

Sonia Szeto

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EDUCATION

Baking & Pastry Diploma Certification
Art Institutes International, Minneapolis, MN

Sept 2013- Jul 2014

Bachelor of Science: Psychology Major
Thesis: Alcohol Vulnerability through Distinct Neural Pathways: an fMRI Study
McGill University, Montréal, Québec

Sept 2008- Apr 2012

WORK EXPERIENCE

Stitch Fix

Title: Lead Stylist

May 2016- Present

Remote Styling Region: SoCal

- Manage team operations and coach performance; drive results to meet business needs, assess and develop the talent of future leaders, model the Stitch Fix OS and cultivate culture with my team; regional and cross-regional
- Partner cross-regionally and cross-functionally on various company initiatives; SCE and PMWT
- Played an active role in the launch of the Plus business; able to lead, motivate and drive results through the grey

Stitch Fix

Title: Part-Time Stylist

Mar 2015- May 2016

Remote Styling Region: SoCal

- Established myself as an expert stylist who fulfilled the client promise; styled Fixes that were personalized, enduring, effortless and stylish

I Like Pie Bakeshop

Title: BOH Manager/ Head Baker

Mar 2015- May 2016

Claremont, CA

- From-scratch bakeshop specializing in individual, single-serve pies with rotating seasonal menu
- Trained, coached and managed a kitchen team of 15 members; dishwashers, prep team, bakers
- Responsible to hire, schedule, and manage daily production, special orders, inventory/ ordering

University of Minnesota Health Hospital

Title: Psychiatric Associate, Behavioral Mental Health Unit

Nov 2012- Jul 2014

Minneapolis, MN

- Ensured safety of patients who are temporarily hospitalized on a secure inpatient behavioral unit
- Developed and led group discussion and activities focused on the cultivation of healthy coping skills
- Established therapeutic relationships with patients exhibiting a range mental health disorders

VOLUNTEER EXPERIENCE

Dr. Matt Kushner Research Lab

Title: Research Assistant

Feb 2010- Apr 2012

Minneapolis, MN

- Performed literary searches to collect scholarly papers related to anxiety, alcohol and the internalizing spectrum
- Reorganized survey data for analysis
- Analyzed data from an adult inpatient population with Alcohol Use Disorders

SPECIAL SKILLS, CERTIFICATIONS & INTERESTS

- CPR- First Aid Certificate • American Heart Association
- Avid triathlete and marathon runner

REFERENCES ARE AVAILABLE UPON REQUEST