# Painting the Patient Journey

Type 2 Diabetes, the Role of Insulin and the Implications of Time-in-Range

This program is aimed at primary care physicians who are managing patients with type 2 diabetes. It will discuss how to optimize glycemic control using basal insulin and discuss when to intensify therapy.

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# Scientific Planning Committee



**Dr. Susan Wilkinson**Family Medicine
FMWC Lead



**Dr. Amel Arnaout**Family Medicine



**Dr. Basel Bari**Family Medicine



**Dr. Marie-Andree Corbeil**Endocrinologist



**Dr. Sonja Reichert** Endocrinologist

## **Learning Objectives**



Determine the time when to initiate basal insulin and how to optimize this treatment option in type 2 diabetes



Recognize the different basal insulin options, including biosimilars, and understand when to intensify therapy



Explain the role of time-in-range measurements to optimize glycemic control and potential role in reducing short and long-term risk in patients with type 2 diabetes using insulin



Determine candidates and titration of patients on fixed-ratio combination (FRC) basal insulin

#### Cases



**Case 1**Initiating Insulin in Type 2 Diabetes



Case 2
Utilizing Insulin in
Older Adults



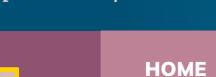
Case 3
The Value of CGM in
Managing People with
Diabetes Using Insulin



Case 4
Intensification Beyond
Basal InsulinPeople
with Diabetes Using
Insulin

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**EVALUATION** 

CERTIFICATE

## **Program Overview**

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## **Learning Objectives**

- Determine the time when to initiate basal insulin and how to optimize this treatment option in type 2 diabetes
- Recognize the different basal insulin options, including biosimilars, and understand when to intensify therapy
- Explain the role of time-in-range measurements to optimize glycemic control and potential role in reducing short and long-term risk in patients with type 2 diabetes using insulin
- Determine candidates and titration of patients on fixed-ratio combination (FRC) basal insulin

#### Cases



Case 1 Initiating Insulin in Type 2 Diabetes



Case 2 Utilizing Insulin in Older Adults



Case 3 The Value of CGM in Managing People with Diabetes Using Insulin



Case 4 Intensification Beyond Basal InsulinPeople with Diabetes Using Insulin

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CASES

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Case 1 Initiating Insulin in Type 2 Diabetes



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Case 2
Utilizing Insulin in Older Adults



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Case 3
The Value of CGM
in Managing People
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Insulin

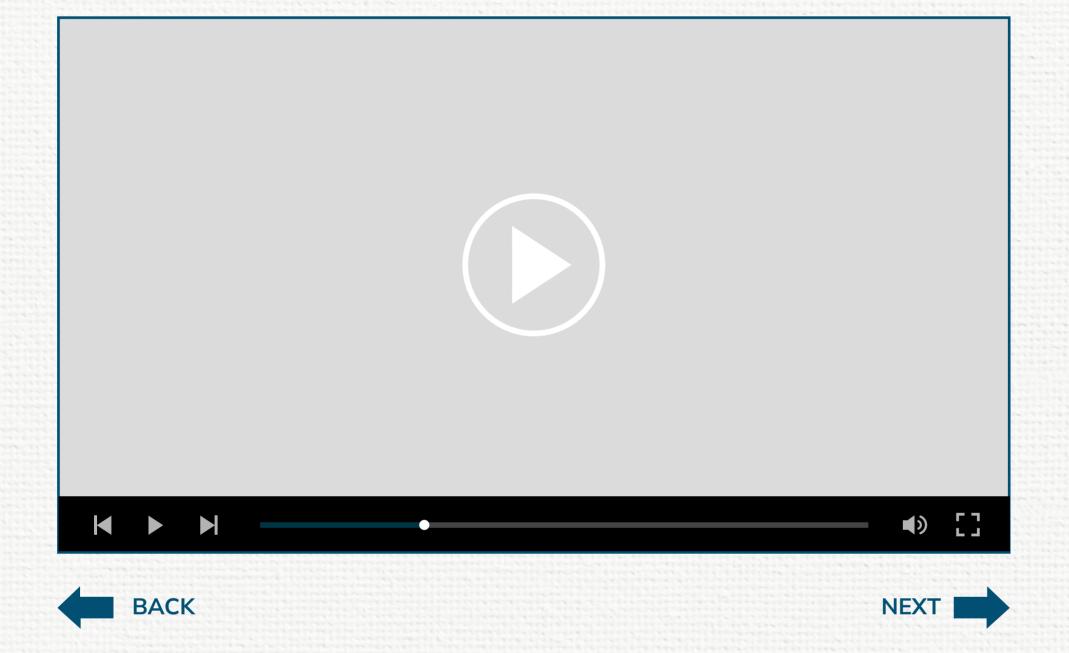


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Case 4
Intensification
Beyond Basal
InsulinPeople with
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Insulin



## **Initiating Insulin in Type 2 Diabetes**



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Initiating
Insulin in Type
2 Diabetes



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Case 2
Utilizing Insulin in Older Adults



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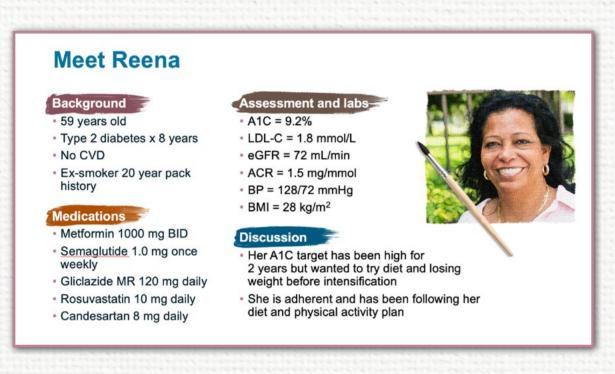
Case 3
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Case 4
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InsulinPeople with
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Insulin



## **Initiating Insulin in Type 2 Diabetes**



1. If Reena was your patient, what would be your course of action? (Please check all that apply)	
a) Increase dose of semaglutide to 2.0 mg weekly	
b) Intensify diet and physical activity	
c) Add SGLT2 inhibitor	
d) Add pioglitazone	
e) Add acarbose	
f) Add basal insulin	
g) Change semaglutide to fixed-ratio combination (GLP-1 RA/insulin)	
SUBMIT	
BACK NEXT	

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## Certificate

To be issued a Certificate of Participation for accreditation purposes, you must complete:

- A case:
  - o Watch Case 1, Case 2, Case 3, or Case 4 videos
  - o Complete the associated interactive questions
- Evaluation
- Please note, you will receive credits based on the number of cases that you complete (4 videos = 0.5 credits)

Upon completion you can then click on "Certificate" to see your personalized certificate which you can download or print and save for your records.

## CERTIFICATE

#### **PROGESS TRACKER**

#### **CASE COMPLETION**

CASE 1	Q1	Q2	Q3	Q4
Completion Status				
CASE 2	Q1	Q2	Q3	Q4
Completion Status				
CASE 3	Q1	Q2	Q3	Q4
Completion Status				
CASE 4	Q1	Q2	Q3	Q4
Completion Status				

100000	EVALUATION FORM	Evaluation
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HELP FRANÇAIS

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If you would like to get in touch with technical support or the website host, please contact STA HealthCare Communications:

Joelle Miller Project Coordinator joellem@sta.ca