

nutrition

Name	Manufacturer	Serving Size	Serving Units	Total Calories	Calories from Fat	Total Fat
Daily Values	N/A	N/A	N/A	N/A	N/A	65
Avocado Dip	Sunnydale	29	g	110	100	11
Bagels, New York Style	Thompson	104	g	300	35	4
Beef Frankfurter, Quarter Pound	Armitage	115	g	370	290	32
Chicken Pot Pie	Lakeson	198	g	410	200	22
Cole Slaw Fresh	Quick	1.5	cup	20	0	0
Eggs	Goodpath	50	g	70	40	4.5
Hazelnut Spread	Ferreira	2	tbsp	200	90	10
Potato Chips	Lees	28	g	150	90	10
Soy Patties, Grilled	Gardenproducts	96	g	160	45	5
Truffles, Dark Chocolate	Lyndon's	39	g	220	170	19

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Saturated Fat	Cholesterol	Sodium	Carbohydrates	Fiber	Protein	Vitamin A	Vitamin C	Calcium	Iron
20	300	2400	300	25	50	100	100	100	100
3	5	210	2	0	1	0	0	0	0
1	0	510	54	3	11	0	0	8	20
15	65	1100	8	0	13	0	2	1	6
9	25	810	42	2	10	20	2	2	10
0	0	15	5	2	1	30	45	4	2
1.5	215	65	1	0	6	6	0	2	4
2	0	20	23	2	3	0	0	6	4
3	0	180	15	1	2	0	10	0	0
0	0	420	10	4	9	0	0	0	0
14	25	10	16	1	1	0	0	0	0