



2022.3 Fattoush Salad

Shelf Life:

-----Batch Sizing-----

Ingredients	Amount	Double	Triple	Half
Romaine Hearts	3.000HEAD	6.0HEAD	9.0HEAD	1.5HEAD
ONION RED JUMBO	100.000g	200.0g	300.0g	50.0g
2022.3 Fried Chickpea	200.000g	400.0g	600.0g	100.0g
CUCUMBER LONG ENGLI	200.000g	400.0g	600.0g	100.0g
2022.3 Sumac Dressing	300.000g	600.0g	900.0g	150.0g
TOMATO - 6 X 7 MED	300.000g	600.0g	900.0g	150.0g
PARSLEY	0.500BUNCH	1.0BUNCH	1.5BUNCH	0.25BUNCH
PEPPER GREEN 5LB	500.000g	1000.0g	1500.0g	250.0g
Radish Bunches	0.500BUNCH	1.0BUNCH	1.5BUNCH	0.25BUNCH
	10.000PORT	20.0PORT	30.0PORT	5.0PORT

Recipe Instructions:



2022.3 Fried Chickpea

Shelf Life:

-----Batch Sizing-----

Ingredients	Amount	Double	Triple	Half
BEAN GARBANZO CHICK	2.840L	5.68L	8.52L	1.42L
PFO OIL CANOLA JIB ANT	100.000ml	200.0ml	300.0ml	50.0ml
2022.3 Smoked Paprika Ru	30.000g	60.0g	90.0g	15.0g
	1000.000 g	2000.0 g	3000.0 g	500.0 g

Recipe Instructions:

1. Save the chickpea water
2. Strain chickpeas using a strainer and rinse with water
3. Fry chickpeas in the deep fryer at 350F for about 5 minutes, or until crispy
4. Immediately toss in a bowl with smoked paprika rub (fries seasoning) then transfer into a tray with a parchment paper
5. Once cooled, transfer into an insert



2022.3 Sumac Dressing

Shelf Life:

-----Batch Sizing-----

Ingredients	Amount	Double	Triple	Half
SPICE SUMAC ground	30.000g	60.0g	90.0g	15.0g
Olive Oil Extra virgin	400.000ml	800.0ml	1200.0ml	200.0ml
SALT COARSE KOSHER	10.000g	20.0g	30.0g	5.0g
GARLIC WHOLE PEELED	30.000g	60.0g	90.0g	15.0g
Juice - Lemon Fresh Squee	100.000g	200.0g	300.0g	50.0g
	500.000g	1000.0g	1500.0g	250.0g

Recipe Instructions:

1. Place all ingredients except OLIVE OIL in a delcup or a cambro
2. Using a handblender, slowly add the oil to emulsify it
3. Alternatively, use the blender and pour oil through top hole