

ssupguide paris

intro to: traveling

we're both very fond of traveling for a multitude of reasons. traveling is a chance to experience how other people eat, play, live, and thrive. you get to consume the best of what a place and its people have to offer (whether it be the architecture, the bread, or an attitude). it's refreshing to be taken out of your day-to-day, and then to return with an additional set of experiences that you can use to make your own life more exciting.

travel tips:

travel less but longer: we usually opt for staying longer and exploring fewer cities rather than hitting up multiple cities but with shorter stays.
when traveling abroad, don't forget to: call your banks to let them know your traveling, get a credit card with no foreign transaction fees, and rent a pocket wifi. also find a local to hang out if possible. post on facebook that you're going to a city: ask for recommendations and see if anyone else is there. you could be pleasantly surprised and traveling to other cities can be a great way to connect with old friends from half-way across the world.

why we decided to make the ssup guides:

to inspire others to travel and help them make awesome memories
and also partly for selfish reasons: we want to better remember the places that we've traveled to.

intro to: paris

personality

- charming and snobby: we got lucky with everyone that we met (the shop keeper, the waiters) who were friendly (even by american standards) but we did occasionally get the dirty stare down from locals when we laughed at dinner and even on the streets! once a guy ssh-ed our group. but you just gotta take it as part of the experience. snobbiness is part of the city, so don't take it personally and laugh it off.

- knows how to enjoy the simple, good things in life (bread, butter, and wine): france is not afraid of fats, carbs, or calories. and it makes all their food so rich and delicious. do the same and indulge in their baguettes, bread, and croissants over and over again.

- romantic, if you make it: our friends met one old swedish couple who told them: "paris in itself is not the romantic city that people make it out to be. you have to find ways to make it romantic." and i couldn't agree more. i've studied abroad in paris and love it enough to have gone back twice but generally, i do not recommend it as a city to visit for that reason. it has so much hype but can really be an intimidating place to visit. i find that it's one of those places that people end up having fomo (fear of missing out) the whole time that they are there. the best way to do paris is to first take a deep breath, accept that you're not going to see all the places in the postcards, and think about the things that you love to do/see/experience when you travel and focus on those things. and don't forget to budget some time to just walk around aimlessly. one of the best ways to explore paris is by foot and by letting yourself get lost in the city.

geography

most cities are built upon a central river. paris is the same and the central river is called the seine. the seine river divides paris into two parts: the left bank and the right bank. the seine river also has two small islands--l'ile de la cite and l'ile saint louis--located in the center of paris. and like other cities, paris is also a collection of neighborhoods. in paris, these neighborhoods are called arrondissements. there are a total of 20 arrondissements and they are organized like a shell of a snail (think: concentric circles with dividing lines). paris is a super walkable city. you can walk from the farthest ends of the city within four hours (not that you will) but if you plan your days well you should be able to walk a large majority of it.

intro
intro

transportation

you have a couple of transportation options in paris and our recommendation would be to use all three.

(a) the metro: pretty easy to use. just pick up a map. not the cleanest of metros but it's reliable. adult tickets are 1.1€ and you can also buy packets of 10 at a time.

(b) velib, the public bike rental system: cheap and easy to use. stations are located every two-three blocks. if the weather permits, definitely try it out for a day. there are plenty of bike lanes around the city but also plenty of streets without bike lanes. biking along the seine is especially nice. day tickets can be purchased online and are 1.8€/pp.

(c) uber pop: the metro run from 5a-1a. if you're trying to get to somewhere late or in a hurry -- we recommend using uber pop. it is like the uber x of uber x. we still can't figure out why it exists but it's awesome. cheap and convenient.

other things to know

- you don't have to tip in paris (may be leave some change around a euro or two if you feel like it)

- try to go during an off-peak season if possible and check the weather. spring in paris is erratic (it's sunny then rains, sometimes at the same time) so a rain jacket is recommended

- pick pocketing is real. so keep your things in places that are hard to access (i.e. not in the front pocket of your backpack) and be wary of people who are trying to take photos with you. this actually happened to us on our trip. they didn't get away with anything but were likely trying to.

arrondissements

think of the 'e's that you see throughout the guidebook after number as equivalent to the 'th' or 'rd' in english.

for example, when you read: montmartre (18e), it means montmartre (18th) and the 18th is referring to the number of the arrondissement. as referenced in the 'geography' section above, paris is organized by districts or arrondissements that are numbered from 1 to 20.

prices

€	<15
€€	15 to 30
€€€	30 to 75
€€€€	75 to 150
!!!	>150



les philosophes

| €€ | le marais (3e - 4e) | food |
a cozy, delicious dining experience in le marais (3e). the french onion soup and duck confit are must try's. oh and don't forget the wine.



robert et louise

| €€ | le marais (3e-4e) | food |
what was really cool about this place was that they grilled your steaks in an open fireplace, visible to the guests at the restaurant. the food was bit on the bland side but it was good. recommended dish: the coute de boeuf (for two).



broken arm

| €€ | le marais (3e - 4e) | food |
a concept store featuring a nice cafe and a clothing shop.



laduree

| €€ | champs-elysee (8e) | food |
one of the two most famous macaron shops in town. it's good shit. there are several locations throughout the city. our favorite flavors are: rose, vanille, and pistache.

pierre herme

| €€ | le marais (3e - 4e) | food |
the other one of the two most famous macaron shops in town. the story goes that pierre used to work at laduree and then started his own place. they have a bit more mixed flavors and creative coloring compared to laduree which is more traditional.

food
food



las du falafel

| € | le marais (3e-4e) |
recommended to chris on three different occasions and for good reason. this place has amazing falafels. the fried eggplant really makes the dish but also make sure to get some of their hot sauce (if that's your thing) on top. you can order to go or sit down. ordering the falafel (6€) is highly recommended but if you want to try another dish, then get the chicken steak.

pair with: shopping in the marais



kunitoraya

| €€ | louvre-rivoli (1e) | food |
the most famous udon shop in paris. the wait can also be long so try to go early or during off hours. else, i always say waiting is not a hassle as long as you are in good company so perhaps your back up should be to go there with good company.
recommended dishes: the cold vegetarian udon, katsudon, and chicken karage. tempura is good but expensive.

interesting fact: just two blocks away is a rival udon shop, called 'sanukiya'. the story goes that a chef who used to work at kunitoraya left and opened up his own shop a couple blocks away. we didn't try it out but it's said to be equally as good, but it can also get equally as crowded.

aki bakery

| € | montmatre (18e) | cafe |
japanese bakery near musee l'orangerie. their an pain is worth the visit. it's a puffy round pastry filled on the inside with cream and red bean paste. nomulous.



food



aligre market

| € | 12e | food |

paris has many outdoor markets to explore with fresh bread, cheese, fruits, olives, and so much more. this one is located right by one of the best croissants we had in paris so makes a good morning activity. it's open everyday except for mondays.



l'entrecot du relais

| €€ | st germain des pres (6e) | food | this restaurant serves only one dish: the steak and they do it well. the secret sauce (allegedly made with over 100 ingredients) is killer. there are two locations in the city. go to either one. the salad that comes with a dish was also simple but good, and also most welcome in the sense that many of the french dishes are comprised of butter, fat, and carbs (all, delicious). but after a couple days, you will start to miss your vegetables and salads. also, this place serves the main dish in two separate rounds to make sure that the steak and french fries stay warm and fresh. this place makes a good lunch stop.



holybelly

| € | canal st martin (10e) | food |

yes, we found an american brunch place in paris, and it was worth it. décor is cute, the americans running the shop are friendly, and the scrambled eggs, omg the eggs are a must get. there can be a long wait (apparently the french love american brunch), so either go there early or be ready to wait for an hour. luckily, there is another american-themed cafe just down the block (le pouche), where you can grab some coffee and hang out while you wait (which is exactly what we did).

la grand epicerie

| €€ | eiffel tower (7e) | food |

described by some as a cross between whole food and louis vuitton. okay, what does that mean? it means that this place has everything and in dozens of varieties. want yogurt? here's 50 different kinds. want some foie gras? here are 20 different kinds. they also have great sections of fresh cheese and cured meats. your one stop shop for an awesome picnic. also a great place to pick up some gifts.

must purchase item: the bordier butter

last tip: we successfully brought back foie gras, butter, and cheese and declared it on our customs sheet. so... up to you but it can be done! contact us directly for more detailed instructions on how to do this.



racines

| €€€ | bourse (2e) | food |

small restaurant located in an indoor alley (quite cool place lined with many-a restaurants). the menu is short (2 or 3 options for appetizers/main/dessert) but solid. good wine too.



food
food



ble sucre

| € | 12e | food |

the croissants...are just...insanely good. seriously though... best in town.



maison bertillion

| € | le marais (3e - 4e) | food |

great icecream spot. pretty famous in paris. very flavorful flavors. the pistachio, for example, is really pistachio-y.



chez janou

| €€ | (3e) | food |

your typical french bistro where you will find things like duck confit but also unique dishes like pasta with escargot (snail) and all quite delicious. it's a popular spot so make sure to call to make a reservation in advance. and if you and your party like chocolate, make sure to order the mousse-au-chocolat. it comes in a communal pot that you take from and it is basically unlimited. so 9€ for an unlimited serving of chocolate mousse for the table.



kb cafe

| € | montmatre (18e) | cafe |

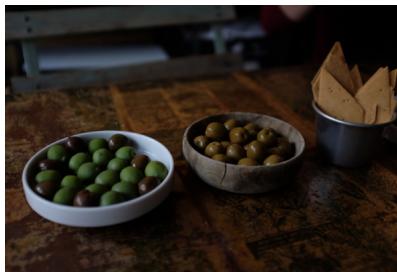
surprisingly (or at least it came as a surprise to us), good coffee in paris is not that common. most coffee is pumped out of a machine (think: nespresso, not what the baristas use). this cafe was a rare find where there were baristas at the espresso machine making proper espresso-based drinks. it was great. we are coffee addicts and this was a most welcome stop.

food



frenchie

| €€€ | bourse (2e) | food |
run by gregory marchand: an up and coming chef featured on many-a food blogs/magazines/lists, etc. we read a bit of his book and he seems like a young and humble chef, originally raised from an orphanage and one who is truly passionate about cooking. the name frenchie comes from his days working in jamie oliver's kitchen in london, where jamie dubbed him "frenchie." the name stuck and that's how his restaurant 'frenchie' came to be. there are three places right next to each other, frenchie, the wine bar, and frenchie-to-go. we recommend trying to get a place at frenchie the restaurant (but call several weeks in advance to get reservations), if not, the next best thing is to go at 7pm sharp when the kitchen opens for dinner and ask if there are any cancellations, and if that doesn't work out, simply head to the wine bar across the street which also serves food (which is in fact, what we did, and it was great). dinner for two with a bottle of wine 120€/total.





les tete dans olives

| €€ | canal st martin (10e) | food |

if we were to recommend one place to eat at in paris: this would absolutely be it. it's a cozy and unique dining experience. the restaurant only fits one party at a time. the chef cooks in a tiny kitchen right in front of you. he makes delicious, fresh italian food, and every ingredient you eat is from sicily (even the oranges) and you can buy it all in the restaurant, which is actually a sicilian grocery shop. to eat there, go to their website and e-mail them to make a reservation. you can have up to 6 people in the restaurant and the price for the entire meal is fixed at 150€ (regardless of the number of guests). it's also bring-your-own-alcohol as they do not sell alcohol at the shop.

food

sightseeing



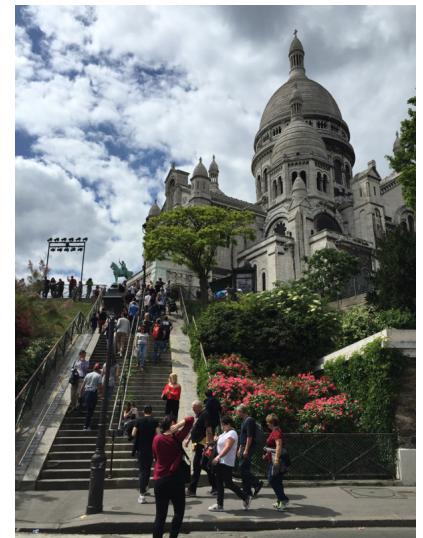
trocadero

| free | trocadero (16e) | sightseeing | great place to view the eiffel tower. all those cool shots of the eiffel tower, yeah, those were probably shot from this place.



luxemberg gardens

| free | st germain des pres (6e) | nature | another beautiful, spacious, and ornate garden this time, in the left bank, south of the seine. good place to do a picnic.



sacre-coeur

| free | montmatre (18e) | sightseeing | the basilica is a roman-catholic church located on top of a hill in the 18th arrondissement is a noteworthy structure in itself but also provides a unparalleled view of the entire city. from the look out, you can map out most of the landmarks in the city - it is quite cool. beware though, if you go on a weekend, you are most likely to be within a swam of tourists so just be prepared. another cool not-so-talked-about sight is the dude doing all sorts of tricks with a soccer ball. one of the more impressive street acts that we've seen. fun fact: the basilica is built out of a special stone from france that excudes calcite which makes it stay white even with weathering and pollution.

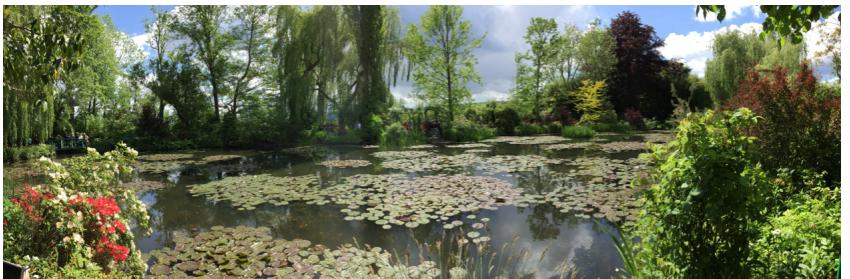


louvre

| free | louvre-rivoli (1e) | sightseeing |

if you're an art fanatic and/or are not intimidated by wings and wings of art, then go for it. if not, then i'd recommend another museum in paris (musee l'orangerie or the picasso museum) and for the louvre, i'd recommend going there during the day or at night to admire the famous triangle structure.

sightseeing 6



giverny (via fat tire bike tour)

| €€€ | day trip | sightseeing |

giverny is where claude monet's garden is located. claude monet is the guy who painted all those lilies, which you can see in his garden. if you're looking for a good day trip outside of the city and like nature -- then this would be a great thing to do. we also booked a bike tour which was 80€/pp and included the train ride, the bikes, and the monet garden entrance fee. they also make a stop in a market in the town of giverny to pick up fresh food and make a picnic by a small river.

hop on hop off tour

| € | all over | sightseeing |
a great way to hit up all the scenic and
major sightseeing spots in paris in half a
day. 15€/pp.

velib

| € | everywhere | misc. |

velib is the city bike-sharing system and
one of the most affordable ones i've seen.
as a foreigner, you can simply get a day
pass by visiting the website and it's just
1.80€/pp. when you get to the bike
stations, most of the stations will have two
screens. use the one with the larger color
touch screen. we found that the other
black and white screen often messed up.
there are so many velib stations around
the city that it makes it a fun and
convenient way to travel.

sightseeing
transportation



jardin des tuileries

| free | louvre-rivole (1e) | nature |

paris is filled with beautiful, spacious, and ornate gardens. this is located along the
seine and spans from the louvre all the way to champs elysees. musee l'orangerie is
located on the west end of the gardens.



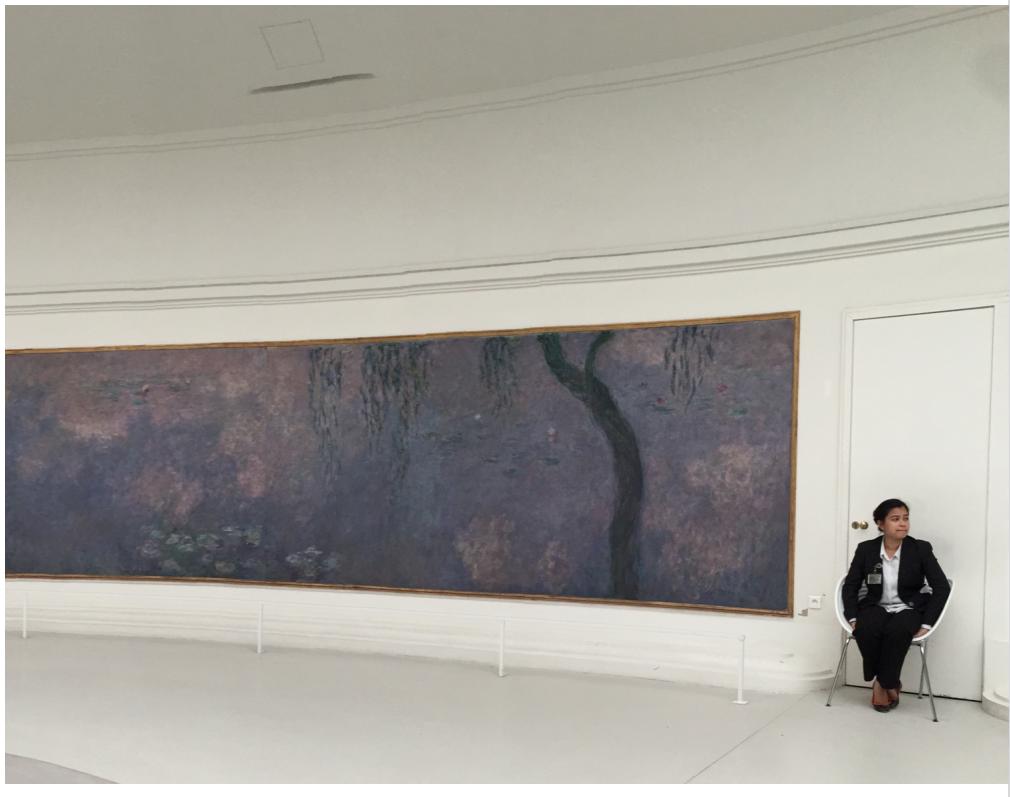
sightseeing



musee l'orangerie

| € | louvre-rivole (1e) | art |

yeti's favorite museum in paris. it houses claude monet's lily paintings in two large oval-shaped rooms lit by natural sunlight and the space truly brings the paintings to life. also unlike other museums that are large and can be overwhelming. this is a more manageable museum of just two floors and can be fully navigated within an hour. sometimes there can be a 30min-60min wait so if you know you want to go, then would recommend buying tickets online at least a day before. but don't be discouraged if you didn't go that route. highly, highly recommended. 9€/pp.



art

shopping



merci

| €€€ | le marais (3e - 4e) | shopping |
€ a concept store/clothing shop/
gardening and cookware/café/bookstore
all-in-one. another great place to pick up
some gifts but slightly on the pricier side
compared to fleux.



maison kitsune

| !!! | latin quarter (5e-6e) | shopping |
kitsuné is a french electronic music
record / fashion label created by gildas
loaec (a french dude) and masaya kuroki
(a japanese dude). they have a couple
shops in paris filled with pretty cool but
expensive clothes. chris bought a hat and
wallet (two of the more affordable items)
at the store. kitsune means fox in
japanese.



colette

| !!! | louvre-rivoli (1e) | shopping |
must go to concet store. there's always a
collaboration with some designer. it's
become a tourist attraction so beware of
crowds.



nike lab

| €€€ | le marais (3e - 4e) | shopping |
located in a former library. nike lab is a
nike store with limited edition (think
cooler but also crazier) things. there are
less than 10 of these stores worldwide.
chris brought a pair of shoes from this
place, and has already gotten multiple
compliments in his first week of wearing
them.



apc surplus

| €€€ | montmartre (18e) | shopping |
this shop has a select number of (mostly
men) items on sale, making apc slightly
more affordable. a nice stop after
visiting the sacre-coeur basilica.

fleux

| € | le marais (3e - 4e) | shopping |
a collection of four eclectic shops in the
marais worth visiting. it seems to have a
little bit of everything and bound to have
something for everyone -- including you
and your friends/family. it's a great place
to find a couple gifts for friends and
family.



kenzo

| \$\$\$ | champs elysees |
a french high fashion brand founded by a
japanese designer. cool patterns but at a
price.

shakespeare bookstore

| € | le marais (3e - 4e) | shopping |
cool english bookstore in paris. famous
because hemingway used to hang out
there a lot.

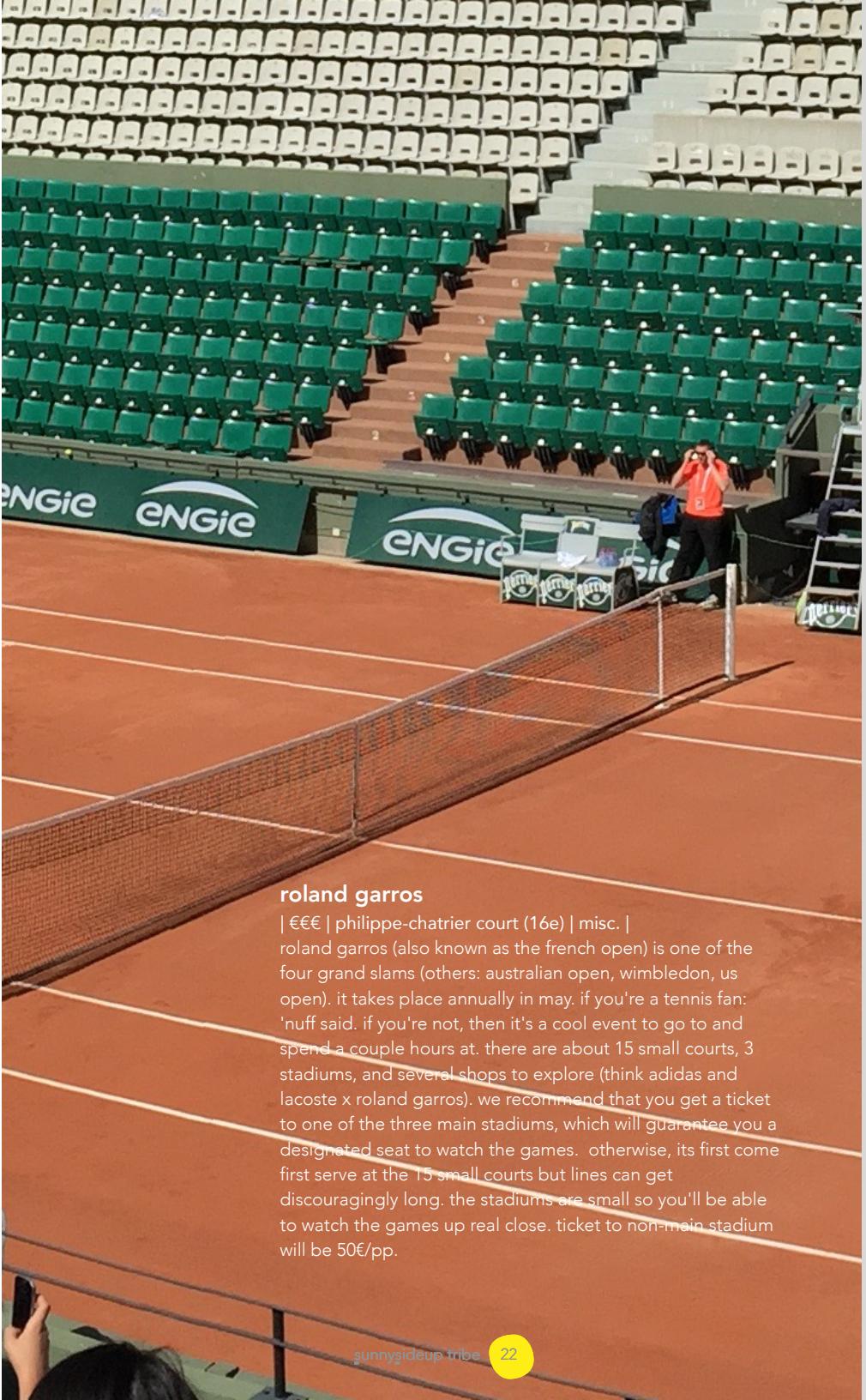
crazy horse

| €€€ | champs-elysee (8e) | after dinner |
paris is somewhat known for its cabaret
shows (think: moulin rouge). crazy horse
is a pretty famous venue. beyonce even
filmed part of her music video 'partition'
at the venue and features some of their
acts. show is 90min and consists of 10-15
acts. tickets are 60-70€/pp. also, we're
pretty sure we saw robin thicke at the
show that night.

shopping

roland garros





roland garros

| €€€ | philippe-chatrier court (16e) | misc. |

roland garros (also known as the french open) is one of the four grand slams (others: australian open, wimbledon, us open). it takes place annually in may. if you're a tennis fan: 'nuff said. if you're not, then it's a cool event to go to and spend a couple hours at. there are about 15 small courts, 3 stadiums, and several shops to explore (think adidas and lacoste x roland garros). we recommend that you get a ticket to one of the three main stadiums, which will guarantee you a designated seat to watch the games. otherwise, its first come first serve at the 15 small courts but lines can get discouragingly long. the stadiums are small so you'll be able to watch the games up real close. ticket to non-main stadium will be 50€/pp.

fun

now for some fun

plan your next 5 day paris trip
by cutting out the activities and
using the itinerary on pg. 25

hollybelly (10e)
19 rue Lucien Sampaix
75010 Paris

kunitoraya (1e)
1 rue Villedo
75001 Paris

louvre

broken arm (3e)
12 rue Perree
75003 Paris

comme des
garcons
pocket (3e)
31 rue Debelleyme
75003 Paris

eiffel
tower

paul

comme des
garcons black
edition (3e)
7 rue du Perche
75003 Paris

trocadero

kenzo (8e)
10 place Madeleine
75008 Paris

fleux (3e)
39 rue Saint-Croix de la
Bretonnerie
75004 Paris

notre dame

laduree (6e)
21 rue Bonaparte
75006 Paris

nike lab (3e)
12 rue des Hospitalieres
Saint-Gervais
75004 Paris

musee d'orsay

robert et
louise (3e)
64 rue Vieille-du-
Temple
75003 Paris

l'as du fallafel
(3e)
34 rue des Rosiers
75004 Paris

arc de triumph

racines (2e)
8 passage Panoramis
75002 Paris

colette (1e)
213 rue Saint-Honore
75001 Paris

kb cafe (9e)
53 ave Trudaine
75009 Paris

la grande
epicerie (7e)
38 rue de Sevres
75007 Paris

musee de
l'orangerie (1e)

crazy horse (8e)
12 ave George V
75008 Paris

luxembourg

jardin des tuileries

frenchie (2e)
5-6 rue du Nil
75002 Paris

berthillon (4e)
29 rue St Louis en l'Ile
75004 Paris

le relais de
l'entrecote (6e)
20 bis rue Saint Benoit
75006 Paris

merci (3e)
111 bd Beaumarchais
75003 Paris

ble sucre (12e)
7 rue Antoine Vollon
75004 Paris

marche d'aligre
(12e)
place d'aligre
75012 Paris

kitsune (9e)
68 rue Condorcet
75009 Paris

giverny

chez janou (3e)
2 rue Roger Verlomme
75003 Paris

la tete dans les
olives (10e)
2 rue Sainte-Marthe
75010 Paris

notes

paris itinerary

notes
itinerary

breakfast

am

lunch

pm

dinner

night

day 1

day 2

moar notes

notes
itinerary

day 3

day 4

day 5