

Sriju Explores

Indian Classical Dance Forms



Sriju Learns Bharatanatyam!



Episode 1: Famous in Tamil Nadu

Welcome Sriju! Today, let's learn Bharatanatyam, a classical dance from Tamil Nadu.



India TamilNadu

Wow, I'm excited!

Bharatanatyam is known for its grace, precise hand gestures called 'Mudras.'

This is called the Mudra 'Katakamukha'



Like this, 'Ardhamandala' 'half-sitting pose' is important in Bharatanatyam.



Let's try a classic Bharatanatyam pose!

Graceful Movements, Footwork, & Rhythmic. Bharatanatyam involves through gestures, expression, rhythmic footwork. The beautiful silk costumes, jewelry, and anklets with "ghungroos".



Amazing, Sriju! You look just like a Bharatanatyam dancer!

This is fun!

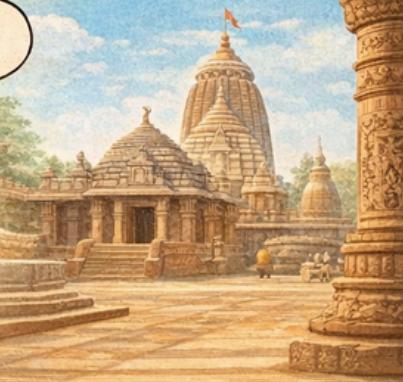


Episode 1

Sriju Learns Odissi!

Episode 3 - Odissi (Odisha)

Odissi comes from Odisha!

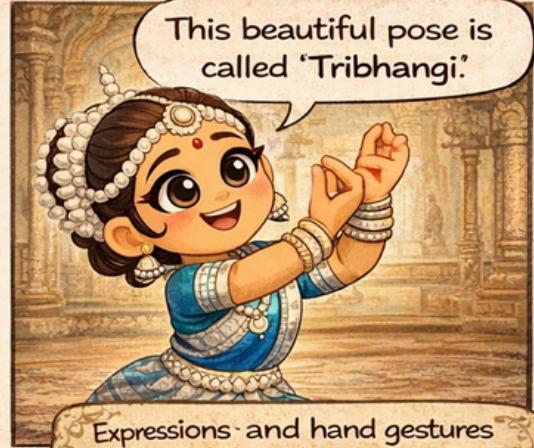


Famous in Odisha.

Odissi is known for soft movements and sculpturesque poses.



This beautiful pose is called 'Tribhangi'.



Silver jewelry & temple-inspired costume



My face tells the story too!

Odissi is calm, graceful, and beautiful!



End of Episode 3

Sriju Learns Kathak!

Episode 2 - Kathak (Uttar Pradesh)

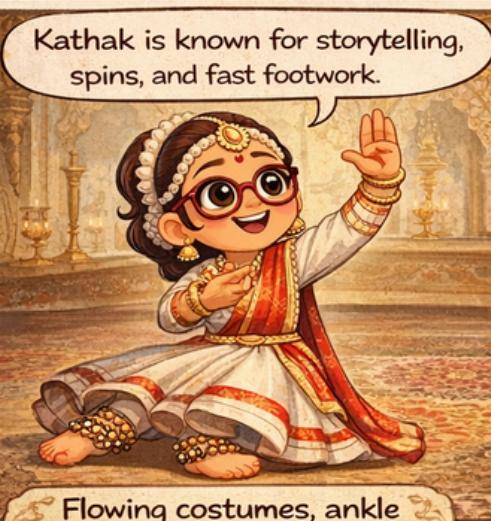
Kathak comes from North India!



Famous in Uttar Pradesh

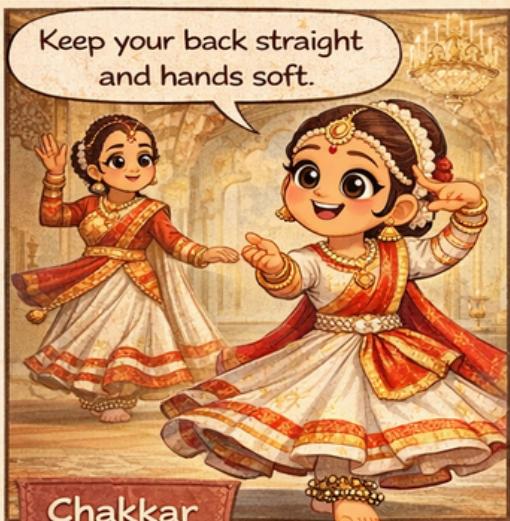
Famous in
Uttar Pradesh

Kathak is known for storytelling, spins, and fast footwork.



Flowing costumes, ankle bells (ghungroo)

Keep your back straight and hands soft.



Chakkar
= graceful spins

Wheee!
Spinning is my favorite!



Tat Te!
Thai! +
Tat Thai!!

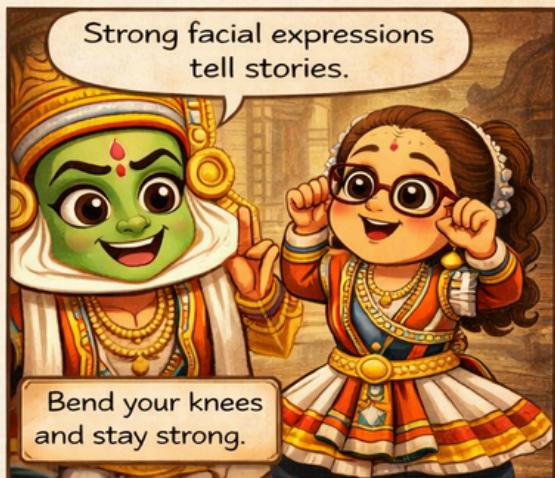


End of Episode 2

Sriju Learns Kathakali!



Episode 4 - Kathakali (Kerala)

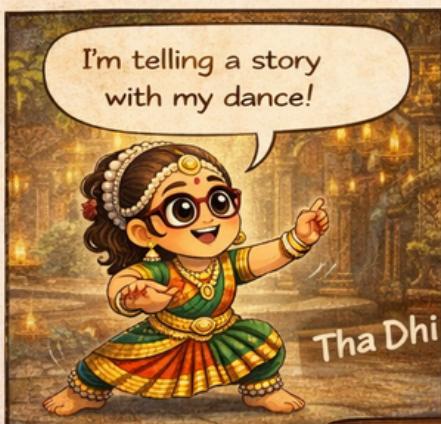
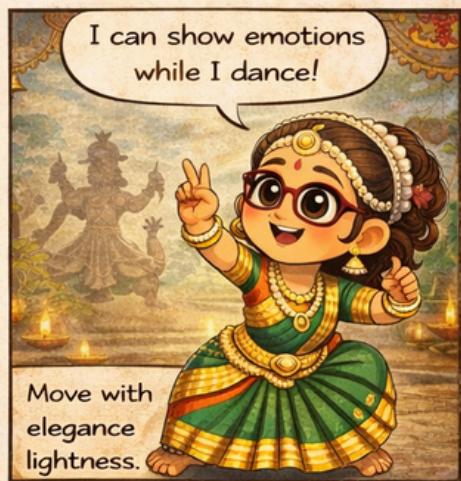
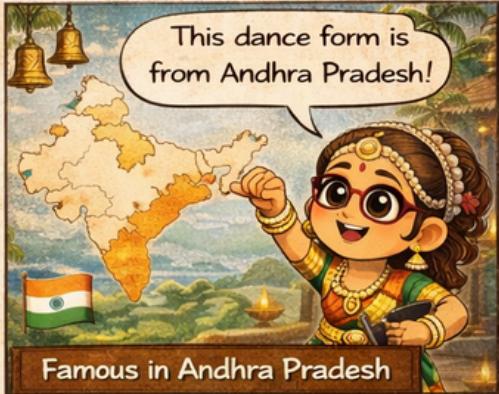
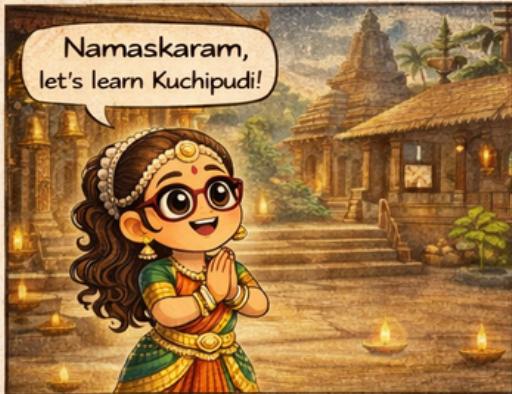


End of Episode 4.

Sriju Learns Kuchipudi!



Episode 5 - Kuchipudi (Andhra Pradesh)



End of Episode 5.

Sriju Learns Mohiniyattam!



Episode 6 - Mohiniyattam (Kerala)



A graceful classical dance of Kerala

Mohiniyattam is known for soft, flowing movements.



It feels calm and elegant.



Simple costume with white and gold borders

I feel like I'm floating!



Lasya - soft, feminine movements

Gentle expressions tell peaceful stories.

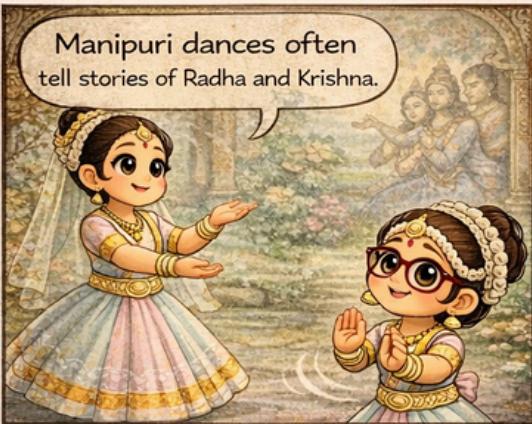
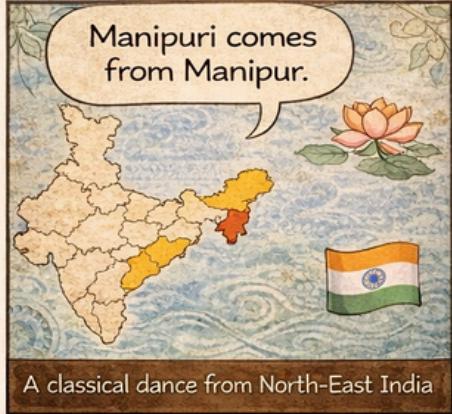


End of Episode 6.

Sriju Learns Manipuri!



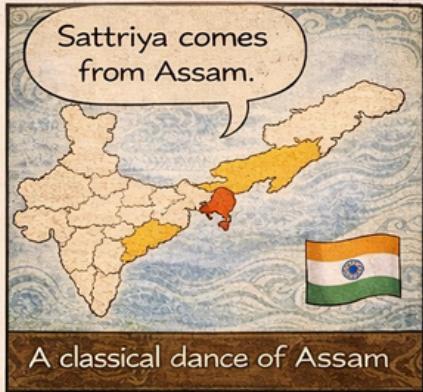
Episode 7 – Manipuri (Manipur)



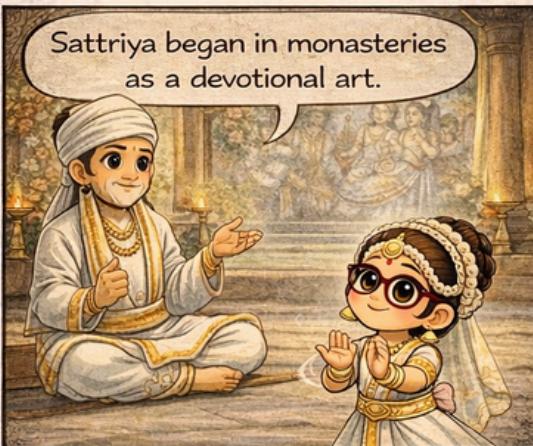
Sriju Learns Sattriya!



Episode 8 – Sattriya (Assam)

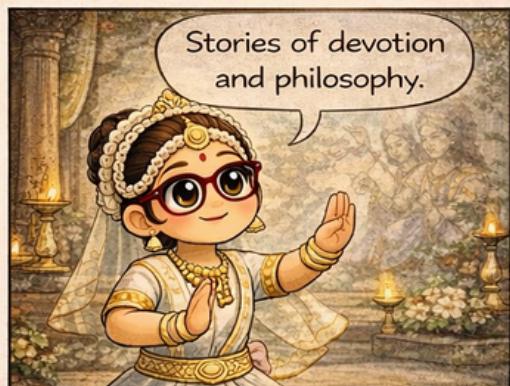


A classical dance of Assam



Sattriya began in monasteries as a devotional art.

Simple costumes with graceful patterns



Every move feels meaningful.

Stories of devotion and philosophy.

Balanced movements with devotion

End of Episode 8.