SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

Dindigul- Palani Highway, Dindigul - 624 002.

(Approved by AICTE, Affiliated to Anna University, Accredited by NAAC)

AWARENESS PROGRAMMES 2022-2023

S.No	Event Name	View Document
1	Empowering a Woman as an Entrepreneur	Click here to view
2	Women's DayCelebration-2022	Click here to view
3	"Pengal Ethirkollum Tharkala Pirachanaigal - Purithalgalum seyalpadugalum"	Click here to view
4	Personality development Program for Mill workers	Click here to view
5	Yoga Awareness programme	Click here to view
6	World Blood Donor Day - Rally	Click here to view
7	Intensive Sanitation Camp	Click here to view
8	Tree Plantation	Click here to view
9	Child Marriage Prohibition	Click here to view
10	Blood Donation Camp	Click here to view
11	Workshop on dissemination of Red cross principles	Click here to view

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Dr.D.SENTHIL KUMARAN, M.E., Ph.D., (NUS)
Principal
SSM Institute of Engineering and Technology
Kuttathupatti Village, Sindalagundu (Po),
Palani Road, Dindigul - 624 002.

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WOMEN EMPOWERMENT CELL

Cordially invites you for a Special Lecture

On

"EMPOWERING A WOMAN AS AN ENTREPRENEUR"

Resource Person

Mrs.V.HemaLatha

Founder of Sri Renuga Enterprises,

Coimbatore.

Date: 08th March 2023 @ 11.00 A.M **Venue: Seminar Hall - 03**

Agenda

Time	Program
11.00 AM	Prayer song
11.05 AM	Welcome Address
11.10 AM	Chief Guest Introduction
11.15 AM	Honoring the Chief Guest
11.20 AM	Presidential Address
11.30AM	Chief Guest Address
12.00 PM	Q & A Session
12.15 PM	Vote of Thanks

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The Management, Faculty and Students Welcome you all for the

"Women's day Celebration - 2023"

Organized by

WOMEN EMPOWERMENT CELL

A special lecture on

"EMPOWERING A WOMAN AS AN ENTREPRENEUR"

Resource Person

Mrs. V. HEMALATHA

Founder of
Sri Renuga Enterprises,
Coimbatore

Date & Time
08th March 2023
Time : 11.00 am
Venue
Seminar Hall - 3

Dr.D.SENTHIL KUMARAN
SSM Institute of Technology
Kuttathupatti Village
Palani Road, Dindigul 624 002.

M&M 99652 96969

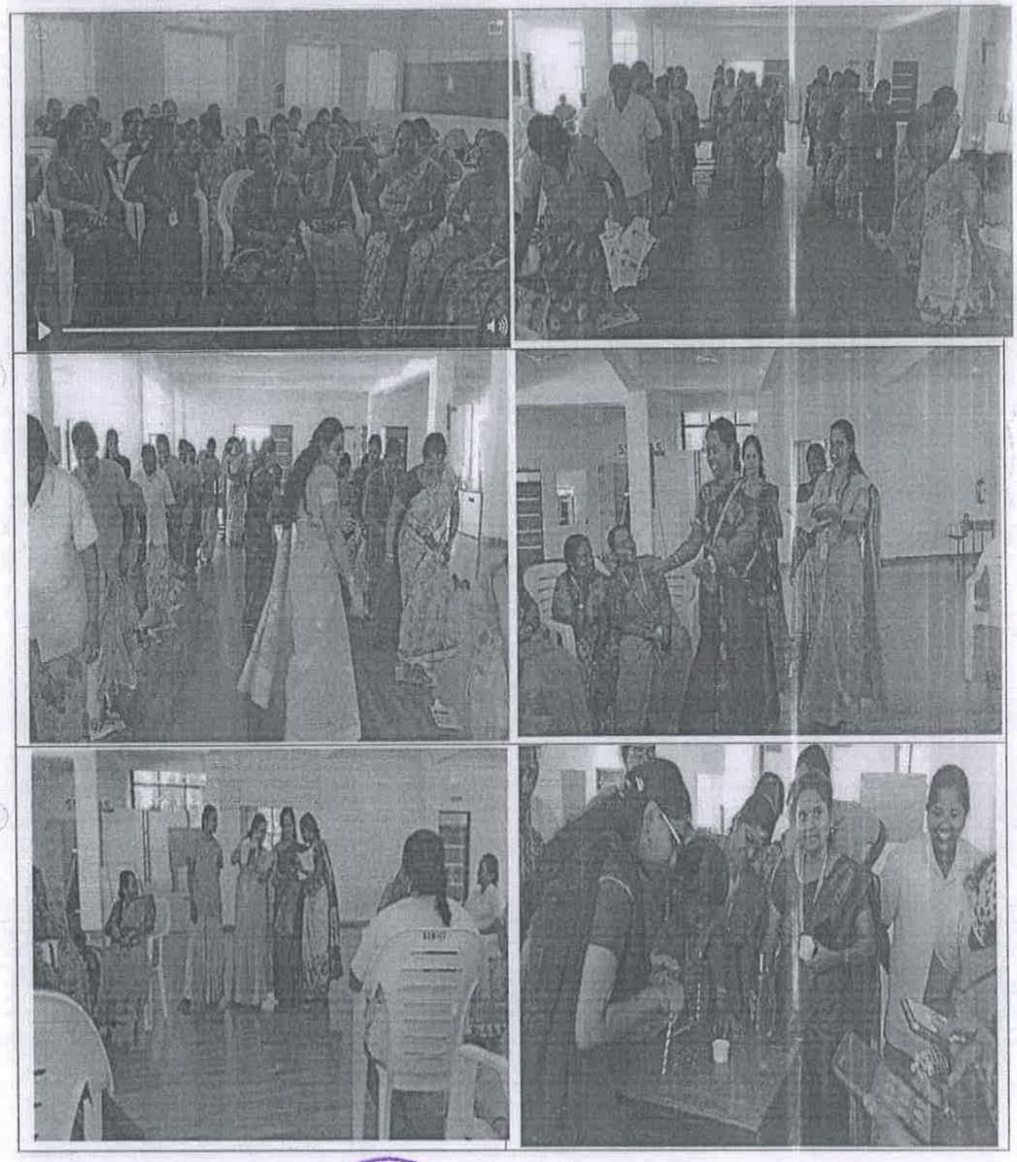
Coordinators

Mrs. S. Kavitha	Dr. G. Selvabharathi	Mrs. A. Geetha	Principal
AP/Maths	AsP/Civil	AP/ECE	Dr. D. Senthil Kumaran

All are cordially Invited

DINDIGUL-624 002 • Engineering and Technology

Stress Buster Games held on 07.03.2023



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Stress Buster Games

Dr.D.SENTHIL KUMAR M.E., Ph.D., (NUS)
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Women's Day 08.03.2023

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53

Dr.D.SENTHIL KUMARAN, M.E., Ph.D.,(NUS)
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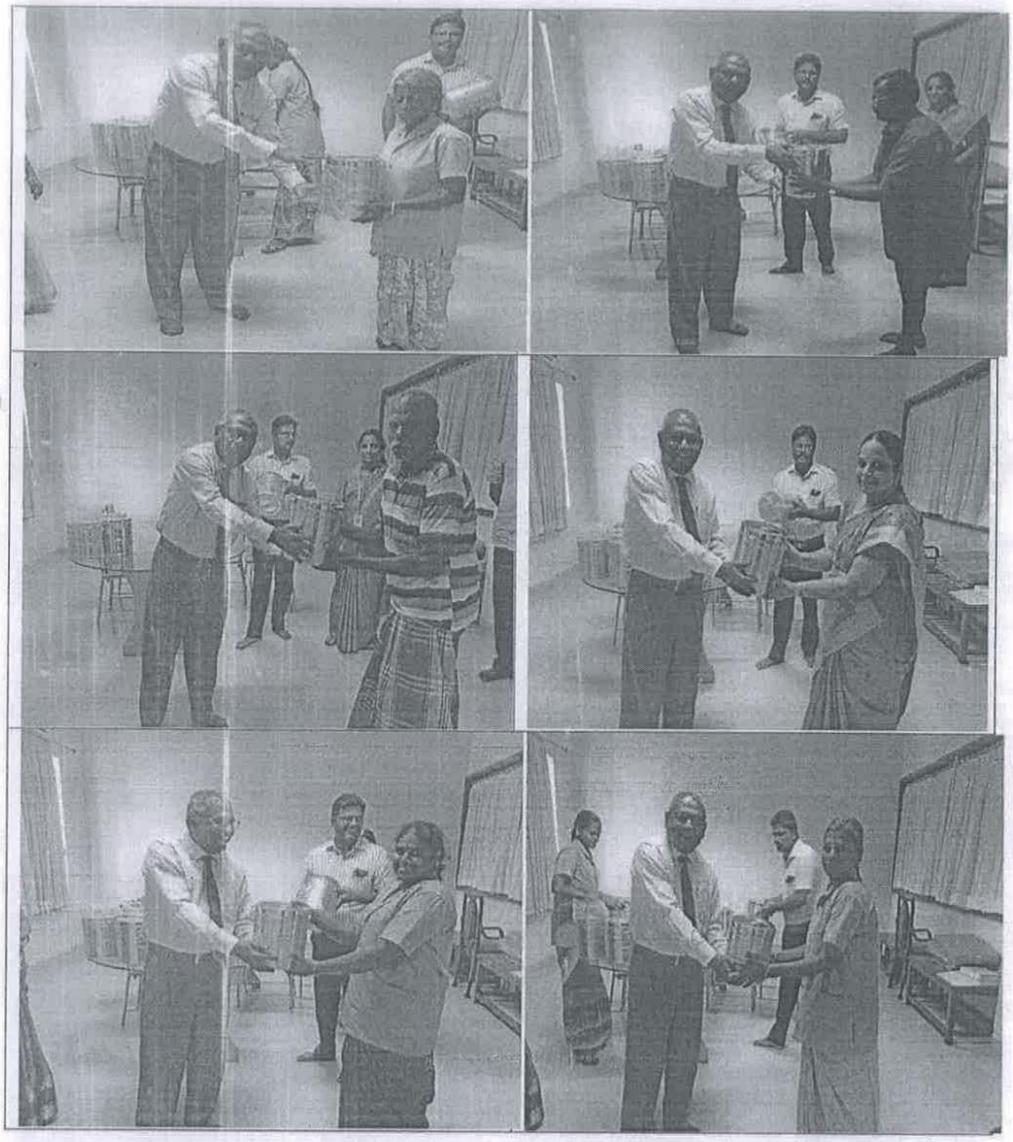
Palani Road, Dindigul - 624 002.

Presented Gifts to Non Teaching Staff On March 8th,2023



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தினகரன் திண்டுக்கல்

• 9.3.2023 • Madurai • Dinakaran 15

திண்டுக்கல்லில் மகளிர் தின விழா கொண்டாட்டம்

திண்டுக்கல் மார்ச் 9: திண்டுக்கல் எஸ்.எஸ்.எம்., பொறியியல் கல்லூரி மற்றும் கலை அறிவியல் கல்லூரியில் சார்பில் உலக மகளிர் தின விழா நேற்று கொண்டாடப்பட்டது. பேராசிரியர் கார்த்திகைலட்சுமி முன்னிலை வகித்தார். எஸ்.எஸ்.எம். கலை அறிவியல் கல்லூரி முதல்வர் சம்பத்குமார் தலைமைவகித்தார். மாணவிகள் உபசனஸ்ரீ, ஸ்ரீசதா, கௌஷிகா வரவேற்புரை நிகழ்த்தினர். நிகழ்ச்சியில், தொழில் முனைவோராக மாறுவதன் மூலம் ஒரு பெண்ணின் வளர்ச்சி என்ற தலைப்பில் கோவை ஸ்ரீ ரேணுகா என்டர்பிரைசஸ் நிறுவனர் ஹேமலதா பேசியதாவது:

பெண்களின் முன்னேற்றமே நாட்டின் முன்னேற்றம் என்றும் பெண்கள் எப்போது பொருளாதாரத்தில் வளர்ச்சி அடைகிறார்களோ அன்றே நாட்டின் பொருளாதாரமும் முன்னேற்றம் அடையும் என்று கூறினார். பின்னர் மாணவிகளின் பல்வேறு கேள்விகளுக்கு பதில் கூறினார். இதில் 300க்கும் மேற்பட்ட மாணவிகள் மற்றும் பேராசிரியர்கள் கலந்து கொண்டனர். இதற்கான ஏற்பாடுகளை மகளிர் மேம்பாட்டு குழு உறுப்பினர்கள் பேராசிரியர்கள் கவிதா, செல்வபாரதி, கீதா செய்திருந்தனர். மாணவி சிராஜினிசா நன்றி கூறினார்.

News paper Cutting

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Dindigul – Palani Highway, Dindigul – 624 002

The Management, Faculty and Students
Welcome you all for

An Awareness Programme

on

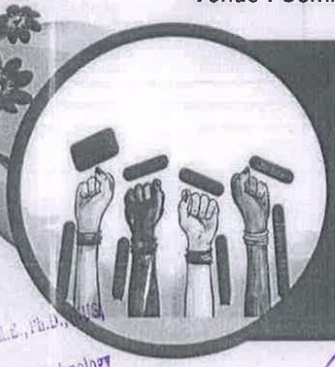
"பெண்கள் எதிர்கொள்ளும் தற்கால பிரச்சினைகள் – புரிதல்களும், செயல்பாடுகளும்"

Organized by

PREVENTION OF SEXUAL HARASSMENT (POSH) CELL & WOMEN EMPOWERMENT CELL

Date: 22nd December 2022 @ 10.30 A.M

Venue : Seminar Hall - 3



Resource Person

Dr.S.BALASUNDARI,
M.A.,M.Phil.,M.Ed., Ph.D.
Associate Professor of English,
Gandhigram Rural Institute, Dindigul

Dr.D.SENTHIL KUMARAN M.E.,Ph.D.,MISTE
Principal
SSM Institute of Engineering and Technology
Kamathipatti Village, Sindalagundu (Po),
Palani Road, Dindigul - 624 002.

Coordinators

Dr. G. Selvabharathi
AsP/Civil

Mrs. S. Kavitha
AP/Maths

Dr. D. Senthil Kumaran
Principal

All are cordiallu invited

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PPREVENTION OF SEXUAL HARASSMENT (POSH) CELL

& WOMEN EMPOWERMENT CELL

Organizes

Awareness Programme

On

"பெண்கள் எதிர்க்கொள்ளும் தற்கால பிரச்சினைகள்- புரிதல்களும், செயல்பாடுகளும்"

Resource Person

Dr.S.BALASUNDARI, M.A,M.Phil,M.Ed, Ph.D
Associate Professor of English,
Gandhigram Rural Institute, Dindigul

Date: 22nd December 2022 @ 10.30 A.M Venue: Seminar Hall - 3

Coordinator
[Dr. G. SELVABHARATHI]
S. KAVITHA

Principal

Dr.D.SENTHIL KUMARAN, M.E., Ph.D., (NUS)
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C.No.65/SSMIET/2022 **Date: 19.12.2022**

Circular

Prevention of Sexual Harassment (Posh) Cell and Women Empowerment Cell are jointly organizing an awareness programme for the benefit of Girl students and Women faculty on 22nd December 2022. Dr.S.Balasundari, Associate Professor of English, Gandhigram Rural Institute, Dindigul will address on **"பெண்கள் எதிர்க்கொள்ளும் தற்கால பிரச்சினைகள்- புரிதல்களும், செயல்பாடுகளும்".**

All are invited to participate and get benefitted.

Time: 10.30 a.m
Venue: Seminar Hall - 3

19/12/22
PRINCIPAL

Copy to:

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Administrative Officer

HoD's

Principal CAS Inviting all from CAS

Dr. D. SENTHIL KUMARAN M.E., Ph.D., (MUSL)
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Report on the Awareness Programme

The Prevention of Sexual Harassment (POSH) Cell and Women's Empowerment Cell, SSM Institute of Engineering and Technology, Dindigul organized the Awareness Programme on 22nd December, 2022."பெண்கள் எதிர்க்கொள்ளும் தற்கால பிரச்சினைகள்- புரிதல்களும், செயல்பாடுகளும்".

Resource person : Dr.S.Balasundari, M.A,M.Phil,M.Ed, Ph.D,
Associate Professor, Faculty of English and foreign language,
Gandhigram Rural Institute, Dindigul.

Time : 10.30 A.M.

Venue : Seminar Hall -3, SSMIET, Dindigul.

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Pre-event initiative:

The programme poster was prepared and invites the participates from all the female faculty and first year girls' students.

Inaugural session:

The inaugural session was started with Tamil Thaai Vaazhthu at 10.30 A.M. Followed by the welcome speech and chief guest introduction was given by the first year students. After that, the dignitaries on the stage were honoured with memento. The chief guest Dr.S.Balasundari, Associate Professor, presided over the function. Dr.S.Balasundari presently working as an Associate professor, Faculty of English and foreign language, Gandhigram Rural Institute, Dindigul. Now she is committed with various women's empowerment Association and socialised teams.

Focus of the Programme:

Main aim of the programme to enhances the awareness on Contemporary issues faced by women-understanding and actions.

After the honour of the stage, Presidential address was given by Dean (Academic) Dr.S. Karthigai Lakshmi, Professor, Followed by the chief guest presentation has been started. Chief Guest delivers the speech about what are problems faced by the women now a days, and how to face them with courage and make them active choices for them. She also said that must know about their legal rights. In this programme first year students and professors were participated. At 11.30 A.M. refreshment was provided for all participates. After the small refreshment break, session was continued to 1.00P.M. After chief guest oration, doubts query sessions have been done with the students.

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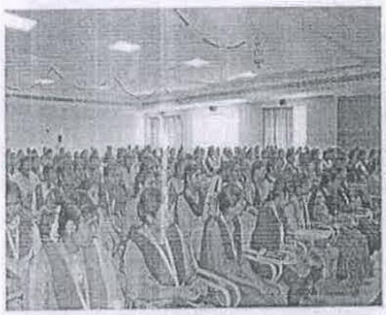
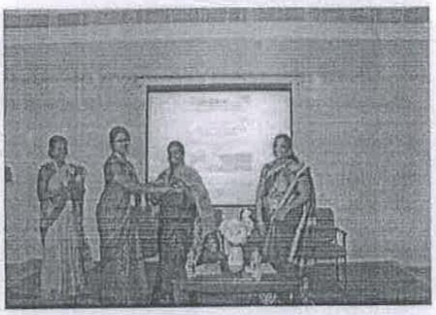
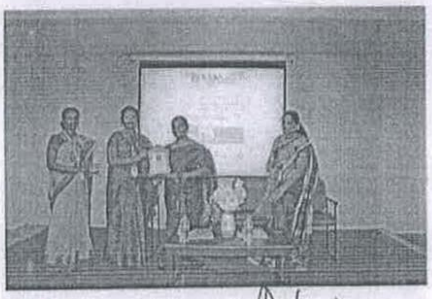
The co-ordinator of the awareness programme has encapsulated with the outcome of the programme. On behalf our Institute, first year student was given to the vote of thanks for all the participates. Finally, the event was concluded with the national anthem and the students were dispersed.

Event Photos:



Event co-ordinators:

1. Dr. G. Selvabharathi, AsP/Civil
2. Mrs. Kavitha, AP/Maths

PRINCIPAL

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Dindigul – Palani Highway, Dindigul – 624 002

12.08.22

Personality Development Programme for SSM group's Women Mill Workers

Consolidated Report

Target group

Women Employees of SSM Group of Mills of age group between 17 -- 30 Years.

Duration of the Course

18 hours, spread over 6 weeks (18.06.2022 to 23.07.2022).
(3 Hrs/week for a single participant)

Topics to be familiarized and discussed

Team *	Topics
1	Relationships
2	Language, Attires and Social Behavior
3	Values and Ethics
4	Health Aspects
5	Marriage, Family & Personal life
6	Future Planning (Goal Setting)

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1. Number of participants attended every week

		Team-1	Team-2	Team-3	Team-4	Team-5	Team-6	Total
Total No of participants in each week	Week1	18	12	23	15	17	20	**105**
	Week2	18	17	18	14	19	20	**71**
	Week3	21	26	15	16	16	15	**47**
	Week4	16	14	18	18	15	18	**67**
	Week5	14	18	13	15	19	19	**67**
	Week6	3	13	3	12	13	15	**43**

2. About Interaction in percentage

Week	Highly Interactive	Moderate Interactive	Less Interactive
1	80%	20%	-
2	40%	50%	10%
3	60%	30%	10%
4	50%	30%	20%
5	60%	30%	10%
6	40%	50%	10%

3. Content Delivered by the teams

Team	Content Delivered	Team	Content Delivered
1	**Relationships** • Mutual Introduction • Icebreaking Event (Ball Game) • Who am I? Psychology test with a story • Optical Illusion image –Psychological Game • Self Esteem – Questionnaire with discussion • Dumb Charades – Common words • Relationship with Emotional Bonding • How to overcome from negative thoughts? • Word for you : Concluding session	4	**Health Aspects** • Health & its types • Physical health • Mental Health • Organ Clock • Personal Hygiene • Women Health • Surya Namaskaram • Mudras for well being
2	**Language, Attires and Social Behavior** • Introduction about our Team Ice Breaking Games Using Gestures • Gopinath Video – 1,2 • Language – Non Verbal Communication • Attire (Dress, Healthy and Modest Dressing) • Language – Non Verbal Communication Gestures(Chart) Social Behavior Situation and Conversation (Polite Behavior& Impolite Behavior) • Feedback Session	5	**Marriage, Family & Personal life** • Welcome game • Story Telling - • Passing a pens game - • Mini Play -1 2,3 • Q & A session (from both sides) • Why Marriage – • Communication Game - • Parental Intervention – • Feedback Session

Dr.D.SD... M.E., Ph.D., (NUS)
SSM Institute of ... and Technology
Kuttathupatti Village ...
Palani Road ... Dindigul (Dt)

3	**Values and Ethics** • Welcoming the participant by gifting a paper flower • Introducing the Title: Values and Ethics – Team • Self-Introduction – An ice breaking session • Story Telling with a conclusion/ moral or the story • Passing the Ball with a background Music • Act and Think – A funny activity • Paper Fold Game – Insisting values and Ethics • Connect the Dots/Numbers – Valuing Time • Snake and Ladder Game – Insisting Values and Ethics	6	**Future Planning (Goal Setting)** • Introduction with goal settings • Kathai ketu padam varaiga • Connectivity • Education related talk-NIOS • Free onlineprogramsfor additional Incomes • Suddenly • Awareness on money savings • Q&A session

4. Status of beneficiaries

- This personality development session positively intervened their Monotonous lifestyle tends towards change
- The beneficiaries were taught to create cultured society with honesty and modesty
- This session enhanced the team spirit, coordination skills, and leadership quality
- Self- estimation and confidence levels are high after the program

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5. Notes on Requirements

- A translation support kit/ book can be given to reduce the language barriers
- Change of environment during the session will be more interesting for the participants
- A one day session can be arranged in our college premises, as they will be impressed to visit our campus
- More yoga and career-oriented training can be provided

6. Recommendations for further training

- Faculty members are ready to train them to pursue higher studies
- As a team, we felt happy and satisfied during the sessions and look forward to such training sessions
- Workshops can be arranged for them based on the need of the hour.
- Some programs and workshops on day today activity can be arranged.
- Short term certificate courses can be planned
- Books and other resources are needed to prepare for competitive exams

7. Suggestions for the betterment

- Team Building exercises can be organized for all.
- Importance of Time management can be taught to everyone.
- Conflict resolution – To train them to resolve their conflicts by themselves
- Individual Responsibilities can be given. It will be reflected in the overall growth.
- Facilitate opportunities and motivation for higher education can be given
- Train them to talk in English and other language can be taught

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PRINCIPAL

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C.No.130/SSMIET/2023 **Date: 17.06.2023**

CIRCULAR

On 21.06.2023, a yoga awareness program is organized by the NSS, YRC and WEC of SSMIET in association with Pirai InfoTech, Coimbatore for celebrating International Yoga day. Interested first –year students, teaching faculty and non – teaching faculty can fill the Google Form on or before 19.06.2023.For further details, contact Dr.R.Satheesh babu , AP/Maths , or Mrs.S.Hemalatha , AP/maths.

Program Details

Date, Day: 21.06.2023, Wednesday

Time: 10.00am

Google form link: https://forms.gle/SxAJtUqztS8WkLah6

Venue: Auditorium (Above college mess)

PRINCIPAL

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Copy to: ED for kind information

Administrative Officer

HoD's

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Mech S&H

YOGA AWARENESS

SSM Institute of Engineering and Technology DINDIGUL-624 002

Dr.D.SENTHIL KUMARAN, M.E., Ph.D., (IUS)
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SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

Dindigul – Palani Highway, Dindigul – 624 002.

YOGA CLASS (Report)

SSM Institute of Engineering and Technology, Dindigul in association with Isha Volunteer organized a yoga class on 21st, June 2023, 9:30AM to 10:45AM in the ground floor of the library building. Nearly 100 students participated in it.

Program conducted by Swami Thapomula fro Isha, Cbe and accompanied by two members from Dindigul. The programme was started formally by Dr. Senthil Kumaran, Principal of SSM institute of engineering and technology, Dindigul. NSS coordinator, YRC coordinator and the WEC coordinator together organized and it was co - ordinated by Mechanical HoD Dr. G. Sankaranarayanan.

After that, Swami Thapomula delivered the speech extolling the importance of yoga. He started the class by giving warm up exercises and games. They practises Yoganamskar and nadi suddhi pratice for 36 mints. This programme was conducted for the students which will be a trigger a whole new way of enhancing themselves.

In the end, the Principal of the college, Dr. Senthil Kumaran congratulated the NSS coordinator, YRC coordinator and the WEC coordinator for the successful organization of the yoga class and encouraged them to conduct such activities in future also.

Principal's Signature

Coordinator

R. Satheesh Babu, AP/Maths

S. Hemalatha, AP/Maths

S. Kavitha, AP/Maths

SSM Institute of Engineering and Technology * DINDIGUL-624 002 *

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World Blood Donor Day - Rally Report

On 14th June 2023, our SSMIET NSS wing took participation in "BLOOD DONATION AWARENESS RALLY" which was conducted by CF hospital, Oddanchatram. Around 20 NSS students, doctors of CF hospital and many nursing students participated in this rally. Our volunteers started our rally from CF Hospital at 9.00am. Our volunteers carried awareness boards to create awareness among people. Our volunteers reached the CF hospital by 10 am. The doctors explained the importance of blood donation. Finally volunteers reached our college by 11.00 am.

NSS Coordinator 14/6/23

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Email :ssmietdgl@gmail.com Website : www.ssmiet.ac.in

C.No.88/SSMIET/2023 **Date: 16.03.2023**

Circular

On 18.03.2023-Saturday, an Intensive Sanitation Camp is going to be held at Mayilapur, Kuttathupatti village. Those interested in attending the event should enrol their names with Mr.R.SatheeshBabu, A.P/ Mathematics on or before 17.03.2023.

PRINCIPAL

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Copy to: ED for kind information

Administrative Officer

HoD's

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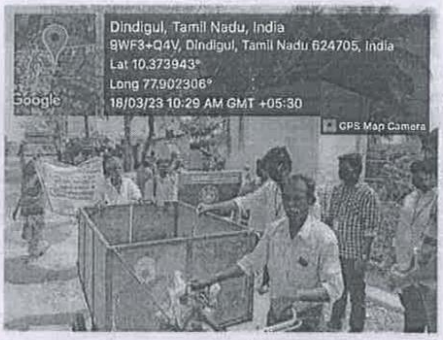
SSM Institute of Engineering DINDIGUL-624 002

INTENSIVE SANITATION CAMP

REPORT

An Intensive Sanitation camp held on **18.03.2023 (Saturday)** at Kuttathu Avarampatti Village in Dindigul District. More than 30 NSS volunteers and 2 faculty members from our college participated in it. Also, village administrators, village president and village ministerial staff participated in this. On that afternoon, lunch was organized for everyone by the village administrators. Our students sanitized with great enthusiasm.



NSS Coordinator

Principal

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NSS SSM Institute of Engineering and Technology DINDIGUL

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C.No.68/SSMIET/2022 **Date: 19.12.2022**

Circular

On 23.12.2022-Friday, a tree sapling ceremony (6 lakh saplings in 6 hours) is going to be held at Edayakottai in Dindigul Oddanchatram Taluk in the presence of our Hon'ble State Minister (Thiru. R. Sakkarapani, MLA, Food & Civil Supplies). Those interested in attending the event should fill out and submit the Google Form below by this evening (09.12.2022-Saturday) at 5 pm. For further details, students can contact Mr.R.Satheesh Babu, AP/Maths.

The following items will be provided during the program:

1) Lunch
2) T-shirt
3) A World Record Certificate is possible.

Conditions :

1) Students should reach the college by 6 a.m on 23.12.2022.

2) Cell phones are strictly prohibited throughout the program.

3) Students must be Dindigul District residents only.

Link : https://forms.gle/nK8QBCGEBqHJUhY2A

NSS Coordinator - R. Satheesh Babu - 19/12/22

PRINCIPAL 19/12

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Administrative Officer

HoD's

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TREE SAPLING

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SSM Institute of Engineering and Technology
DINDIGUL-624

TREE SAPLING

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SSM Institute of Engineering DINDIGUL-624 002

TREE SAPLING CEREMONY

REPORT

A world record event of Tree planting (6 lakh saplings in 6 hours) held on 23.12.2022 (Friday) at Edayakottai in Oddanchatram Taluk of Dindigul District. Tamil Nadu Food and Food Supply Department (Food and Food Supply, Consumer Protection, Price Control) Minister Mr. Inaugurated by R. Chakrapani. Two additional ministers graced the occasion by participating More than 200 students and 19 faculty members from our college participated in it. Also, A large number of college students, public works department employees, village administrators, social welfare department employees, local municipality department officers and government officials participated in this. Local municipality department officers guided us on how to plant a sapling properly. The trees are important in environmental and ecology concern. Neem, Punga, Vagai, Kodukkapuli, Amla, Arjuna, Vengai and Atthi and various new verities items were planted. Due to rain and water availability, 90% saplings are getting survival and people are involving in tree planting and rearing work. On that afternoon, lunch was organized for everyone by the government. Our students participated with great enthusiasm.

28/12/22

NSS Coordinator

R. Satheesh Babu

Principal

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SSM Institute of Engineering and Technology DINDIGUL-624 002

CHILD MARRIAGE PROHIBITION

REPORT

On 12.12.2022 (Monday) Mrs. S. Kausalya from Rediyar Chatratra Union office, Jhansi Rani - Admin OSC and Thavachelvi - OSC went to each class and explained in detail to the students about the problems caused by child marriage in our engineering college. This event started at 11.00 am. Around 190 students participated with great enthusiasm. Their explanation of Causes and Impact of Child Marriage are as follows :

Child marriage is no less than exploitation of right. In almost all places, the child must be 18 years and above to get married. Thus, marrying off the child before the age is exploiting their right. One of the most common causes of child marriage is the tradition which has been in practice for a long time. In many places, ever since a girl is born, they consider her to be someone else's property. Similarly, the elders wish to work out their family's expansion so they marry off the youngsters to characterize their status. Most importantly, poor people practice child marriage to get rid of their loans, taxes, dowry and more. The impact of child marriage can be life-changing for children, especially girls. The household responsibilities fall on the children. They are not mentally or physically ready for it, yet it falls on them. While people expect the minor boys to bear the financial responsibilities, the girls are expected to look after the house and family. Their freedom to learn and play is taken away. Further, their health is also put at risk due to the contraction of sexually transmitted diseases like HIV and more. Especially the girls who get pregnant at a young age, it becomes harmful for the mother as well as the baby.

At last the event finished at 01.00 pm with child marriage prohibition pledges from students.

13/12/22

NSS Coordinator

R. Satheesh Babu

Principal

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SSM Institute of Engineering and Technology
DINDIGUL

CHILD MARRIAGE PROHIBITION (12.12.2022)

SSM Institute of Engineering and Technology DINDIGUL-624 002

Dr.D.SENTHIL KUMARAN, M.E., Ph.D., (NUS)
Principal
SSM Institute of Engineering and Technology
Euttathupatti Village, Sindalagundu (Po),
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CHILD MARRIAGE PROHIBITION

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Kuttathupatti Village, Sindalagunde
Palani Road, Dindigul - 624 002.

கருத்தரங்கு

நாள்: 08.05.2023, திங்கட்கிழமை
இடம்: M.S.P. சோலை நாடார் நினைவு மேல்நிலைப்பள்ளி, திண்டுக்கல்

தலைமை நிலை அலுவலர்கள் முன்னிலை வகிப்பவர்கள்

முனைவர் **V. விசாகன்** IAS அவர்கள்
மாவட்ட ஆட்சித் தலைவர், திண்டுக்கல்
மற்றும்
தலைவர், இந்தியன் ரெட்கிராஸ் சொசைட்டி
திண்டுக்கல் மாவட்டக்கிளை

முன்னிலை

நகர்மன்றம் **N.M.B. காஜாமைதீன்** அவர்கள்
அவைத்தலைவர்(மேயர்)
இந்தியன் ரெட்கிராஸ் சொசைட்டி, திண்டுக்கல் மாவட்டக்கிளை

Er. M. **தர்மலிங்கம்** B.E., அவர்கள்
தலைவர், இந்திய கட்டுனர் சங்கம், திண்டுக்கல் மையம்

திரு. P. **முருகேசன்** அவர்கள்
தாளாளர், M.S.P. சோலை நாடார் நினைவு மேல்நிலைப்பள்ளி,
திண்டுக்கல்

பேரா. Dr. S.R. **வீரமணி** M.D.D.M அவர்கள்
மருத்துவமனை கண்காணிப்பாளர்
அரசு மருத்துவக்கல்லூரி மருத்துவமனை, திண்டுக்கல்

பேரா. T. **சுரேஷ் பாபு** M.S.,MCH., அவர்கள்
இணை மருத்துவமனை கண்காணிப்பாளர்
அரசு மருத்துவக்கல்லூரி மருத்துவ மனை, திண்டுக்கல்

முனைவர். **மு. ராஜேஸ்வரி** அவர்கள்
இயக்குநர், முகிழ் அகாடமி, ஸ்பெஷல் நகர், திண்டுக்கல்

வரவேற்பு

திரு. M.A. **வசீது அப்தாஹிர்** அவர்கள்,
மாவட்ட செயலாளர், இந்தியன் ரெட்கிராஸ் சொசைட்டி,
திண்டுக்கல் மாவட்டக்கிளை

நன்றியுரை

வணக்கத்துக்குரிய மேயர்
திருமிகு. **இளமதி ஜோதி பிரகாஷ்** அவர்கள்
திண்டுக்கல் மாநகராட்சி

மாநாட்டுரை

திரு. A. **நஸ்ருதீன்** M.A.,M.Ed., அவர்கள்
முதன்மைக்கல்வி அலுவலர், திண்டுக்கல்.

Er. P. **ஜைகர்** B.E., அவர்கள்
முன்னாள் தலைவர்
இந்திய கட்டுனர் சங்கம், திண்டுக்கல் மையம்

Lion. Er. R.M.K.R.K. **குழந்தைவேல்சாமி** அவர்கள்
நிறுவனர், தமிழ்நாடு குருதிக்கொடை,
ஒருங்கிணைப்பாளர்கள் நலச் சங்கம்

Er. C. **பெஞ்சமின் ஆரோக்கியம்** அவர்கள்
செயலாளர், திண்டுக்கல் கட்டிட பொறியாளர்கள்
தொண்டு அறக்கட்டளை

திரு. M. **ஆனந்த குமார்** அவர்கள்
நிறுவனர், பாரதமாதா பவுண்டேஷன்

அல்ஹாஜ். Er. **சேக் தாவூத்** அவர்கள்
நகரன அமைத்தலைவர்,
இந்தியன் ரெட்கிராஸ் சொசைட்டி திண்டுக்கல்

திருமதி. A. **சுசீலா மேரி** அவர்கள்
பொருளாளர்
இந்தியன் ரெட்கிராஸ் சொசைட்டி திண்டுக்கல்

நன்றியுரை

திரு. A. **ராஜேந்திரு** அவர்கள்
மாநில நிர்வாகக் குழு உறுப்பினர்,
இந்தியன் ரெட்கிராஸ் சொசைட்டி திண்டுக்கல்

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RED CROSS 7 FUNDAMENTAL PRINCIPLES
ரெட்கிராஸ் ஏழு அடிப்படை கொள்கைகள்

HUMANITY	மனித நேயம்
IMPARTIALITY	பாரபட்சமின்மை
NEUTRALITY	நடுநிலைமை
INDEPENDENCE	தனித்தன்மை
VOLUNTARY SERVICE	தன்னார்வச்சேவை
UNITY	ஒருமைப்பாடு
UNIVERSALITY	உலகளாவிய தன்மை

இது சேவையின் சின்னம்

இரத்ததானம் வழங்கும் அமைப்புகள்

- சமூகரெட் கிராஸ்
- ஜூனியர் ரெட் கிராஸ் ஆரோக்கியங்கள்
- இந்திய கட்டுனர் சங்கம், திண்டுக்கல் மையம்
- முகிழ் அகாடமி
- தமிழ்நாடு குருதிக்கொடை, ஒருங்கிணைப்பாளர் நலச் சங்கம்
- திண்டுக்கல் கட்டிட பொறியாளர்கள் தொண்டு அறக்கட்டளை
- பாரத மாதா பவுண்டேஷன்

இந்தியன் ரெட்கிராஸ் சொசைட்டி
திண்டுக்கல் மாவட்டக்கிளை
மற்றும்
இந்திய கட்டுனர் சங்கம்
திண்டுக்கல் மையம்
இணைந்து நடத்தும்

உலக ரெட்கிராஸ் தினம் - 2023
மாபெரும் இரத்ததான முகாம்

நாள்: 08.05.2023, திங்கட்கிழமை
இடம்: M.S.P. சோலை நாடார் நினைவு மேல்நிலைப்பள்ளி, திண்டுக்கல்.

அன்புடையீர்,

வணக்கம்! வரும் 8.05.2023 திங்கட்கிழமை காலை 9.00 முதல் 2.00 மணி வரை அன்று உலக ரெட்கிராஸ் தினம் மற்றும் இந்தியன் ரெட்கிராஸ் சொசைட்டி - ன் 153 ஆம் ஆண்டு நிறைவை முன்னிட்டு மாபெரும் இரத்ததான முகாம் மற்றும் தாய்மை பயிலரங்கத்துக்கு வருகை வைபவம் எழுச்சி விழாவாக நடைபெற உள்ளது. இவ்விழாவில் சிறப்பு விருந்தினர்களாக மாவட்ட ஆட்சித் தலைவர் அவர்களும், வணக்கத்துக்குரிய திண்டுக்கல் மாநகராட்சி மேயர் அவர்களும், மருத்துவக்கல்லூரி முதல்வர் அவர்களும், இந்திய கட்டுனர் சங்க தலைவர் மற்றும் முகிழ் அகாடமி இயக்குநர் அவர்களும் கலந்து கொண்டு சிறப்பிக்க உள்ளார்கள். தாங்கள் இவ்விழாவில் கலந்து கொண்டு சிறப்பிக்குமாறு அன்புடன் அழைக்கின்றோம்.

இவண்

நிர்வாகக்குழு உறுப்பினர்கள், செயற்குழு உறுப்பினர்கள்,
முன்னாள் & ஆயுட்கால உறுப்பினர்கள்

இந்தியன் ரெட்கிராஸ் சொசைட்டி
திண்டுக்கல் மாவட்டக் கிளை

தணிகுகலலில் ரத்ததான முகாம்

திண்டுக்கல், மே. 8—

இந்தியன் ரெட்கிராஸ் சொசைட்டி. திண்டுக்கல் மாவட்ட கிளை மற்றும் இந்திய கட்டுனர் சங்கம் சார்பில் உலக ரெட் கிராஸ் தினத்தை முன்னிட்டு எம். எஸ்.பி. சோலை நாடார் மேல்நிலைப்பள்ளியில் மாபெரும் ரத்ததான முகாம் நடைபெற்றது. மேயர் இளமதி, இந்தியன் ரெட்கிராஸ் சொசைட்டி. மாவட்ட அவைத் தலைவர் நாட்டாண்மை காஜா மைதீன், எம்.எஸ்.பி. பள்ளி நாளாளர் முருகேசன், ரெட்கிராஸ் அவைத் தலைவர் ஷேக் தாவூது, துணைத் தலைவர் சரவணன், பொருளாளர் கசிலா மேரி, மாநில நிர்வாக குழு உறுப்பினர் ராஜகுரு, இந்திய கட்டுனர் சங்க தலைவர் தர்மலிங்கம், அரசு மருத்துவமனை கண்காணிப்பாளர் வீரமணி, இணை கண்காணிப்பாளர் கரேஷ் பாபு உள்பட பலர் கலந்து கொண்டனர். முகாமில் ஏராளமானோர் ரத்ததானம் வழங்கினர். அவர்களுக்கு சான்றிதழ்கள் வழங்கப்பட்டது.

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YOUTH RED CROSS BLOOD DONATION CAMP

SSM Institute of Engineering and Technology, Dindigul in association with Indian Red cross organized a blood donation camp in the Government medical college hospital, Dindigul on 2nd October, 2022. Nearly 50 volunteers, most of them students, donated blood in the camp.

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BLOOD CAMP

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REPORT ON BLOOD DONATION CAMP

A Blood donation camp was organized by the Indian Red cross, on behalf of Dindigul branch at Government medical college hospital, Dindigul on 2nd October 2022. It was held in the Blood bank. A team of doctors and nurses from the hospital had reached in time. The programme was started formally by Dr. S. R. Veeramani M. D. D. M. Superintendent - Government Medical College Hospital, Dindigul. I. R. C. S. Dindigul branch secretary Dr. R. Saravanan leads the camp. Also. Mr. Rajaguru, Dr. Prabaharan, I. R. C. S. members and Blood bank officers participated. All the arrangements were made by the secretary Mr. Syed Abhuthakir. Nearly, 50 college students and volunteers were participating in the camp. The blood donation camp continued till 12.30 p.m. Among the 50 students, our college SSMIET students, nearly 15 students participated.

After that, the chief guest delivered the speech extolling those who had donated their blood. He told that the donated blood would be used for saving the lives of the injured and the sick. Also, they addressed the audience saying that the blood donation does not weaken the donators. The recovery takes place very soon. He talked about facts/ myths/ Blood group related information. Donors were also awarded with certificates and first – aid kit from Indian Red cross society.

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Principal's Signature

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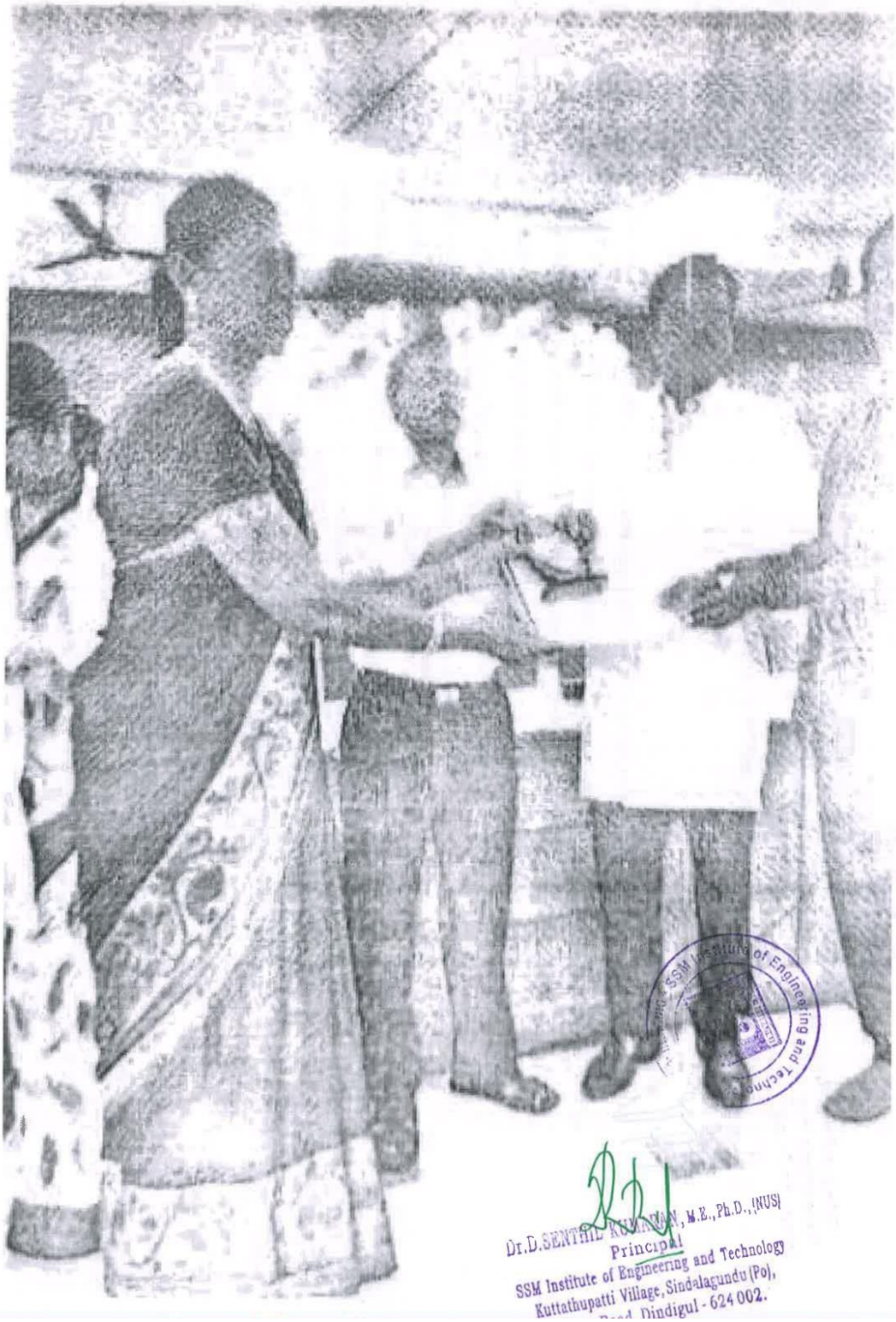
Coordinator

S. Hemalatha



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REPORT ON NATIONAL VOLUNTARY BLOOD DONATION - 2022

Tamil Nadu State AIDS Control and Tamil Nadu State Blood Transfusion Group organized national voluntary blood donation – 2022 in Government Medical College Hospital Dindigul on dated 1st November 2022. The programme was started at 10.30 a.m. which was formally inaugurated by Dr. S. R. Veeramani D.D.M. Superintendent- Government Medical College Hospital-Dindigul. He welcomed the medical team, donors and the motivated volunteers. The Prof. Dr. S. Prabhakaran MS. Government Medical College Hospital Dindigul, Dr. M. Ramachandran. MBBS. DTCD and Dr. A. Shanthanakumar. DA. RMO appreciated and thanked the activities carried out by the organizations like YRC and other volunteers for conducting blood donation camp. Also, they emphasized on the importance of inculcating social responsibilities and encouraged to donate blood.

One of the doctors addressed the audience that the blood donation does not weaken the donators. The recovery takes place very soon. He talked about facts/ myths/ Blood group related information. Regarding our college, SSMIET, YRC co – Ordinator Mrs. S. Hemalatha received the certificate and shield for the best blood donation service. The function was ended with national anthem.

S. Hemalatha

Coordinator

S. Hemalatha

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Date: 06th Feb

Circular

Youth Red Cross (YRC) unit of SSMIET plans to conduct a one day workshop on **D Red Cross Principles** on 09.02.2023. (Thursday) for I year students.

Venue: Seminar Hall – 3

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C.No.80/SSMIET/2023

Date: 06.02.2023

Circular

Youth Red Cross (YRC) unit of SSMIET plans to conduct a one day workshop on Dissemination of Red Cross Principles on 09.02.2023(Thursday) for I year Students. Those who are willing can join the workshop (II year, III year and IV year Students).

Venue: Seminar hall -3

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Administrative Officer

HoD's

AUTO (Dean) CIVIL CSE (Dean) ECE EEE

MECH S&H

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Youth Red Cross (YRC) Unit

Organizes

A one day workshop

on

Dissemination of Red Cross Principles

Date: 09.02.2023 **Time:** 9:30 a.m

Venue: Seminar Hall – 3

All are Cordially Invited

Youth Red Cross

Resource Person

Mr. A. Rajaguru, Indian Red Cross Society member, (TN MC member).
Mr. M. Syed Abuthahir. Red Cross District Secretary, Dindigul.
Dr. R. Rajavarman, YRC District Co-ordinator, (MKU), APAAC, palani.

S. Hemalatha
YRC Coordinator
Mrs S. Hemalatha, AP/Maths

6/2/23
Dean (S&H)
Dr. G. Shanmugam, Prof. /Physics

Principal
Dr D.Senthil Kumaran

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Youth Red Cross

Youth Red Cross

One day workshop
on
Dissemination of Red Cross Principles
Agenda

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Welcome address

Mrs. S. Hemalatha, AP / Maths

Felicitation

Dr. D. Senthil Kumaran, Principal, SSMIET

Red Cross Principles	Mr. A. Rajaguru	(10. 00 am to 11.00 am)
First Aid	Mr. M. Syed Abuthahir	(11. 15 am to 12.00 am)
Psychological Counseling	Mr. A. Rajaguru	(12. 05 pm to 01.00 pm)

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Report on Dissemination of Red Cross Principles workshop organized by YRC at SSMIET, Dindigul

A one day workshop on Dissemination of Red Cross Principles was conducted for the academic year 2022 – 2023 at seminar hall-3 on 2nd Febrauary at 9.30 A. M. The workshop was inaugurated with the hands of **Dr. G. Shanmugam**, Dean (S&H) in the presence of **Er. N. Sheik Dawood** B.E., M.Sc., M. I. F., Vice – Chairman, Indian Red Cross Society member, Dindigul, **Mr. A. Rajaguru**, Indian Red Cross Society member, (TN MC member), **Mr. M. Syed Abuthahir**, Red Cross District Secretary, Dindigul, **Dr. R. Rajavarman,** YRC District Co-ordinator, (MKU), APA arts and culture, palani and **Dr. A. Susilamary**, Dindigul. A total of 330 I year BE students were participated along with their department faculty. The function started with 'Thamizh thai vaazhthu', followed by lighting of lamps by dignitaries. **Mrs. S. Hemalatha**, YRC Programme officer, issued the welcome address, with her warm heart.

Er. N. Sheik Dawood, inaugurated the workshop. Dr. G. Shanmugam, Dean (S&H), and emphasized on the the importance of YRC. The workshop sessions focused on the basics of Red Cross Principles, First Aid, Psychological Counseling, Disaster Management, and road safety.

Mr. A. Rajaguru in his address said that, the seven fundamental principles, road safety and emphasized the importance of Education of 16 years. He explained the history of YRC. He compared the Survival of fittest theory with Mahabharat story which was appealing.

The seven Fundamental Principles

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Mr. M. Syed Abuthahir who took great pleasure in appreciating the volunteers, also cheered the students with his friendly speech. He encouraged the students to take a pledge along with him to keep the campus clean and green. Also, in his address said that the skill on first aid is very essential for the physical education teachers as there are sports related injuries occur in colleges and thanked for organizing the workshop. HE gave a crisp speech emphasizing the following points.

First aid

- The workshop sessions focused on the basics of first aid, and how to provide first aid in wounds, bleeding, musculoskeletal injury, burns, heatstroke, poisoning, bites, drowning, fainting, seizures and unconsciousness. All teachers had hands-on experience of dressing the wound, applying different types of bandages, splinting the injured body part, providing cardiopulmonary resuscitation, and transferring the victim.
- There was active participation by all the teachers and they expressed that the workshop will be very useful for them to meet the emergencies.

Dr. R. Rajavarman in his address said that psychological indicator, the importance and relationship between behaviors, thoughts and emotions, and awareness about disaster management and tricks to tackle disastrous situation.

Psychological Counseling

- Life skills where its meaning and significance were explained. The objective of this activity is to build resilience and reduce stress. Participants were asked to find a relaxed comfortable position and relax their body, after which they were instructed to inhale deeply through their nostrils, hold their breath for a Sec or two and to exhale through the mouth, while they exhale participants were also asked to stretch their hands assuming of letting go of their stress and tension. The objective of the activity was to help the participants know different physical & psychological indicators while expressing emotions, and also to help them understand the importance and relationship between behaviors, thoughts and emotions.

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- The seven Fundamental Principles – humanity, impartiality, neutrality, independence, voluntary service, unity and universality – are the most important of these tools. They serve both as an inspiration – an ideal to strive for – and as practical steps to take to achieve that ideal in times of peace, armed conflict or natural disaster. They call on us to help those most in need first, regardless of their political affiliation, race or religion, and they make this possible by providing guidance on gaining the trust of people in all these circumstances.
- When the principles are understood and followed, Movement volunteers and staff generally find that people let them carry out their work to help those in need, even during conflict.
- The Fundamental Principles are also an expression of the values and ideals around which the Movement is united. Above all, the Principles are a call to action for Movement volunteers and staff, compelling us – as the Principle of humanity describes – to "prevent and alleviate human suffering wherever it may be found".

Road safety

Road safety is a safety measure to reduce the risk of road accidents and road side injury because of the mistakes of people while driving on the road. We cannot count the daily road side accidents and death of people because of the driving mistakes and lack of road traffic rules followers. Every person going on the road has risk of injury or death. Everyone needs to be well aware of the road traffic rules especially children and young people who are at significant road accident risks. It is found that most of the hospitalization cases and leading cause of death are because of the road trauma. Road safety is very necessary while being on the road and must know by all because road accidents are the leading cause of death. Everyone should learn the road traffic and safety rules at a very early age to perform safer behaviours in the later life.

- To create awareness on road safety among students and faculties. ♣ To understand the importance of a road safety and make aware about the importance of their and others life. ♣ To motivate the students and faculties to follow road safety.

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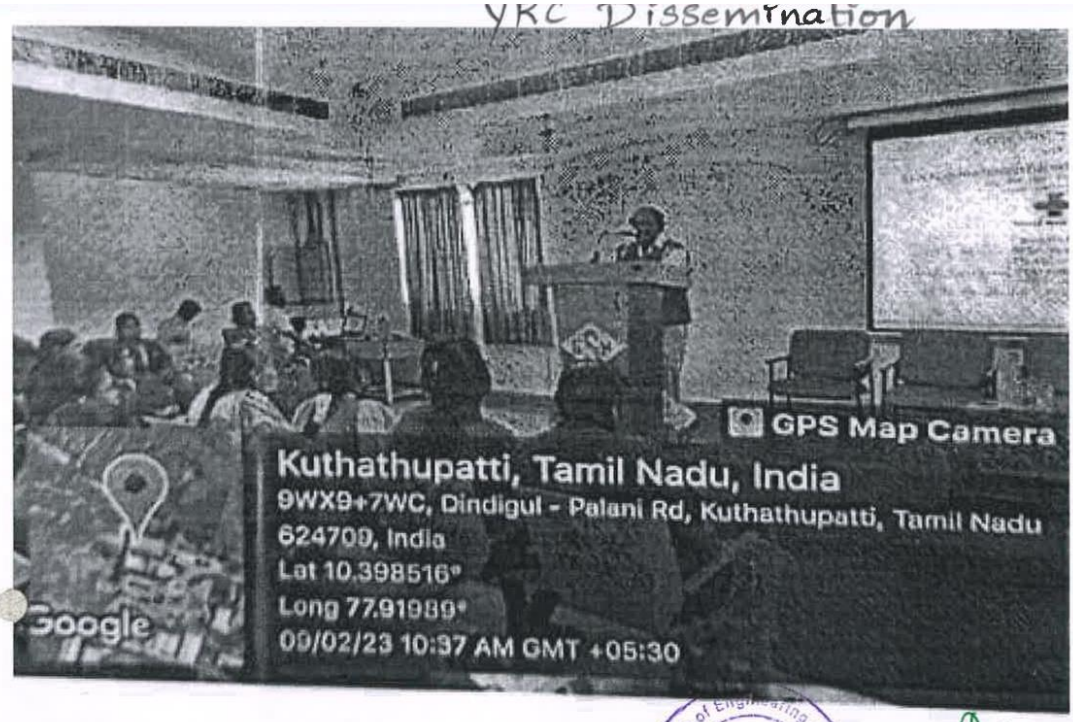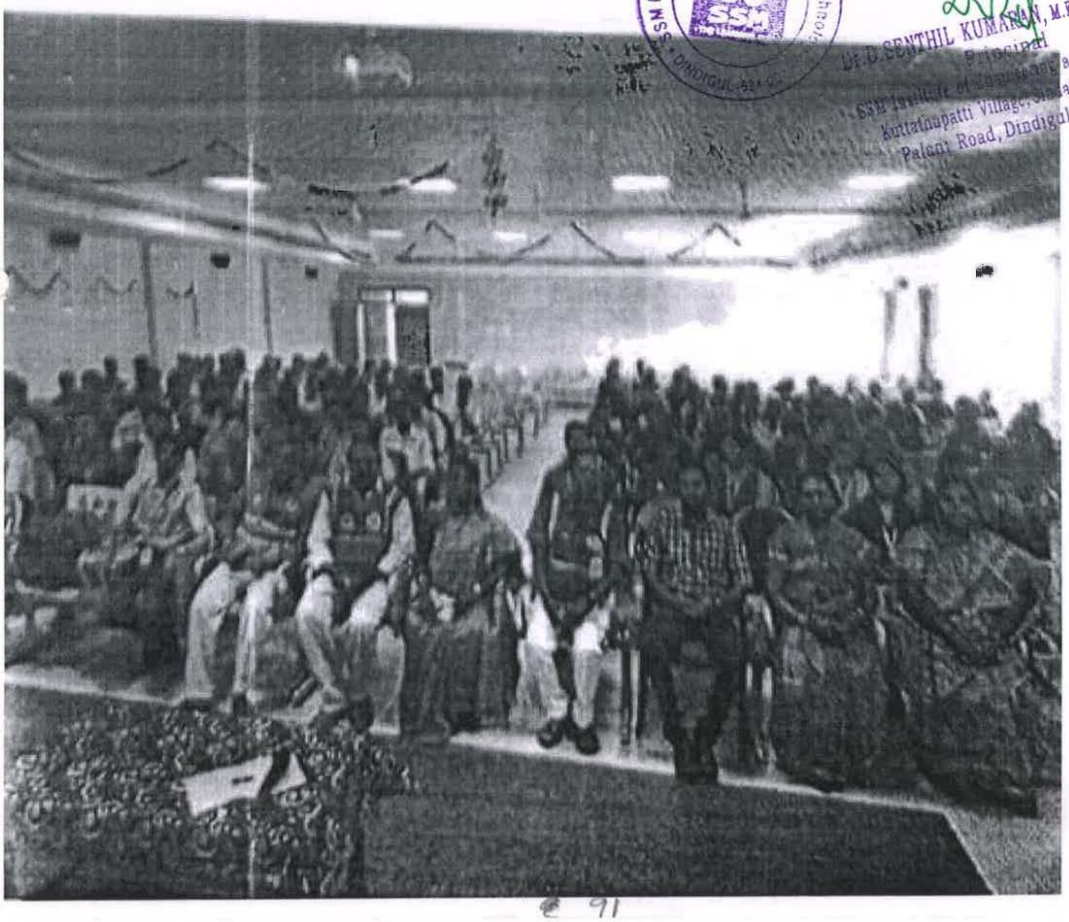
YRC Dissemination