creating Lasting Family Connections®*  
Fatherhood Program :: Family Reintegration

<b>INSTRUCTOR FILL ONLY</b> ODRC facility: <hr/> Date: <input type="text"/> / <input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/>	<i>Create your anonymous unique ID so we can link this pre-test with your post-test:</i> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <input type="text"/>  <input type="text"/>   <b>The day of your birthday</b>  <small>Example: If May 8th, put 08</small> </div> <div style="text-align: center;"> <input type="text"/>  <input type="text"/>   <b>The first two letters of your middle name</b>  <small>If you don't have one, put NA</small> </div> <div style="text-align: center;"> <input type="text"/>  <input type="text"/>   <b>The first two letters of the first elementary school you attended</b>  <small>If you can't remember, put XX</small> </div> </div>
--	---

The questions below ask you to describe yourself. Your responses will allow us to make comparisons among CLFC program participants. Your responses will remain anonymous and will only be used for summary purposes.

- A. How would you describe yourself?      B. Are you Hispanic or Latino?      C. How old are you? \_\_\_\_\_  
 Male     Female     Other
- D. What is your race?  
 White     Black/African American     American Indian     Native Hawaiian     Asian     Alaskan Native     Other
- E. With whom do you live?  
 Alone     With my mother     With my father     With my brother(s) and/or sister(s)     With my grandparents  
 With other relatives or guardian     With my spouse or significant other     With roommates     Other
- F. Describe where you live.  
 In my own home or apartment     In a relative's home     In a group home     In a foster home  
 Homeless or in a shelter     Other
- G. At what age did you have your first child?  
 No Children     9-13 years old     14-18 years old     19-25 years old     26-34 years old     35+ years old
- H. How many of your children under the age of 18 ARE living with you?     0     1-2     3-4     5-6     More than 6
- I. How many of your children under the age of 18 are NOT living with you?     0     1-2     3-4     5-6     More than 6
- J. What is the highest level of education you have completed, whether or not you received a degree?  
 8th grade or lower     12th grade or lower     Some college     College completion
- J1. If less than 12 years of education, do you have a GED (General Equivalency Diploma)?     Yes     No
- K. Which of the following best describes you?  
 Employed full-time (35+ hours per week)     Employed part-time     Unemployed (looking for work)  
 Unemployed (disabled)     Unemployed (volunteer work)     Unemployed (full-time student)  
 Unemployed (retired)     Unemployed (full-time homemaker)     Unemployed (other reason)
- L. Think about the household members that live with you right now. About how much income have you and/or your family members made in the last year before taxes? Include child support, and/or cash payments from the government (welfare, TANF, SSI, or unemployment compensation).  
 \$0 - \$10,000     \$10,001 - \$20,000     \$20,001 - \$30,000     \$30,001 - \$40,000     \$40,001 - \$50,000  
 \$50,001 - \$60,000     More than \$60,000
- M. Do you have healthcare or medical insurance?     Yes     No
- N. Have you ever been tested for the HIV virus that causes AIDS?     Yes     No  
 N1. If yes, did you receive or go back to get your results?     Yes     No
- O. Have you ever been tested for Hepatitis A, Hepatitis B, or Hepatitis C?  
 O1. If yes, did you receive or go back to get your results?     Yes     No  
 Yes     No
- P. Have you received the Hepatitis A or B vaccination?     Yes     No

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Pre-Test SFY 19



Please answer the following questions to help us understand your relationship experiences. Please choose only one answer per question. No one else will be told how you answer any of these questions. Your participation in this survey is voluntary, and you may choose not to answer any questions that make you feel uncomfortable.

**Questions 1-8 deal with your knowledge and use of communication skills.**

- |  | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. I am able to express my true feelings to those whom I trust. -----  | <input type="radio"/> |
| 2. It is hard for me to ask those I trust for what I want. -----   | <input type="radio"/> |
| 3. I am very satisfied with how those I trust and I talk together. -----   | <input type="radio"/> |
| 4. It is difficult for me to share negative feelings with those I trust. -----   | <input type="radio"/> |
| 5. I feel capable of saying "no" when I need to. -----   | <input type="radio"/> |
| 6. I have confidence to say "no" when I need to. -----   | <input type="radio"/> |
| 7. I have confidence that people I know might be able to hear me and respect me when I say "no" in a "getting real" way. ----- | <input type="radio"/> |
| 8. I believe I am prepared to help my children to say "no" when it is in their best interest to do so. -----                   | <input type="radio"/> |

**Questions 9-14 deal with your knowledge and use of conflict resolution skills.**

- |   | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 9. To avoid conflict, I tend to give in too quickly. -----  | <input type="radio"/> |
| 10. Other people and I have very different ideas about the best way to solve disagreements. -----           | <input type="radio"/> |
| 11. When I discuss problems with people I trust, they often understand my opinions and ideas. -----         | <input type="radio"/> |
| 12. Even when in a conflict with someone I trust, I can respectfully share my thoughts and feelings. -----  | <input type="radio"/> |
| 13. I go out of my way to avoid conflict in my relationships. -----   | <input type="radio"/> |
| 14. To avoid hurting the feelings of those whom I trust during a disagreement, I tend to say nothing. ----- | <input type="radio"/> |

**Questions 15-23 deal with your knowledge and use of intra-personal skills.**

- |  | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 15. I tend to rely on my own judgement. -----  | <input type="radio"/> |
| 16. I am honest with myself about what I feel and need. -----  | <input type="radio"/> |
| 17. When someone gives me feedback about myself, I hear what they are saying, analyze the information, and make changes if needed. ----- | <input type="radio"/> |
| 18. I criticize myself harshly for mistakes I make. -----  | <input type="radio"/> |
| 19. If someone respectfully asks me to look inside, I'm able to do it and I can learn from it. -----                                     | <input type="radio"/> |
| 20. I tend to overlook my accomplishments and don't believe most compliments I receive. -----  | <input type="radio"/> |
| 21. I can listen when someone else tells me how they feel about my behavior. -----   | <input type="radio"/> |
| 22. I tend to believe that anything less than perfect is not good enough. -----  | <input type="radio"/> |
| 23. I tend to avoid trying new things. -----   | <input type="radio"/> |

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**Questions 24-32 deal with your knowledge and use of *emotional awareness skills*.**

- |   | Strongly<br>Disagree  | Disagree              | Neutral               | Agree                 | Strongly<br>Agree     |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 24. Those I trust can really understand my hurts and joys. -----                | <input type="radio"/> |
| 25. I feel neglected at times by others. -----                                  | <input type="radio"/> |
| 26. I know and understand the differences between the emotions I feel. -----    | <input type="radio"/> |
| 27. I try to examine and name my emotions before I react. -----                 | <input type="radio"/> |
| 28. I notice how my body feels before I react to someone else's behavior. ----- | <input type="radio"/> |
| 29. I am honest with myself about what I need and how I feel. -----             | <input type="radio"/> |
| 30. I find emotions difficult to handle. -----                                  | <input type="radio"/> |
| 31. I recognize the different emotions I feel. -----                            | <input type="radio"/> |
| 32. I am aware of my feelings. -----  | <input type="radio"/> |

**Questions 33-41 deal with your knowledge and use of *emotional expression skills*.**

- |   | Strongly<br>Disagree  | Disagree              | Neutral               | Agree                 | Strongly<br>Agree     |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 33. People I trust listen to me when I need someone to talk to. -----                                     | <input type="radio"/> |
| 34. I am able to talk about my emotions without blaming others. -----                                     | <input type="radio"/> |
| 35. I often let others know what I am feeling. -----  | <input type="radio"/> |
| 36. When it is in my best interest to do so, I express my opinions if I disagree with someone. -----      | <input type="radio"/> |
| 37. I have the right to say "no" without feeling guilty. -----  | <input type="radio"/> |
| 38. I am able to put my feelings into words. -----  | <input type="radio"/> |
| 39. I have a rich vocabulary when it comes to my feelings. -----  | <input type="radio"/> |
| 40. I know how to tell someone how I feel about their behavior without blaming them for how I feel. ----- | <input type="radio"/> |
| 41. I know how to express my emotions. -----  | <input type="radio"/> |

**Questions 42-49 deal with your knowledge and use of *inter-personal skills*.**

- |   | Strongly<br>Disagree  | Disagree              | Neutral               | Agree                 | Strongly<br>Agree     |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 42. I can discuss my opinions with those I trust even when I feel a little uncomfortable. ----- | <input type="radio"/> |
| 43. People that I trust really listen to me. -----  | <input type="radio"/> |
| 44. When we are having a problem, I often give others the silent treatment. -----               | <input type="radio"/> |
| 45. I'm open and honest with what I say to those I trust. -----                                 | <input type="radio"/> |
| 46. When I ask questions, I get honest answers from the people I trust. -----                   | <input type="radio"/> |
| 47. The people I trust try to understand my point of view. -----                                | <input type="radio"/> |
| 48. I find it helpful to discuss problems with those I trust. -----                             | <input type="radio"/> |
| 49. It is easy for me to express my true feelings to those I trust. -----                       | <input type="radio"/> |

**Questions 50-57 deal with your knowledge and use of *relationship management skills*.**

- |  | Strongly<br>Disagree  | Disagree              | Neutral               | Agree                 | Strongly<br>Agree     |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 50. There are people in my life who know what I mean when I say something. ----- | <input type="radio"/> |
| 51. When I'm upset, people whom I trust know what's bothering me. -----          | <input type="radio"/> |



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	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
52. There are people in my life who let me be myself.	<input type="radio"/>				
53. I am tired of being blamed for problems.	<input type="radio"/>				
54. I am available when those I trust want to talk to me.	<input type="radio"/>				
55. I know I can count on some of the people in my life.	<input type="radio"/>				
56. If I think there is a problem developing in a relationship, I let the other person know what I think and how I feel.	<input type="radio"/>				
57. If someone asks me a favor that is inconvenient or difficult for me to carry out, I say "no".	<input type="radio"/>				

**Questions 58-64 deal with your *relationship satisfaction*.**

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
58. I am happy with how decisions are made in my relationships.	<input type="radio"/>				
59. I am happy with how conflict is resolved in my relationships.	<input type="radio"/>				
60. Responsibilities are clearly defined in my important relationships.	<input type="radio"/>				
61. I get what I need in my personal relationships.	<input type="radio"/>				
62. I am happy with my close, personal relationships with others.	<input type="radio"/>				
63. I usually feel happy in my close, personal relationships.	<input type="radio"/>				
64. My partner accepts me for myself.	<input type="radio"/>				

**Questions 65-71 deal with your *relationship commitment*.**

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
65. I trust my partner enough to stay with them.	<input type="radio"/>				
66. I value sticking with someone who knows me well, helps me grow, and whom I can trust.	<input type="radio"/>				
67. I work hard to maintain my relationships with those I trust.	<input type="radio"/>				
68. I can accept others as they are.	<input type="radio"/>				
69. I value maintaining healthy relationships.	<input type="radio"/>				
70. I can recognize and accept flaws in others.	<input type="radio"/>				
71. I am confident that I can trust a current or future partner.	<input type="radio"/>				

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**Thank you for taking this survey!**

## Appendix C. Post-Test Survey Instrument

*Creating Lasting Family Connections®*  
Fatherhood Program :: Family Reintegration

<b>INSTRUCTOR FILL ONLY</b> ODRC facility: _____  Date: _____ / _____ / _____	<i>Create your anonymous unique ID so we can link this post-test with your pre-test:</i> The day of your birthday <small>Example: If May 8th, put 08</small> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> The first two letters of your middle name <small>If you don't have one, put NA</small> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> The first two letters of the first elementary school you attended <small>If you can't remember, put XX</small> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/> <input style="width: 20px; height: 20px; border: 1px solid black;" type="text"/>		
--	--	--	--

Please answer the following questions to help us understand your relationship experiences. Please choose only one answer per question. No one else will be told how you answer any of these questions. Your participation in this survey is voluntary, and you may choose not to answer any questions that make you feel uncomfortable.

**Questions 1-8 deal with your knowledge and use of communication skills.**

- |  | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. I am able to express my true feelings to those whom I trust. -----  | <input type="radio"/> |
| 2. It is hard for me to ask those I trust for what I want. -----   | <input type="radio"/> |
| 3. I am very satisfied with how those I trust and I talk together. -----   | <input type="radio"/> |
| 4. It is difficult for me to share negative feelings with those I trust. -----   | <input type="radio"/> |
| 5. I feel capable of saying "no" when I need to. -----   | <input type="radio"/> |
| 6. I have confidence to say "no" when I need to. -----   | <input type="radio"/> |
| 7. I have confidence that people I know might be able to hear me and respect me when I say "no" in a "getting real" way. ----- | <input type="radio"/> |
| 8. I believe I am prepared to help my children to say "no" when it is in their best interest to do so. -----                   | <input type="radio"/> |

**Questions 9-14 deal with your knowledge and use of conflict resolution skills.**

- |   | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 9. To avoid conflict, I tend to give in too quickly. -----  | <input type="radio"/> |
| 10. Other people and I have very different ideas about the best way to solve disagreements. -----           | <input type="radio"/> |
| 11. When I discuss problems with people I trust, they often understand my opinions and ideas. -----         | <input type="radio"/> |
| 12. Even when in a conflict with someone I trust, I can respectfully share my thoughts and feelings. -----  | <input type="radio"/> |
| 13. I go out of my way to avoid conflict in my relationships. -----   | <input type="radio"/> |
| 14. To avoid hurting the feelings of those whom I trust during a disagreement, I tend to say nothing. ----- | <input type="radio"/> |

**Questions 15-23 deal with your knowledge and use of intra-personal skills.**

- |  | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 15. I tend to rely on my own judgement. -----  | <input type="radio"/> |
| 16. I am honest with myself about what I feel and need. -----  | <input type="radio"/> |
| 17. When someone gives me feedback about myself, I hear what they are saying, analyze the information, and make changes if needed. ----- | <input type="radio"/> |
| 18. I criticize myself harshly for mistakes I make. -----  | <input type="radio"/> |
| 19. If someone respectfully asks me to look inside, I'm able to do it and I can learn from it. -----                                     | <input type="radio"/> |

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	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
20. I tend to overlook my accomplishments and don't believe most compliments I receive.	<input type="radio"/>				
21. I can listen when someone else tells me how they feel about my behavior.	<input type="radio"/>				
22. I tend to believe that anything less than perfect is not good enough.	<input type="radio"/>				
23. I tend to avoid trying new things.	<input type="radio"/>				
<b>Questions 24-32 deal with your knowledge and use of emotional awareness skills.</b>	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
24. Those I trust can really understand my hurts and joys.	<input type="radio"/>				
25. I feel neglected at times by others.	<input type="radio"/>				
26. I know and understand the differences between the emotions I feel.	<input type="radio"/>				
27. I try to examine and name my emotions before I react.	<input type="radio"/>				
28. I notice how my body feels before I react to someone else's behavior.	<input type="radio"/>				
29. I am honest with myself about what I need and how I feel.	<input type="radio"/>				
30. I find emotions difficult to handle.	<input type="radio"/>				
31. I recognize the different emotions I feel.	<input type="radio"/>				
32. I am aware of my feelings.	<input type="radio"/>				
<b>Questions 33-41 deal with your knowledge and use of emotional expression skills.</b>	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
33. People I trust listen to me when I need someone to talk to.	<input type="radio"/>				
34. I am able to talk about my emotions without blaming others.	<input type="radio"/>				
35. I often let others know what I am feeling.	<input type="radio"/>				
36. When it is in my best interest to do so, I express my opinions if I disagree with someone.	<input type="radio"/>				
37. I have the right to say "no" without feeling guilty.	<input type="radio"/>				
38. I am able to put my feelings into words.	<input type="radio"/>				
39. I have a rich vocabulary when it comes to my feelings.	<input type="radio"/>				
40. I know how to tell someone how I feel about their behavior without blaming them for how I feel.	<input type="radio"/>				
41. I know how to express my emotions.	<input type="radio"/>				
<b>Questions 42-49 deal with your knowledge and use of inter-personal skills.</b>	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
42. I can discuss my opinions with those I trust even when I feel a little uncomfortable.	<input type="radio"/>				
43. People that I trust really listen to me.	<input type="radio"/>				
44. When we are having a problem, I often give others the silent treatment.	<input type="radio"/>				
45. I'm open and honest with what I say to those I trust.	<input type="radio"/>				
46. When I ask questions, I get honest answers from the people I trust.	<input type="radio"/>				
47. The people I trust try to understand my point of view.	<input type="radio"/>				
48. I find it helpful to discuss problems with those I trust.	<input type="radio"/>				
49. It is easy for me to express my true feelings to those I trust.	<input type="radio"/>				

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**Questions 50-57 deal with your knowledge and use of  
*relationship management skills.***

- |  | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 50. There are people in my life who know what I mean when I say something. -----   | <input type="radio"/> |
| 51. When I'm upset, people whom I trust know what's bothering me. -----  | <input type="radio"/> |
| 52. There are people in my life who let me be myself. -----  | <input type="radio"/> |
| 53. I am tired of being blamed for problems. -----   | <input type="radio"/> |
| 54. I am available when those I trust want to talk to me. -----  | <input type="radio"/> |
| 55. I know I can count on some of the people in my life. -----   | <input type="radio"/> |
| 56. If I think there is a problem developing in a relationship, I let the other person know what I think and how I feel. ----- | <input type="radio"/> |
| 57. If someone asks me a favor that is inconvenient or difficult for me to carry out, I say "no". -----                        | <input type="radio"/> |

**Questions 58-64 deal with your *relationship satisfaction.***

- |   | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 58. I am happy with how decisions are made in my relationships. -----         | <input type="radio"/> |
| 59. I am happy with how conflict is resolved in my relationships. -----       | <input type="radio"/> |
| 60. Responsibilities are clearly defined in my important relationships. ----- | <input type="radio"/> |
| 61. I get what I need in my personal relationships. -----                     | <input type="radio"/> |
| 62. I am happy with my close, personal relationships with others. -----       | <input type="radio"/> |
| 63. I usually feel happy in my close, personal relationships. -----           | <input type="radio"/> |
| 64. My partner accepts me for myself. -----                                   | <input type="radio"/> |

**Questions 65-71 deal with your *relationship commitment.***

- |   | Strongly Disagree     | Disagree              | Neutral               | Agree                 | Strongly Agree        |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 65. I trust my partner enough to stay with them. -----  | <input type="radio"/> |
| 66. I value sticking with someone who knows me well, helps me grow, and whom I can trust. ----- | <input type="radio"/> |
| 67. I work hard to maintain my relationships with those I trust. -----                          | <input type="radio"/> |
| 68. I can accept others as they are. -----  | <input type="radio"/> |
| 69. I value maintaining healthy relationships. -----  | <input type="radio"/> |
| 70. I can recognize and accept flaws in others. -----   | <input type="radio"/> |
| 71. I am confident that I can trust a current or future partner. -----                          | <input type="radio"/> |

**Questions 72-75 deal with your *satisfaction with this program.***

- |  | Very Dissatisfied     | Dissatisfied          | Neither               | Satisfied             | Very Satisfied        |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 72. How satisfied are you with the quality of this program? -----                      | <input type="radio"/> |
| 73. How satisfied are you with the quality of the information from this program? ----- | <input type="radio"/> |
| 74. How satisfied are you with the quality of the instruction in this program? -----   | <input type="radio"/> |
| 75. Overall, how satisfied are you with your program experience? -----                 | <input type="radio"/> |

**Question 76 deals with your *rating of the group facilitators/leaders.***

- |  | Very Poor             | Poor                  | Fair                  | Good                  | Very Good             |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 76. What is your overall rating of the group facilitators/leaders? ----- | <input type="radio"/> |

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**Thank you for taking this survey!**

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