

# Awareness Programme on Homoeopathy to school going Children in Tamil nadu

*-Concept Note-*

## 1. Introduction

The 21<sup>st</sup> century is very expeditious, making life easy with innovations and advancements in every field of life. So, it becomes necessary to gain information and awareness on health with other contemporary knowledge. Children are considered to be the future trend setters; proper education and awareness will definitely nurture and stimulate them effectively. India has the world's largest child population, about 40% of the total population. The young school going children are the proprietor of mind with creativity and productivity.

It is easy to nurture young minds by inculcating new ideas and witness its benefits in the future through their behavior. Creating awareness among school going children will create a great impact on family as well as friends. The Homoeopathy system of medicine famously known as sweet pills though used by most of the people of all age group, there is yet another population unaware about this system of medicine. The Ministry of AYUSH, Govt. of India has developed many schemes and programmes to create awareness about Indian system of Medicine and Homoeopathy (AYUSH) among the general population through various medium. Capturing the attraction of the Young buds plays a vital role for development of the system. As it can inspire the young minds to develop better ideas about the alternative system of medicines, benefits including scope and limitations of complication free Homoeopathic system and choose the career in path either to support or develop the system.

The fundamental reasons for involving the school students:

- Present-day students will be tomorrow's beneficiaries.
- By understanding the status of health systems available in the country students could develop a sense towards its development.
- Students have a role in utilizing their creativity, technologies, and inter-connectedness to bring innovative ideas for development of the system for therapeutics, education or research.
- For the empowerment and wellbeing of young people.

Sarada Krishna Homoeopathic Medical College, Kulasekharam is regularly conducting School Health programmes and Health education programmes as part of its community programme (extension activities). Its services continued

as preventive and curative health care services during the outbreak of COVID-19 Pandemic. Government of India as part of its celebration of India's 75<sup>th</sup> Independence "AzadiKaAmritMahotsav" intorialia issued guidelines for conducting AYUSH related activities by associating 75000 schools across the nation to spread AYUSH systems of Medicine and AYUSH medical streams. As per the direction of National Commision for Homoeopathy and Ministry of AYUSH, Sarada Krishna Homoeopathic Medical Collegehas decided to conduct Awareness Programmes on Homoeopathy among Primary, Middle and Senior Secondary School children in collaboration Regional Co-ordinating Institute, Unnat Bharat Abhiyan – The Gandhigram Rural Institute.

## **2. Objectives**

- To make the students to aware about the basics of AYUSH systems of Medicine and AYUSH Medical streams.
- To create awareness aboutbenefits and strengths Homoeopathic system of Medicinein patient care.
- To develop young creative ideas for innovative technology based development of the system and foster health conscious culture in the society.
- To disseminate knowledge about Health care services like AYUSH and Homoeopathy.
- To explore and utilize the profound health benefits of Homoeopathy.

## **3. DurationoftheProgramme**

The duration of the Programmeshall be one year, from 15.08.2021 to 14.08.2022 through online medium.

## **4.Methodologyofthe Programme**

The Programme is designed for the students of Primary, Middle and Senior Secondary Schools in Tamilnadu. Details of the students to the associated and consent of the concerned schools have to be collected.

The Subject experts from Sarada Krishna Homoeopathic Medical College - Faculty Members, PG scholars and Interns will beorganizing the awareness programme with the technical support of Regional Co-ordinating Institute, Unnat Bharat Abhiyan – The Gandhigram Rural Institute to create awareness about AYUSH and Homoeopathy all over Tamilnadu. The Programme consists of (1) Getting permission from the District administrator(2) discussion with the teachers & Head masters(3)2 hours online



session on Homoeopathy among middle and senior secondary school children covering various aspects of Homoeopathy – Introduction to AYUSH & Homoeopathy, Benefits of Homoeopathic system of Medicine, Present scenario of Homoeopathic health care dissemination, New ideas to promote Homoeopathy for day to day health issues [learner centrically designed]. The reports of the programme conducted will be submitted weekly to the Head of the Institution.

### 5. Learning Outcomes:

This Programme gives importance to create awareness to school children about Homoeopathy in the field of Therapeutics, Education as well as Research. Involving PG scholars and Interns of the College will improve social responsibility and community engagement among the future Health service providers.

After completing this programme, it is expected that, the students will be able to:

- ✓ gain knowledge about AYUSH and Homoeopathy.
- ✓ get idea about benefits of Homoeopathic medicine, dissemination of Homoeopathic system of medicine.
- ✓ understand the present scenario of AYUSH and Homoeopathic system of Medicine.
- ✓ choose suitable system for the treatment of their illness
- ✓ promote Homoeopathy system of Medicine to others by understanding its scope and limitations for day to day health issues.
- ✓ get confidence and hope to take Homoeopathic medicine
- ✓ select a career in Homoeopathy with courage

After completing this programme it is expected that, the Students involved in organizing and conducting the awareness programme will be able to:

- ✓ foster a sense of social responsibility and empathy for the community.
- ✓ understand their role in Homoeopathic health care services dissemination
- ✓ gain an understanding of social realities
- ✓ understand the missing link
- ✓ identify opportunities for the development of Homoeopathic system of Medicine.

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From

The Headmaster,

தலைமைப்பள்ளியர்  
யுனித. கிருஷ்ணம் ஹோமியத் மெடிக்கல் கல்லூரி  
க. அரங்கப்பாடி, க.ச.புதுப்பாடி (T.O.)  
தஞ்சாவூர் - 2

To

The Principal,

Sarada Krishna Homoeopathic Medical College,

Kulasekharam,

Kanniyakumari District-629161.

Sir/Madam,

Sub: Co-operation for "Azadi Ka Mahotsav" Activities under AYUSH- Streams

I... P. S. Lakshikandabandi ..... Headmaster ,

K. Avarampatti .....

Hereby give my consent for participating by involving students of this school (as per list attached) with the activities related to AYUSH streams as part of the "Azadi Ka Amrit Mahotsav" a programme of Govt. of india. Ministry of AYUSH to be conducted by Sarada Krishna Homoeopathic Medical College Kulasekharam Kanniyakumari District. Tamilnadu- 629161.

Place: K. Avarampatti

Date : 18/9/21



V. Jani  
18/9/21  
தலைமைப்பள்ளியர்  
யுனித. கிருஷ்ணம் ஹோமியத் மெடிக்கல் கல்லூரி  
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**SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY**

**Dindigul- Palani Highway, Dindigul – 624 002**

**UNNAT BHARAT ABHIYAN**








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# SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

Dindigul- Palani Highway, Dindigul – 624 002

## UNNAT BHARAT ABHIYAN

SI.NO	STUDENTS NAME	GROUP	CLASS	CELL NO	SIGN
1.	M. Swathi	Science	XI	9952251012	
2.	A. Belsika	Bio maths	XI	8825794826	A. Belsika
3.	P. Haritha	Bio maths	XI	7805119660	P. Haritha
4.	A. Sneha	Science	XI	9159990152	
5.	A. Karitha Rani	Science	XI	909504240	
6.	V. Gowri	Bio maths	XI	9655888563	
7.	A. Bhuvanika Devi	Science	XI	76399711081	A. Bhuvanika
8.	R. Dhivyasekiya	Science	XI	9698856320	R. D.S.
9.	T. Lilly pushpam	Science	XI	9159560972	T. Lillypushpam
10.	M. Donsushmitha	Science	XI	9655993046	M. Sushmitha
11.	S. Ahila mirsha	Bio maths	XI	8760056757	S. Ahilamirsha
12.	A. Anoto Rosy	Science	XI	9597471108	
13.	S. Arackia Princy	Bio maths	XI	7502477536	
14.	A. Sharmila Angel	Bio maths	XI	9750436374	
15.	S. Nithya Sri	Science	XI	63846322	S. Nithya Sri
16.	A. Merlin Joys	Science	XI	9994842579	A. Merlin Joys
17.	V. Arackia Abina	Science	XI	9159202705	V. Arackia Abina
18.	J. Akalya	Science	XI	9361961346	J. Akalya
19.	L. Arackia Lavanya	Science	XI	9994578255	L. Lavanya
20.	A. Josephine	Science	XI	9655815388	A. Josephine
21.	M. Gamin Keerthana	Science	XI	9344208118	M. Gamin
22.	J. Rohith Antony	Bio maths	XI	8973571067	J. Rohith
23.	A. Justin John Britto	Bio maths	XI	9994879182	A. Justin



