### Awareness Programmeon Homoeopathy to school going Children in Tamil nadu

-ConceptNote-

#### 1. Introduction

The 21st century is very expeditious, making life easy with innovations and advancements in every field of life. So, it becomes necessary to gain information and awareness on health with other contemporary knowledge. Children are considered to be the future trend setters; proper education and awareness will definitely nurture and stimulate them effectively. India has the world's largest child population, about 40% of the total population. The young school going children are the proprietor of mind with creativity and productivity.

It is easy to nurture young minds by inculcating new ideas and witness its benefits in the future through their behavior. Creating awareness among school going children will create a great impact on family as well as friends. The Homoeopathy system of medicine famously known as sweet pills though used by most of the people of all age group, there is yet another population unaware about this system of medicine. The Ministry of AYUSH, Govt. of India has developed many schemes and programmes to create awareness about Indian system of Medicine and Homoeopathy(AYUSH)among the general population through various medium. Capturing the attraction of the Young buds plays a vital role for development of the system. As it can inspire the young minds to develop better ideas about the alternative system of medicines, benefits including scope and limitations of complication free Homoeopathic system and choose the career in path either to support or develop the system.

Thefundamental reasons for involvingtheschool students:

- Present-daystudentswillbetomorrow'sbeneficiaries.
- > By understanding the status of health systems available in the country studentscoulddevelopasensetowardsitsdevelopment.
- > Students have a role in utilizing their creativity, technologies, and inter-connectedness to bring innovative ideas for development of the system for therapeutics, education or research.
- > For the empowerment andwellbeing of young people.

Sarada Krishna Homoeopathic Medical College, Kulasekharam is regularly conducting School Health programmes and Health education programmes as part of its community programme (extension activities). Its services continued as preventive and curative health care services during the outbreak of COVID-19 Pandemic. Government of India as part of its celebration of India's 75th Independence "AzadikaAmritMahotsav" intoralia issued guidelines for conducting AYUSH related activities by associating 75000 schools across the nation to spread AYUSH systems of Medicine and AYUSH medical streams. As per the direction of National Commision for Homoeopathy and Ministry of AYUSH, Sarada Krishna Homoeopathic Medical Collegehas decided to conduct Awareness Programmes on Homoeopathy among Primary, Middle and Senior Secondary School children in collaboration Regional Coordinating Institute, Unnat Bharat Abhiyan – The Gandhigram Rural Institute.

#### 2. Objectives

- To make the students to aware about the basics of AYUSH systems of Medicine and AYUSH Medical streams.
- To create awareness aboutbenefits and strengths Homoeopathic system of Medicinein patient care.
- To develop young creative ideas for innovative technology based development of the system and foster health conscious culture in the society.
- To disseminate knowledge about Health care services like AYUSH and Homoeopathy.
- To explore and utilize the profound health benefits of Homoeopathy.

#### 3. Durationofthe Programme

The duration of the Programmeshall be one year, from 15.08.2021 to 14.08.2022 through online medium.

### 4. Methodologyofthe Programme

The Programme is designed for the students of Primary, Middle and Senior Secondary Schools in Tamilnadu. Details of the students to the associated and consent of the concerned schools have to be collected.

The Subject experts from Sarada Krishna Homoeopathic Medical College - Faculty Members, PG scholars and Interns will beorganizing the awareness programme with the technical support of Regional Co-ordinating Institute, Unnat Bharat Abhiyan – The Gandhigram Rural Institute to create awareness about AYUSH and Homoeopathy all over Tamilnadu. The Programme consists of (1) Getting permission from the District administrator(2) discussion with the teachers & Head masters(3)2 hours onling

session on Homoeopathy among middle and senior secondary school children covering various aspects of Homoeopathy - Introduction to AYUSH & Homocopathy, Benefits of Homocopathic system of Medicine, Present scenario of Homocopathic system, Homocopathic health care dissemination, New ideas to promote Homoeopathy for day to day health issues [learner centrically designed]. The reports of the programme conducted will be submitted weekly to the Head of the Institution.

#### 5. LearningOutcomes:

This Programmegives importance to create awareness to school children about Homoeopathy in the field of Therapeutics, Education as well as Research. Involving PG scholars and Interns of the College will improve social responsibility and community engagement among the future Health service providers.

After completing this programme, it is expected that, thestudentswillbeableto:

- ✓ gain knowledge about AYUSH and Homoeopathy.
- ✓ get idea about benefits of Homoeopathic medicine, dissemination of Homoeopathic system of medicine.
- ✓ understand the present scenario of AYUSH and Homoeopathic system of Medicine.
- ✓ choose suitable system for the treatment of their illness
- ✓ promoteHomoeopathy system others by Medicine of understanding its scope and limitations for day to day health issues.
- ✓ get confidence and hope to take Homoeopathic medicine
- ✓ select a career in Homoeopathy with courage

After completing this programme itisexpectedthat, the Students involved in organizing and conducting the awareness programmewillbeableto: ✓ fosterasenseofsocialresponsibilityandempathyforthecommunity.

- ✓ understand their role in Homoeopathic health care services dissemination
- ✓ gainanunderstanding of socialrealities
- ✓ understandthemissinglink
- ✓ identifyopportunitiesforthedevelopment of Homoeopathic system of Medicine. 3

#### 5. Learning Outcomes:

This Programme gives importance to create awareness to school children about Homocopathy in the field of Therapeuries. Education as well a Research, Involving PG scholars and Interns of the College will improve social responsibility and community engagement among the future Health service providers.

After completing this programme, it is expected that, the students will be able to:

- gain knowledge about AYUSH and Homocopathy
- get idea about benefits of Homocopathic medicine, dissemination of Homocopathic system of medicine.
- understand the present scenario of AYUSH and Homoeopathic system of Medicine.
- choose suitable system for the treatment of their illness
- promote Homocopathy system of Medicine to others by understanding its scope and limitations for day to day health issues.
- ✓ get confidence and hope to take Homocopathic medicine
- ✓ select a career in Homocopathy with courage

After completing this programme it is expected that, the Students involved in organizing and conducting the awareness programme will be able to:

- ✓ foster a sense of social responsibility and empathy for the community.
- ✓ understand their role in Homocopathic health care services dissemination
- ✓ gain an understanding of social realities
- understand the missing link
- ✓ identify opportunities for the development of Homocopathic system of Medicine.

The Headmaster,

நலைமையாகீரியர் **புணிது பிறாஸ்கிஸ் சேலியர் பேஸ்நிலைப்** பண்ணி a acquirect, acceptives (PO) dowgaan . 2

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## The Principal,

Sarada Krishna Homoeopathic Medical College,

Kulasekharam.

Kanniyakumari District-629161.

Sir/Madam.

Sub: Co-operation for "Azadi Ka Mahotsav" Activities under AYUSH- Streams

1. P. S. hakshikandabaradi ..... Headmaster , La Avaram Patti

Hereby give my consent for participating by involving students of this school (as per list attached) with the activities related to AYUSH streams as part of the "Azadi Ka Amrit Mahotsav" a programme of Govt. of india. Ministry of AYUSH to be conducted by Sarada Krishna Homoeopathic Medical College Kulasekharam Kanniyakumari District. Tamilnadu-629161

Place: L. Avarampati

Date : 18 | 9 | 2 |



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# UNNAT BHARAT ABHIYAN

| SI.NO | STUDENTS NAME      | GROUP  | CLASS    | CELL NO                                 | SIGN         |
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|       | P. Janani          | Bio-Maths  | X11      | 9688066943                              | P. Janani    |
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| 5.    | A. Paya Ashwan            | 11          | 1)   | 8610235071  | I. Payas                        |
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