

PROFESSIONAL EXPERIENCE

Software Developer, Coder Foundry (Kernersville, NC)

April 2021 – Present

- Created three primary projects, including:
 1. A blog site using C#, MVC, HTML5, CSS3, Bootstrap, JS & JQuery.
 2. A financial portal implemented in two phases:
 - An MVC web application
 - An API web service that utilizes Swagger and Swashbuckle for integrated testing
 3. Fully designed and developed a multi-functional issue tracker web application, implementing enhanced roles & security, including a Code-First relational database designed and modeled in PostgreSQL
- Utilized technologies such as: .NET Core v3.1, MVC6, C#, LINQ, PostgreSQL, Entity Framework, Docker, PgAdmin, Heroku, and JQuery DataTables.

Owner, On The Go Physical Therapy (Salt Lake City, UT)

May 2019 – April 2021

- Perform all administrative, marketing, and treatment roles within mobile PT startup
- Evaluate, diagnose, and treat patients with a variety of orthopedic conditions

Clinic Director, RET Physical Therapy (Bellevue, WA)

June 2018 – July 2019

- Interview, hire, train, and manage all therapists and support staff
- Perform all clinic marketing and promotion
- Maintain high standard of patient care clinic-wide
- Oversee daily clinic operations including client satisfaction, budget, orders, and legal compliance

Physical Therapist, RET Physical Therapy (Bellevue & Burien Clinics, WA)

June 2016 – June 2018

- Perform full evaluation, treatment, and management of plan of care for all patients
- Utilize knowledge of anatomy and biomechanics to determine physical therapy diagnosis, prognosis, and plan of care
- Address impairments in strength, joint mobility, and proprioception through manual therapy, therapeutic exercise, and neuromuscular reeducation
- Employ advanced skills in orthotic casting and fabrication, footwear evaluation, taping, and lower quarter biomechanical analysis
- Trained all incoming employees on company electronic medical record system
- Actively participating and driving company and clinic marketing with proven results

Physical Therapist, Beyond Limits Physical Therapy/Herriman Physical Therapy (Herriman, UT) **September 2015 – June 2016**

- Evaluated and treated patients of all ages with a variety of musculoskeletal, neurological, and cardiac conditions
- Used strong clinical judgement to independently create a safe and effective plan of care based on impairments
- Performed home health visits and aquatic therapy based on patient need and presentation
- Actively participated in clinic marketing to maximize clinic productivity

Rowing Coach, Lake Union Crew (Seattle, WA)**June 2011 – August 2016**

- Coached competitive high school, collegiate, and adult athletes at the novice, intermediate, and advanced levels
- Built training plans, led practice, and assisted in planning and execution of competitive events
- Led summer rowing camps, managing 6 coaches and 50-60 athletes between ages 12-16

Rowing Coach, University of Puget Sound (Tacoma, WA)**July 2010 – May 2011**

- Recruited and trained all novice freshman athletes
- Managed all aspects of novice team including training and conditioning, equipment maintenance, technique instruction, and racing

EDUCATION

University of Puget Sound

- **Doctor of Physical Therapy (2015)**
 - GPA: 3.88
 - Selected as one of three Physical Therapy Fellows for class of 2015
 - Presented collaborative research project on the effectiveness of infrared light therapy in the treatment of diabetic peripheral neuropathy at APTA NEXT Conference (June 2015 – National Harbor, MD)
- **Bachelor of Arts: Politics & Government, & German (2009)**
 - GPA: 3.61
 - Dean's List: 2007-2009
 - Department Honors: Department of Politics & Government 2009
 - Student of the Year: Department of German 2009
 - Critical Language Scholarship recipient: US Department of State 2006
 - Student Athlete Award: Rowing 2009
 - Men's Rowing Team Captain 2008-2009

PROFESSIONAL MEMBERSHIPS

- **American Physical Therapy Association, Orthopedic and Private Practice Sections:**
 - Member since 2012
- **Utah Physical Therapy Association:**
 - Member since 2019

PROVEN LEADERSHIP

Owner: On The Go Physical Therapy (Salt Lake City, UT)**May 2019-April 2021****Clinic Director: RET Physical Therapy – Crossroads (Bellevue, WA)****June 2018-July 2019****Lead Coach: Lake Union Crew Summer Camp (Seattle, WA)****May 2013-August 2013**

- Led groups of 50-60 participants between 12-16 years of age
- Managed 6 staff coaches

Team Captain: University of Puget Sound Men's Rowing Team (Tacoma, WA)**September 2008-May 2009**