

# Intro to mixed effects models

- This week:
  - Monday: intro to mixed effects models
  - Wednesday: more mixed effects models, course evaluations
  - Friday: wrap up mixed effects models
- HW 7 due Friday
- Exam 2 resubmission due Friday, Dec 9 at 12pm
- No final exam!
- Class dinner during finals week?

## Motivating example: performance anxiety

We have data from a 2010 study on performance anxiety in 37 undergraduate music majors. For each musician, data was collected on anxiety levels before different performances (between 2 and 15 performances were measured for each musician), with variables including:

- + id: a unique identifier for the musician
- + na: negative affect score (a measure of anxiety)
- + perform\_type: whether the musician was performing in a large ensemble, small ensemble, or solo

How can we model the relationship between performance type and anxiety?

# A linear model for anxiety

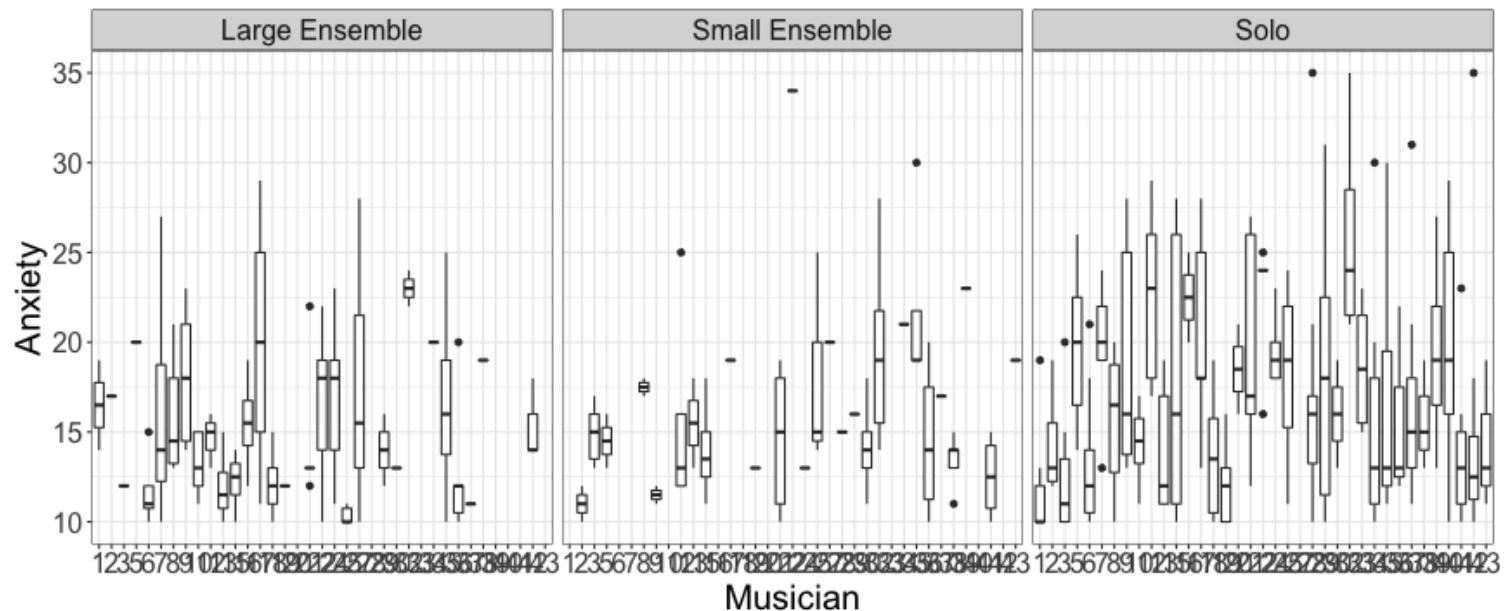
$$Anxiety_i = \beta_0 + \beta_1 SmallEnsemble_i + \beta_2 Solo_i + \varepsilon_i$$

$$\varepsilon_i \stackrel{iid}{\sim} N(0, \sigma_\varepsilon^2)$$

What assumptions does this linear model make? Are all the assumptions reasonable?

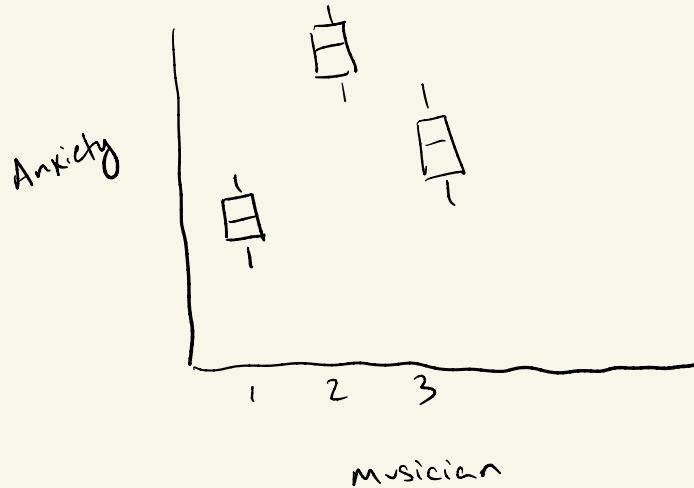
- independence: anxiety scores for different performances are independent
  - not reasonable, b/c we have multiple performances for each musician.
- Repeated measures data: multiple observations from an individual (e.g. a patient)
- normality
- constant variance

# Exploratory data analysis



Does it look like anxiety is correlated within musicians?

High intra-musician correlation



Low intra-musician correlation



between-group variance =  
variability from musician to  
musician

within-group variance =  
variability between performances  
for the same musician

high intra-musician correlation occurs when between-group variance is high, relative to within-group variance

# Changing the model

$$Anxiety_i = \beta_0 + \beta_1 SmallEnsemble_i + \beta_2 Solo_i + \varepsilon_i$$

$$\varepsilon_i \stackrel{iid}{\sim} N(0, \sigma_\varepsilon^2)$$

Option 2: have a different distribution for  $\varepsilon$  that allows dependence

How can we change the model to account for correlation within musicians?

Option 1:  $Anxiety_i = \beta_0 + \beta_1 SmallEnsemble_i + \beta_2 Solo_i + \beta_3 Musician2_i + \beta_4 Musician3_i + \dots + \beta_{38} Musician37_i + \varepsilon_i$

- Problems:
- 1) Lots of  $\beta$ s to estimate!
  - 2) Not much data to estimate some  $\beta$ s
  - 3) Doesn't generalize to population
  - 4) we don't care about the coefficients for each musician

## A mixed effects model

fixed effects

$$\text{Anxiety}_{ij} = \beta_0 + u_i + \beta_1 \text{SmallEnsemble}_{ij} + \beta_2 \text{Solo}_{ij} + \varepsilon_{ij}$$

$$u_i \stackrel{iid}{\sim} N(0, \sigma_u^2)$$

$$\varepsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma_\varepsilon^2)$$

↑  
noise

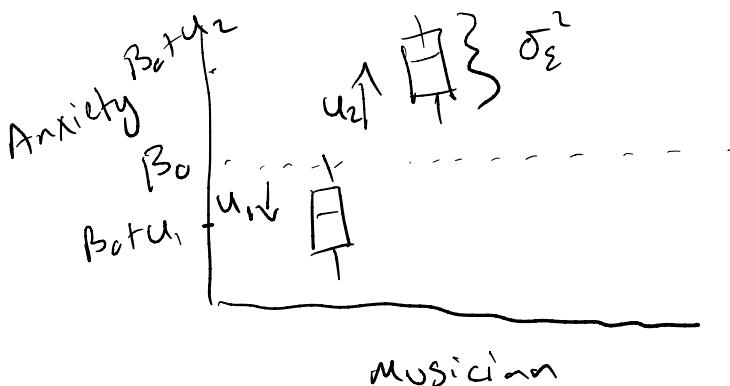
Anxiety<sub>ij</sub> = anxiety of musician i before performance j

$u_i$  = random effect for musician i  
(random variable, not parameter)

$\beta_0 + u_i$  = intercept for musician i

$\sigma_u^2$  = variability between musicians

$\sigma_\varepsilon^2$  = variability between performances within a musician



$$\text{Anxiety}_{ij} = \beta_0 + u_i + \beta_1 \text{Small}_{ij} + \beta_2 \text{Solo}_{ij} + \varepsilon_{ij} \quad u_i \sim N(0, \sigma_u^2)$$

Matrix form:

$$\gamma = \begin{bmatrix} \gamma_{11} \\ \gamma_{12} \\ \vdots \end{bmatrix}$$

$$\gamma = X\beta + Zu + \varepsilon_{\text{noise}} \quad \varepsilon = \begin{bmatrix} \varepsilon_{11} \\ \varepsilon_{12} \\ \vdots \end{bmatrix} \sim N(0, \Omega_{\varepsilon}^2 I)$$

length = # obs.  
e.g. 497)

$X$  = design matrix  
for fixed effects

E.g.)

$$X = \begin{bmatrix} 1 & \text{Small}_{11} & \text{Solo}_{11} \\ 1 & \text{Small}_{12} & \text{Solo}_{12} \\ \vdots & \vdots & \vdots \\ 1 & \vdots & \vdots \end{bmatrix}$$

$$\beta = \begin{bmatrix} \beta_0 \\ \beta_1 \\ \beta_2 \end{bmatrix}$$

$Z$  = design matrix for random effects  
(which group / musician does each row come from)

$$Z = \begin{bmatrix} 1 & 0 & 0 & \cdots & 0 \\ 1 & 0 & 0 & \cdots & 0 \\ \vdots & & & & \vdots \\ 0 & 1 & 0 & \cdots & 0 \\ 0 & 1 & 0 & \cdots & 0 \\ \vdots & & & \ddots & \vdots \end{bmatrix} \left. \begin{array}{l} \text{group 1} \\ \text{(musician 1)} \\ \text{group 2} \\ \text{(musician 2)} \end{array} \right\}$$

$$u = \begin{bmatrix} u_1 \\ u_2 \\ \vdots \end{bmatrix} \sim N(0, \Omega_u^2 I)$$

length =  
# groups in data  
(e.g. 37 musicians)

$$\begin{aligned} \text{Var}(\gamma) &= \text{Var}(Zu) + \text{Var}(\varepsilon) \\ &= Z (\sigma_u^2 I) Z^T + \Omega_{\varepsilon}^2 I \end{aligned}$$

$$\text{Var}(\mathbf{y}) = \text{Var}(\mathbf{Z}\mathbf{u}) + \text{Var}(\boldsymbol{\varepsilon})$$

$$= \mathbf{Z} (\sigma_u^2 \mathbf{I}) \mathbf{Z}^\top + \sigma_\varepsilon^2 \mathbf{I}$$

$$= \begin{bmatrix} \sigma_u^2 + \sigma_\varepsilon^2 & \sigma_u^2 & \dots & \sigma_u^2 \\ \sigma_u^2 & \sigma_u^2 + \sigma_\varepsilon^2 & \sigma_u^2 & \\ \vdots & & \ddots & \sigma_u^2 + \sigma_\varepsilon^2 \\ \sigma_u^2 & & & \end{bmatrix} \quad \left. \begin{array}{l} \text{group 1} \\ \text{(musician)} \end{array} \right\}$$

G

$$\left. \begin{array}{l} \text{group 2} \\ \text{(musician)} \end{array} \right\} \begin{bmatrix} \sigma_u^2 + \sigma_\varepsilon^2 & \sigma_u^2 & \dots & \sigma_u^2 \\ \sigma_u^2 & \sigma_u^2 + \sigma_\varepsilon^2 & & \\ \vdots & & \ddots & \sigma_u^2 + \sigma_\varepsilon^2 \\ & & & \end{bmatrix}$$

O

Correlation within a group  
(aka "intra-class correlation")  
ICC

$\frac{\sigma_u^2}{\sigma_u^2 + \sigma_\varepsilon^2} \leftarrow$  between-group variance  
 $\frac{\sigma_u^2 + \sigma_\varepsilon^2}{\sigma_u^2 + \sigma_\varepsilon^2} \leftarrow$  within-group variance  
 $\frac{\sigma_u^2 + \sigma_\varepsilon^2}{\sigma_u^2 + \sigma_\varepsilon^2} \leftarrow$  total variance

# Fitting the model in R

```
library(lme4)
m1 <- lmer(na ~ perform_type + (1|id),
            data = music)
summary(m1)
```

```
...
## Random effects:
##   Groups      Name        Variance Std.Dev.
##   id          (Intercept)  5.56     2.358
##   Residual                 21.75     4.664
##   Number of obs: 497, groups: id, 37
## Fixed effects:
##                                         Estimate Std. Error t value
##   (Intercept)                   14.9654    0.5920 25.278
##   perform_typeSmall Ensemble   0.7709    0.7210  1.069
##   perform_typeSolo              2.0142    0.5521  3.648
...
```

# Assumptions

$$Anxiety_{ij} = \beta_0 + u_i + \beta_1 SmallEnsemble_{ij} + \beta_2 Solo_{ij} + \varepsilon_{ij}$$

$$u_i \stackrel{iid}{\sim} N(0, \sigma_u^2) \quad \varepsilon_{ij} \stackrel{iid}{\sim} N(0, \sigma_\varepsilon^2)$$

What assumptions does this mixed effects model make?