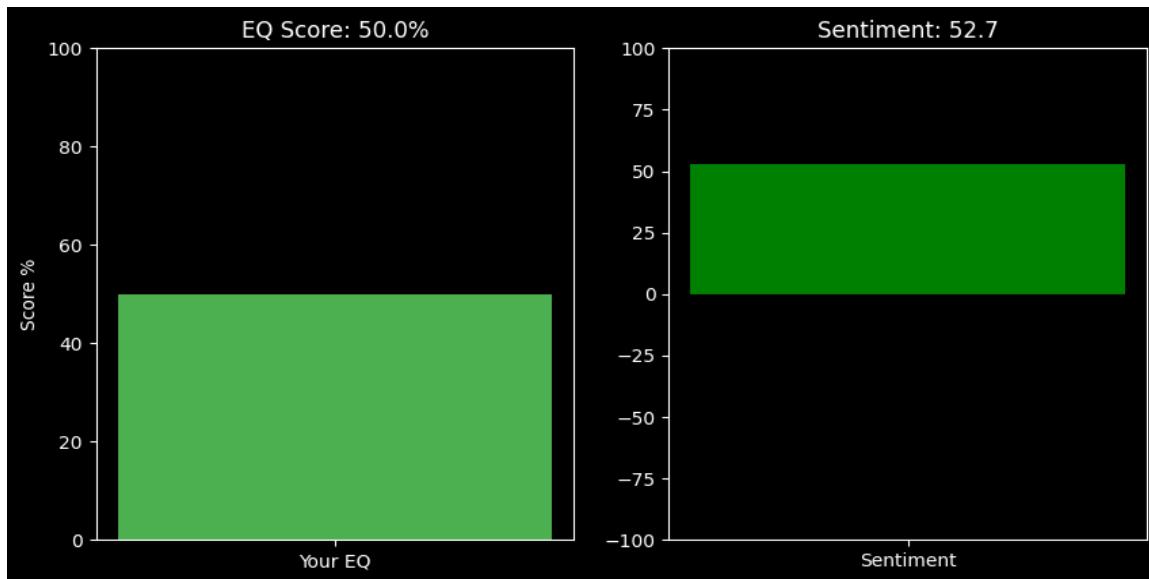


Soul Sense - Emotional Intelligence Report

Name: rohan
Date: 2026-01-11 00:26
Total Score: 10 / 20



Executive Summary

Your score of 10/20 (50.0%) is Average. You have a basic understanding of emotions but may struggle in high-pressure situations. Focusing on self-regulation and empathy exercises can help you improve.

Emotional Sentiment Analysis

Your emotional sentiment score is 52.7 (Scale: -100 to +100). This indicates a generally positive and optimistic outlook.

AI-Driven Insights & Recommendations

- Focus on recognizing emotional triggers in daily situations.
- Practice self-regulation through breathing exercises.

Disclaimer: This tool is for educational purposes only and not a substitute for professional psychological advice.