# **Project Proposal**

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```
library(tidymodels)
library(foreign)

# load data
autism_ds <- read.arff("Autism-Adult-Data.arff")

##Source:

## Based on AQ-10 Test:https://embrace-autism.com/aq-10/

## Score of 6 or higher is indicative of autistic traits

##UCI Machine Learning Repository. Autism Screening Adult Data Set.

##University of California, Irvine, 2018,

##https://archive.ics.uci.edu/dataset/426/autism+screening+adult.
```

### Introduction

Autism Spectrum Disorder (ASD) remains a highly prevalent and incurable disease despite modern strides made in medical technology. It is reported that nearly 2.2% of adults are affected by ASD, and growing awareness has led to an uptick in diagnoses, particularly in adults who went undiagnosed early in life (Hirota 2023). However, ASD screening tests for all age groups currently contain significant inaccuracies. For example, the most widely used toddler screening test, CHAT-R/FAs, was recently found to produce false negatives in 25% of cases where results were negative, while the most commonly used adult autism screening test – the Autism-Spectrum Quotient (AQ) – was found to have limited predictive value in certain populations (Aishworiya 2023; Curnow 2023). Therefore, it has become critical to have more accurate tests and models to predict ASD in adults.

In this study, we will find the features that have the greatest importance in determining whether an adult is autistic. The dataset being used will contain ten individual characteristics and ten behavioral questions, each of which has been proven to be effective in detecting ASD. Because ASD is difficult to diagnose and can significantly impair an individual's quality of life, developing a more accurate testing framework ensures that those affected will procure

the treatment they need. These adults who receive a positive diagnosis can then access the support and resources needed to lead lives closer to their non-autistic peers.

We believe that individual characteristics such as gender and ethnicity, along with questions assessing socialization abilities, are key predictors of autism.

### **Data description**

Our data set on the autism screening of adults is published in the UCI Machine Learning Repository. It was created by Prof. Fadi Fayez Thabtah of the Manukau Institute of Technology in New Zealand in 2017. The data was sourced from voluntary participants of his app, ASDTests, which screens its users for potential indicators of autism using a 10-question survey. There are 704 observations in the original data set and 20 different features: 10 being the answers to the questions of the survey about certain behaviors related to autism, and the remaining 10 being characteristics of the individual, like demographics of age and gender. We can determine the presence of autism to be likely and requiring further testing if an individual receives a score of 6 or higher, as found by Prof. Thabtah's research.

### **Exploratory data analysis**

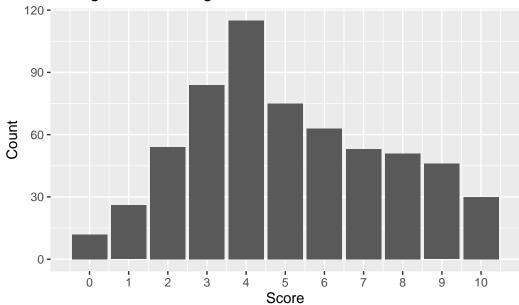
Since the dataset from the website is in .arff (Weka Attribute-Relation File Format), the first step of processing the data is importing the .arff into R as a usable dataframe. The function to do so is read.arff, and it is stored as autism\_ds and then converted as a .csv file using the write.csv function and stored as autism\_cs.csv in the data folder. In the dataframe autism\_ds, some columns are named with abbreviated variable names, such as A1\_Score, A2\_Score, etc. These are not very descriptive, and it might cause confusion in analyzing and interpreting the data. Therefore, we renamed them to be more specific, based

on the corresponding questions in the AQ-10 test. For instance, the first question is about noticing small sounds when others do not, so we renamed A1\_Score to small\_sounds in the dataframe. We renamed 10 such variables in total. The original dataset contains missing values. Having NAs when fitting regression models might affect the models' performance, so we used na.omit to remove observations with at least one missing values. The updated dataframe has 609 observations.

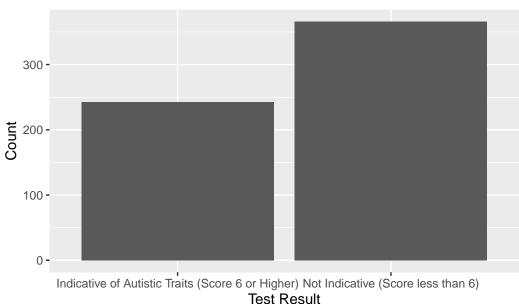
#### summary(autism\_ds\$result)

```
Min. 1st Qu. Median Mean 3rd Qu. Max. 0.000 3.000 5.000 5.077 7.000 10.000
```

# Histogram of Scoring Result



# Distribution of Whether or not Result Indicative of Autism



The response variable **result** is a score between 0 and 10 from the AQ-10 questionnaire. According to the questionnaire, if the score is 6 or higher, it suggests that the person might have autism. If the score is less than 6, the person may not be autisite. The distribution of the response variable **result** is fairly symmetrical with a mode at 4, and the distribution has a center at 5, which is the median. The spread can be measured by the IQR, which is 4 (Q3 - Q1 = 7 - 3 = 4). Based on the visualization, there does not appear any apparent outliers.

### Analysis approach

The clear response variable of interest is "Class/ASD," given that it is the categorical measure of whether a test-taker possesses enough traits to be deemed in the spectrum. Considering the

binary nature of the variable—taking values "Yes" or "No"—it is plausible to postulate that a logistic regression model is an optimal model for its prediction.

In terms of relevant predictor variables, the most interesting ones to add to such a model would be individual AQ-10 question responses (binary, categorical)—given that these are the main questions used to provide a final diagnosis. Additionally, considering the interaction terms between such variables along with sex, age, and ethnic background would be interesting due to the prevalence of mentions in the literature that men tend to be diagnosed more often than women (Brickhill et al., 2023), older folk tend to be underdiagnosed and under-researched (Mason et al., 2022), and that white patients are more likely to be diagnosed.

As a means of assessing such an ambitious research question, multiple models will be fitted until arriving the most parsimonious one and assessing whether they have a statistically significant effect on the final diagnosis as provided by the app.

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## Data dictionary

The data dictionary can be found here.

#### References

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