

Suicide Competency Assessment Form

PsycTESTS Citation:

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Instrument Type:
Rating Scale

Test Format:

The items are rated using a 4-point scale. The SCAF also has an 8-point global rating scale. Authors can be contacted directly for a ready-to-use electronic version of the SCAF.

Source:

Cramer, Robert J., Johnson, Shara M., McLaughlin, Jennifer, Rausch, Emilie M., & Conroy, Mary Alice. (2013). Suicide risk assessment training for psychology doctoral programs: Core competencies and a framework for training. *Training and Education in Professional Psychology*, Vol 7(1), 1-11. doi: <https://dx.doi.org/10.1037/a0031836>

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**Suicide Competency Assessment Form
SCAF**

Items

Instructions: Please check the appropriate answer for year and sub-discipline. Then, using the scales provided rate yourself or the trainee on each competency and a global score for the overall assessment (circle the correct value for each).

Training Year: 1 2 3 4 5 6 Other

Sub-discipline: Clinical Counseling School Other _____ (specify)

Item Level Scale: 1 = **Incapable** (Not been trained or unable to do this task)
 2 = **Working Toward Competency** (Partially trained or educated on this task)
 3 = **Competent** (Adequate training and skill in this task)
 4 = **Advanced** (Exceptional skill on the most current techniques for this task)

	Core Competency	Approaching Competence	Attained Competence	
1.	Know and manage your attitudes and reactions toward suicide	1	2	3
2.	Maintain a collaborative, empathetic stance toward the client	1	2	3
3.	Know and elicit evidence-based risk and protective factors	1	2	3
4.	Focus on current plan and intent of suicidal ideation	1	2	3
5.	Determine level of risk	1	2	3
6.	Develop and enact collaborative evidence-based treatment plan	1	2	3
7.	Notify and involve other persons	1	2	3
8.	Document risk, plan, and reasoning for clinical decisions	1	2	3
9.	Know the law concerning suicide	1	2	3
10.	Engage in debriefing and self-care	1	2	3

Global Rating Scale: 1–2 = **Unacceptable** (Not been trained/unable to do this task)
 3–4 = **Working Toward Competence** (Partially trained/or educated on this task)
 5–6 = **Competent** (Adequate training and skill in this task)
 7–8 = **Advanced** (Exceptional skill on the most current techniques for this task)

**Approaching
Competence**
**Attained
Competence**

Global Rating: 1 2 3 4 5 6 7 8

Comments: _____
