



## THE GARDEN & ROSE ROOM BREAKFAST MENU

*Monday - Friday  
From 7:30am to 11:15am*

COLD PRESS JUICES 9

Kale, Spinach, Celery, Romaine, Cucumber, Apple & Lemon

Apple, Ginger & Lemon

Orange, Lemon, Turmeric, Cayenne Pepper, Grapefruit & Tangerine

Carrot & Ginger

COLD PRESS SHOT 6.5

Ginger Immunity

SMOOTHIES 9

Glow Smoothie *Lemon, Ginger, Banana, Apple, Turmeric & Cayenne Pepper*

Lean Smoothie Almond Butter, Chia Seeds, Dates, Raw Almond Milk & Hemp

Berry Recovery Smoothie *Apple, Banana, Coconut Water, Strawberry, Blueberry, Raspberry*

FRESH JUICES 6

Orange, Apple, Grapefruit, Pineapple

Mandarin

COFFEE & TEA

Double Espresso, Macchiato, Mocha, Capuccino, Latte, Americano, English Breakfast,

Earl Grey, Lemongrass & Ginger, Green Tea, Peppermint, Matcha or Turmeric Latte

CLASSICS

Mini Pastry Basket 11

Toast, Butter & Preserves 6

Smashed Avocado Toast 10

*Pumpkin Seeds, Chili Oil, Sourdough or GF Bread Add 2 Poached Eggs* 8

Mushroom & Feta Toast 11

*Wild Mushrooms, Spinach & Crumbled Feta; Sourdough or GF Bread Add Streaky Bacon* 5

Pancakes & Berries 12

*Whipped Cream & Maple Syrup*

French Toast 12

*Add Bacon or Berries 5*

IMMUNITY BOOSTER BOWLS

Cacao Acai Bowl 15

*Coconut Granola, Banana, Dates, Mango, Almond Butter & Cacao*

Chia Berry Parfait 13

*Almond Chia Pudding, Cinnamon Cashew, Raspberry Compote, Coconut & Seasonal Fruits*

Spirulina Chia Seed Bowl 14

*Avocado, Kiwi, Dates, Cashew, Granola, Goji Berries & Almond Milk*

Signature’s Granola 14

*Manuka Honey, Coconut Yoghurt & Banana*

Acai Overnight Oats Bircher 13

*Oats, Almond Milk, Acai, Blueberries, Banana & Goji*

ALL THINGS EGGS

From Clarence Court Farm

Two Eggs Any Style 10

Full English Breakfast 21

*Eggs, Sausages, Bacon, Black Pudding, Tomato, Mushrooms, Beans, Potato Hash*

Smoked Salmon Scrambled Eggs 18

Eggs Benedict 17

*Wiltshire Ham & Hollandaise*

Eggs Royale 17

*Smoked Salmon & Hollandaise*

Cheese & Ham Omelette 17

Wild Mushrooms Omelette 18

Egg White Omelette 17

*Heritage Kale, Spinach And Swiss Chard, Halloumi & Salsa Verde*

SIDES

Severn Wye Smoked Salmon 8

Mixed Mushrooms 8

Avocado 6

Crispy Streaky Bacon 6

Sausage *Pork or Chicken* 6

Potato Hash 6

Baby Spinach 6