

Protein Smoothie		Carrot & Ginger	9		Americano	5	Cappuccino	5
Post Workout	10			•	Tea	4	Latte	5
Immune Boost	10	Orange Juice	6	•	Espresso	4/5	Macchiato	4/5
Green Juice	9	Grapefruit Juice	6		Matcha Cappuccino	8	Matcha Latte	8

Selection of Pastries (v)	6	Rolled Oat Porridge, Berries & Maple Syrup (v)	9
Acai Bowl , Coconut & Acai Yoghurt, Chopped Pecan, Chia Seeds (v)	14	Bircher Muesli , Granny Smith Apple, Almonds (v)	7
Seasonal Fruits , Lime, Honey (vg)	12	Brioche French Toast , Mixed Berries, Crème Fraîche (v)	12
Mixed Nut & Seed Granola , Greek Yoghurt, Berries (v)	9		
Mixed Berries , Citrus, Mint & Vanilla Syrup (vg)	12	Buttermilk Pancakes , Berries, Maple Butter	12

Crushed Avocado , Grilled Granary Bread, Poached Eggs, Lime & Chilli Flakes (v)	14
Egg White Omelette , Gruyère, Spinach, Fine Herbs (v)	14
George Omelette , Mushroom, Baked Ham, Gruyère & Fine Herbs / Lobster	14 / 26
Chalk Farm Smoked Salmon , Soft Scrambled Eggs	18
Eggs Benedict / Florentine / Royale / Pata Negra	14 / 14 / 18 / 26
George Full English , Homemade Sausages, Bacon, Marinated Mushrooms, Tomato & Eggs	18
Jamón Ibérico Hash , Poached Eggs, Hollandaise	14
Oeufs en Cocotte , Smoked Haddock, Steamed Spinach, Cream, Nutmeg	15
Kipperd Herrings , Chive Butter	12
Black Pudding , Poached Eggs, Grilled Sourdough	14
Grilled Sillfield Farm Bacon Sandwich , Fried Egg	12

Avocado	3	Tomato	3	Spinach	6
Sausage	4	Black Pudding	5	Ibérico Hash Brown	6
Bacon	4	Marinated Mushrooms	4	Toast	3