



THE GARDEN & ROSE ROOM BREAKFAST MENU

Monday - Friday
From 7:30am to 11:30am

COLD PRESS JUICES 9

Kale, Spinach, Celery, Romaine, Cucumber, Apple & Lemon

Apple, Ginger & Lemon

Orange, Lemon, Turmeric, Cayenne Pepper, Grapefruit & Tangerine

Carrot & Ginger

COLD PRESS SHOT 6.5

Ginger Immunity

SMOOTHIES 9

Glow Smoothie *Lemon, Ginger, Banana, Apple, Turmeric & Cayenne Pepper*

Lean Smoothie Almond Butter, Chia Seeds, Dates, Raw Almond Milk & Hemp

Berry Recovery Smoothie *Apple, Banana, Coconut Water, Strawberry, Blueberry, Raspberry*

FRESH JUICES 6

Orange, Apple, Grapefruit, Pineapple

Blood Orange & Mandarin

COFFEE & TEA

Double Espresso, Macchiato, Mocha, Capuccino, Latte, Americano, English Breakfast,

Earl Grey, Lemongrass & Ginger, Green Tea, Peppermint, Matcha or Turmeric Latte

CLASSICS

Mini Pastry Basket 11

Toast, Butter & Preserves 6

Smashed Avocado Toast 10

Pumpkin Seeds, Chili Oil, Sourdough or GF Bread Add 2 Poached Eggs 8

Mushroom & Feta Toast 11

Wild Mushrooms, Spinach & Crumbled Feta; Sourdough or GF Bread Add Streaky Bacon 5

Pancakes & Berries 12

Whipped Cream & Maple Syrup

French Toast 12

Add Bacon or Berries 5

IMMUNITY BOOSTER BOWLS

Cacao Acai Bowl 15

Coconut Granola, Banana, Dates, Mango, Almond Butter & Cacao

Chia Berry Parfait 13

Almond Chia Pudding, Cinnamon Cashew, Raspberry Compote, Coconut & Seasonal Fruits

Spirulina Chia Seed Bowl 15

Avocado, Kiwi, Dates, Cashew, Granola, Goji Berries & Almond Milk

Signature’s Granola 14

Manuka Honey, Coconut Yoghurt & Banana

Turmeric Overnight Oats Bircher 15

Oats Milk, Chia, Coconut, Maple, Goji, Dates & Blueberries

ALL THINGS EGGS

From Clarence Court Farm

Two Eggs Any Style 10

Full English Breakfast 21

Eggs, Sausages, Bacon, Black Pudding, Tomato, Mushrooms, Beans, Potato Hash

Smoked Salmon Scrambled Eggs 18

Eggs Benedict 17

Wiltshire Ham & Hollandaise

Eggs Royale 17

Smoked Salmon & Hollandaise

Cheese & Ham Omelette 17

Wild Mushrooms Omelette 18

Egg White Omelette 17

Heritage Kale, Spinach And Swiss Chard, Halloumi & Salsa Verde

SIDES

Severn Wye Smoked Salmon 8

Mixed Mushrooms 8

Avocado 6

Crispy Streaky Bacon 6

Sausage *Pork or Chicken* 6

Potato Hash 6

Baby Spinach 6