

## **Suicide Competency Assessment Form**

**PsycTESTS Citation:**

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**Instrument Type:**

Rating Scale

**Test Format:**

The items are rated using a 4-point scale. The SCAF also has an 8-point global rating scale. Authors can be contacted directly for a ready-to-use electronic version of the SCAF.

**Source:**

Cramer, Robert J., Johnson, Shara M., McLaughlin, Jennifer, Rausch, Emilie M., & Conroy, Mary Alice. (2013). Suicide risk assessment training for psychology doctoral programs: Core competencies and a framework for training. *Training and Education in Professional Psychology*, Vol 7(1), 1-11. doi: <https://dx.doi.org/10.1037/a0031836>

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**Suicide Competency Assessment Form  
SCAF**

Items

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**Instructions:** Please check the appropriate answer for year and sub-discipline. Then, using the scales provided rate yourself or the trainee on each competency and a global score for the overall assessment (circle the correct value for each).

Training Year:  1  2  3  4  5  6  Other

Sub-discipline:  Clinical  Counseling  School  Other \_\_\_\_\_ (specify)

**Item Level Scale:**

- 1 = Incapable** (Not been trained or unable to do this task)
- 2 = Working Toward Competency** (Partially trained or educated on this task)
- 3 = Competent** (Adequate training and skill in this task)
- 4 = Advanced** (Exceptional skill on the most current techniques for this task)

Core Competency	Approaching Competence	Attained Competence
1. Know and manage your attitudes and reactions toward suicide	1	2
2. Maintain a collaborative, empathetic stance toward the client	1	2
3. Know and elicit evidence-based risk and protective factors	1	2
4. Focus on current plan and intent of suicidal ideation	1	2
5. Determine level of risk	1	2
6. Develop and enact collaborative evidence-based treatment plan	1	2
7. Notify and involve other persons	1	2
8. Document risk, plan, and reasoning for clinical decisions	1	2
9. Know the law concerning suicide	1	2
10. Engage in debriefing and self-care	1	2

**Global Rating Scale:**

- 1–2 = Unacceptable** (Not been trained/unable to do this task)
- 3–4 = Working Toward Competence** (Partially trained/or educated on this task)
- 5–6 = Competent** (Adequate training and skill in this task)
- 7–8 = Advanced** (Exceptional skill on the most current techniques for this task)

Global Rating:	1	2	3	4	5	6	7	8
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Comments: \_\_\_\_\_

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