

FLAVOUR LAB (FLAVLAB)

11/18/2022 12:30:39

2022.3 Rice Patty Cake

Shelf Life:

| | | Batch Sizing | | |
|--------------------------|--------------|--------------|------------|-----------|
| Ingredients | Amount | Double | Triple | Half |
| 2022.2 Cooked Sushi Rice | 1350.000g | 2700.0g | 4050.0g | 675.0g |
| SHICHIMI TOGARASHI | 15.000g | 30.0g | 45.0g | 7.5g |
| PFO OIL CANOLA JIB ANT | 100.000 ml | 200.0 ml | 300.0ml | 50.0 ml |
| | 10.000 PATTY | 20.0 PATTY | 30.0 PATTY | 5.0 PATTY |

Recipe Instructions:

- 1. Add cooked warm sushi rice (with rice vinegar) to a bowl, and add togarashi.
- 2. Mix with hands, until well combined
- 3. Weight out 120-130g of rice and squish is together like dough, or clay dough
- 4. Form into a patty shape and lay on a tray with parchment paper
- 5. Make sure that the patties are strong and sticky enough to not fall apart.
- 6. Oil is just for searing the patties on the flat top. No oil is required to shape the patties.

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